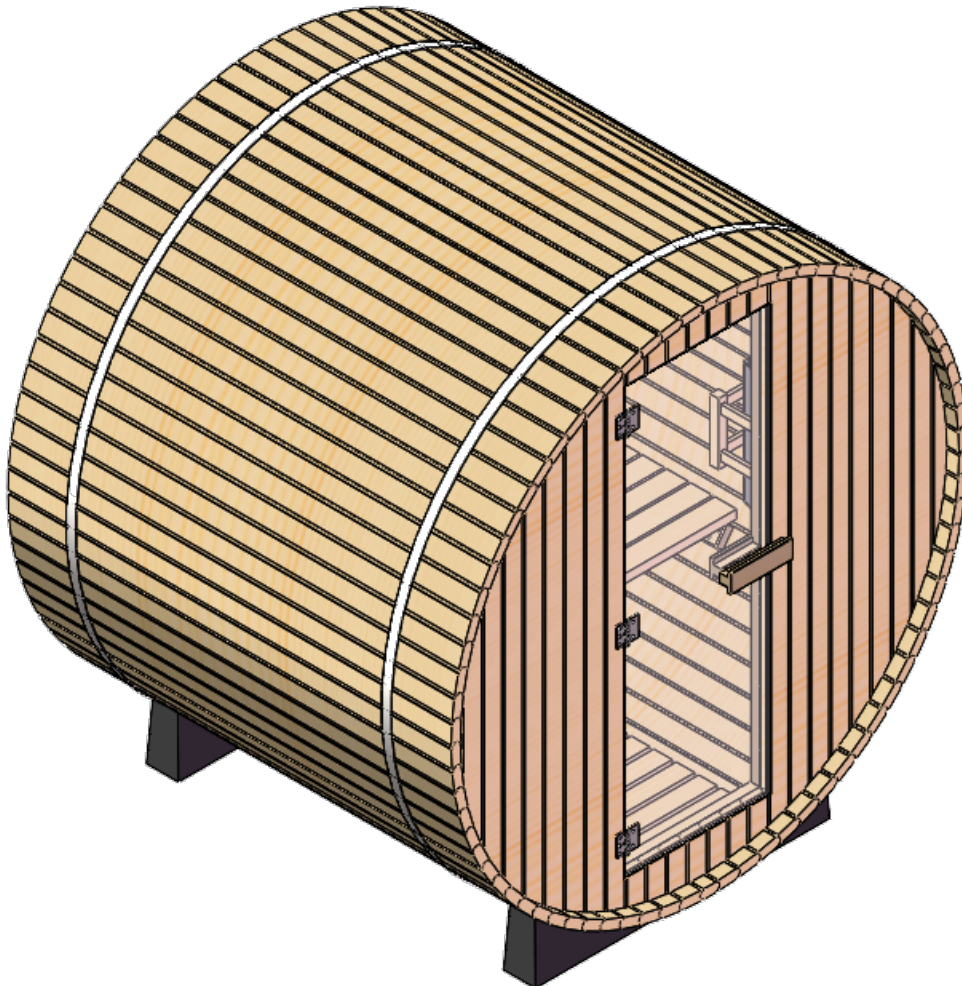




# GM Outdoor Living

## L Shape Seating Barrel



## **Welcome and Thank You**

Thank you for choosing GM Outdoor Living. We're thrilled to be part of your wellness journey. To help you install and enjoy your new sauna or cold plunge with ease, we've provided clear, step-by-step installation instructions. Please take a few moments to read this guide carefully before beginning.

Should you have any questions or need assistance at any point, our team is here to help — don't hesitate to reach out.

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## **Before You Begin: Installation Preparation**

### **1. Inspect Your Delivery**

Before installation, please check that all components have been delivered in full and are in perfect condition. If anything appears damaged or missing, contact us right away so we can resolve it promptly.

### **2. Tools You May Need**

To complete the installation, ensure you have the following tools on hand: screwdriver, wrench, rubber mallet, measuring tape, and adhesive if specified.

### **3. Choose the Right Location**

Set up in a spacious, clean, and level area. Avoid damp environments or locations near open flames or high heat sources.

### **4. Team Up**

For safety and ease of assembly, we recommend having at least 2–3 people available for installation.

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## **Important Installation Tips**

- Follow the provided instructions carefully and avoid altering the installation sequence.
  - When securing screws or bolts, tighten with care to prevent overtightening or damaging any parts.
  - If you encounter any difficulties or are uncertain about a particular step, pause and consult the guide again — or contact us for expert support.
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## **We Appreciate Your Trust**

Thank you once again for choosing GM Outdoor Living. We wish you a smooth installation and many years of relaxation, rejuvenation, and wellness.

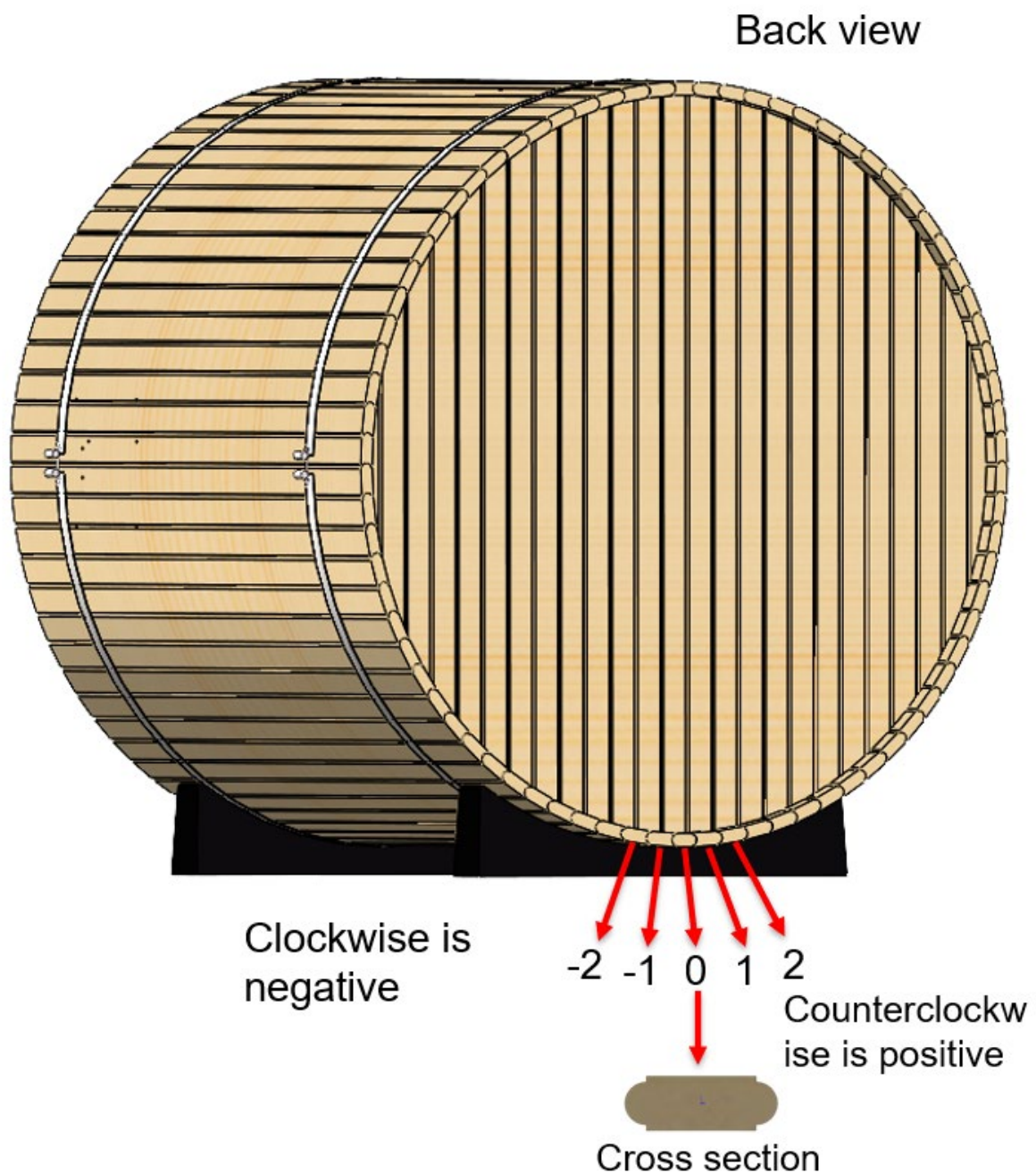
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## 1. Panel Numbering System

Each wall panel is clearly numbered for easy identification during assembly. When viewing the unit from the back:

- The **center panel** is labeled **0**.
- Panels to the **left (counterclockwise)** are labeled with **positive numbers** (+1, +2, etc.).
- Panels to the **right (clockwise)** are labeled with **negative numbers** (-1, -2, etc.).

This numbering system helps ensure accurate placement and a smooth installation process.

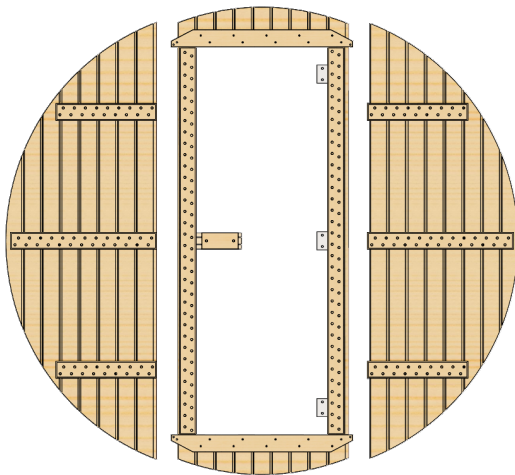


## 2. Assembling the Front Door Panel

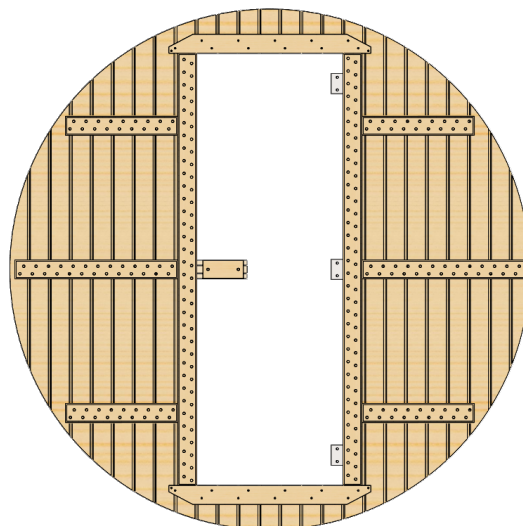
The front door panel consists of **three separate components** that need to be joined together.

- Align the pieces as shown in the instructions.
- Secure them using the **mounting screws provided with the door panel connectors**.
- Ensure all parts are properly fitted and tightened to create a stable and seamless door structure.

Take care during this step to maintain alignment, as proper assembly of the door is key to smooth operation and a clean finish.



Splicing and fixing  
with screws

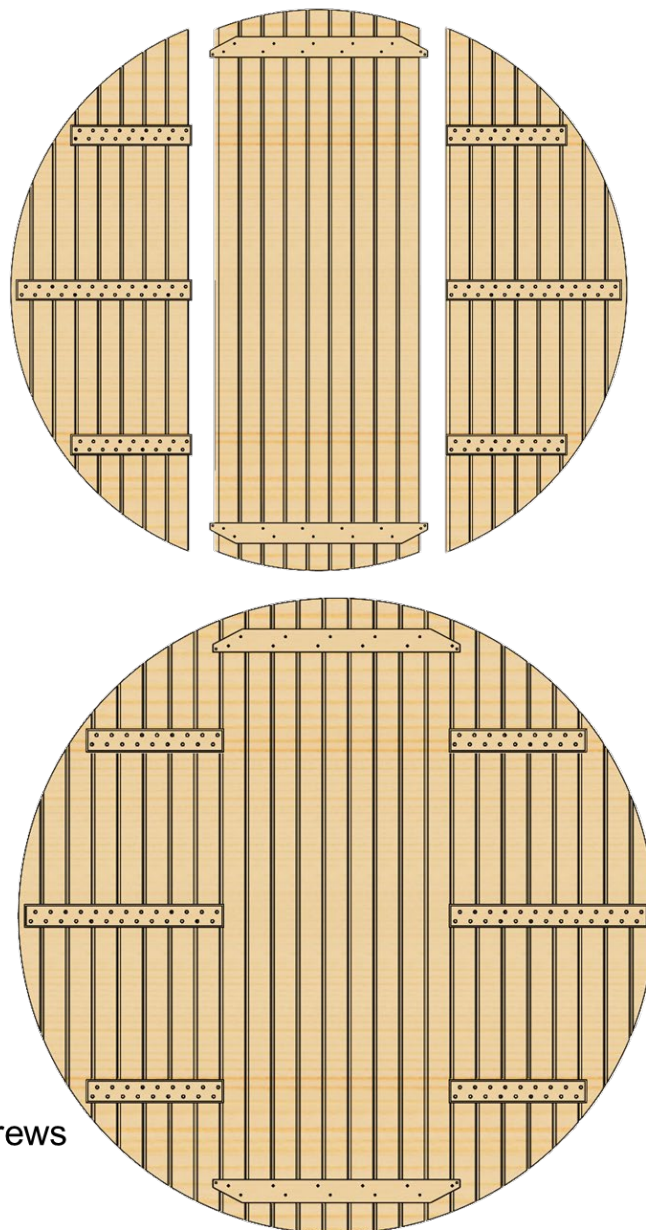


### 3. Assembling the Back Panel

The back panel is made up of **three individual sections** that need to be connected.

- Carefully align the three back panel components.
- Use the **mounting screws and connectors provided** (the same type used for the door panel) to join the sections securely.
- Double-check that all parts are flush and properly fastened to ensure structural integrity.

Accurate assembly of the back panel is essential for the overall stability of your sauna or plunge unit.

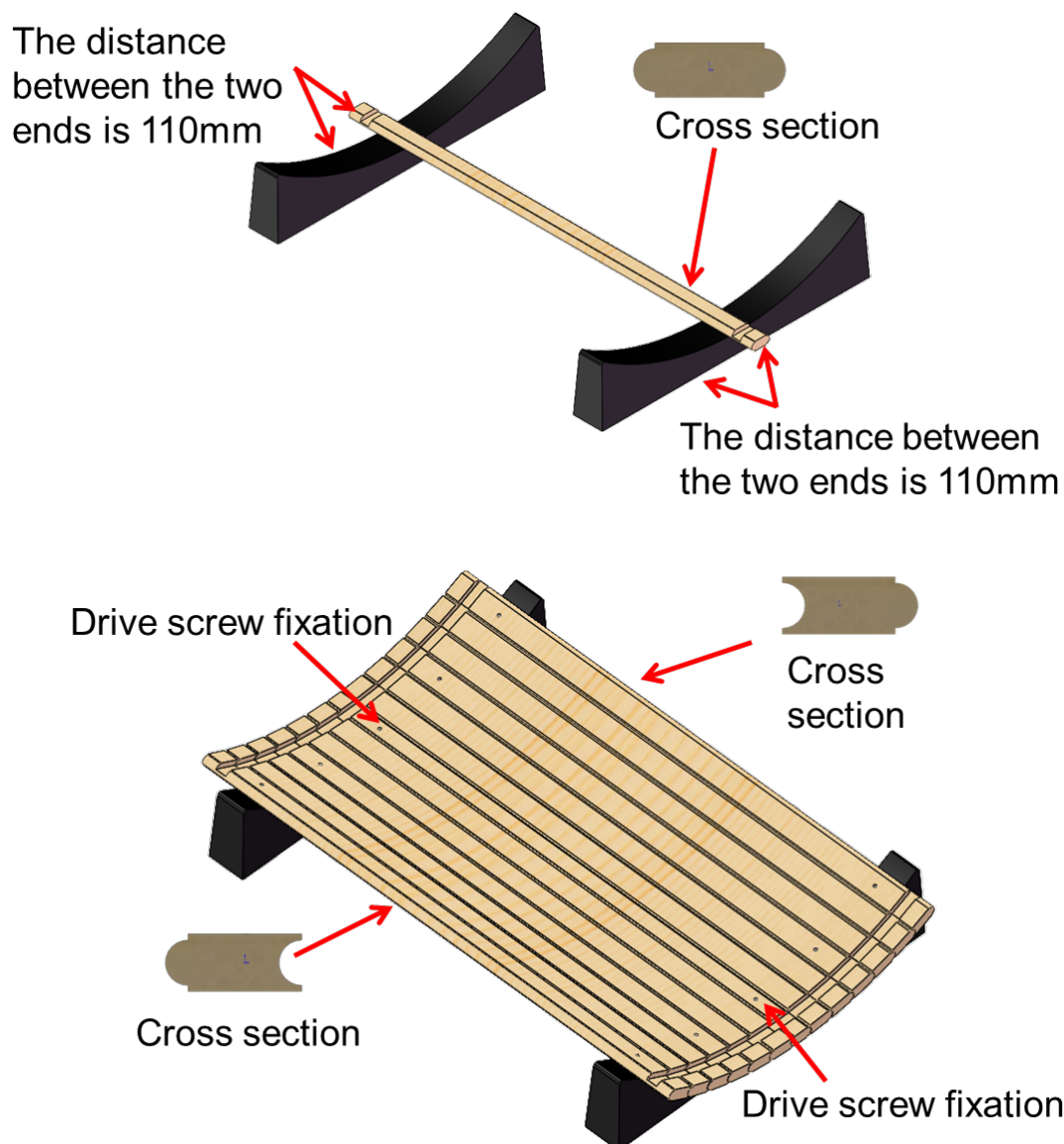




#### 4. Base Installation

- Begin by placing the **two base feet** evenly on the ground.
- Install the **double-convex wall plate** between the base feet.
- Ensure that the **distance between the outer edge of the wall plate and the end of each foot is exactly 110mm** for proper alignment.
- Once the base is correctly positioned, proceed to install the **left and right wall panels**, securing them firmly in place with the provided screws.

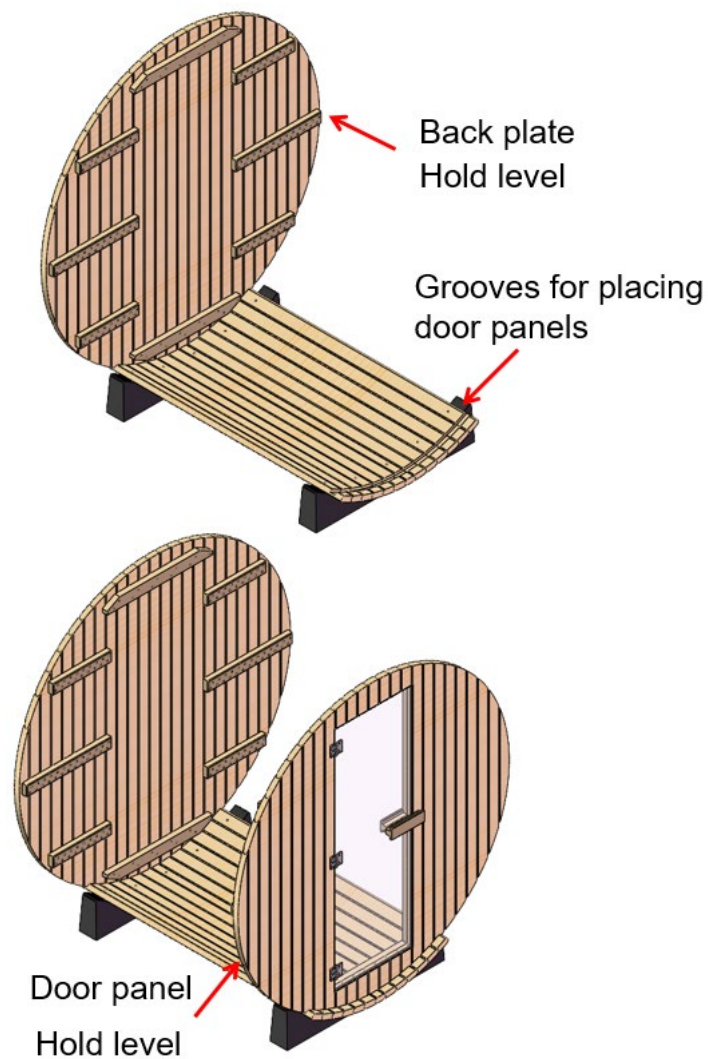
Take your time with this step to ensure accurate spacing — it sets the foundation for a smooth overall assembly.



## 5. Installing the Door Panel

- Begin by **inserting the back panel** into the **recessed grooves of the adjacent wall panels**.
- Use a **level** to ensure the back panel is perfectly horizontal before proceeding.
- Next, **insert the front door panel** into the opposite recess in the same manner.
- Once in place, **check the door panel's horizontal alignment with a level** and adjust if necessary to ensure a precise fit and smooth operation.

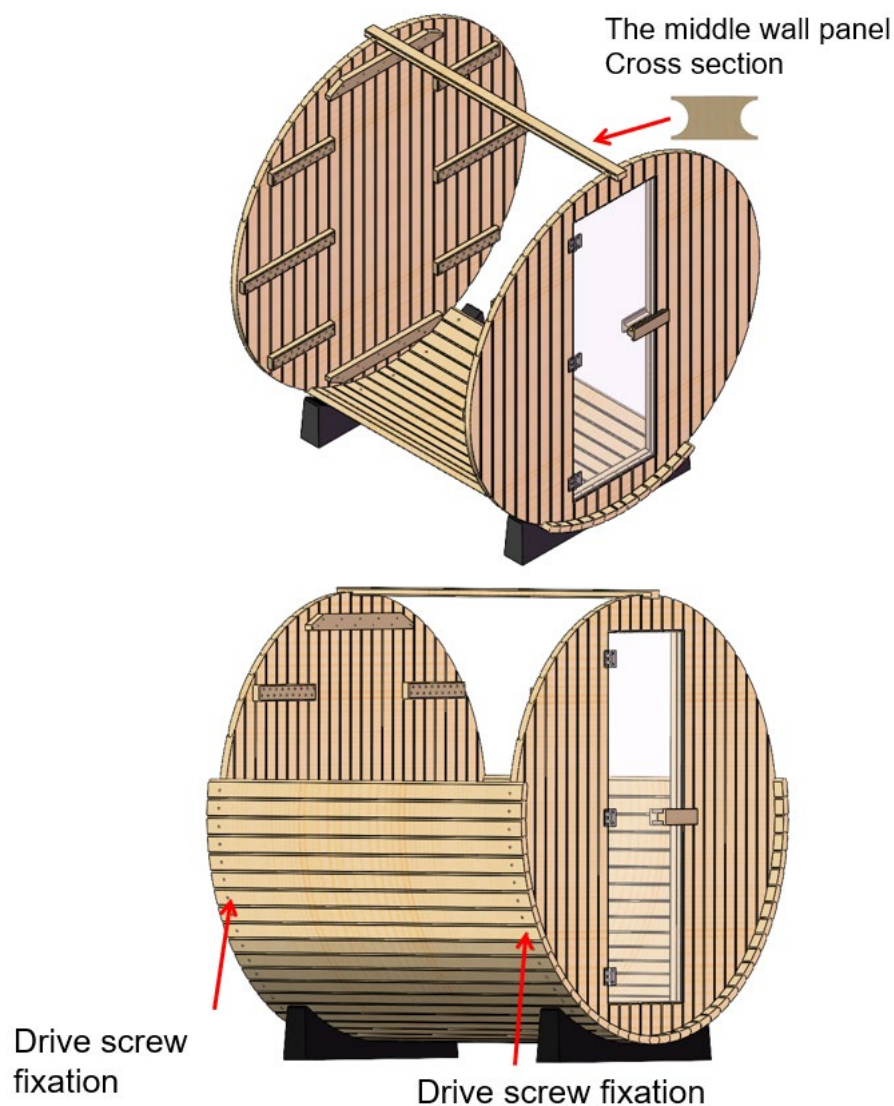
Accurate leveling is essential in this step to ensure the structural balance and proper functionality of your unit.



## 6. Assembling the Wall Panels

- Once the front and back panels are securely in place, **install the upper wall panels**. These panels will **lock the front and rear panels into position**, providing additional stability.
- Next, **assemble the left and right side wall panels**, ensuring they are properly aligned.
- Secure all panels firmly using the provided screws.

This step finalizes the enclosure, so take care to ensure all panels are tightly fitted and evenly positioned for a solid, clean finish.

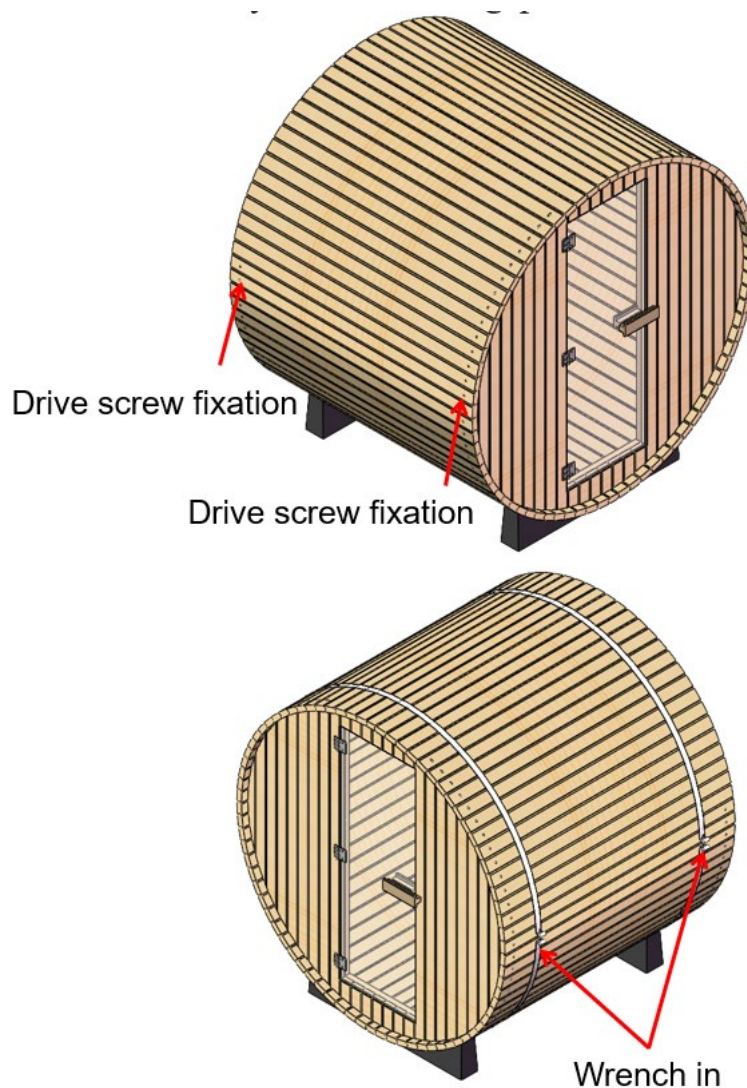




## 7. Installing the Stainless Steel Band

- Once all wall panels are assembled and secured with screws, proceed to **install the stainless steel band** around the structure.
- Carefully wrap the band around the exterior of the wall panels.
- Using a **wrench**, **tighten the band** to ensure the entire structure is firmly secured.
- This step is essential for **enhancing stability** and **eliminating any gaps** between the wall panels, resulting in a seamless and sturdy final assembly.

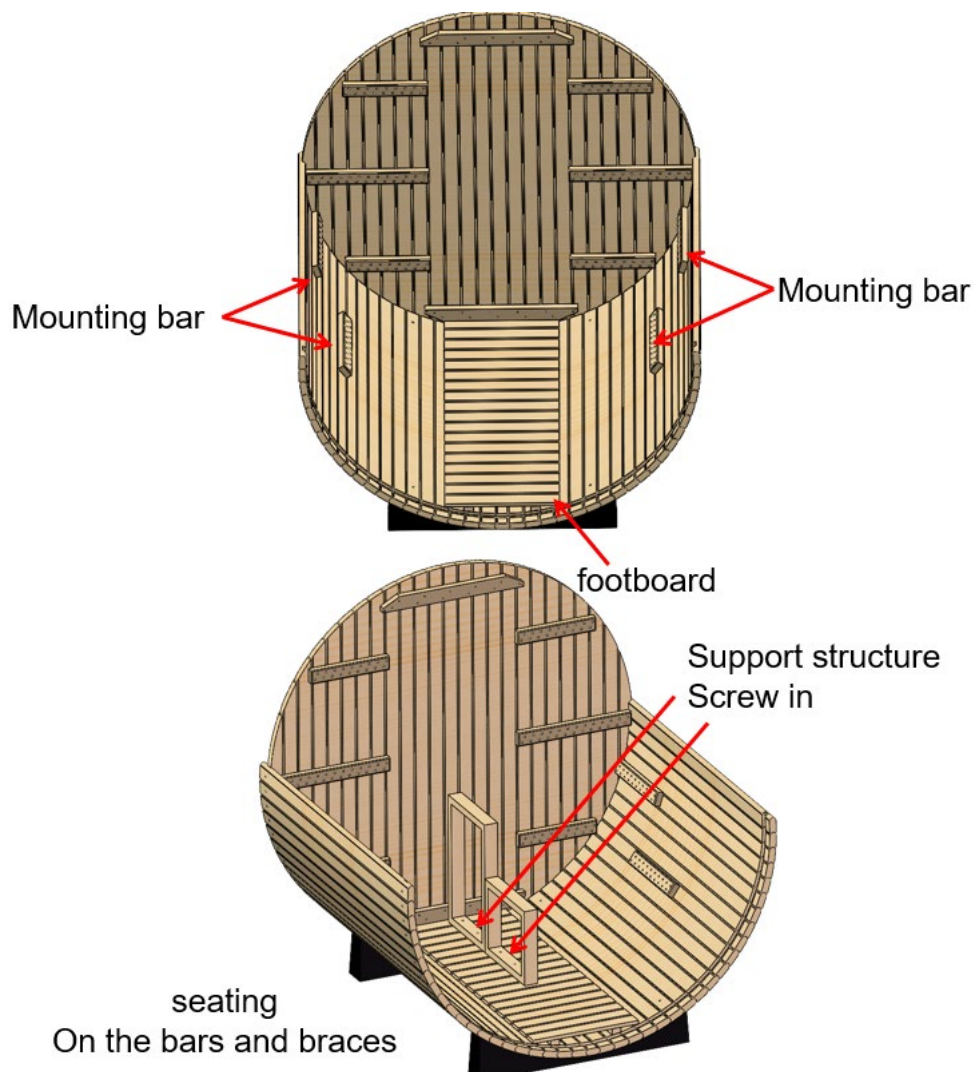
Double-check the tightness to ensure even pressure and a clean, professional finish.



## 8. Installing the Bench Seat

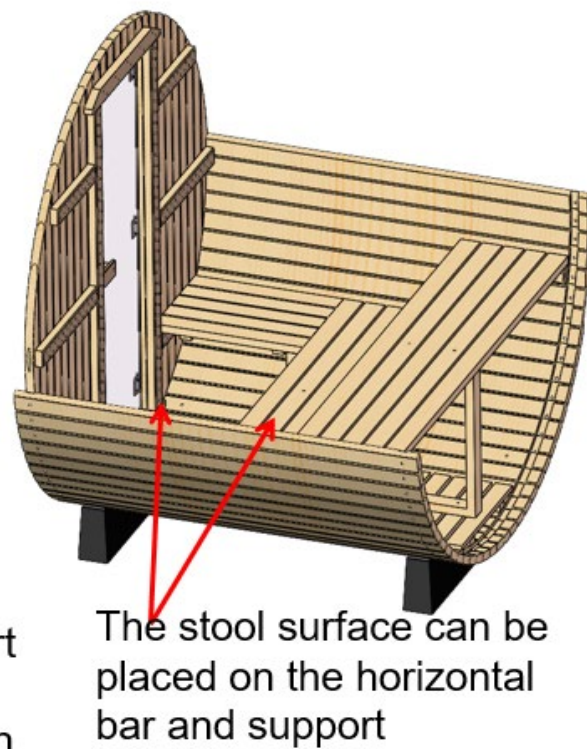
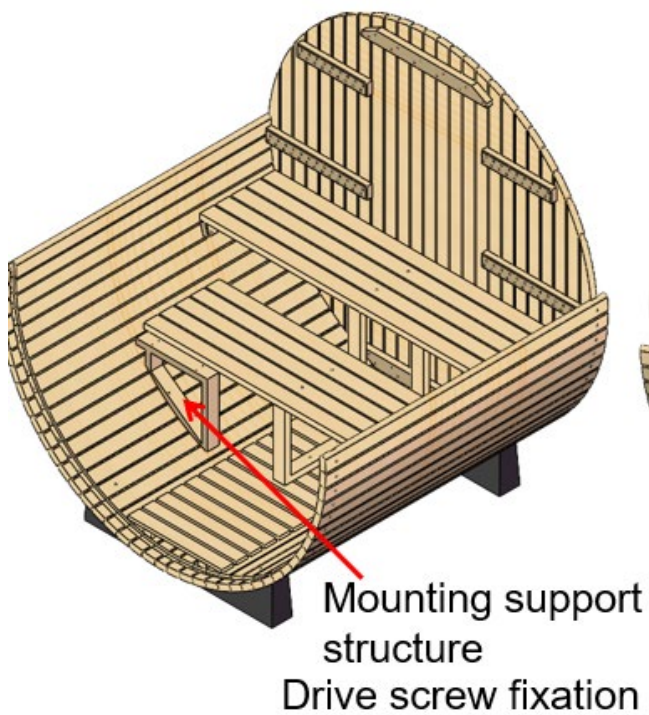
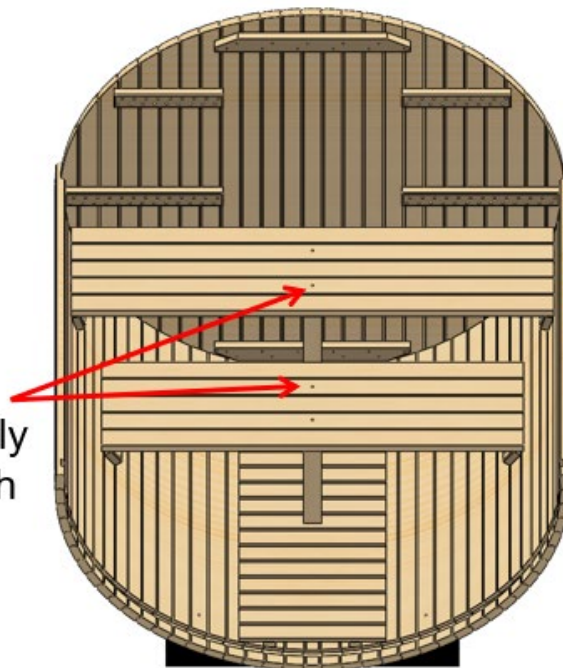
- Begin by **placing the foot pedal** in its designated position.
- Next, **install the horizontal support bar** onto the wall panel and **secure it with screws**.
- Attach the **support frame or bracket** beneath the bench area and **fix it in place with screws**.
- Finally, **place the bench surface** on top of the horizontal bar and support structure, ensuring it is stable and properly aligned.

Make sure all components are securely fastened for safe and comfortable use.



## 8. Seat installation

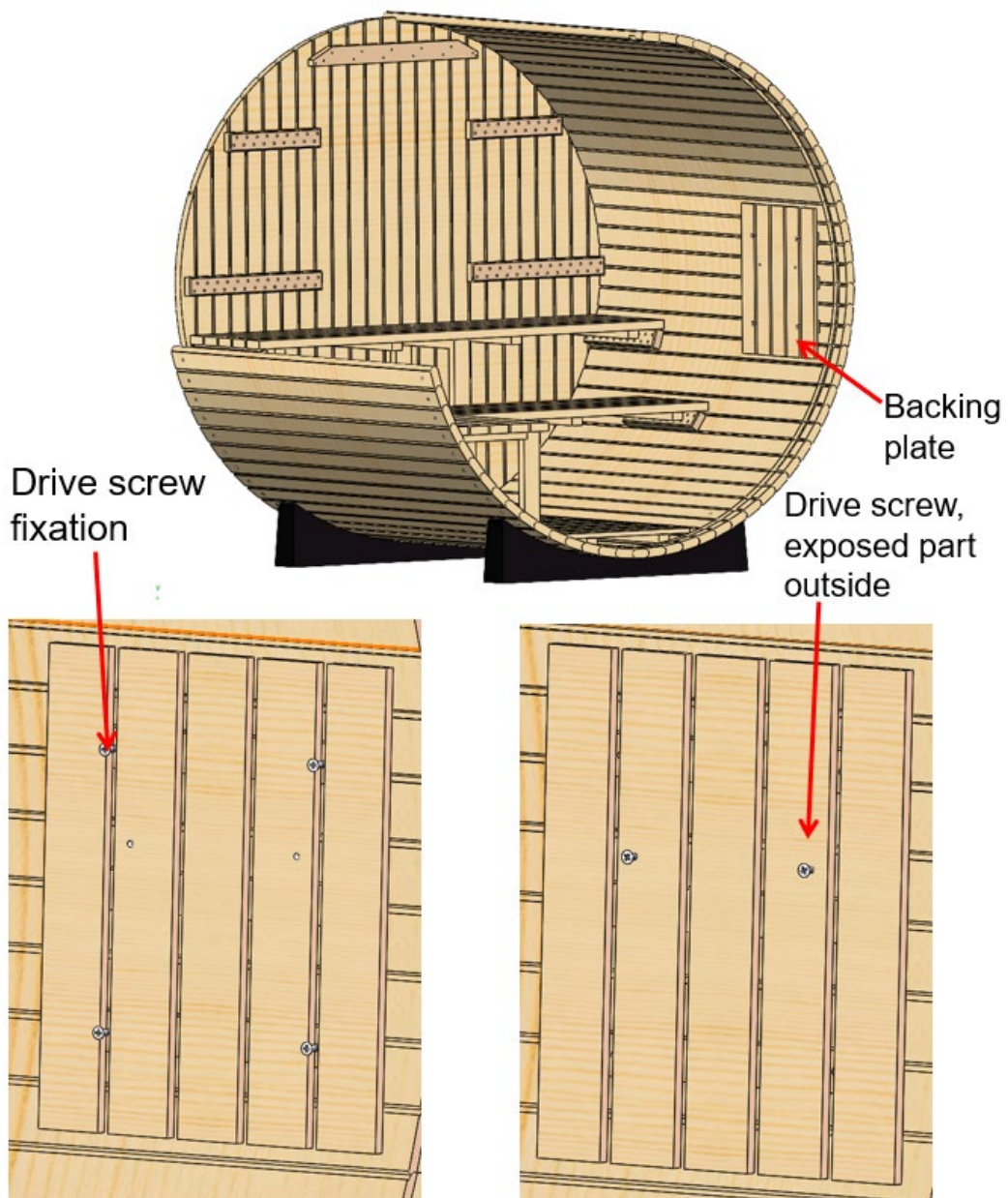
The stool surface is placed directly and fixed with screws

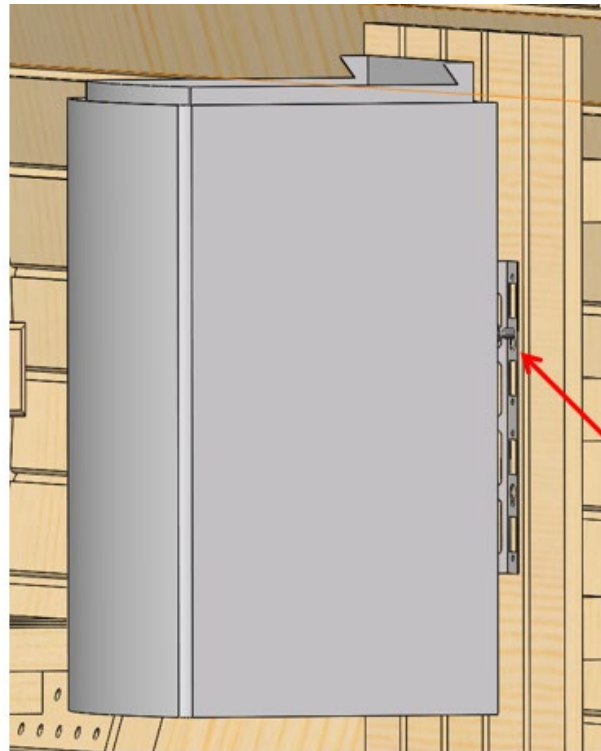




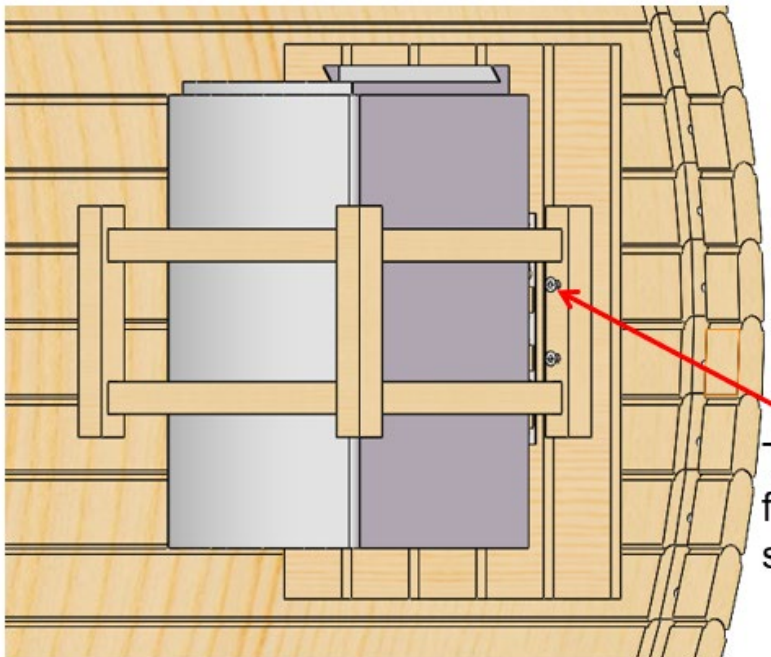
### 9. Install the Stove

Securely attach the backing plate to the wall plate using screws. Fasten screws into the board, then use the stove's hook to hang it on the screws. Finally, mount the stove rack onto the board and fix it in place with screws for a stable installation.





Use hooks to  
hang on screws



The stove rack is  
fixed with drive  
screws