

Confidential Client Intake Form



GENERAL INFORMATION

Last Name _____ First _____ Middle Initial _____
Preferred Name _____ Birth Date: / / Male _____ Female _____
Street Address _____ Apt # _____
City _____ State _____ Zip _____
Home Phone () _____ Work Phone () _____ Other () _____
Any phone instructions (re: msgs, etc) _____
Email #1: _____ Email #2: _____
Emergency Contact _____ Phone () _____ Relationship _____
Parent/Guardian (if under 18) _____
Referred by/How you learned of mc and assoc.: _____
Reason for referral: _____
Reason for choosing mc and assoc.: _____
Religious/Denominational preference: _____
Your church/synagogue: _____ Member? _____
Pastor/Priest/Rabbi: _____
Attendance: Regular _____ Occasional _____ Seldom _____ Never _____

FAMILY INFORMATION

Relationships: Single _____ Engaged _____ Married _____ Separated _____ Divorced _____ Widow(er) _____ Cohabiting _____
Parents: Mother: Living _____, age _____. Deceased _____. Father: Living _____, age _____. Deceased _____.
Siblings: Number of Brothers []. Number of Sisters []. Only Child _____.
Names and ages of your children: _____
_____ Have any of your children died? _____
Household members not listed above _____

EMPLOYMENT/EDUCATION INFORMATION

Full time employee _____ Full time at home _____ Part-time employee _____ Unemployed _____
Place of employment _____ Length of Employment _____
Type of work you do _____
Highest level of education completed: High School _____ College degree _____ Graduate degree _____
Professional Training _____ Other _____
What is your gross (before taxes) combined household annual income? _____

(Over)

What are your concerns/problems that cause you to seek counseling at this time?

Check the following words that describe you at this time:

<input type="checkbox"/> Anger	<input type="checkbox"/> Loneliness	<input type="checkbox"/> Self-esteem
<input type="checkbox"/> Anxiety	<input type="checkbox"/> Loss of faith in God	<input type="checkbox"/> Sexual Problems
<input type="checkbox"/> Chronic fear	<input type="checkbox"/> Loss of hope	<input type="checkbox"/> Stress
<input type="checkbox"/> Conflicts at work	<input type="checkbox"/> Loss of meaning in life	<input type="checkbox"/> Substance abuse
<input type="checkbox"/> Depression	<input type="checkbox"/> Loss of work/job	<input type="checkbox"/> Suicidal feelings
<input type="checkbox"/> Financial Problems	<input type="checkbox"/> Marriage problems	<input type="checkbox"/> Religious doubts
<input type="checkbox"/> Grief	<input type="checkbox"/> Nervousness	<input type="checkbox"/> Other (list)
<input type="checkbox"/> Guilt feelings	<input type="checkbox"/> Rage	<input type="text"/>
<input type="checkbox"/> Health Issues	<input type="checkbox"/> Relationship to parents	<input type="text"/>
<input type="checkbox"/> Irrational fears	<input type="checkbox"/> Relationship to children	<input type="text"/>

What are you hoping to achieve with counseling?

MEDICAL/PSYCHOLOGICAL HISTORY

Name of your physician: Phone: ()

When was your last medical examination?

Are you suffering any physical illnesses or symptoms at this time?

List major surgeries or illnesses in the last five years:

List current medications:

Are there chemical abuse issues in your family? Yes ☐ No ☐ If clean/sober, for what length of time?

When? Name of helping agency:

Have you received psychotherapy or counseling in the past year? Yes ☐ No ☐ When?

Name of treating therapist: Where?

Type of problem:

Make a check mark if you would answer "yes" to any of these questions:

- ☐ Do you have thoughts of harming yourself or others?
- ☐ Are thoughts of harming yourself or others a frequent occurrence?
- ☐ Do you dwell on these thoughts and wonder if you can control them?
- ☐ Have you sought professional help because of these thoughts or feelings?

PAYMENT METHOD

Party responsible for payment, if other than client: Name:

Address: Phone: () Agreed hourly fee \$

Client's Signature

Date

Therapist's Signature

Date