



## Mission Statement

### Out To Help Values

Vision

Opportunity

Inspiration

Confidence

Education

**We give all children and young people their VOICE.**

### About Us

Out To Help Children's services aim to meet the needs of children and young people for whom mainstream school cannot meet their personal, educational, emotional and developmental needs. We cater to some of the most vulnerable young people in our society whose past traumas and Adverse Childhood Experiences (ACE) means that they can display behaviours which can be hard to manage in a mainstream environment. Our therapeutic approach is set up for these young people and we subscribe to Karyn Pervin's idea that *"behaviour is the language of children who have lost their voice."* Through our adapted and individualised approach to education, our dedicated team and the Out To Help values, we work to give young people their **V.O.I.C.E** in the world. We do this by giving them **Vision. Opportunity. Inspiration. Confidence. Education.**

We provide a curriculum heavily focused on outdoor learning, intertwined with animal therapy and although we cover National Curriculum targets, each child follows their own individualised programme of learning. We combine our focus on horses and animals along with the child's interests and future career aspirations. All of us here at Out To Help adopt

the PACE method, meaning every adult the child comes across, will interact with them in a playful, accepting, curious and empathetic manner.

We are passionate about young people overcoming their past trauma and adverse experiences and believe that no child should ever be failed as a direct result of their past. We provide a safe and positive environment and hope to have a long-lasting impact on their future.

## Our Vision

### **At Out To Help, our mission is to:**

- Promote respect and safe attachments between adult and child.
- Nurture safe and respectful friendships between peers and ensure they are equipped with the skills to appropriately manage these.
- Encourage physical health through horse riding and outdoor activities.
- Develop a sense of wonder, adventure and curiosity.
- Encourage young people's aspirations and prepare them for future success after school.
- Develop their academic success through a curriculum that meets their developmental stage.
- Manage, overcome and learn from challenging behaviour in a manner that promotes positive change and self-reflection.
- Give young people who have may have lost their way, a voice to equip them for a safe and happy future.