



Memphis Parks Thoroughbreds Track Club
2026 Outdoor Summer Season

What is Track and Field:

Track and Field consists of several categories of events: sprints, mid-distance runs and field events. The coaching staff will bring out the best in your athlete and choose the events that your child athlete will compete in at each meet.

Practice and Communication:

The MTTC coaches will be present and will train your child athlete as it pertains to strength, conditioning, endurance, and specialty events at the appropriate time(s). All parent communication and correspondence will be through the GroupMe communication app. If your child athlete will miss practice or competition, it is requested that the coaching staff be notified as soon as possible (within 2 hours) except in a case of an emergency. Please send a DM (Direct Message) separate from the main GroupMe for specific, or personal reasons (everyone does not need to know your business).

Parent Notification:

The Memphis Thoroughbreds Track club Inc has a non-eligible policy for athletes that have made a direct transfer from another track club that have competed in the previous season. The athlete cannot participate in the immediate season following their direct transfer and acceptance to the Memphis Thoroughbreds Track Club Inc. No exceptions will be made.

You may contact the coaches via GroupMe or via text message:

Coach Tommy Washington (901) 314-2874

Coach Pina Tanui (901) 310-5411

Coach Kierra Norfleet (901) 604-8095



Athletes name: _____ Date of Birth: _____

Parent(s) of athlete: _____ Parent Contact: _____

Address of parent or guardian: _____

Street Address

Apt

City

State

Zip

EMERGENCY INFORMATION

Person to notify in case of emergency: _____

Name

Relationship

Emergency Phone: Day (____) _____

Night (____) _____ Cell (____) _____

MEDICAL INFORMATION

Medical Information: Date of last physical _____

Medical diagnosis: _____ Medications: _____

Known Allergies: Yes _____ No _____ If so, list _____

Any current or past health conditions coaches should be aware of _____

Health Insurance Policy Number _____ Health Carrier Name _____

Address of Health Carrier _____

Street

City

State

Zip

I hereby adhere, acknowledge and authorize any actions, which may be advised: recommended by a coach or other healthcare provider attending my child athlete. I understand that my child athlete may sustain physical illness or injury (minimal, serious, or catastrophic, in connection with track and field. I agree to indemnify or hold harmless Memphis Thoroughbreds Track Club Inc, its coaches or volunteer staff against any claims for personal illness or injury (including death) that my child may sustain during practice, competition or travel of any sort including negligence on the part of any person identified above. I give Memphis Thoroughbreds Track Club Inc permission to use any photographic or video image of my child for promotional use while current or non-current participation in the Memphis Thoroughbreds Track Club Inc including present, non-present, and future existence. No names of children will be used in any of that published material. I have read and understand the code of conduct ethics outlined within this form, and I further understand that my child or my failure to adhere to the rules, regulations, and code of conduct may result in immediate dismissal from the Memphis Thoroughbreds Track Club Inc practices, competitions or representation of the Memphis Thoroughbreds Track Club logos, uniforms, name of any sort can be used for future events and no refund will be granted in the present or future. I will be responsible for providing transportation home in such an event.

Disclaimer



Please indicate your relationship to the athlete below: Print next your contact number information.

Parent or Guardian Phone #1 contact: Day (____) _____ Night
(____) _____
Cell (____) _____

Parent or Guardian Signature # 1: _____
Print Name

Signature

Emergency Contact Phone #2 contact: Day (____) _____ Night
(____) _____
Cell (____) _____

Emergency Contact Signature #2: _____
Print Name

Signature



I agree to conduct myself _____ and my athlete _____
Parent Child
in a manner that will be a credit to my community, my team, my family, and myself.

I understand and will acknowledge the following statements with my initials below:

- 1) No recording of practices at any time. _____
- 2) No parents on the practice field, on the track, and no hanging on the fence surrounding the track during practices. _____
- 3) Understand and obey all rules and regulations issued by the Memphis Thoroughbreds Track Club Inc coaching staff and the AAU rules and regulations. _____
- 4) Demonstrate cooperation and respect to the coaching staff, MTTC parents, and athletes. _____
- 5) I will adhere to the Memphis Thoroughbreds Track Club Inc policy of no use of profanity, no derogatory comments made to coaching staff, children, athletes or parents at any practice, competition, or event representing the organization. _____
- 6) I understand and agree to remain in the spectator areas/stands during competition unless granted permission from a Memphis Thoroughbreds Track Club coach or official staff member.

- 7) I will understand and will remain outside of the practice area(s) and refrain from any verbal or physical contact from my child athlete and any other athlete without permission from a Memphis Thoroughbreds Track Club Inc coach and or official staff member. _____
- 8) I will show respect for the rights, privacy, and property of others. This includes refraining from harassment – unwelcome or unsolicited speech or conduct- of all persons affiliated with Memphis Thoroughbreds Track Club Inc during practices or events regardless of their race, religion, color, creed, sex, national origin, sexual orientation, or disability. _____
- 9) I take responsibility for my and my child's personal property, room key (paying for if lost), and meals, travel arrangements, and I agree to secure mine and my child's items while in practice and competition. _____
- 10) I understand that the Memphis Thoroughbreds Track Club Inc has a no bullying policy and that my child can be dismissed from the practice and further competitions if an incident occurs.

- 11) I understand that it is my responsibility to provide the necessary nutrition items that my child needs including and not limit food, snacks, water, etc during all practice time and all competition with the Memphis Thoroughbreds Track Club Inc. _____
- 12) I understand that the Memphis Thoroughbreds Track club Inc has the right to accept or decline my athlete application to participate in their program at any time and if my athlete or myself violate any of the policies within the Memphis Thoroughbreds Track Club Inc bylaws _____
- 13) I understand and adhere to the no drinking alcohol, smoking illicit drugs in or around athletes, practices or meets. _____
- 14) I agree to participate in team fundraisers throughout the season _____
- 15) I understand and adhere to the non-eligible direct transfer policy. I attest that my child (athlete) has not competed in the previous season with another track club. I understand that my initials



serve as a true statement and testimony to the direct transfer policy of the Memphis Thoroughbreds Track Club Inc. _____

16) I understand that there is a no refund policy for the Memphis Thoroughbred Track Club Inc (no exceptions) _____

Parent or Guardian Signature # 1: _____

Print Name

Signature