

CPRS Volunteer Application

Name:

Phone:

Email:

CPRS Status:

- ☐ Fully Certified by MCB
- ☐ Completed Training, Awaiting Certification
- ☐ In Progress (Enrolled in Training)

Recovery Start Date (approx.): _____

Why do you want to volunteer as a CPRS?


Any special skills, languages, or lived experiences you'd like us to know about?

- ☐ I am using these hours toward certification
- ☐ I'm volunteering for other reasons (giving back, etc.)

Signature: _____

Date: _____

We're honored by your "yes." Now let's get to work — together.

 Learn more and drop us a line at **socialmn.org**



CPRS Volunteers

Volunteers are our lifeblood. We depend on volunteers to make things happen for people.

Everyone has something to offer...

 **Serve With Purpose. Lead With Heart.**




Join the CPRS team at SocialMN. Our team is active in our community making a difference for the people we serve.

 **Volunteer as a CPRS**

Certified Peer Recovery Specialist Volunteer Packet

"We give what we needed — and it becomes sacred."


At SocialMN, we believe that peer support is critical work. And volunteers make that possible. Whether you're building hours for certification, re-entering the field, or simply offering your heart back to the community, we are honored to walk beside you.

-  **Location:** Based in Minnesota (in-person & virtual options)
-  **Hours:** Flexible; minimum 6 hours/month preferred
-  **Supervision:** Provided by a staff CPRS or designated supervisor

This packet includes information about:

- Who qualifies to volunteer
- What volunteer CPRSs do

- How we support and train you

 *Note: If you're using volunteer hours toward a credential, this program is designed to meet Minnesota Certification Board standards for supervision, documentation, and activity domains.*

Why Volunteer as a CPRS?

- ✓ You stay connected to the heartbeat of recovery
- ✓ You offer support without pressure or performance
- ✓ You build your skills — and your hours
- ✓ You make healing visible in real time

Volunteering can be a gentle re-entry, a way to give back, or a sacred rhythm in your own recovery. We welcome all of it. We need all of it.

CPRS Volunteer Roles May Include:


- Peer mentoring & goal support
- Outreach at events or community meetings
- Co-facilitating recovery groups
- Resource navigation or appointment support
- Storytelling, blogging, or media contributions
- Participating in training simulations for new CPRSs
- Special projects, panels, and feedback sessions

You'll always be matched with a role that fits your experience, comfort level, and growth goals. No one gets thrown in the deep end.

Volunteer Requirements and Training

Be at least 1 year into sustained recovery
Be CPRS trained, certified, or in process

Pass a background check (case-by-case consideration)
Commit to orientation & monthly supervision
Complete a brief reflective log each month

 *Not certified yet? Let us know — we may be able to connect you with a training program or scholarship partner.*

Services Offered by Peer Recovery Specialists:

Under §254B.052, the following services constitute legitimate peer support services:

- Individualized Peer Support: One-on-one sessions focusing on the client's recovery goals, self-sufficiency, and development of natural supports.
- Recovery Planning: Assisting clients in developing and updating an individual recovery plan that includes goals, resources, and activities supporting recovery.
- Mentoring and Advocacy: Providing guidance through self-disclosure of personal recovery experiences and advocating for the client's needs.
- Support Group Participation: Accompanying clients to recovery and other support groups to encourage engagement.
- Appointment Assistance: Accompanying clients to appointments that support recovery, such as medical or housing services.
- Resource Navigation: Assisting clients in accessing resources for housing, employment, education, and other services that support recovery.

Nonclinical Recovery Support: Providing support to assist the transition from treatment into the recovery community.