

- Hold a current credential from the Minnesota Certification Board (MCB), the Upper Midwest Indian Council on Addictive Disorders, or the National Association for Alcoholism and Drug Abuse Counselors that demonstrates skills and training in the domains of ethics and boundaries, advocacy, mentoring and education, and recovery and wellness support.

## 2. Training and Certification:

- Complete the DHS-approved Certified Peer Recovery Specialist training program (46 hours).
- Pass the certification exam.
- Engage in ongoing continuing education to maintain certification.

## Become a Volunteer with SocialMN

Ready to make an impact? At **SocialMN**, we believe recovery is community work—and there's a place here for you.

- Support events, groups, and outreach efforts
- Help build bridges between communities
- Use your gifts to uplift and inspire others
- Be part of something real, rooted, and revolutionary

**Training and support are provided.** You don't need to have it all together—you just need to show up with an open heart.

🌐 Learn more and drop us a line at **[socialmn.org](https://socialmn.org)**



## CPRS Services

**Peer Support makes all the difference in early recovery!**

**We offer services to participants in the metro area, specializing in serving those who also have experienced justice involvement.**

## ☀️ Peer Recovery Support: Walking the Path Together ☀️

### What is Peer Recovery Support?

Peer Recovery Support is a service where individuals with lived experience of substance use disorders (SUD) offer support to others on their recovery journey. These specialists provide hope, understanding, and guidance, drawing from their own experiences to assist others in navigating recovery challenges.

### Who are Certified Peer Recovery Specialists?

Certified Peer Recovery Specialists (CPRS) are individuals who:

- Have personal experience with substance use and are in recovery.
- Have completed specialized training approved by the Minnesota Certification Board (MCB).
- Are certified to provide peer recovery support services within various SUD programs.

### Services Offered by Peer Recovery Specialists:

Under §254B.052, the following services constitute legitimate peer support services:

- **Individualized Peer Support:** One-on-one sessions focusing on the client's recovery goals, self-sufficiency, and development of natural supports.
- **Recovery Planning:** Assisting clients in developing and updating an individual recovery plan that includes goals, resources, and activities supporting recovery.
- **Mentoring and Advocacy:** Providing guidance through self-disclosure of personal recovery experiences and advocating for the client's needs.
- **Support Group Participation:** Accompanying clients to recovery and other support groups to encourage engagement.
- **Appointment Assistance:** Accompanying clients to appointments that support recovery, such as medical or housing services.
- **Resource Navigation:** Assisting clients in accessing resources for housing, employment, education, and other services that support recovery.
- **Nonclinical Recovery Support:** Providing support to assist the transition from treatment into the recovery community.

### **Documentation Requirements**

To bill for these services, providers must maintain documentation that includes:

- **Comprehensive Assessment:** The client's assessment that led to the referral for peer recovery support services.
- **Individual Recovery Plan:** Developed within the first three sessions, outlining the client's recovery goals, resources, activities, and planned frequency of sessions.

- **Service Documentation:** Records of each billed interaction, including date, start and end times, and how the session ties into the client's recovery plan.

### **Service Limits**

Clients are limited to 14 hours per week of peer recovery support services from an individual provider. Providers must ensure services are delivered according to the client's individual recovery plan and maintain appropriate supervision and documentation.

**Eligibility for Peer Recovery Support Services:**

To receive services from a Certified Peer Recovery Specialist in Minnesota, individuals must:

- Be enrolled in Medical Assistance (Minnesota's Medicaid program).
- Be receiving one of the following services:
  - Substance Use Disorder (SUD) treatment services.
  - Behavioral Health Fund (BHF) services.
  - MinnesotaCare SUD services. Becoming a Certified Peer Recovery Specialist:

**Interested in becoming a Certified Peer Recovery Specialist? Here's how:**

1. **Eligibility Criteria:**
  - Be at least 18 years old.
  - Have a high school diploma or equivalent.
  - Have a minimum of one year in recovery from substance use disorder.