



School Menu

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	Motogo / porridge	Hot Chocolate and Bread	Motogo / porridge	Hot Chocolate and Bread	Motogo / porridge
MORNING SNACK	Own snack	Own snack	Own snack	Own snack	Own snack
LUNCH	Rice Chicken Stew with Beetroot Fruit of the season	Mashed Potato Minced Meat Or Baked Beans Fruit of the season	Beans and Samp Fruit of the season	Papa and Morogo Fruit of the season	Spaghetti / Macaroni Mixed vegetable Beef stew Fruit of the season
AFTERNOON SNACK	Own snack	Own snack	Own snack	Own snack	Own snack

Drink: Water