

# Caernarfon & Dwyfor Ramblers

## Newsletter No 7 - 29 July 2018

Contributions for future editions to me please,  
[davewoods@toucansurf.com](mailto:davewoods@toucansurf.com)

**HELP NEEDED** This year North Wales Ramblers are holding a **Summer Walking Festival**, from **28 July until 5 August**, and with more than fifty walk planned there is something for everyone.

We in Caernarfon & Dwyfor Group are playing our part, with walks from short and easy strolls through to a more challenging mountain day. We hope that the health benefits of going for a walk, together with new company and new horizons, will persuade more people to get out and about.

However, the Ramblers need help in promoting the festival. Can you lend your support by copying/printing the posters and getting them displayed please? Anywhere that might catch the eye - waiting rooms, supermarkets, cafes, sports shops, butchers, climbing wall - anywhere!

*If you were able to respond to the above appeal, many thanks.  
If you can still do so, it's not too late!*

### **Tim Taclo Llwybrau.**

A big appreciation has been offered by Gwynedd Council to all those that attended the work days recently on Bwlch Mawr and clearing 2 Pistyll which was previously completely obstructed by vegetation. A special thank you has been received from Mr Dewi Owen who is now working with the Coastal Officer, Rob Jones to establish circular walks on the Lleyrn. The Dwyfor groups forthcoming work day will shortly be taking place at Rhiw, more on this in the next newsletter.

Several of our members are now completing the survey patrol of the Slate Trail in our area. This involves walking the trail and reporting to me any problems or suggestions which can then be attended to. If you would like to buy a copy of the waterproof Slate Trail guide book please let me know, This is very comprehensive with lots of detail and mapping of the

route. The cost is £12.99. If you would like a copy just let me know and you will receive the book by return. £5 of the payment goes towards the cost of maintenance and replacement furniture.

Volunteers are now also being requested to patrol a section in our area of the historic Cambrian Way. The route runs from Cardiff to Conwy and you'll be able to explore some of Wales lesser known sites in our area and also be part of a national project.

Volunteers are so important in playing a part in keeping our public rights of way open and maintained for future generations. The Slate Trail, NW Path, Pilgrim Way, Coastal Path, Four Valleys etc and all the linking paths are so important. You can assist with routine checks to ensure minor repairs are carried out. If you are able to assist with just a few hours each month please let me know, it will so much appreciated.

Many Thanks

Graham

## **Dogs on walks**

Due to a mix up some of the C&D walks in the North Wales Ramblers walks booklet have been mistakenly given the additional wording 'No dogs please', when this limitation did not apply. The C&D Ramblers position on dogs is that individual leaders can add this wording when they wish, and that otherwise anyone wishing to take a dog on a group walk must seek the leader's agreement before the walk takes place. So for this six month edition of the walks booklet any of the leaders apart from Roy may be willing to have a dog along if the walk is suitable. Roy is firmly in the 'dogs and group walks don't mix' camp, as of course are other walkers.

## **The Sandstone Trail Long Weekend 6 - 9 July**

The C&D (and friends) folk who joined the foray over the border enjoyed fine, very hot weather and around 30 miles (good estimate, Roy) of varied walking. The sandstone ridge running down through the Cheshire plain into Shropshire gave us great views, whether it was from the lofty isolated spur holding the remains of Beeston Castle (climbed by the Monday morning rump group) or the Peckforton and Bickerton Hills, where we appreciated the shade of the patchwork of tree cover.

On Friday afternoon we walked along the canal from Whitchurch before tackling field paths and the Shropshire Way. This included a lively hour dodging thistles and nettles on this neglected corner of the Way, made more 'entertaining' by most folk being in shorts!

Guto's recent spell of ill health meant that he and Vicky were missing this year, but everyone seemed pleased with his choice of two pubs and a restaurant in Whitchurch as eating spots for the three nights. Etzio, an Italian restaurant with real Italian cooks, lovely staff and great food, definitely came out tops.

It must be around ten years since Chris, Ian and John started these long weekends, with a visit to the Peak District, and this one seemed as enjoyable as all the others. The company of friends, good walking, nice countryside, excellent weather and fine local beers - what more could we want?!

## **Nigel's Proxy Adventures**

Earlier this year the Ramblers CEO wrote about ramblers being naturally adventurous. I wonder if she had Nigel in mind? He might have been out of action lately, but his walks went on, and these two will be remembered!

From a Facebook write up: Here you are Nigel - we are all waving at you from Carnedd Dafydd for planning such a great walk. Just a pity we lost a few and when everyone was feeling really knackered we got led astray by the promise of a quick way down by a certain Munroe achiever. But everybody who made it back down (well the 13 out of the original 22) said they had a memorable day. I'm not sure if their memory of the day will be for the right reasons though!

A few weeks later that was followed by a nine hour 'epic', on a very hot day, up the south ridge of Snowdon and then over Y Lliwedd and down to Cwm Merch.

We pride ourselves on having a range of walks, so it's good to have those walks mixed with a Nant Gwrtheyrn coast walk, Dafydd's walk to Y Fron, an afternoon social stroll with Joan exploring Glynllifon, an evening walk to Porth Dinllaen led by John H and then the Walking Festival visit to Treborth.

## **Forthcoming Walks**

### ***Mon 30 July at 10.30am (Festival walk)***

Meet at Menter Fachwen, 52 High Street, Llanberis SH 577 603  
Have fun during an easy 1.5 miles stroll led by Gareth Roberts as he reveals some of the features and history of Llanberis

### ***Wed 1 Aug at 10.30am and 1pm (Festival walk)***

Meet at Treborth Botanical Garden, access from south end of Menai Bridge SH 553 711 ***Here's an opportunity that does not come too often.*** Join Natalie at 10.30am for a guided 1.5 mile walk around the lovely gardens, followed at 1pm by a 3 mile forest walk on the banks of the Menai Strait led by Holly of the Red Squirrel Trust. Better still, take some lunch and enjoy both walks. **No dogs please.**

### ***Wed 1 Aug at 10.30am (Festival walk)***

Meet at Gwaith Powdwr Reserve, Penrhyndeudraeth SH 616388  
Join us for a leisurely 3 mile walk discovering how well nature has reclaimed the former Cooks explosive works.

### ***Fri 3 Aug at 11am (Festival walk)***

Meet at the National Trust car park in Aberdaron SH 172 264  
Enjoy the sea views during a not too demanding 6 mile circular walk taking in Mynydd Anelog. **No dogs please.**

### ***Sat 4 Aug at 10am (Festival walk)***

Meet at Coed Caeddafydd car park in the Nantmor valley SH 620 467  
Get away from the crowds in less visited country during this more challenging strenuous 8 mile walk around Bwlch y Battel, taking in three hills and Cnicht .

Walks programme organiser Roy seems to have arranged another walking festival for the next three days!

### ***Thur 9 Aug at 10am***

Meet at Cwrt Isaf CP (honesty box charge) SH 540464 for a 6 mile away from the crowds B walk taking in Cwms Pennant, Meillionen and Trwsgl. Leader - Dafydd

***Fri 10 Aug at 10am***

Meet at Porthmadog Harbour Station (SH 571383) for the 10.05 train to Tan y Bwlch, for an easy 8 mile D walk back down to Porthmadog. Leader John B

***Sat 11 Aug - Stride and Stroll walks***

Stride group - Meet at 10.30am at Canolfan Hebog, Beddgelert (SH589 481) for a 9 mile C walk to Cwm Llan via Craflwyn, later meeting the Stroll group for a chatty walk back to Beddgelert past Llyn Dinas. Leader Dave W

Stroll group - Meet at Canolfan Hebog, Beddgelert (SH589 481) at 1.45 for the 2.12 bus to Nant Gwynant. An easy 4 mile D walk starts alongside the river before we meet the Stride group for the scenic walk back alongside Llyn Dinas to Beddgelert. Leader Dave S  
The Glaslyn Ice Cream Parlour or the Tanronnen (or both) await.

***Thur 16 Aug at 10am***

Meet at the Nebo/Nazareth junction just off A487 (SH467499) for a 6 mile D walk in the rolling countryside around Llanllyfni. Leader Di

***Sat 18 Aug at 10am***

Meet at the east end of Gyrn Goch village (SH404 486) for a peregrinate of Bwlch Mawr, Gyrn Ddu and Gyrn Goch, a no doubt stimulating 8 mile B walk with fine sea views. Leader Nigel or deputy.

***Sat 25 Aug at 10am***

Meet at Croesor village CP (SH631 447) for a 6 mile C walk exploring Cwm Croesor, underneath the Cnicht skyline. Leader John H

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