

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9-930	Free Play / Chores / Walk	Kids Yoga / Chores / Walk	Free Play / Chores / Walk	Creative Subjects (Art, drama, home economics, design tech)	Kids Yoga / Chores / Walk
930-10	English Handwriting	Information Technology	Other Language	Continued	Maths Online
10-1030	MORNING TEA				
1030-11	Maths	Science	English	History / Geography	Mindfulness
11-1130	Continued	Continued	Continued	Continued	Continued
1130-12	LUNCH				
12-130	Quiet Time				
130-2	Music	Creative Craft	P.E.	Creative Craft	Creative Craft
2-230	Free Play / Chores	Free Play / Chores	Continued	Free Play / Chores	Library Choose new books for your room
230-3	AFTERNOON TEA AND OUTSIDE HOUR				

If no other suggestions from school you could try anything from my Instagram, Facebook or Website or one of the following:

Maths:

- Baking; encourage discussion on weight, cup measures etc.
- Water play with baking equipment; encourage discussion on cup measures etc.
- Legos or blocks; encourage discussion about numbers on the bricks, in a tower, groups of etc.
- Practice basic sums that require working out in their head – addition, subtraction and multiplication
- Construction: perhaps with boxes / paper etc, encourage discussion on height, length, do specific measuring etc.
- Play a board game, dominoes, Battleships etc. encourage discussion on numbers.
- Watch Numberblocks, Numtums etc.

English:

- Read something; books, magazines, comics, graphic novels, listen to an audio book (Audible is currently free!)
- Write a story (You might need to be a scribe for non-writers, they could draw the story)
- Create your own comic
- Write letters to loved ones
- Listen to 'Story Salad' on ABC Kids Listen App
- Play Scrabble, Banana-grams, Pictionary, Boggle etc. encourage spelling or letter recognition
- Play 'Sight Word' games for young readers
- Watch Play School 'Story Time' or 'Nursery Rhyme News', Walkykazam

Other Language:

- Create flash cards to help you learn some of the basic words or alphabet of your second language
- Watch a program in the language you're learning at school
- Watch Sally and Possum (Emphasis on AUSLAN)

HG:

- Discuss where your family comes from looking at a globe, map or even Google Maps/ Earth – expand by plotting onto a map
- Create a family tree
- Talk / Research Anzac Day, create a Remembrance Wreath for your front door
- Create an archeological dig in your sandpit
- Create a Weather Chart and monitor the weather each day
- Create a treasure map and use it to find treasure
- Design a city; create it on paper, with blocks etc.
- Map your street, include trees, number of houses etc.

- Go on a Virtual Field Trip
- Watch Go Jetters

Science

- Make a Bicarb and Vinegar Volcano (use plasticine for the 'land' component)
- Test Speed of toy cars down the same ramp – make predictions on the fastest, slowest, on that might stop; then change some variables, steepness of the ramp etc.
- Test how fast things fall i.e. different types of balls – again, make predictions
- Make Borax, Salt or Sugar Crystals
- Make Colours Walk (on my website)
- Plant some seeds and track their growth, make predictions about when they might sprout, what they'll look like when they do etc.
- Checkout 'The Dad Lab' for other experiment ideas <https://thedadlab.com/>
- Watch Octonaughts, one of 'Andy's Adventures'

Mindfulness

- Have a go at activities that encourage discussion about family, love, sharing (Pinterest or Google search these topics for help i.e. Love activities for kids)
- Have a go at an Escape Room challenge (you might have to do some prep work for that but search 'Printable Escape Room Free' and you should find something)
- Do Kids Yoga
- Start a Journal or a Time Capsule (Some downloadable here: <https://www.mylockdowndiary.com/> ; <https://louisvillefamilyfun.net/2020/04/quarantine-time-capsule-2020.html>)
- Watch Daniel Tiger, Bluey

Music

- Create music with Kitchen equipment
- Make shakers out of containers and different ingredients (like cereal, rice etc.) and see what different sounds they make
- Watch Lah-Lah's Big Live Band, Wiggles,

Creative Craft

- Colour In
- 'Make' with the Recyclables – Let them use their imagination with the boxes, glue, sticky tape and scissors
- Papier Mache (If you don't mind mess)
- Collage with old magazines
- Draw
- Do a 'Step-by-step' drawing on following a Video on YouTube. We like <http://www.robiddulph.com/draw-with-rob>
- Pinterest or Google search 'Craft Activities for Kids' or 'Toddlers'
- Watch Mister Maker, Playschool Art Time,