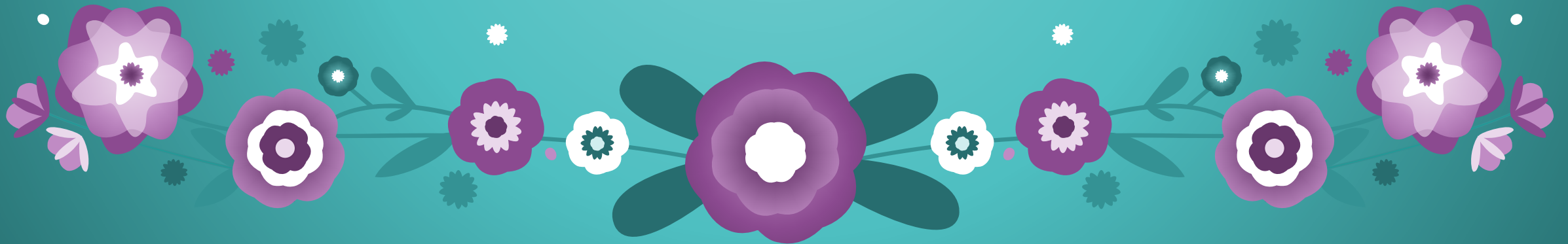


# Easy Transitions During Daily Routines in ECE

Marisela Carpio




# Introduction

- 13 years with Marisela's Family Daycare
- Associate degree in Early Education
- Bachelor's degree in Human Services with a specialty in ECE
- 16 years of experience in ECE
- Level 15 in the Wi Registry
- 5 stars in Young Star
- Wi Registry-approved trainer





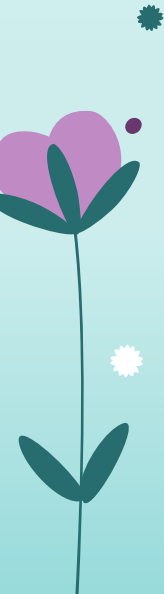
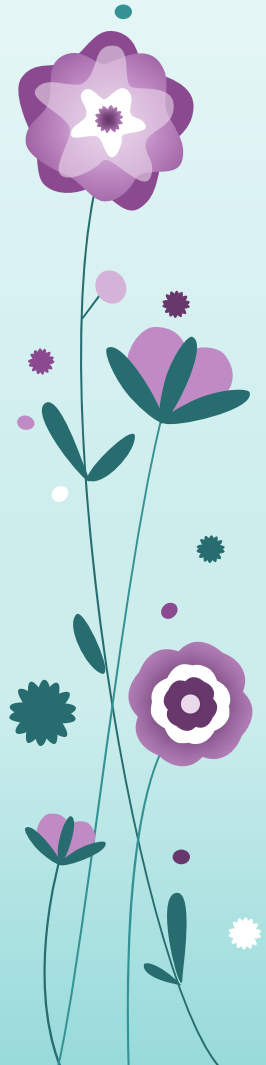
# Agenda

- Introductions
  - Presentation
  - Questions
  - Closing
- 

# Introductions

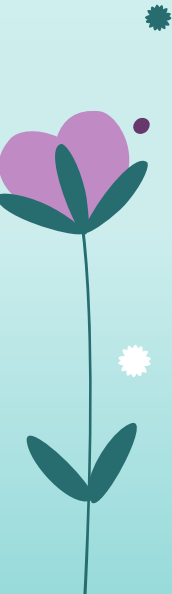
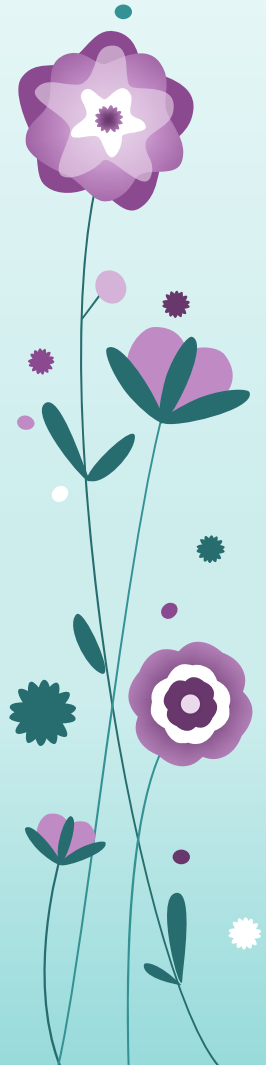
**HOLA**  
MI NOMBRE ES

dreamstime.



# Because this training

- Transitions are one of the most important points in Young Star's observations
- Having a variety of transition ideas can make our job less stressful



# Definition

- Transition is defined as the change or movement from one place, activity, or state to another. This change can be physical, emotional, or social.
- It is not an academically structured activity but it is an opportunity to teach a variety of skills
- \*HeadStart.gov



# Benefits of Transitions (Children)



- They are a fundamental part in the healthy development of the child and an integral part of their experiences as they help them adapt to new environments, new people and routines



# Benefits of Transitions-Educators

- ❖ Help organize routines
- ❖ They prevent waiting between one activity and another from being boring or challenging.
- ❖ Reinforce learning areas



This Photo by Unknown Author is licensed under [CC BY-NC](#)



# Types of transitions

| Movement  | What Can We Use?  |
|---|---|
| From sitting to standing<br>-Circle Time-Art<br>-Art-eat snack<br>-Be playing-at Story Time<br>-Going from one room to another<br>-From Playing-to the Circle Time Area<br>- Eating-washing hands | Applaud<br>Sing<br>Using a Chime<br>Poster exercises/pictures showing the following activity of stretching, of breathing. |
| From sitting to standing<br>-Circle Time-Art<br>-Art-eat snack<br>-Be playing-at Story Time<br>-Going from one room to another<br>-From Playing-to the Circle Time Area<br>- Eating-washing hands | Applaud<br>Sing<br>Using a Chime<br>Poster exercises/pictures showing the following activity of stretching, of breathing. |
| From sitting to standing<br>-Circle Time-Art<br>-Art-eat snack<br>-Be playing-at Story Time<br>-Going from one room to another<br>-From Playing-to the Circle Time Area                           | Applaud<br>Sing<br>Using a Chime<br>Poster exercises/pictures showing the following activity of stretching, of breathing. |

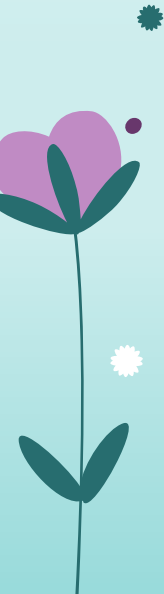
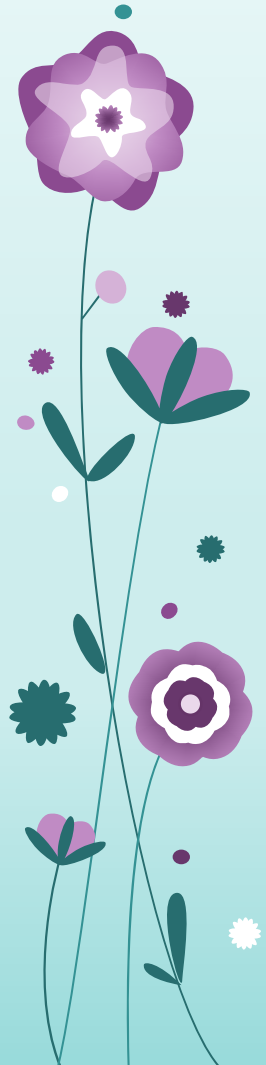
# Types of Transitions

| No Movement  | What Can We Use?   |
|--|--|
| -From reading to coloring, painting, stickers, any art activity and vice versa | -Have the materials for the next activity ready and show them<br>Have books ready about the topic of the week, pictures, manipulatives |
| -Manipulatives to Writing and vice versa                                       | -Have the materials for the next activity ready and show them<br>Have books ready about the topic of the week, pictures, manipulatives |
| -Waiting for the food*   | -Have the materials for the next activity ready and show them<br>Have books ready about the topic of the week, pictures, manipulatives |
|  |  |

|             |  |
|-------------|--|
| 6:00 -8:00  | Bienvenida/ Welcome  |
| 8:00-8:30   | Desayuno/ Breakfast  |
| 8:30-9:30   | Juego libre/ Free play                                       |
| 9:30-9:45   | Tiempo de Círculo/ Circle Time                               |
| 9:45-10:15  | Arte/Art manipulatives/Manipulatives                         |
| 10:15-10:30 | AM Merienda/AM Snack   |
| 10:30-10:45 | Tiempo de ir al baño / Bathroom time                         |
| 10:45-11:45 | Tiempo afuera/ Outdoor time(if weather permits)or Indoor     |
| 11:45-12:00 | lavado de Manos/ Washing hands                               |
| 12:00-12:30 | Almuerzo/Lunch   |
| 12:30-12:45 | Lavado de dientes/Brushing teeth                             |
| 12:45-2:45  | Tiempo de siesta/Nap Time                                    |
| 2:45-3:00   | Tiempo de ir al Baño/ Bathroom Time                          |
| 3:00-3:15   | PM merienda/ PM Snack  |
| 3:15-4:15   | Tiempo de Explorar/ Exploring Time                           |
| 4:15-5:15   | Tiempo afuera/ Outdoor Time                                  |
| 5:15-5:45   | Cena/ Dinner   |
| 5:45-6.00   | Tiempo de cuentos/ Lectura.Story Time/Reading                |
| 6:00-7:00   | Tiempo de descanso y/o despedida<br>Quiet Time/ Closing Time |

# Time to Share Ideas

- The person next to you
- Questions
- Closing



[carpionava@yahoo.com](mailto:carpionava@yahoo.com)

414-484-7987

