

Caernarfon & Dwyfor Ramblers

Newsletter No 8 - 3 September 2018

Contributions for future editions to me please,

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A HELPING HAND

A big thank you to Lew Devlin of Bangor & Bethesda group for his help this summer, as while Nigel Fisher has been out of action Lew has led Nigels more active/wild/interesting walks. However, Lew has health problems himself, so we also extend our best wishes to him while he is undergoing bouts of treatment at Ysbyty Glan Clwyd.

NORTH WALES RAMBLERS WALKING FESTIVAL

Not having heard how the other groups got on with their week of walks, all I can say about the C&D batch was that they were not very well attended and did not seem to bring in any new walkers, never mind new members to Ramblers. Advertising the event without any professional input was difficult, we managed some small coverage in the press, no idea how many copies of the posters I emailed actually ended up on display. Let's hope the other groups fared better.

Welsh Government - 'Brexit and Our Land'

Margaret writes: Last week I met the author of an informative booklet on local works in and around the village of Weobley, Herfordshire. He told me that he needed to rewrite the guide owing to several farmers withdrawing their curtesy paths following the English government's withdrawal of funding.

Ramblers Cymru among other organizations has lobbied the Welsh Government about the future following Brexit. They appear to be listening and have published a consultation document which looks at the idea of farmers providing 'public goods'. Individually we can do

something to maintain support for farmers to co-operate in allowing walkers access to the countryside. So I urge you to look at the consultation paper available - gov.wales/topics/farmandcountryside'

Margaret

EDMUND PLAXTON

Rachel sent an update on Edmunds health, here is a precis.

We had prepared ourselves for a poor scan result, so are overjoyed the Consultant reported very little tumour growth, just some inflammation of the one close to his ribs.... which explains why Edmund feels discomfort if he coughs.... & why we were anxious things might have got worse.... but all still contained in the abdomen, no spreading. It seems Edmund's body is fighting the cancer on its own... Alleluia!! So he does not need to go back on those chemo pills , at least for the next seven weeks, when we see the Consultant again.

Friends who have not seen him for a while say he is looking well. He is much better, though tires easily still... but when I came back from Guild last Thursday to cut the grass, I found he had beaten me to it, leaving just the odd bits for me to finish! Today he has hoovered through everywhere while I took garden rubbish to the dump.

Many thanks for your support. Rachel

ANOTHER HELPING HAND

In Aberdaron they are playing a part in helping the needy of this world. A friend of Jo-Anne's supports poor villages in South Africa, and Jo-Anne writes:

'We are supporting a township in South Africa where bras are needed. Instead of disposing of your old ones please could you ladies help by posting your used bras to Jo-Anne Milnes, Heli Aberdaron, Pwllheli Gwynedd LL53 8BP Thank you.'

SANDSTONE TRAIL

Guto is holding the OS maps, trail guides and other information about the Sandstone Trail in Cheshire, available to anyone who wishes to make use of them. Perhaps completing the northern section we missed in July, though I think we covered the best parts of the Trail.

OS MAPS FOR DOWNLOADING

Roy has set up a scheme to allow C&D Group members to download OS maps - more details to follow.

AGM - 11 NOVEMBER - ROYAL VICTORIA HOTEL

This year we will again be having a simple AGM and social evening, a chance to chat and catch up. If you would like to put yours or somebody else's name forward to join the committee, that would be very welcome. Former secretary John Hammond is standing down this year.

WALK LEADERS/TRAINING

There is a suggestion that we should hold another leaders training course, as a refresher for existing leaders and to **encourage more folk to become leaders**. You don't need to be a hot shot mountaineer to lead, there are plenty of low level and coastal areas to explore - so why not give it a try? One of the benefits I found when taking up leading was that it encouraged me to look for new paths to use and new places to visit. Check it out with Roy - roymilnes1@gmail.com

Roy will shortly be putting together the programme for January - June next year, just waiting for all the walks to come in from the current leaders.

UPCOMING WALKS

15 September Cwm y Stradllyn and Moel Du. Led by Dafydd, a C walk of 6 miles with a 10am start from the CP by the dam in Cwm y Stradllyn, SH 556442

Sat 29 September Craflwyn and Cwm Llan, return alongside Llyn Dinas. Led by John H, another C walk of 6 miles, starting at 10am from Craflwyn CP, SH 600490

Sunday 30 September An Aberglasyn and Cwm Bychan walk led by John B, and yes, that's right, it's another six mile C walk! Meet at 2pm at the NT Nantmor CP at 2pm, SH 597462