

Easy - Grade D

Some level of fitness required, without mobility difficulty or health concern. Good shoes or trainers will be required plus waterproof outer garments and clothing suitable for the season are recommended
A slow steady pace, 5 – 6.5km, 3 – 4 miles, relatively flat less than 150m, 500ft total ascent.

Moderate - Grades C and C+

Some experience of walking in the countryside and a reasonable level of fitness. Walking boots, waterproof outer garments and clothing suitable for the season are recommended.

Grade C - up to 11km, 7miles some gradients, ascent up to 300m, 1000ft.

Grade C+ A steady pace, 11 – 13km, 7 – 8 miles, steeper gradients and elevations up to 600m, 2000ft.

Energetic - Grade B and B+

Will include some steep paths & open countryside. A good level of fitness required. Walking boots, waterproof outer garments plus clothing suitable for the season are essential.

Steady pace, mountain climbing up to 18km, 11 miles ascents up to 760m, 2500ft.

Strenuous - Grade A

Ability to maintain a good pace and will include mountains and rough terrain. For experienced walker's (i.e. have successfully completed Grade B walks) and have above average level of fitness. Walking boots, waterproof outer garments plus quick drying clothing suitable for the season are essential. A good head for heights and balance required as there may be some exposure to vertical drops.

May include steep climbs, up to 24km, 15 miles, total ascent up to 900m, 3000ft.

Examples include Devil's Kitchen & Garn (Glyderau), Y Garn (Nantlle ridge), Moel Hebog, Carneddau, Glyders, Cnicht.

Technical - Grade A+

For experienced and very fit walkers. (i.e. have successfully completed Grade A and B+ walks).

Additional technical skills required such as grade 1 scrambling, use of ice axe and crampons.

Walking boots, waterproof outer garments plus quick drying clothing suitable for the season are essential.

Paths may be unclear, map and compass skills are essential. A good head for heights and balance required as there may be some exposure to vertical drops.

A brisk pace including steep ascents over 900m, 3000ft up to 24km, 15 miles.

Examples include, Tryfan North ridge, Bristly ridge, Crib Lem, Crib Goch.

Notes:

Weather- These guidelines are for walks in good weather, good visibility and dry terrain. Adverse conditions can impede progress e.g. slippery rocks, muddy paths, strong buffeting wind impeding progress thus upgrading the walk to a higher level of difficulty.

Walking Advice - Clothing, kit, food & health benefits. See [Walking Advice](#) on North Wales website.

Ability - ***“Look at the walk announcements, carefully read the walk descriptions to choose a walk commensurate with your ability”*** This is published in “Eryri Ramblers Taking Part in Group Walks June 2026” and is a condition of booking. If you are new to walking with Eryri group, please contact the walk leader in advance via info@eryriramblers.org check if the walk is suitable for you.