World Alliance of Shorinjiryu Karatedo

Application – Quiz

The founding members of W.A.S.K. believe that a basic standard of knowledge, shared by all members, is a requirement. To that end we request that all applications for membership be accompanied by a brief quiz. We ask that the quiz be correctly completed. To ensure the successful completion of this quiz the responses are posted with the application form and questionnaire on the W.A.S.K. website.

Arigato

Shinan Donivan

- 1. Name the founder of Shorinjiryu Kenkokan Karatedo?
- 2. Where was the first school of Shorinjiryu Kenkokan established?
- 3. What is the translation of Shorinjiryu Kenkokan?
- 4. What is the motto of Shorinjiryu Kenkokan?
- 5. Name the three bowing forms used in Shorinjiryu Kenkokan.
- 6. List at lease three of the founder's Karatedo innovations.
- 7. Complete this sentence: "Punching force is a product of ..."
- 8. Complete this sentence: "Kicking force is a product of ..."
- 9. List at least two Yakusoku Randori Kumite.
- 10. Name one Weapons Kumite.
- 11. What is the name of the text that the W.A.S.K. organization uses as reference material?
- 12. Who is the author of the reference book used by the W.A.S.K. organization?

The correct responses can be found on the WASK web site, located with the new members application form.