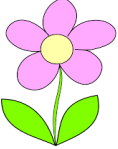


 2026 						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 Remember Drink lots of Water on Hot Days!! 						
2 10 am Coffee 1:30 Walk Scooter Ride to Park, DQ 	3 - Heritage Day Management Offices Closed 10 am Card Bingo 11am Exercise Class 2pm Shuffleboard 3:30 pm Sequence Game	4 9am Men's Hour (Coffee & Chat) 10am Golf Card Game 2pm Floor Curling 3:30pm Crib	5 10am Card Bingo 11am Chair Yoga 1:30 August Birthday's & The Dunnington Group  3:30 pm Skip Bo	6 10am Pass the Ace 11am Exercise Class 2pm 3 Hole Golf Putting 3:30pm Design your Swimsuit 	7 10AM Bible Study 10 am Pressed Nature Bookmarks with Maria 2pm Ice Cream 	8 11am Chair Yoga
9  Residents Choice 	10 10 am Card Bingo 11am Exercise Class 1:30 pm Music by Herding Catz (Coffee Room) 	11 9am Men's Hour (Coffee & Chat) 11:30am Trip to Lions Park 2:30pm Golf Card Game	12 10am Card Bingo 11am Chair Yoga 2pm 50's Party on Patio - Rootbeer Floats - Contest best Dressed 50's 	13 10am Pass the Ace 11am Exercise Class 1pm St Anthony's 2pm Horse Racing Game 3:30pm Design your Swimsuit 	14 10AM Bible Study 10am Crown & Anchor Game 1pm Floor Curling 2pm Ice Cream 3:30pm Skip Bo 	15 10am Fast Track 11am Chair Yoga 1pm Baking Biscuits 3:30pm Skip Bo 
16 10am Phase 10 Game 2pm Tea & Biscuits Social	17 10 am Card Bingo 11am Exercise Class 2pm Bingo  2pm Cool Drinks on Patio	18 11am Willey West Picnic 	19 10am Coffee on the Patio 11am Chair Yoga 11:45am BBQ Hot Dogs Games Day Afternoon 1:45pm Lutheran Church	20 11am Exercise Class 11:45 Grill Cheese (signed up) 2pm Cocktails and Music on Patio  Beach Day 	21 10AM Bible Study 10am Shuffleboard 1pm Finish Design Swimsuit 2pm Ice Cream 3:30pm Golf Card Game 	22 10am Crown & Anchor Game 11am Chair Yoga 2pm Tiki Party & Swimsuit Contest on the Patio 
23 10am Phase 10 Game 2pm Ice-Cream- Sundaes Bar 	24 10am Card Bingo 11am Exercise Class 2pm Chair Volleyball 3:30pm Darts	25 9am Men's Hour (Coffee & Chat) 10am Fast Track 11:30am Out for Lunch 2pm Golf Card Game	26 10am Card Bingo 11am Chair Yoga 2pm Floor Curling 3:30pm Sequence Game	27 9am St. Anthonys Mass 9:30 am Painting Garden Rocks with Maria 11am Exercise Class 1pm - Walmart 3:00 Baptist 	28 9:30am Pot your Pothos Plant with Maria 10AM Bible Study 1:30PM LONG TERM CARE COMING TO VISIT 2pm Ice Cream 	29 11am Chair Yoga
30 10:00am Super Kids visiting from Life Church	31 10am Card Bingo 11am Exercise Class 2pm Shuffleboard 3:30pm Crib	  Walking Group - Every Morning @ 8:45 AM Friendly Reminder to please use <u>travel mugs</u> for beverage from Coffee Area  				