

Date: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ NAME: \_\_\_\_\_

1° Emergency Contact: \_\_\_\_\_ Phone: \_\_\_\_\_

Relationship: \_\_\_\_\_ Please add additional at end of form.

**HISTORY OF CURRENT CONDITION**

1. CHIEF COMPLAINT/AILMENT/INJURY \_\_\_\_\_

2. DATE OF INJURY \_\_\_\_\_ DATE OF SURGERY \_\_\_\_\_

3. Briefly describe how you were injured if applicable: \_\_\_\_\_

4. Indicate ALL diagnostic tests or treatments that apply which you have had for your current diagnosis.

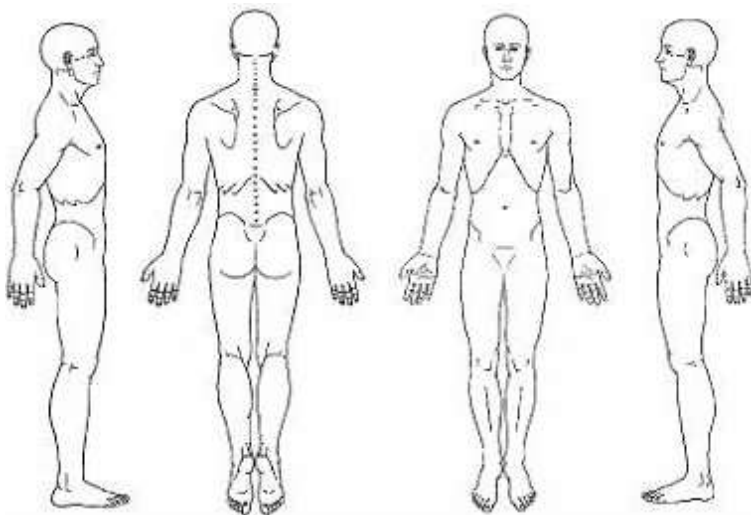
- |  |                                   |                                    |   |                                      |
|--|-----------------------------------|------------------------------------|---|--------------------------------------|
| <input type="checkbox"/> Physical therapy  | <input type="checkbox"/> Traction | <input type="checkbox"/> MRI       | <input type="checkbox"/> EMG                  | <input type="checkbox"/> Home Health |
| <input type="checkbox"/> Acupuncture       | <input type="checkbox"/> Exercise | <input type="checkbox"/> X-Ray     | <input type="checkbox"/> Hospitalization      | <input type="checkbox"/> Injection   |
| <input type="checkbox"/> Massage Therapy   | <input type="checkbox"/> Yoga     | <input type="checkbox"/> CT Scan   | <input type="checkbox"/> Casting/Bracing Boot | <input type="checkbox"/> Medication  |
| <input type="checkbox"/> Chiropractic Care | <input type="checkbox"/> Bed Rest | <input type="checkbox"/> Bone Scan |   |                                      |

What results have you seen so far with the treatments you have indicated above? \_\_\_\_\_

5. Please circle the number that best corresponds to your pain/intensity of your symptoms in the past 24-hours.

- AT BEST: (No Pain) 0 1 2 3 4 5 6 7 8 9 10 (EXCRUCIATING PAIN)
- AT WORST: (No Pain) 0 1 2 3 4 5 6 7 8 9 10 (EXCRUCIATING PAIN)
- TYPICALLY: (No Pain) 0 1 2 3 4 5 6 7 8 9 10 (EXCRUCIATING PAIN)

DRAW IN AREAS OF PAIN ON BODY DIAGRAMS USING APPROPRIATE SYMBOLS.



- SEVERE PAIN \*\*\*\*\*
- MODERATE PAIN XXXXX
- RADIATING PAIN ↓↑↓
- NUMBNESS/TINGLING ZZZZZZ

6. Have your symptoms been getting... BETTER WORSE SAME
7. Are your symptoms... CONSTANT OR INTERMITTENT

8. Please indicate ALL of the following which *increases your symptoms* or makes your condition **WORSE**?

- |                                   |  |  |                                     |
|-----------------------------------|--|--|-------------------------------------|
| <input type="checkbox"/> BENDING  | <input type="checkbox"/> SITTING               | <input type="checkbox"/> WORSE IN AM             | <input type="checkbox"/> HEAT       |
| <input type="checkbox"/> MOVEMENT | <input type="checkbox"/> STANDING              | <input type="checkbox"/> WORSE IN PM             | <input type="checkbox"/> ICE        |
| <input type="checkbox"/> REST     | <input type="checkbox"/> RISING                | <input type="checkbox"/> WORSE AS DAY PROGRESSES | <input type="checkbox"/> MEDICATION |
| <input type="checkbox"/> WALKING  | <input type="checkbox"/> LYING                 | <input type="checkbox"/> CHANGING POSITION       | <input type="checkbox"/> COUGH      |
| <input type="checkbox"/> STAIRS   | <input type="checkbox"/> PROLONGED POSITIONING | <input type="checkbox"/> DEEP BREATH             | <input type="checkbox"/> SNEEZE     |

9. Please indicate ALL of the following which *decrease your symptoms* or makes your condition **BETTER**?

- |                                   |                                   |   |                                     |
|-----------------------------------|-----------------------------------|---|-------------------------------------|
| <input type="checkbox"/> BENDING  | <input type="checkbox"/> SITTING  | <input type="checkbox"/> BETTER IN AM             | <input type="checkbox"/> HEAT       |
| <input type="checkbox"/> MOVEMENT | <input type="checkbox"/> STANDING | <input type="checkbox"/> BETTER IN PM             | <input type="checkbox"/> ICE        |
| <input type="checkbox"/> REST     | <input type="checkbox"/> RISING   | <input type="checkbox"/> BETTER AS DAY PROGRESSES | <input type="checkbox"/> MEDICATION |
| <input type="checkbox"/> WALKING  | <input type="checkbox"/> LYING    | <input type="checkbox"/> CHANGING POSITION        | <input type="checkbox"/> N/A        |

10. Please briefly describe 2-3 ways your chief complaints affect how you function in your life.

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

11. Have you ever had physical therapy in the past for this or another condition? YES OR NO

Please indicate your satisfaction with the previous outcome:

(POOR RESULT/NO IMPROVEMENT) 1 2 3 4 5 (GREAT RESULT/COMPLETE RECOVERY)

12. What activities are you hoping to be able to return to after you have completed Physical Therapy that you cannot do now? Please list 2-3 goals:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

How did you hear about us? \_\_\_\_\_

If referred, may we thank you referred you? YES OR NO

Emergency Contact: \_\_\_\_\_ Phone: \_\_\_\_\_

Relationship: \_\_\_\_\_

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Relationship: \_\_\_\_\_