



Welcome to August 2019 Newsletter

Llangollen Weekend

It was good to be back in the town where, two years ago, we had enjoyed such a fine walking weekend though I missed our previous companions and organisers. John and Ken did us proud with varied walks by day and varied restaurants by night and the weather was mostly kind.

Friday afternoon saw us exploring the history of Llangollen under the knowledgeable guidance of John then heading ever upwards to Plas Newydd for lunch and continuing heavenwards to Cae Madog Woods. We were rewarded with spectacular views, as promised, of the Berwyns and the Vale of Llangollen.

Saturday to World's End and, yes, it was up again via the edge of Castell Dinas Bran to join the Offa's Dyke Path along the Panorama Walk. Back via Valle Crucis Abbey and welcome refreshments (though the scones were daintier than some wished) and on to the Horseshoe falls.

Sunday up, yet again, to the Panorama Walk via (even more up) Castell Dinas Bran summit. At this point I have to admit I did none of these 'ups' and arrived both days by car and thus not a bit out of breath! On to the magnificent Pontcysyllte Aqueduct for picnic lunches, a walk across the aqueduct for some and back via the canal towpath. Still feel nervous when I recall the man carrying his small child on his shoulders with such a horrendous drop below.

Llangollen is busy at any time, and was always going to be in July, particularly in the restaurants each evening but we had time to chat and ate some delicious meals. Thank you to John and Ken for their careful planning and clear instructions.

Jane Berry

Book Review

The book is 'The Salt Path' by author Raynor Winn

I heard Raynor Winn being interviewed on radio and was captivated by her account of this 630 mile journey of the South West Coast Path, that she and her husband undertook. This walk was not planned as a pleasurable expedition as one would expect, but came about as a result of circumstances when, in their fifties, they found themselves homeless, and this was compounded by the fact that just days before, Raynor's husband Moth, had been diagnosed with a terminal illness.

With a copy of The South West Coast Path guidebook, camping equipment bought as cheaply as possible, existing solely on meagre cash benefits which frequently weren't enough to live on, they survived this epic walk from Minehead to Poole. This is not the usual tale of a pleasurable, leisurely walk, but an account of a couple who showed extreme resilience, fortitude, and appreciation of nature by walking, sometimes in atrocious conditions, to overcome their dire change in circumstances. Well worth a read.

Joan Glass

Irreverent Tales from a Rambler

Well, here we are again. My second walk - as memorable as the first. I was invited to walk with another group. I find out later, a bit tricky that one. This one was a different beast altogether. Moel Y Gest about 10 miles. Different set of Ramblers. Same lurid purple shoes. It had been raining so sodden under foot. Everyone seemed to know each other but welcomed me into their midst very amicably. Lots of laughing and chatting, yes I was starting to like this Rambling with others. Especially the noise. We went steadily up hill and the first hurdle (to me) was a large boulder blocking the path. I looked about for a way round and found everyone scaling this boulder with ease. Oh dear! What do I do? I faced the obstacle and found I was unceremoniously hauled up by a very helpful Rambler whilst being pushed up from behind (say no more) by another helpful Rambler accompanied by slightly bawdy humour which I won't go into now but I'm sure you know about. I made it to the top and found the views were breath-taking. Going down I found my walking shoes under attack again. 'What are those' I heard a voice say. I was confronted by a rugged, fit man with a huge rucksack. 'You need a good pair of walking boots and those are too clean'. He proceeded to cover my shoes in mud and ran off laughing. He was destined to become a good friend. It was a great day out. I got back to the car resolved to buy a pair of tough walking boots. Needless to say my feet were wet, the walking shoes were great for walking the dogs but hiking in wet, muddy fields..... Next time - transported to wonderland

Ordnance Survey Maps

As a service to our members (and due to popular demand) we have renewed our group subscription to OS Maps and, for those of you who are also keen cyclists, a new layer depicts National Cycle Routes. For security, a new user name and login in has been circulated to members separately, existing users have been switched over automatically.

Walks

Last spring we put on 29 walks and had 371 walkers plus 65 walkers on the May day coast path festival.

For the autumn programme we have 38 walks published.

Thanks to all walk leaders particularly the five new ones for 2019 including last but not least Rachel! In recognition of their contribution the committee has decided to organise a short chat session followed by a dinner at the Royal Victoria Hotel on Tuesday 03 September, invitations have been issued.

Upcoming Walks - Please always check the website in case of late changes, this is just a reminder.

Thu, 08-08-19, Blaenau: Rhaeadr Cynfal, an easy 2.5 mile walk visiting a waterfall with splendid views., SH701420, Church in Blaenau Ffestiniog, 14:00, D, 2.5, Dafydd, Dogs on lead please

Sat, 10-08-19, Cnicht and the Moelwyns, stunning views and a full day, SH631447, Croesor CP, 10:00, A, 9.5, Roy M, No Dogs Please

Wed, 14-08-19, Slate Trail section 1 Bangor - Bethesda, walk the Slate Trail section 1 and return by bus to Bangor, SH592725, Port Penrhyn, 10:00, C, 6.5, Mieke, No Dogs Please

Sat, 17-08-19, Llyn Glas and Crib Goch Ridges, ascent via Cwm Glas Mawr - Llyn Glas - Cwm Uchaf - Bwlch Coch. Along Crib Goch ridge to its summit. Descent down the North Ridge of Crib Goch to Llyn Glas, Cwm Glas Mawr and Pont y Gromlech. , SH629567, 09:00 Nant Peris CP for 09:10 S2 bus to Pont y Gromlech, 09:20, A+, 6, Richard, No Dogs Please

Wed, 21-08-19, Slate Trail section 2 Bethesda - Llanberis, 10:30 No. 67 bus to Bethesda, walk the Slate Trail section 2 and return by bus from Llanberis to Bangor via Caernarfon , SH581722, Bangor Bus Station 10:20, C, 7.5, Mieke, No Dogs Please

Rhodwyr Eryri Ramblers Newsletter

Sat, 24-08-19, Blaenau Quarries and Lakes, A circular walk exploring some of the quarries and lakes above Blaenau Ffestiniog. , SH702459, Long stay Pay and Display car park, 10:00, B, 8, Di, No Dogs Please

Sat, 31-08-19, Llyn Glas and Garnedd Ugain, Ascent via Cwm Glas Mawr - Llyn Glas - Cwm Uchaf - Bwlch Coch. Then either a ridge scramble along the ridge to the summit of Garnedd Ugain, or if preferred, there is a path which avoids the ridge crest and crosses the south face of Garnedd Ugain, and then a short steep walk to the summit. Descend the PYG Track past Bwlch y Moch to Pont y Gromlech via Cwm Beudy Mawr. , SH629567, 09:00 Nant Peris CP for 09:10 S2 bus to Pont y Gromlech., 09:20, A+, 7, Richard, No Dogs Please

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<https://eryriramblers.org/news%2Binfo>

Logo

Finally we have a new logo thanks to Dee and Roy (and a wet day) for artwork and graphics - we hope you like it.

September Newsletter

Any contributions (including book reviews) gratefully received by birstallberry@hotmail.com

Deadline: 4th September

Thank you.