Coming soon - **Mental Health during and after the pandemic** - courses and education sessions focused on the impact that living and working during the pandemic has had on our society as a whole and the disproportionate poorer outcomes some communities and individuals have experienced.

Before Covid-19, an estimated 140 million working days were lost each year to sickness absence, costing the UK £22bn each year. The pandemic could push these figures much higher with some experts suggesting - potentially up to 15% of gross domestic product. Approximating UK GDP at £2tn, this would to equate to £300bn.

There is emerging research to suggest that organisational measures to reduce risk and prioritise health are associated with a lower risk of poor mental health among returning employees.

Our culture, including the workplace, has been identified as one of the factors contributing to the disparities in outcomes for the ethnic diverse community, women's health, people with disability and the psychological health of all. The legacy of the pandemic can be positive if we all begin to understand and collectively address the factors that influence health outcomes. Learning is the first step.