



# January

2026



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <b>Walking Group - Every Morning @ 8:45 AM</b>				<b>1 - New Years Day</b> Give away table 10am Pass the Ace <u>11am Exercise Class</u> 2pm Floor Curling 3:30pm Skip-Bo	<b>2</b>  2pm Ice Cream	<b>3</b> 10am Card Bingo <b><u>2pm Shuffle Board Tournament</u></b>
<b>4</b> 10am Golf Card Game  2pm Ping Pong  3:30pm Sequence Game	<b>5</b> 10am Card Bingo 11am Exercise Class 11am how its made (fireplace) <b>1pm Shoot the Reindeer</b> <u>1:30 Phase 10</u> <b>2pm Bingo</b>	<b>6</b> 10am Armchair Travel  <b>1:30 Disco Party ( Dress up Contest)</b>	<b>7</b> 10am Card Bingo 11am Chair Yoga  <b>1:30 January Birthday's &amp; The Dunnington Group</b> <u>2-4pm Hear Right Clinic</u>  3:30pm Sequence Game	<b>8</b> 10am Current Affairs <b>10:30 Funny videos</b> (fireplace) <u>11am Exercise Class</u> <b>11:30 Out for Lunch</b> 3pm Baptist Church <b>6pm Movie &amp; Popcorn</b>	<b>9</b> 10AM Bible Study 10am Pass the Ace  <b>1pm Bean Bag Toss</b> <b>2pm Ice Cream</b>  3:30pm Skip-Bo	<b>10</b> 10am Card Bingo  2pm Floor Curling  3:30pm Crib
<b>11</b> 10am Phase 10  <b>2pm Music by Edward Pimm</b> 	<b>12</b> 10am Card Bingo 11am Exercise Class  2pm Golf Card Game <u>3:30pm Pool</u>	<b>13</b> <b>10am Cooking International Cuisines</b> (Sign Up) <u>2pm Shuffle Board</u> 3:30pm Sequence Game	<b>14</b> 10am Card Bingo 11am Chair Yoga  2pm Floor Curling <b>4pm Wings &amp; Beer Night</b> (Sign Up)	<b>15</b> <u>10am Find the hidden words game</u> 11am Exercise Class <b>1pm Walmart</b> <u>St Anthony's church</u> 6pm Movie & Popcorn	<b>16</b> 10AM Bible Study <b>10am Find Words Game contest</b> <b>1:30 Music by Comrads</b> <b>2:30 Ice Cream</b> 	<b>17</b> 10am Card Bingo  <b>1:30 Matinee Movie Cardium theatre</b> <u>tba</u>
<b>18</b> <b>Pajama Day</b> 10am Curent Affairs <b>1:30 Roll a ball</b> <b>2:30 Ping Pong game</b>	<b>19</b> 10am Card Bingo 11am Exercise Class  2pm Phase 10  <u>3:30pm Bean Bag Toss</u>	<b>20</b> <b>10am Cooking International Cuisines</b> (Sign Up) 2pm Ping Pong 3:30pm Crib	<b>21</b> 10am Card Bingo 11am Chair Yoga <b>1:45pm Lutheran Church</b> 2pm Golf Card Game <b>3:30pm Axe Throwing Game</b>	<b>22</b> 10am Dice Game 11am Exercise Class  <b>2pm Shangri-La Cruise to Mexico!</b> 6pm Movie & Popcorn	<b>23</b> 10AM Bible Study <b>11:30 Take out TBA</b> Sign up <b>1:30 Sing a Long with Linda Auclair</b> 	<b>24</b> 10am Card Bingo  1:30 Golf game <b>6pm Thunder Hockey Game</b>
<b>25</b> <b>9:30 Ringette Game Subway after sign up</b>  <b>2pm Heads up Game</b>	<b>26</b> 10am Card Bingo 10am How its Made (fire place) 11am Exercise Class <u>2pm Pass the Musical Bag</u> 6pm Painting with <b>Heather</b> 	<b>27</b> <u>9:30 AM Cards with May</u> <b>10am Cooking International Cuisines</b> (Sign Up) 2pm Making Crazy Hats	<b>28</b> 10am Card Bingo 11am Chair Yoga  <b>2pm Crazy Hat Day Party &amp; Music by Mike Must</b>  3:30pm Sequence Game	<b>29</b> 10am Horse Race Game 11am Exercise Class  2pm Phase 10 3pm Baptist Church 6pm Movie & Popcorn	<b>30</b> 10AM Bible Study 10am Pass the Ace  <u>1pm Floor Curling</u> <b>2pm Ice Cream</b>  3:30pm Skip-Bo	<b>31</b> 10am Card Bingo  <b>2pm Shuffle Board</b>  3:30pm Yahtzee