



Information for walkers

By taking a few sensible measures, we can keep each other safe on group walks.

This guide outlines the steps that **everyone must take** when joining an organised Eryri Ramblers Group Walk.

- **Walk responsibly and safely, respect the safety of others**

Rambling involves certain risks and is based on self-reliance.

You are responsible for your own actions, decisions and safety and the safety of those around you.

1. Finding a walk

- **Check Eryri Facebook and Website**

Look at the walk announcements and listings to choose a walk

- **Book the walk in advance**

Please book the walk via the Eryri Website <https://eryriramblers.org/>

If you can't make it, please cancel your place by email to eryriramblers@gmail.com

- **Numbers of walkers**

Easier B & C walks have wide limits - up to 30 members. Harder A walks, for reasons of safety and group management in exposed places have a lower limit determined by the leader.

- **Dogs**

Dogs are not allowed on most Eryri walks due to the presence of livestock, mountainous terrain or other members being afraid of dogs. However on some easier walks, well behaved dogs on a short lead may be permitted if the leader has given prior permission.

2. Before the walk

- **Check for symptoms**

If you have any symptoms of illness, you must not attend the group walk.

3. Clothing and what to take

- Wear suitable clothing and footwear for the conditions.
- Bring your own food and plenty of water and a first aid kit.

4. On the walk

- **Follow the walk leader's instructions**

Listen to the walk leader's briefing so you know what to do and follow the latest guidelines.

Let the walk leader or backmarker know if you are having problems, feel unwell, or need to slow down or stop.

- **Follow the Countryside Code Wales**
- Be considerate to others living in, working in and enjoying the countryside
- Leave gates and property as you find them
- Give wild animals, livestock and horses plenty of space and do not feed them
- Do not block access to gateways or driveways when parking
- Follow local signs and keep to marked paths unless wider access is available
- Take your litter home - leave no trace of your visit

Finally come along, relax and enjoy it!