

# Sophie Lai

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## OBJECTIVE

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*Performance driven and diverse dancer with an emphasis in contemporary dance. Work ethic is displayed through persistent and passionate dedication to the arts.*

## EDUCATION

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### **New York University, Tisch School of the Arts**

**New York, NY**

*Bachelor of Fine Arts in Dance*

*Sep 2019-May 2022*

*Double Minor in Business of Entertainment, Media and Technology and Social and Cultural Analysis*

## TRAINING

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### **Nuova Officina Della Danza (NOD) Training Program**

**Turin, Italy**

*Directed by Tom Weinberger & Silvana Ranaudo*

*Jan 23- Mar 23*

### **Orsalina 28 Dance Intensive**

**Mancalvo, Italy**

*Crystal Pite Repertoire by Sandra Marin and Jiri Pokorny*

*Aug-22*

### **B12 Contemporary Dance Festival**

**Berlin, Germany**

*Floorwork workshop Laja Field and Flying Low Workshop by Fabian Wixe*

*Jul-22*

### **Salzburg Experimental Academy of Dance (SEAD)**

**Salzburg, Austria**

*Directed by Susan Quinn*

*June 22-July 22*

*Selected through NYU Dance Study Abroad Program*

### **Springboard Montreal Workshop**

**New York, NY**

*Led by Johannes Wieland, Laja Field, Raja Feather Kelly*

*Nov-22*

### **WADE Dance Hub**

**Agropoli, Italy**

*NYU Dance Study Abroad Program Directed by Giada Matteini*

*Summer 2022*

## PERFORMANCE EXPERIENCE

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*Joy Place* - original creation with Emilie Leriche

**Turin, Italy**

*Excerpts of Infinity* - original creation with Astrid Boons

*NOD Training Program*

*Black & Blue*

*Salzburg Experimental*

*Creation by Paul Blackman and Christina Gouzelis*

*Academy of Dance*

*Gutter Glitter*

**New York, NY**

*Complexions Repertoire set by Dwight Rhoden and Jillian Davis*

*Second Avenue Dance*

*Company (SADC)*

*Cello Counterpart*

**New York, NY**

*Solo Repertoire by Belinda Mcguire*

*SADC*

*Worlds and Mirrors*

**New York, NY**

*Original creation by Yin Yue*

*SADC*

## ACTIVITIES/ CHOREOGRAPHY

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### **Lead role in VR Film- Scars and Voices**

**New York, NY**

*Directed by Andres Ramirez*

*Dec-22*

### **Substitute Teaching Instructor**

**Tucson, AZ**

*The Ballet Conservatory of Dance*

*2022-present*

### **Choreographed, Directed and Performed in Dance Film**

**New York, NY**

*"The Performativity of Disgust"*

*2021*

## SKILLS

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*Video Editing: iMovie ~ Adobe Premiere Pro ~ Cap Cut ~ Social Media Management ~ Acting ~ Singing*

*Dance Teaching: Ballet ~ Contemporary ~ Floorwork ~ Improv ~ Jazz*