**Eyelash After Care Instructions**

1. Do not get your eyelashes wet for the first 24-48 hours after application.
2. If you want to wash you face after the first 24-48 hours after application, we recommend using lukewarm water (not hot water) and purchasing a “**good”** eye lash shampoo and brush. (Remember that if you have a natural oily face or hair, it can break down the glue bond).
3. Taking good care of your eyelashes requires washing them twice to three times per week or more if you have oily skin.
4. If you want to use any eye makeup, we **recommend** using **water based**.

**“All”** **Oil-based makeup or makeup remover will break-down eye lash glue. It is also important to clean your eye lashes as recommended above.**

1. If you go swimming, there is a chance you will lose more of your eye lash extensions faster than normal (Chlorine & Salt-water will break down the glue faster.)
2. Avoid going into saunas. The **steam** can breakdown the glue bond.
3. Avoid rubbing your eyes (especially the lash line)!
4. Do not sleep on your eyelashes!

**“Average” fills are usually 2-3 weeks. It depends on a person’s normal lash fall out rate (shed rate) and “your care” of your lashes. It is possible that you may need a fill before the “average” 2 weeks.**

**Note:**

**It is normal for a person to lose about 2-5 lashes per day (21 per week on average. That is 14-35 lashes a week (7 to 18 per eye per week). It is different for everyone! It depends on your normal lash fall out rate.**

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