

Eryri Ramblers Newsletter – No 4 April 2019

Please send contributions for future editions to Jane Berry birstallberry@hotmail.com by the last day of each month.

Saturday 23rd March Yr Aran – a shout out for Dave!



Dear Dave

Wish you were here –a great walk, from us all

Weekend in Llangollen 12-14th July

John needs **Your Names Now** if you intend coming on this walking weekend. It would be helpful to have some idea of numbers for booking restaurants etc. He can also email Ken's list of accommodation in Llangollen to interested parties.

Not to be missed! Contact John on sarpedon@fastmail.fm

Report on Welsh Council AGM - Margaret Lowe

This was held in Nant Gwrtheyrn over the sunny w/e of 23rd-24th March. No major constitutional issues, but next year a likely proposal will be about setting up a group to manage/tidy/vet (?) the motions put before Council. Informally there was concern about staff on 1-year contracts. This is a result of how these posts were funded, several through the People's Postcode Lottery. Nevertheless, those present were enthusiastic and two, Paula Renzel (Paths for People Advocate) and Oliver Wicks (Walking Spaces Officer) stayed in the area to help Tim Taclo with a day's footpath clearing. Ideas were canvassed to stem our declining membership, such as offering short walks programmes, offering walks suitable for dogs, and using Instagram and Twitter. Much work is going on to update computer systems and gathering data to support efforts to attract funding, e.g. recording who attends walks. It seems new membership cards can be scanned with the right equipment. The best part was the location which inspired the walk provisionally programmed for 10th Nov and note Diane's walk on 29th Sept.

Chairman's notes:

Committee Meeting, Wednesday 3rd April

Sadly Dave Woods has tendered his resignation from the committee and as Vice Chairman, because of ill health. Dave has been a key member of our group for many years, as Vice Chairman, Walks Leader and recently Newsletter compiler. He has many friends in the group and he will be very sadly missed. On behalf of the Committee we would like to thank him for his immense contribution to the success of CAD Ramblers and more recently ERYRI Ramblers and wish him and Kath our very best wishes. YOU WILL BE SADLY MISSED DAVE.

Insurance.

Advice recently received from head office sets out the personal insurance situation for those members that work on clearing footpaths as part of Tim Taclo and for the emerging Dwyfor group. It states that individuals over the age of 80 are NOT covered by the Ramblers insurance policy. It is, therefore, important that anyone who attends the working parties who is 80 or over signs a note to the effect that they understand that fact. This is to ensure that there are proper safeguards in place in the event of any accidents, to cover the individuals and Ramblers. Graham will approach everyone involved and send the signed notes to Margaret, our Secretary, for safekeeping. This in no way is intended to stop anyone continuing to work with the footpath clearance teams.

Data Protection Policy.

Ramblers have issued new, updated changes to their data protection policy.

[1] Walk Programmes, including social events, are classed as Contractual communications and can be circulated to all our members by email or post, regardless of their marketing preferences.

[2] Newsletters can be classed as marketing BUT in our case as long as we do not include any marketing materials we can also send our newsletters by email or post.

Just to clarify the term Marketing it is - advertising special offers or services, sponsorship and any information about local campaigns or similar activities, messages about the Ramblers aims, news about what's going on locally or further afield in the Ramblers.

[3] Access to Membership data - NO CHANGE, as individuals we can if we need to but only if it's the right information and its used legally. Care must be taken but in principle and for legal reasons the stock answer is NO.

[4] Other communications. If it's considered contractual they can be sent by email or post. They are Walks programmes, social events, reminders to renew membership, AGM notices and any changes to planned walks, social activities etc.

Val Kressman, our Membership Secretary, will keep us on the straight and narrow but the above should let us carry on as before as long as we abide by the conditions listed above.

"Introduction to leading Group Walks" training coming up soon.

Who: This training is open to Ramblers Cymru members. It is suitable for both new Ramblers walk leaders and for those who are more experienced who wish to brush up on their skills and have an input into the shape of future training.

What: The course will cover the ethos behind being a Ramblers walk leader and the practicalities, legal requirements, ideas and some skills needed for planning and leading a walk. Some of the day will be based in the training room and some of it out walking. By the end of this training walk leaders will have a greater understanding of what makes a good walk and how to go about delivering this, linking this knowledge to Ramblers guidelines, best practice and will be able to lead a Ramblers walk with increased confidence. Dates are: -

[5 April – Narberth](#) [14 June – Llandegfedd, Pontypool](#) [28 June – Llandudno](#)

New First Aid Training for Ramblers

Around 55,000 Ramblers group walks take place every year – in every season, landscape and terrain. Most of these walks are incident free, but sometimes things can go wrong. Someone may trip and fall or start to feel unwell, and in rare cases you may be faced with a serious emergency.

We recommend that you carry a first aid kit and have a nominated ‘first aider’ on every walk – but we know that many of you would like more support with first aid.

Thanks to support from the players of People's Postcode Lottery, we're now working with St John Ambulance, St Andrews and St John Cymru to provide free first aid training for Ramblers volunteers.

We've designed a new half-day training course to cover the basics, rooted in the scenarios you're most likely to face on a group walk. Whether you are faced with cuts and grazes, broken bones, or something more serious – this course will give you the tools and confidence you need. **The training will be free for Ramblers groups and areas.**

This month we're testing the training with several groups across Great Britain, to make improvements and iron out any glitches. We're also updating the first aid pages on the Ramblers website with new resources and first aid advice.

From July, you'll be able to book a training course for your group or area, on the Ramblers' website – we'll be in touch closer to the time, with all the details you need. **Ramblers Cymru**

Graham's slot:

Advanced Public Rights of Way Training

[23 May 2019 – Ty Llywellyn, Llandudno](#) or [14 June 2019 – Media Resource Centre, Llandrindod Wells](#)

Are you interested in learning more about the Public Rights of Way? Are you interested in getting more involved with the processes involved with Public Rights of Way? If so, come along to this course, delivered by Ramblers Cymru, the charity dedicated to protecting and maintaining our footpaths in Wales.

Course outline Janet Davis, a Public Rights of Way consultant and former staff member of Ramblers Cymru will be leading you through the day. This course will look at the network in terms of diversions, closures and map modification orders. It will consider how you can get involved in these processes.

Attendees This training session is suitable for Ramblers members who are looking to increase their knowledge of Public Rights of Way and the training session is free.

Jennifer Horton, Administrator Wales, Email: Jennifer.Horton@ramblers.org.uk

YOUR APPROACH TO VOLUNTEERING

You feel welcomed, respected and valued.

You feel supported and know your safety, health and well-being will be looked after.

You feel proud to be part of a national charity.

You feel that your volunteering is rewarding, enjoyable and fun.

You understand what the Ramblers is trying to achieve and how the work you do contributes to this.

You can see the benefits and positive outcomes of your work.

Whatever part you play your volunteering skills will be so much appreciated. This can be done in many ways including walk leading and footpath maintenance. If you would like however to join the voluntary group keeping Gwynedd's heritage paths open please don't hesitate to contact me, I would love to hear from you. Graham Email- graham.fitchs@gmail.com

Social events – please contact Dee at diane.jamal@btinternet.com

Geraint Thomas of Panorama, 6 Palace St, Caernarfon

Wednesday 17th April at 7pm

Snowdonia Parc Brew Pub, Waunfawr.

Dee has booked Geraint to come and show and share his skills on mountain photography

Come earlier if you wish to eat beforehand.

Ten Pin Bowling (Please note a change of date)

Friday, 3rd May at 7pm

at Glasfryn Centre on the Pwllheli Road.

PICNIC ON THE BEACH

Thursday 13 June

Trefor Beach for 6pm weather dependent!

There's plenty of parking and 3 picnic benches in the harbour

A short circular walk is possible too

FOREST COASTER

Another Zipworld activity near Betws y Coed

Please let me know if it's something you would like to do, and I will arrange - £20 in advance

More info online

Upcoming walks: a challenging selection justifying more Easter eggs!

Saturday 13th April – Glyders via Gribin Ridge: join intrepid Lew at 10am in 1st layby east of Ogwin Cottage SH656603 for a 7 mile strenuous A mountain adventure. (No dogs please)

Sunday 14th April – Cwm Brwynnog and Llyniau Cwm Clogwyn: join Chris P at 10am at the Royal Victoria, Llanberis south end of rear car park SH584597 for a 10 mile B walk.

Saturday 20th April – Tryfan via North Ridge: join Richard at 10am in Llyn Ogwen free CP SH659602 for a 3 mile A+ challenge. (No dogs please)

Saturday 27th April – Y Lliwedd Cribyn Ridge: join Richard at 10am in layby Conwy side of boundary SH661559 for an 11 mile A+ **Scramble!** (No dogs please)

Thursday 2nd May – Tal Mignedd Uchaf: join Dafydd at Talysarn Community Centre SH488529 at 9.30am for 9.35 bus to Nantlle for a 6 mile C walk. (No dogs please)

Monday 6th May Festival of the opening of the Wales Coastal Path – six walks centred on Porthmadog. See Wales Coast Path Walking Festival 2019 which includes details of how to register for these walks.

MENTER FACHWEN WALK AND DISCOVER PROJECT

APRIL 2019 NEWSLETTER

Dear Friends

There's a very busy period ahead of us here at The Walk and Discover Project over the next few months. We are in negotiations for new projects and hopefully we'll have news of those in the not too distant

future. April is going to be very busy so without further delay, here's the Newsletter. Just to remind you that I will be away from the 23rd of April until early May giving talks in some farflung foreign land – I'm sure to post some reports and images from my travels on 'Menter Fachwen's and 'The Walk and Discover' FACEBOOK pages.

WALKS

FRIDAY 12 APRIL 2.00pm

THE HISTORY OF DINORWIC QUARRY SERIES (WALK 1 of 6)*

ALLT DDU: BEFORE THE QUARRY AND THE EARLY DAYS OF SLATE (1½ miles)

START: ALLT DDU, DINORWIG

GRID REFERENCE: SH 59032 61078

RELATIVELY EASY. WALKING SHOES.

* This is the first of a series of 6 walks over the next few months retracing the history of Dinorwig Quarry in the year that marks 50 years since its' closure. Over the next few months we will also be traipsing through the quarry itself, discovering Gilfach Ddu, retracing the quarry railway from Penscoins, walking up Marchlyn and telling the story of the closure in 1969.

MONDAY 15 AND TUESDAY 16 APRIL

TWO WALKS AND A 'POP-UP MUSEUM' IN DEINIOLEN (IN CONJUNCTION WITH 'STORIEL')

THERE WILL BE AN EXHIBITION OF OLD PHOTOGRAPHS AND A LITTLE HISTORY OF DEINIOLEN AND CLWT Y BONT IN EBs CAFÉ, DEINIOLEN ON BOTH DAYS (15th and 16th APRIL) DURING THE CAFÉ'S USUAL OPENING HOURS (10-2.30). A WARM WELCOME TO ALL.

TO MARK THE EVENT WE ARE ALSO HAVE TWO WALKS ARRANGED:

MONDAY 15 APRIL 1.30pm

A PHOTOGRAPHIC JOURNEY THROUGH THE HISTORY OF DEINIOLEN (ca. 1 mile)

START: EBs CAFÉ.

We will be re-discovering the locations of old photographs of Deiniolen. You are welcome to bring any camera that you may have (even if it is on your phones). As part of the walk I will be encouraging you to take photographs of the village as it is today which will be a valuable archive in the future. Don't worry, you don't need any experience of taking pictures – just come along for a laugh. A warm welcome to all.

TUESDAY 16 APRIL 1.30pm

A WALK TO CLWT Y BONT (ca. 1½ miles)

START: EBs CAFÉ, DEINIOLEN.

A journey through the history of Clwt y Bont from the Medieval to the age of the quarry.

NORDIC WALKING WITH CAROLINE MONCRIEFF

I will let you know of dates, times and locations closer to the time.

EXHIBITION

A HISTORY OF THE JEWS IN BANGOR

AT THE GALLERY IN THE DEINIOL SHOPPING CENTRE, BANGOR

OPEN DAILY UNTIL APRIL 26th

Come and see the results of our research into the fascinating histories of the Jews in Bangor from medieval times to the Second World War. The maps will be available there as well as details of how to download the 'App' version. The exhibition is free. A warm welcome to all.

TALKS AND PRESENTATIONS

Just to remind you that we have a very busy schedule of giving talks to community groups, schools etc all year round. We also accept invites to take groups on walks. For example within the next couple of weeks we are welcoming the Beddgelert History Group to Cwm y Glo for a walk around the history of the village and are taking the pupils of Tregarth school on a history walk around the village. Get in touch if your society, community group or school would like one of our presentations or walks.

I will be back at work from foreign lands on May 7th. In May you can have details of the second walk in the Dinorwic Quarry series, details of other walks and events, the latest on the RAF Llandwrog project, news of a course we are running in Plas Tan y Bwlch and much more.

As ever, thank you all for your excellent support.

Gareth