

CONTACT DETAILS OF ZILLA SAINIK BOARDS

G. Sl. No	Sl. No	Office/ District	Name, Designation & Address	Telephone No.
<u>ANDHRA PRADESH *</u>				
1.	2	East Godavari @ Kakinada	Vacant Zilla Sainik Welfare Officer Sainik Bhavan, Treasury Compound Kakinada – 533 001 East Godavari District	0884-2375308 (O)/(F) 09441463029 (M) zswokkd@yahoo.in
2.	4	Guntur	Vacant Zilla Sainik Welfare Officer Sainik Bhavan Opp Hindu College Guntur – 522 001	0863-2225853 (O)/(F) 09441638708 (M) zswognt@yahoo.co.in
3.	6	Krishna @ Vijayawada	Sri G. Satyanandam Zilla Sainik Welfare Officer (FAC) Indira Gandhi Municipal Complex Labbipet Vijayawada – 520010	0866-2473330 (O)/(F) 09441638708 (M) zswovja@yahoo.in
4.	11	Visakhapatnam	Ex-Capt (Dr) P Satya Prasad Zilla Sainik Welfare Officer Sainik Bhavan, Maharanipet Visakhapatnam (Pin - 530 002)	0891-2706511 (O)/(F) 09848190308 (M) zswovsp@yahoo.com
5.	12	Vizianagaram	Sri V.V Raja Rao Zilla Sainik Welfare Officer Sainik Bhavan Cantonment Post Vizianagaram (Pin – 531 202)	08922-274743 (O)/(F) 09247866059 (M) zswovzm@yahoo.in
<u>ASSAM</u>				
6.	1.	Dibrugarh	Col (Retd) P.K.Deori Zila Sainik Welfare Officer Zila Sainik Welfare Office DC Office Complex PO/Dist - Dibrugarh – 786 003	0373-2310083 (O) 09864045385 (M) zsbidibrugarh@gmail.com
<u>BIHAR</u>				
7.	1.	Bhojpur	Col (Retd) Pramod Kumar Zila Sainik Kalyan Karyalaya, Kutchehri Road Arrah-802301	06182-222866 (O) 09534739779 (M) Patpondy2005@yahoo.com

8.	2.	Bhagalpur	Sri Jitendra Prasad Sah Sr. Dy Collector cum Zila Sainik Kalyan Padadhikari Zila Sainik Kalyan Karyalaya Tilaka Manjhi Bhagalpur - 812 001	0641-2400821 (O) 09431095882 (M) zskofficebhagalpur@gmail.com
9.	3.	Chhapra	Shri MD Umer Sr Dy Collector cum Zila Sainik Kalyan Padadhikari, Zila Sainik Kalyan Karyalaya, New Bus Stand, Chapra- 841301	06152-236714 (O) 09471205152 (M) zskofficechapra@gmail.com
10.	4.	Darbhanga	Gp Capt (Retd) VK Yadav (Offg) Sainik Kalyan Padadhikari, Zila Sainik Kalyan Karyalaya, Polo Ground Darbhanga – 846001	06272-243728 (O) 09431331907 (M) zskofficedarbhanga@gmail.com
11.	5.	Gaya	Col Ashok Kumar Sainik Kalyan Padadhikari Zila Sainik Kalyan Karyalaya Gaya – 823001	0631-2421708 (O) 09801377086 (M) zskofficegaya@gmail.com
12.	6.	Muzaffarpur	Gp Capt (Retd) VK Yadav Zila Sainik Kalyan Karyalaya Muzaffarpur	0621-2215373 (O) 09507402956 (M) zskofficemuzaffarpur@gmail.com
13.	7.	Patna	Col (Retd) Shri Pramod Kumar (Addl Charge) Sainik Kalyan Nideshalaya cum Zila Sainik Kalyan Padadhikari Patna	0612-2201026 (O) 09534739779 (M) zskofficepatna@gmail.com
<u>CHHATTISGARH *</u>				
14.	1.	Bilaspur	Gp Capt (Retd) AK Pathak Distt Sainik Welfare Officer Near Collectorate Parisar Bilaspur - 495 004 (CG)	07752-422121 (O) 07752-422121 (F) 09981199618 (M) zsk.bsp.cg@gmail.com
15.	2.	Durg	Col (Retd) R K Soni Distt Sainik Welfare Officer Raipur Naka, Near BSNL Tower, Durg - 491 001 (CG)	0788-2329939 (O) 0788-2329939 (F) 08305343232 (M) dswodurg@yahoo.com
16.	3.	Raipur	Cdr(Retd) Shailendra Kumar Distt Sainik Welfare Officer Near Collectorate	0771-2427449 (O) 0771-2427449 (F) 09039021817 (M)

			Behind Home Guard Office Raipur - 492 001 (CG)	dswo.raipur@gmail.com
17.	4.	Raigarh	Col (Retd) Islam Mullick District Sainik Welfare Officer Boirdadar, Vinobanagar Raigarh Pin Code - 496001	07762- 215766 08358833121
<u>GUJARAT</u>				
18.	1.	Ahmedabad	Maj (Retd) Vikramsinh Jadeja District Sainik Welfare and Resettlement Office, Behind Thaltej TV Tower, Near Drivein Cinema Thaltej, Ahmedabad -380054	079-2463820 (O) 079-26851382 (F) 9825271795 zsb_abd@rediffmail.com
19.	2.	Surat	Maj (Retd) JPS Jadeja District Sainik Welfare and Resettlement Office, MS Building, A Block, 1 st Floor, Nanpura, Surat-395001	0281-2476825 (O) 0261-2463820 (F) 9427207474 zsb_srt@rediffmail.com
<u>HARYANA</u>				
20.	1.	Ambala	Maj (Retd) Jai Singh Phogat Secretary Zila Sainik Board Mall Road (Sainik Road House) Ambala Cantt - 133001 Distt. Ambala (Haryana)	0171-2530557 (O) 0171-2640557 (F) zsbambcantt@gmail.com
21.	2.	Bhiwani	Lt Col(Retd)Aman Singh Yadav Secretary, Zila Sainik Board Railway Road Bhiwani - 125 021	01664-243538 (O) zsbbwn@gmail.com
22.	3.	Faridabad	Vacant Secretary, Zila Sainik Board Sector -16, Faridabad – 121001	0129-2287304 (O) zsbbwn@gmail.com
23.	4.	Gurgaon	Lt Col (Retd)Surender Kaajla Secretary Zila Sainik Board Opp Apna Bazar, Civil Lines, Gurgaon - 122001	0124-2320730 (O) zsb_ggn@mail.com secretarysainikboardgurgaon@rediffmail.com
24.	5.	Hisar	Vacant Secretary, Zila Sainik Board,	01662-272901 (O) zsb.hisar@rediffmail.com

			Sainik Rest House, Near Old Court Road, Hissar (Haryana)	
25.	6.	Jhajjar	Wg Cdr (Retd) KK Yadav Secretary Zila Sainik Board, Priya Colony, Near Distt Social Welfare office Jhajjar (Haryana) - 124103	01251-254236 (O) secy.zsbjir@yahoo.com
26.	7.	Karnal	Col(Retd) Ravinder Singh Secretary, Zila Sainik Board Near Distt Session Court GT Road, Karnal – 132801	0184-2272589 (O) secretaryzsbknl@yahoo.in
27.	8.	Kurukshetra	Col (Retd) VK Goindi Secretary, Zila Sainik Board Shopping Complex Sainik Rest House, Sector-13, Urban State, Kurukshetra – 132118	01744-220922 (O) zsbkkr@gmail.com
28.	9.	Narnaul	Maj (Retd) Vidyanand Secretary, Zila Sainik Board Sainik Rest House Narnaul - 123001	01282-250259 (O) zsb_nnl@yahoo.com
29.	10.	Panchkula	Lt Col (Retd) Naresh Secretary, Zila sainik Board SCO No.101, First Floor Sector -11 Panchkula -134 017(Haryana)	0172-584213 (O) secretaryzsbpkl@yahoo.in
30.	11.	Panipat	Vacant Secretary, Zila Sainik Board Kothi No.118, Adarsh Nagar [(Near Post Office, CSD (I) Canteen], Panipat - 132 103	01742-650311 (O) zsbnpn@gmail.com
31.	12.	Rewari	Maj (Retd) Pratap Singh Secretary, Zila Sainik Board Rewari - 123 401	01274-224341 (O) secretaryzsbwr.zsb28@gmail.com
32.	13.	Rohtak	Capt (Retd) VS Narwal Secretary, Zila Sainik Board Civil Lines, Opp Chhotu Ram Park, Rohtak -124001	01262-242687 (O) zsbrohtal@rediffmail.com
33.	14.	Sonepat	Maj (Retd) DPS Budhwar Secretary, Zila Sainik Board Gohana Road, Near New Police Lines Sonepet - 131001	0130-2242659 (O) zsb_spt@gmail.com

34.	15.	Palwal	Maj (Retd) RK Sharma Secretary, Zila Sainik Board, 4, Civil Lines, Near Hero Honda Agency, Hodal Road, Palwal, Haryana - 121 102	01275-202509 (O)
<u>HIMACHAL PRADESH</u>				
35.	1.	Bilaspur	Addl Chg to Deputy Commissioner, Bilaspur (Addl Charge) Deputy Director Zila Sainik Welfare Office Bilaspur - 174 029 (H.P)	01978-222343 (O) 01978-266550 (R) 01978-223065 (F) blphp@yahoo.com
36.	2.	Chamba	AC to DC, Chamba (Addl Charge) Deputy Director Zila Sainik Welfare Office Chamba – 176314	01899-222357 (O) dswochamba@gmail l.com
37.	3.	Hamirpur	AC to DC, HamirPur (Addl Charge) Deputy Director Zila Sainik Welfare Office Hamirpur - 177 001 (H.P)	01972-222334 (O) sainikwelfarehamirp ur@gmail.com
38.	4.	Kangra - Dharmas hala	Sqn Ldr (Retd)Manoj Rana Dy Director Zila Sainik Welfare Office Kangra at Dharamshala- 176215	01892-223279 (O) deputydirectorswka ngra@gmail.com
39.	5.	Kullu	AC to DC, Kullu(Addl Charge) (Addl Charge) Deputy Director Zila Sainik Welfare Office Kullu - 175101 (HP)	01902-222272 (O) dd_zswo_kul_hp@n ic.in
40.	6.	Mandi	AC to DC, Mandi (Addl Charge) Deputy Director Zila Sainik Welfare Office Vijay Palace Colony Mandi (HP) – 175001	01905-222120 (O) ddrzsw@gmail.co m
41.	7.	Shimla + Kinnaur	AC to DC, Shimla (Addl Charge) Deputy Director Zila Sainik Welfare Office Longwood, Shimla – 171001 (HP)	0177-2658586 (O) ddsw.sml.knr@gmail l.com
42.	8.	Solan	AC to DC, Solan(Addl Charge) Deputy Director ZilaSainik Welfare Office	01792-223764 (O) sainik-sol-hp@nic.in

			The Mall, Solan (HP) – 173212	
<u>JAMMU & KASHMIR *</u>				
43.	1.	Jammu	Col (Retd) JDS Kotwal Zila Sainik Welfare Officer Ambphalla Jammu Pin - 180 005 (J & K)	0191-2546273 (O) 0191-2546273 (R) 09419117085 (M) zswojammu@yahoo.in
44.	2.	Kathua	Col (Retd) Yudhvir Singh Andotra Zila Sainik Welfare Officer Near Govt Hr.Sec.School (Boys) Kathua - 184 101 (J & K)	01922-234785 (O) 01922 – 234785 (R) zswokathua@yahoo.in
45.	3.	Samba	Vacant Zila Sainik Welfare Officer Ward No. 8, Samba Pin - 184 121 (J & K)	01923-217802 (O) 0191- 250121 (R) 0941-9139583 (M) zswosamba@gmail.com
46.	4.	Srinagar, Budgam, Ganderbal , Anantnag, Kulgam, Pulawama , Shopian.	Col (Retd) SA Quershi Zila Sainik Welfare Officer Batamaloo Road Srinagar Pin- 190 010 (J & K)	0194-2474728 (O) 0194-2474728 (F) 09419250360 (M) zswosrinagar@yahoo.in
47.	5.	Udhampur , Reasi.	Vacant Zila Sainik Welfare Officer Adarsh Colony, Udhampur Pin – 182 101 (J & K)	01992-271338 (O) 01922-2592268(R) zilasainikudh@yahoo.co.com
<u>JHARKHAND *</u>				
48.	1.	Ranchi	Vacant Zila Sainik Kalyan Karyalaya Sainik Bazar, Main Road Ranchi, Pin – 834001	0651-2330159 (O) 0651-2330159 (F) zskkranchi@yahoo.in
<u>KARNATAKA *</u>				
49.	1.	Bangalore (Bangalore Urban)	Maj (Retd) RS Viswanath Joint Director Deptt of Sainik Welfare & Resettlement, Fd Mshl KM Cariappa Bhavan, No 58, Fd Mshl KM Cariappa Road, Bangalore (Urban Dist) Pin - 560025	080-25585119 (O) 09481819260 (M) sainikurban@rediffmail.com

50.	2.	Bangalore (Rural) + Chikkaballapur, Kolar, Ramnagar & Tumkur	Maj (Retd) RS Viswanath Joint Director Office of the Joint Director Deptt of Sainik Welfare & Resettlement, Fd Mshl KM Cariappa Bhavan, No.58, Fd Marshal KM Cariappa Road, Bangalore (Rural) Pin – 560025	080-25588718 (O) 080-25589459 (F) sainikrural@rediffmail.com
51.	3.	Belgaum	Ex Flt Lt MS Lolaksha Joint Director Deptt of Sainik Welfare & Resettlement Court Compound, Belgaum - 590 001	0831-2469341 (O) 0831-2469341 (F) 09945173849 (M) sainikwelfarebelgaum@yahoo.in
<u>KERALA *</u>				
52.	1.	Alappuzha	Shri PJ Jacob Zila Sainik Welfare Office Arattuvazhi Road, Alappuzha-688 007	0477-2245673 (O) zswalp@gmail.com
53.	2.	Eranakulam	Shri Veena Vishwanathan Zila Sainik Welfare Office Civil Station, Kakkanad, Ernakulam-682 030	0484-2422239 (O) zswokm@yahoo.com
54.	3.	Kannur	Shri A Ravindran Zila Sainik Welfare Office Civil Station, Kannur-670002	0497-2700069 (O) zswokannur@gmail.com
55.	4.	Kottayam	Shri Sheeba Ravi Zila Sainik Welfare Office Muttambalam PO, Kanjikuzhi, Kottayam-686004	0481- 2570287 (O) zswoktym@gmail.com
56.	5.	Kozhikode	Shri NP Abdul Azeez Zila Sainik Welfare Office Balan K Nair Road, Kozhikode - 673001	0495- 2771881 (O) kkdzsw@bsnl.in
57.	6.	Palakkad	Shri Shiju Sharif Zila Sainik Welfare Office, Jaini Medu Vadakkanthara PO Palakkad-678013	0491-2501633 (O) zswopalakkad@gmail.com
58.	7.	Thiruvananthapuram	Shri Prasannan Pillai G Zila Sainik Welfare Office Vanchiyoor Thiruvananthapuram-695035	0471-2472748 (O) zswotvpm@Gmail.com
59.	8.	Thrissur	Shri KS Muralidharan Zila Sainik Welfare Office	0487- 2384037 (O)

			Sainik Centre, Poothole Thrissur-680004	zswotrissur@gmail.com
<u>MADHYA PRADESH *</u>				
60.	1.	Bhopal	Col (Retd) DC Goyal Distt Sainik Welfare Officer Sainik Rest House, Banganga Chouraha Bhopal - 462 003 (M P)	0755-2556198 (O) 0755-2556198 (F) 09300087014 (M) 0755-2430136 (R) dswopho@mp.gov.in
61.	2.	Chindwara	Col (Retd) Viswas V Asolkar Distt Sainik Welfare Officer Near Ekta Park, Nagpur Road, Chindwara - 480 001 (M P)	07162-242119 (O) 07162-242119 (F) 09993446872 (M) dsowchi@mp.gov.in
62.	3.	Gwalior	Col (Retd) Rakesh Pathak Distt Sainik Welfare Officer Race Course Road, Near Sainik Petrol Pump, Gwalior – 474002	0751-2340878 (O) 0751-2471539 (O) 09893589261 (M) dswogwa@mp.gov.in
63.	4.	Indore	Col (Retd) Ram Kumar Distt Sainik Welfare Officer, Jairam Pur Colony, Indore – 4502004	0731-2367319 (O) 0731-2367319 (F) 09827508379 (M) 07324-226249 (R) dswoind@mp.gov.in
64.	5.	Jabalpur	Col (Retd) PK Vaidya Distt Sainik Welfare Officer Katanga Colony, Narmada Road, Shaheed Raman Bakshi Marg Jabalpur - 482 001 (M P)	0761-2667336 (O) 0887851465 (M) 0761-2603157 (R) dswojab@mp.gov.in
65.	6.	Ratlam	Col Rakesh Wirmani Distt Sainik Welfare Officer Opposite Home Guard Colony Nagra Road, Ratlam Pin Code - 457 001(M P)	07412-201124 (O) 07412-201124 (F) 0734 - 2510362 09685900204 (M) dsworat@mp.gov.in
66.	7.	Rewa	Gp Capt (Retd)DV Shukla Distt Sainik Welfare Officer TH- 8 B Block, Shilpi Construction, Kothi Road, Rewa-486001 (MP)	07662-254118 (O) 07662-254118 (F) 07804909240 (M) dsworew@mp.gov.in
67.	8.	Satna	Gp Capt (Retd) SK Tiwari Distt Sainik Welfare Officer	07672-222389 (O) 07672-222389 (F)

			Near Jawahar Nagar, Stadium/ Water Tunki Satna - 485 001 (M P)	09713200652 (M) dswosat@mp.gov.in
68.	9.	Ujjain	Vacant Distt Sainik Welfare Officer B- 9/6, Mahananda Nagar Ujjain - 456 010 (M P)	0734-2511355 (O) 0734-2511355 (F) 08989879160 (M) dswoujj@mp.gov.in
<u>MAHARASHTRA *</u>				
69.	1.	AhmedNagar	Lt Col (Retd) S Eknath Rokhale Zila Sainik Welfare Officer Ex-Servicemen Rest House Chandni Chowk Ahmednagar – 414 001	0241-2323160 (O) 02442- 222105 (O) 09421015690 (M) 09423032817 (M) zswo_ahmednagar@mahasainik.com
70.	2.	Aurangabad	Maj (Retd) Chandrasen V Kulthe Zila Sainik Welfare Officer Nandanvan Colony, Bhavsinghpura Road Aurangabad - 431203	0240-2370313 (O) 09890657075 (M) zswo_aurangabad@mahasainik.com
71.	3.	Mumbai City	Ex Lt Cdr(Mrs) Milan M Patil City Sainik Welfare Office Old Custom House, Fort Mumbai – 400001	022-22700404 (O) 022- 23088011 (O) 08108692960 (M) zawo_mumbaicity@mahasainik.com
72.	4.	Mumbai Upnagar	Ex Capt(Retd) Vidhya V Ratnaparakhi Zila Sainik Welfare Officer Mumbai Suburban District Administrative Building 9 th Floor, Near Chetna College Govt Colony, Bandra (East), Mumbai - 400051	022-265552172 (O) 09869070211 (M) zswo_mumbaiupnagar@mahasainik.com
73.	5.	Nasik	Lt Cdr (Retd) SR Doke Zila Sainik Welfare Officer Collector Office Compound Nasik – 422 002	0253-2577255 (O) 09321918195 (M) zswo_nashik@mahasainik.com
74.	6.	Nagpur	Lt (Retd) Nitin Pande Zila Sainik Welfare Officer Administrative Building No.1, 3 rd Floor,Civil Line, Nagpur- 440001	0712-2561133 (O) 09373100805 (M) zswo_nagpur@mahasainik.com
75.	7.	Pune	Col (Retd) Bipin Dattatraya Shinde Zila Sainik Welfare Officer Collector Office Compound,	020-26122287 (O) 09423039599 (M) zswo_pune@mahasainik.com 09423039599

			Pune – 411 001	
76.	8.	Hingoli	Vacant Opposite Bachat Bhavan Stadium, Railway Station Road, Parbhani – 431401	02452-220340 (O) 09850893511 (M) zswo_parbhani@mah asainik.com
77.	9.	Raigad	Vacant Zila Sainik Welfare Officer Near Lekha Kosh Office Raigad – 402201	02141-222208 (O) 09850893511 (M) zswo_raigad@mahas ainik.com
78.	10	Ratnagiri	Maj (Retd) JS Ambre Zila Sainik Welfare Officer Collector Office Compound Shivaji Nagar Ratnagir – 415612	02352-222271 (O) 09423017202 (M) zswo_ratnagiri@maha sainik.com
79.	11	Satara	Maj (Retd) BS Jare Zila Sainik Welfare Officer Ajinkyatara Bldg, Povai Naka Satara – 415001	02162-239293 (O) 09766448666 (M) zswo_satara@mahas ainik.com
80.	12	Sangli	Col(Retd) PN Dhole Zila Sainik Welfare Officer Sangli Miraj Road, Pushkar Chowk Sangli – 416416	0233-2671711 (O) 9420699845 (M) zswo_sangli@mahasa inik.com
81.	13	Solapur	Capt (Retd) Sunil Moreshwar Godbole Zila Sainik Welfare Officer Collector Office Compound Solapur – 413004	0217-2731035 (O) 09421222564 (M) zswo_solapur@maha sainik.com 09421222564(M)
82.	14	Thane	Maj (Retd) Pranjal P Jadhav Zila Sainik Welfare Officer Collector Office, Room No. 402, 4 th Floor, Tembhi Naka Thane – 400601	022-25343174 (O) 09869074423 (M) zswo_thane@mahasa inik.com
<u>MANIPUR</u>				
83.	1.	Imphal	Lt Col (Retd) H Sarat Singh Secretary PO- Lamphel, Dist-Imphal West Manipur - 795004	09862672547 (M) 0385-2416228 (O)
84.	2.	Churachand pur	Major (Retd) Jangkhonun Gangte Secretary Churachandpur	09856666350 (M)
<u>MEGHALAYA</u>				

85.	1.	Shillong +East & West Khasi Hills, Jaintia Hills, Ribhoi, East, West & South Garo Hills	Ex Maj (Dr.) K I Singh Zila Sainik Welfare office East Khasi Hills, Shillong Old NEC Building, Shillong-793001	0364-2500459 (O) 09774273416 (M) zsbshillong@rediff.com
<u>MIZORAM *</u>				
86.	1.	Aizawl	Lalrinliani, MMS Zila Sainik Welfare & Resettlement Office, Sainik Rest House Building, Khatla, Aizawl, Mizoram - 796 001	0389-2333131(O) 09436147426 (M) 0389-2340685(R) zswazlmiz@yahoo.in
87.	2.	Lunglei +Chhingtui pui	Hony Capt (Retd) Lalthantluanga Deputy Director Zila Sainik Welfare & Resettlement Office Distt. Lunglei - 796 701	0372-2324737(O) 0372-2324737(F) 09436370075 (M) zswllimiz@yahoo.in
88.	3.	Champhai	Rochuangkimi Khenglawt, MCS District Sainik Welfare & Resettlement Officer Zila Sainik Welfare & Resettlement Office Distt. Champhai Pin - 796321	03831-2355170 (O) 03831-2355170 (F) 09612223471 (M) chamsan77@gmail.com
<u>NAGALAND *</u>				
89.	1.	Dimapur	Col (Retd) TNK Singh Zila Sainik Welfare Officer Zila Sainik Welfare Office Walford Area, Near Rajbari, New Circuit House, Dimapur (Nagaland) Pin - 797112	03862-280002 (O) 09818249268 (M) dcdmp-ngl@nic.in
90.	2.	Kohima	Hony Capt (Retd) Lenkhapao Kuki, SM Zila Sainik Welfare Officer Zila Sainik Welfare Office Kohima DC's Office Complex Kohima - 797 001	0370-2900342(O) 09436304277 (M) dckma-ngl@nic.in

<u>ODISHA *</u>				
91.	1.	Cuttack	Capt (Retd) D Panda Banerjee Zila Sainik Board At Mission Road, Buxi Bazar (Near the Samaj Office) PO/Dist-Cuttack-1, Pin – 753001	0671-2420159 (O) 09938181261 (M) zsbkkt02@gmail.com
92.	2.	Balasore	Maj (Retd) Prafulla Kumar Naik Secretary, Zila Sainik Board Brit Buildings C&D Block, OT Road, Balasore - 756 001	06782-261668 (O) 09937000491 (M) zsbbbs.orissa@rediffmail.com
93.	3.	Ganjam (Berhampur)	Lt Col (Retd) SR Mishra, Zila Sainik Board Berhampur, Near Ganjam club Ganjam - 760 004	0680-2292485 (O) 09437604490 (M) zsbbrahmapur57@rediffmail.com
<u>PUNJAB</u>				
94.	1.	Amritsar	Lt Col (Retd) Gurinderjit Singh Gill District Defence Services Welfare Officer 52, Court Road, Opp GPO, Amritsar - 140 001	0183-2563102 (O) dswasr@rediffmail.com
95.	2.	Bathinda	Cdr (Retd) Baljinder Singh Virk District Defence Services Welfare Officer Near Court Complex Bathinda	0164-2212612 (O) sainikwelfarebti@rediffmail.com
96.	3.	Faridkot	Vacant District Defence Services Welfare Officer Talwandi Road, Faridkot – 151 203	01639-250788 (O) ddswfdk@rediffmail.com
97.	4.	Ferozepur	Lt Col (Retd) Jasbir Singh Boparai District Defence Services Welfare Officer Near Saragarhi Gurudwara Ferozepur	01632-246211 (O) dswofzr@rediffmail.com
98.	5.	Gurdaspur	Lt Col (Retd) Satbir Singh District Defence Services Welfare Officer Near DC Court , Gurdaspur	01874-231127 (O) dswogsp@rediffmail.com

99.	6.	Hoshiarpur	Maj (Retd) Yaspaul Singh District Defence Services Welfare Officer Green New Park, Court Road Hoshiarpur	01882-222013 (O) dswhspr@rediffmail.com
100.	7.	Jalandhar	Lt Col (Retd) HP Singh District Defence Services Welfare Officer Shastri Market, Ladowali Road Jalandhar	0181-2455423 (O) dswow_jal@rediffmail.com
101.	8.	Kapurthala	Col (Retd) Amarbir Singh Chahal District Defence Services Welfare Officer Near District Court, Kapurthala	01822-232872 (O) dswow_kpt@rediffmail.com
102.	9.	Ludhiana	Col (Retd) Kanwar Preet Singh Atwal District Defence Services Welfare Officer Near Clock Tower, Ludhiana - 141 001	0161-2741066 (O) dswow_ldh@yahoo.com
103.	10.	Moga	Col (Retd) Kanwar Preet Singh Atwal District Defence Services Welfare Officer DC Complex, Moga	01636-237488 (O) dswow.moga@rediffmail.com
104.	11.	SAS Nagar	Lt Col (Retd) PS Bajwa (Addl Charge) District Defence Services Welfare Officer Sas Nagar	0172 -2270075 dswow_sas@rediffmail.com
105.	12.	Patiala	Col (Retd) Sarabjit Singh Sanga, (Additional Charge) District Defence Services Welfare Officer Near Railway Bridge Patiala	0175-2361188 (O) patiala dswow@rediffmail.com
106.	13.	Ropar	Lt Col (Retd) PS Bajwa District Defence Services Welfare Officer Near Old Bus Ropar	01881-220324 (O) dswow_rpr@rediffmail.com
<u>RAJASTHAN *</u>				
107.	1.	Ajmer	Cdr (Retd) Banwari Lal Zila Sainik Kalyan Karyalaya Sainik Vishram Grah Building Opp Revenue Board,	0145-2627972 (O) 09582876387 (M) dsboardajmer@gmail.com

			Ajmer - 305 001	
108.	2.	Alwar	Maj(Retd) Prabhu Dayal Zila Sainik Kalyan Karyalaya, Near Company Garden, Alwar	0144-2338527 (O) 09982943354 (M) skolw22j@gmail.co m
109.	3.	Churu	Vacant Zila Sainik Kalyan Karyalaya Sainik Vishram Grah Building Churu - 331 001	01562-250948 (O) 09672951234 (M) kaswanmajorrkk@g mail.com
110.	4.	Jaipur	Col (Retd) RK Myre Zila Sainik Kalyan Karyalaya Sainik Vishram Grah Building Jai Singh Highway, Bani-Park Jaipur - 302 006	0141-2201487 (O) 09461778396 (M) rbhukar1@ gmail.co m zskajaip_rj@nic.in
111.	5.	Jaisalmer	Col (Retd) Omvir Singh Sainik Kalyan Karyalya, Jaisalmer Near Railway Station, Jaisalmer	02992-250029 (O) 09602522001 (M) zskajairj@gmail.co m
112.	6.	Jhunjhunu	Cdr (Retd) AL Krishnia Zila Sainik Kalyan Karyalaya Juhnjhunu Near Railway Station Jhunjhunu	01592-232653 (O) 09783969009 (M) yogilns@yahoo.com
113.	7.	Jodhpur	Lt Col (Retd) RS Rathore Adhikary Zila Sainik Kalyan Karyalaya Sainik Vishram Grah Building Rai Ka Bagh, Jodhpur 342- 006	0291-2650372 (O) 09352355450 (M) zska-jod-rj@nic.in
114.	8.	Kota	Lt Col (Retd) Guman Singh Adhikary Zila Sainik Kalyan Karyalaya Sainik Vishram Grah Building In front of Bhimrao Hospital Kota	0744-2323712 (O) 09413318285 (M) zska- kotj@yahoo.com
115.	9.	Neem Ka Thana (Sikar)	Maj (Retd) Kaptan Singh Zila Sainik Kalyan Karyalaya, Neem Ka Thana (Sikar)	01574-231920 (O) 09001634348 (M) majpradhudayalagri a@yahoo.in
116.	10.	Sikar	Maj (Retd) Jisukh Ram Adhikary Zila Sainik Kalyan Karyalaya Sainik Vishram Grah Building Near Collectorate, Sikar-332001	01572-254437 (O) 09887291364 (M) zskasikrj@gmail.co m

117.	11.	Sri Ganganagar	Col (Retd) BK Chhibbar Adhikary Zila Sainik Kalyan Karyalaya Lakkar Bazar Sri Ganganagar (Rajasthan)	0154-2422547 (O) 09610606063 (M) vkchhibber@gmail.com
118.	12.	Udaipur	Lt Col (Retd) DN Sharma Adhikary Zila Sainik Kalyan Karyalaya Sainik Vishram Grah Building 21, Residency Road Udaipur - 313 001	0294-2524724 (O) 09460682275 (M) zska-uda-ri@nic.in
<u>SIKKIM</u>				
119.	1.	Gangtok East/North Sikkim	Sub (Retd) GS Pandey Welfare Officer Zila Sainik Board PS Road, Gangtok East Sikkim - 737 101	03592-201062 (O) 096354-70459 (M)
120.	2.	Namchi South Sikkim	Sub (Retd) PB Gurung Welfare Officer Zila Sainik Board (South) Namchi, South Sikkim Pin - 737 126	03595-263003 (O) 089726-85007 (M) Zsbnamchi12@gmail.com
121.	3.	Gyalshing West Sikkim	Sub (Retd) TD Bhutia Welfare Officer Zila Sainik Board, Gyalshing, West Sikkim Pin – 737111	03595-250067 (O) 094348-71395 (M) zsbgyz@gmail.com
<u>TAMIL NADU*</u>				
122.	1.	Chennai	Lt Col (Retd) Smt.A.D.Maria Venitta, Deputy Director, Ex-Servicemen's Welfare Major Parameswaran Memorial Building, 2E, West Mada Street Srinagar Colony, Saidapet Chennai Pin - 600 015 (T N)	044-22350780 (O) 09442612294 (M) exwelchn@tn.gov.in
123.	2.	Coimbatore	Vacant Assistant Director, Ex-Servicemen's Welfare Ex Services Centre, Huzur Road, Coimbatore Pin - 641 018 (T N)	0422-2214107 (O) 09994770553 (M) exweicbe@tn.gov.in
124.	3.	Cuddalore	Thiru S Mohan,B.Com,	04142-294732 (O)

			Asstt Director Ex-Servicemen's Welfare Ex-Services Centre, No. 33.II Cross Street, Seetharam Nagar,Pudupalayam Cuddalore – 607 001	09486575695 (M) exwelcud@tn.gov.in
125.	4.	Kanyakumari	Maj.(Retd)VS jayakumar,M.A, Deputy Director Ex-Servicemen's Welfare Ex-services Centre & Shopping Complex, Railway Feeder Road, Kottar, Nagercoil-629002	04652-243515 (O) 09442107209 (M) exwelkkm@tn.gov.in
126.	5.	Pudukottai	Vacant, Asstt Director Ex-Servicemen's Welfare Ex-Service Centre Kalyanaramapuram 1 st Street Thirukokarnam P.O. Pudukottai Pin - 622 002	04322-221593 (O) 09940827415 (M) exwelprdk@tn.gov.in
127.	6.	Ramanathapuram	Ex.Capt.S.Vijaykumar Asstt Director Ex-Servicemen's Welfare Ex-Service Centre, MasterPlan Complex, Collectorate, Ramanathapuram Pin – 623503	04567-230045 (O) 09486142583 (M) exwelrmd@tn.gov.in
128.	7.	Thirunelveli	Maj (Retd) Boni Vincent Asst Director Ex-Servicemen's Welfare Ex-Services Centre Palayamkottai, Tirunelveli - 627 002	0462-2560440 (O) 09047099988 (M) exweltnv@tn.gov.in
Telangana				
129.	2	Hyderabad	Ex-Lt (IN) K.Praveen Kumar Zilla Sainik Welfare Officer H.No.6-1-285/2, 1st Flr, Back side of Gharonda Super Market, Padmaraonagar Secunderabad -500025 Hyderabad District	040-27503132 (O)/(F) 09440866059 (M) zswohyd1@yahoo.com

130.	8	Nizamabad	Vacant Zilla Sainik Welfare Officer H.No.6-2-200/83-C Subhash Nagar Nizamabad - 503 002	08462-238509 (O)/(F) 09666617999 (M) <u>m</u>
131.	1 0	Warangal	Smt T Vanaja Zilla Sainik Welfare Officer Sainik Bhavan Kanaka Durga Colony Waddepally Warangal - 506 370	0870-2456018 (O)/(F) 09908056298 (M) <u>m</u>
<u>UTTARAKHAND *</u>				
132.	1.	Almora	Col (Retd) RP Joshi Zila Sainik Kalyan Evam Punarvas Adhikari Zila Sainik Kalyan Evam Punarvas Karyalaya Chauganpata Almora - 263601 (UK)	05962-230246 (O) 05962-232210 (O) 05962-232210 (F) <u>zskalm@yahoo.com</u>
133.	2.	Dehradun	Maj(Retd) MS Negi Zila Sainik Kalyan Evam Punarvas Karyalaya, Kalidass Marg, PO Hathi barkala Dehradun, Pin – 248 001	0135-2626091(O) <u>zskddn@gmail.com</u>
134.	3.	Haridwar	Lt Col (Retd) Chander Pal Singh Zila Sainik Kalyan Evam Punarvas Adhikari Zila Sainik Kalyan Evam Punarvas Karyalaya Roshanabad Hardwar – 249407	01334-250916 (O) 01334-250082 (O) 01334-250082 (F) 09358134048 (M) <u>zharidwar@yahoo.in</u>
135.	4.	Nainital (Haldwani)	Maj (Retd) B.S.Rautela Zila Sainik Kalyan Evam Punarvas Adhikari Zila Sainik Kalyan Evam Punarvas Karyalaya Haldwani Nainital – 263 139	05946-281410 (O) 05946-221614 (O) 05946-281410 (F) 09412089171 (M) <u>zsk_hal@rediffmail.com</u>
136.	5.	Uttarkashi	Maj (Retd) BS Negi Zila Sainik Kalyan Evam Punarvas Adhikari Zila Sainik Kalyan Evam Punarvas Karyalaya District HQ, Uttarkashi - 249193	01374-222417 (O) 01374-223305 (O) 01374-223305 (F) 08979740114 (M) <u>zskuki@rediffmail.com</u>

UTTAR PRADESH				
137.	1.	Agra	Col (Retd) Umesh Chandra Dubey Zila Sainik Kalyan Evam Punarvas Adhikari Agra Pin - 282 001(UP)	0562-2260549 (O)
138.	2.	Aligarh	Lt Col (Retd) Arvind Kumar Zila Sainik Kalyan Evam Punarvas Adhikari Collectorate, Aligarh, Pin - 202001 (UP)	0571-2401763 (O) zskpaligarh@gmail.com
139.	3.	Allahabad	Col (Retd) KL Pathak Zila Sainik Kalyan Evam Punarvas Adhikari Allahabad - 211 001 (U P)	0532-2608454 (O)
140.	4.	Balia	Vacant Zila Sainik Kalyan Evam Punarvas Adhikari Balua - 277 001 (U P)	05498-220350 (O)
141.	5.	Bareilly	Maj (Retd) Rajendar Singh Zila Sainik Kalyan Evam Punarvas Adhikari Bareilly - 243 001 (U P)	0581-2421794 (O)
142.	6.	Bulandshahr	GP. Capt Girish Kumar Jahori Zila Sainik Kalyan Evam Punarvas Adhikari Bulandshahr – 203 001 (U P)	05732-282562 (O)
143.	7.	Chandauli	Vacant Zila Sainik Kalyan Evam Punarvas Adhikari Chandauli (UP)	05412-260126 (O)
144.	8.	Etawah	Vacant Zila Sainik Kalyan Evam Punarvas Adhikari Etawah – 206001(UP)	05688-254167 (O)
145.	9.	Faizabad	Lt. Col S Harad Bhatt Zila Sainik Kalyan Evam Punarvas Adhikari Faizabad - 224 001 (U P)	05278-222184 (O)
146.	10.	Ghaziabad	Vacant Zila Sainik Kalyan Evam Punarvas Adhikari KH-171, New Kavi Nagar Ghaziabad - 201 001 (U P)	0120-2822643 (O)
147.	11.	Gorakhpur	Maj (Retd) Ram Mohan Pandey	0551-2337643 (O)

			Zila Sainik Kalyan Evam Punarvas Adhikari Gorakhpur - 273 001 (U P)	
148.	12.	Jhansi	Vacant Zila Sainik Kalyan Evam Punarvas Adhikari Jhansi - 284 001 (U P)	0510-2470049 (O)
149.	13.	Lucknow	Lt Col (Retd) Sharad Bhatt Zila Sainik Kalyan Evam Punarvas Adhikari, Sainik Bhawan, Kaiserbagh Lucknow – 226 001 (U P)	0522-2622367 (O)
150.	14.	Mathura	Gp Capt (Retd) Vijay Krishan Dutta Zila Sainik Kalyan Evam Punarvas Adhikari Mathura - 281 001 (U P)	0565-2505749 (O)
151.	15.	Mau	Vacant Zila Sainik Kalyan Evam Punarvas Adhikari Mau - 275 101 (U P)	0547-2225816 (O)
152.	16.	Meerut	Lt Col (Retd) Dilip Kr Dass Zila Sainik Kalyan Evam Punarvas Adhikari Meerut - 250 001 (U P)	0121-2644551(O)
153.	17.	Saharanpur	Gp Capt (Retd) J.S.Chouhan Zila Sainik Kalyan Evam Punarvas Adhikari Saharanpur Pin - 247 001 (U P)	0132-2643629 (O)
154.	18.	Unnao	SQ. Leader (Retd) Madhu Mishra Zila Sainik Kalyan Evam Punarvas Adhikari, Unnao – 209801 (U P)	0515-2820544 (O)
155.	19.	Varanasi	Wg Cdr (Retd) SC Mishra Zila Sainik Kalyan Evam Punarvas Adhikari Varanasi - 221 001 (U P)	0542-2508254 (O)
<u>WEST BENGAL *</u>				
156.	1.	Behrampur e Distt Murshidabad (WB)	Maj (Retd) DK Chatterjee Secretary Zila Sainik Board 7/A, Barrack Square, PO- Behrampur Murshidabad (WB) – 742 101	03482-277459 (O) 09475878823 zsbmurshidabad@yahoo.in

157.	4.	Darjeeling	Col (Retd) Keshab Rai Secretary Zila Sainik Board Sainik Bhavan Kutchery Compound Darjeeling – 734 101	0354-2254056 (O) 09434044501 (M) secyzsbdj@dataone.in zsbдарjeeling@gmail.com
158.	5.	Howrah +Hooghly	Vacant Secretary, Zila Sainik Board 5th Floor, New Collectorate Building Howrah Pin – 711 101	033-26414694 (O) 033-26603367 (F) zsbhowrah@yahoo.in
159.	6.	Jalpaiguri +Cooch- Bihar	Capt (Retd) Rama Kant Jaiswal Secretary Zila Sainik Board Collectorate Complex Jalpaiguri Pin - 735101	03561-230848 (O) 09434258405 (M) zsbjal@gmail.com
160.	7.	Kolkata	Wg Cdr (Retd) Bhaskar Ghosh Secretary Zila Sainik Board Sainik Bhavan, 1/4, Acharya Jagdish Bose Road, Kolkata Pin - 700 020	033-22233893 (O) 09874510300 (M) zilasainikboardkolkata@yahoo.in