



6362 Cypress Gardens Blvd, Winter Haven, FL 33881

863-223-3355 www.thebodynova.com

EMPLOYEE WELLNESS PACKAGE

In today's competitive employment environment, every advantage can make a difference. That's one reason employee wellness programs have become a popular means of providing physical as well as psychological benefits to employees. The Body Nova, LLC. offers a comprehensive on-site wellness solution for muscles and mind to benefit workforce and management teams alike.

Chair Massages are a guaranteed way to bring a positive atmosphere to any Massage Event or Corporate Wellness Program. This option is great for employers or employees who can spend 15-20 minutes of wellness time to refresh and relax.

Traditional Table massage can also be set up for Clients who desire to rejuvenate for 30, 45, or 60 minutes. Hot towel service, aroma therapy and other amenities make this experience pamper your employees and let them know how truly valued they are as part of your organization.

Massage Therapy has been shown to help work-related issues such as poor posture, carpal tunnel symptoms, and increase low employee morale. Many companies and individuals have problems finding economical ways to show their employees, clients, and anyone that's important, how much they value their relationship.



CONVIENT PAYMENT OPTIONS

Wellness solutions tailored to fit your needs:

- Company-sponsored: The company pays 100%
- Co-pay: The company and individual employees split the cost
- Employee-sponsored: Employees pay for their massages
- Can be Payroll deducted or POS



The return on your investment is seen instantly. An in-office massage will help relieve tension, while instituting a calm, peaceful, and productive working environment. Rejuvenated employees finish projects ahead of schedule, sales and productivity increase, work satisfaction shoots through the roof, work related injuries and stress decline and you are declared employer of the year (it's possible!)

Corporate Wellness Rates

Chair and Table Massage are priced at \$2.00 per minute for customized services tailored to meet the needs of your employees. For employees requiring specialized services, consultation is required. All table services require at least 30-60 minutes services times and receive Hot towel services, calming music during massage and beverage services.

Combo Packages available

Weekly Benefit packages for clients purchasing 10 or more services include bonuses such as a raffle or prize wheel spin, free sample products, and optional complimentary morning meditation services the day of massage with a licensed Massage therapist.

All services are Licensed and Insured by The Body Nova, LLC.

MM43825

MA10220

