

# Blue Valley Acupuncture LLC

## NEW PATIENT INTAKE FORM

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Today's Date \_\_\_\_\_ Name \_\_\_\_\_

Birthdate \_\_\_\_\_ email (our use only) \_\_\_\_\_

Phone (C) \_\_\_\_\_ (H) \_\_\_\_\_ (W) \_\_\_\_\_

Address \_\_\_\_\_ city \_\_\_\_\_ state \_\_\_\_\_ zip \_\_\_\_\_

Emergency Contact (name & phone) \_\_\_\_\_

How did you hear about us? \_\_\_\_\_ Had acupuncture before? Y N When? \_\_\_\_\_

Reason for visit \_\_\_\_\_

How long has this condition existed? \_\_\_\_\_

Physician (name & phone) \_\_\_\_\_

Other concurrent therapies \_\_\_\_\_

Medications \_\_\_\_\_

Surgeries/Trauma/Other: \_\_\_\_\_

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### FAMILY MEDICAL HISTORY (CHECK THOSE THAT APPLY)

<input type="checkbox"/> Alcohol/Drug Abuse	<input type="checkbox"/> Heart problems	<input type="checkbox"/> Allergies/Asthma	<input type="checkbox"/> GI/digestive problems
<input type="checkbox"/> Depression/Anxiety	<input type="checkbox"/> Stroke	<input type="checkbox"/> Arthritis	<input type="checkbox"/> Diabetes
<input type="checkbox"/> Alzheimer's	<input type="checkbox"/> Seizures	<input type="checkbox"/> High Blood Pressure	<input type="checkbox"/> AutoImmune/RA

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### YOUR MEDICAL HISTORY & CURRENT STATUS (CHECK THOSE THAT APPLY)

<input type="checkbox"/> Alcohol/Drug Abuse	<input type="checkbox"/> Heart problems	<input type="checkbox"/> Allergies/Asthma	<input type="checkbox"/> GI/digestive problems
<input type="checkbox"/> Headaches/Migraines	<input type="checkbox"/> Stroke	<input type="checkbox"/> Arthritis	<input type="checkbox"/> Diabetes
<input type="checkbox"/> Anxiety/Depression	<input type="checkbox"/> High Cholesterol	<input type="checkbox"/> AutoImmune/RA	<input type="checkbox"/> Ringing in Ears
<input type="checkbox"/> Eye Disease	<input type="checkbox"/> High Blood Pressure	<input type="checkbox"/> Chronic Fatigue	<input type="checkbox"/> Bladder issues
<input type="checkbox"/> Seizures	<input type="checkbox"/> Bleeding Risk	<input type="checkbox"/> Pace Maker	<input type="checkbox"/> Pregnant/soon _____

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### YOUR CURRENT DIET/LIFESTYLE (CHECK THOSE THAT APPLY)

<input type="checkbox"/> high in sugar	<input type="checkbox"/> gluten sensitivity	<input type="checkbox"/> respiratory allergy	<input type="checkbox"/> Exercise daily
<input type="checkbox"/> high in salt	<input type="checkbox"/> dairy sensitivity	<input type="checkbox"/> food allergy	<input type="checkbox"/> Exercise weekly
<input type="checkbox"/> high in fats	<input type="checkbox"/> nut sensitivity		<input type="checkbox"/> Daily activity
<input type="checkbox"/> high in caffeine	<input type="checkbox"/> no meat	<input type="checkbox"/> high stress	<input type="checkbox"/> Sedentary
<input type="checkbox"/> high in fruits & vegetables	<input type="checkbox"/> no carbs	<input type="checkbox"/> work nightshift	