

David F. Johnston
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110m Hurdle Data

	Start	-----	Metric		Start	----	Metric
0							
1.	2'0		0.61		2-0	----	0.61
2.	3-10		1.17		5-10	----	1.78
3.	4-5		1.35		10-3	----	3.13
4.	4-11		1.50		15-2	----	4.63
5.	5-4		1.625		20-6	----	6.25
6.	5-8		1.73		26-2	----	7.98
7.	5-11		1.80		32-1	----	9.78
8.	5-10		1.79		37-11	----	11.58
--==H1	--		-----2.14-----		45'0	-----	13.72
0	4-8	----	1.41		49-8	----	15.13
01	6-0	----	1.81		55-8	----	16.94
02	6-4	----	1.91		62-0	----	18.85
03	6-2	----	1.87		68-2	----	20.72
--==H2	-----		-----2.14-----		75'0	-----	22.86
0	4-8	----	1.41		79-8	----	24.27
01	6-0	----	1.81		85-8	----	26.08
02	6-4	----	1.91		92-0	----	27.99
03	6-2	----	1.87		98-2	----	29.86
--==H3			-----2.14-----		105'0	-----	32.00
0	4-8	----	1.41		109-8	----	33.41
01	6-0	----	1.81		115-8	----	35.22
02	6-4	----	1.91		122-0	----	37.13
03	6-2	----	1.87		128-2	----	39.00
--==H4			-----2.14-----		135'0	-----	41.14
0	4-8	----	1.41		139-8	----	42.55

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