Comprehensive
Assessment of
Executive
Function: From
Theory to Practice



THE PSYCHOLOGY ASSOCIATION OF SASKATCHEWAN INVITES YOU TO ATTEND
THE SPRING 2022 CONFERENCE

#### Jack A. Naglieri, Ph.D.

Emeritus Professor, George Mason University Senior Research Scientist, Devereux Center for Resilient Children

jnaglieri@gmail.com www.jacknaglieri.com

1

How Are You Feeling Today?



Jack A. Naglieri, Ph.D.

.

Ready?

## Let's Get Ready to Learn

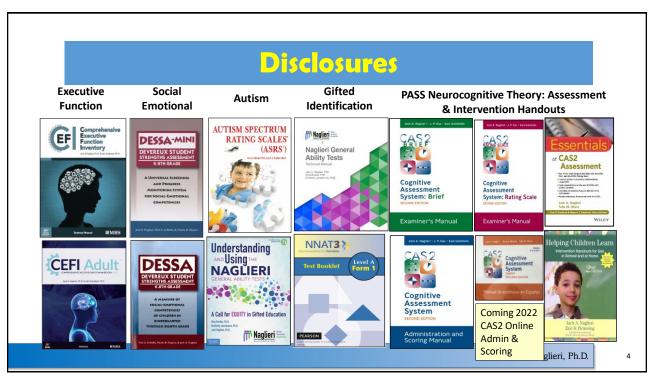
#### Mindful Breathing

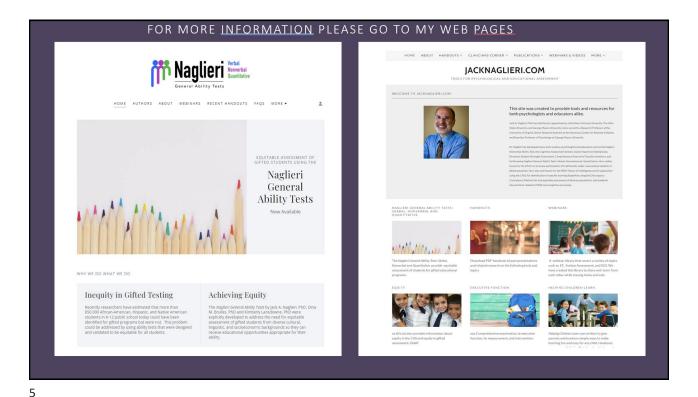


Jack A. Naglieri, Ph.D.

3

3





## Introduction

- Interest in why people learn differently given the same instruction
- Led me to school psychology and decades later to intervention research
- Experiences as a school Psychologist



Jack A. Maglieri, Ph.D.

6

#### **Traditional IQ and Achievement Tests**

- When I started working as a school psychologist in 1975...I realized the impact the tests we use have on our ultimate decisions about a student.
- Intelligence tests that required knowledge posed an equity problem
- Rating scales with limited norms could be misleading
- Our interpretation of test scores can change the course of a person's life
- The concept of EF is a good example



1975 Charles Champagne Elementary, Bethpage, NY

Jack A. Maglieri, Ph.D.

7

7

#### Why this session on EF?

- Executive Function (EF) is the most important ability we have, because it provides us a way to decide how to do what we choose to do to achieve a goal
- The best news is that EF can be taught
- Instruction that improves EF will affect a person's ability to learn, their behavior, and their social skills.
- Improving EF will change an individual's life

Jack A. Naglieri, Ph.D.

#### Goal of this presentation

Describe a comprehensive approach to understanding and assessing EF

Behaviors related to Cognition

Behaviors related to Social-Emotional Skills

Academic and job skills

Neurocognitive Ability is the foundation

Jack A. Naglieri, Ph.D.

9

۵

## Core Group Discussion → Deeper Learning

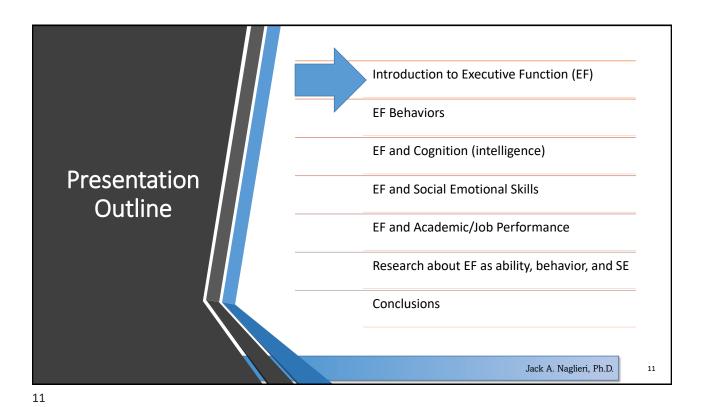
- Organizer Guide the discussion
- Recorder Keep notes and speak for the group

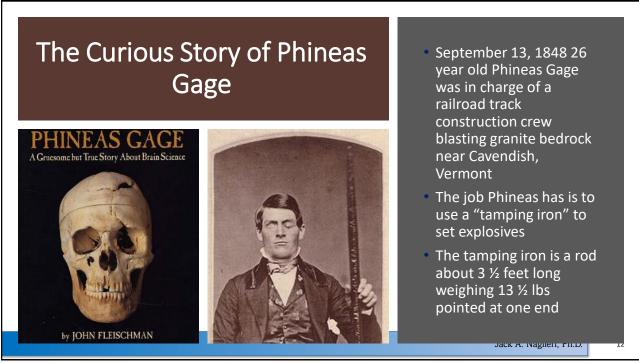


10

Jack A. Naglieri, Ph.D.

10





#### Fleishman (2002, p 70)

- From Damasio (1994) article in Science
- The rod passed through the left frontal lobe
- The damage was to the front of the frontal cortex more than the back, and the underside more than the top
- This diminished his planning and decision making, self monitoring, self correction, especially in novel settings



Fleishman (2002)

Jack A. Naglieri, Ph.D.

13

13

## Before . . . & . . . After

**Before** the accident 'he possessed a well-balanced mind, was seen as a shrewd, smart business man, very energetic and persistent in executing all his plans of operation' (p 59)

After the accident his ability to direct others was gone, he had considerable trouble with:

- Thinking
- Behaviors
- Work
- Social-emotional

Jack A. Naglieri, Ph.D.

14

#### Frontal Lobes and Executive Function(s)

What do we mean by the term Executive Function(s)?



Jack A. Naglieri, Ph.D.

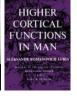
15

15

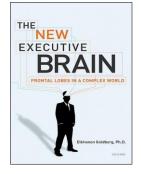
#### **Executive Functions**

- In 1966 Luria first wrote and defined the concept of Executive Function (EF) and described the frontal lobes as "the organ of civilization"
- Luria's student, Nick Goldberg states that the frontal lobes are about ..."leadership, motivation, drive, vision, self-awareness, and awareness of others, success, creativity, sex differences, social maturity, cognitive development and learning..."









Jack A. Naglieri, Ph.D.

16

#### What is Executive Function(s)

There is no formal accepted definition of EF

- We typically find a vague general statement of EF (e.g., goal-directed action, cognitive control, top-down inhibition, effortful processing, etc.).
- · Or a listing of the constructs such as
  - · Inhibition, Working Memory,
  - · Planning, Problem-Solving,
  - Goal-Directed Activity, Strategy Development and Execution,
  - · Emotional Self-Regulation, Self-Motivation
- Goldstein, Naglieri, Princiotta, & Otero (2013)
  - · Found more than 30 definitions of EF!



17

#### **Executive Function(s)**

- Given all the definitions of EF(s) we wanted to address the question... Executive Functions ... or
  - **Executive Function?**
- One way to answer the question is to research the factor structure of EF behaviors
- Factor structure of the Comprehensive Executive Function Inventory (CEFI), and the Comprehensive Executive Function Inventory Adult (CEFI Adult)

Jack A. Naglieri, Ph.D.

## **CEFI**

(Naglieri & Goldstein, 2012)

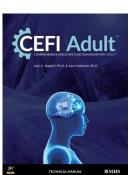




## **CEFI Adult**

(Naglieri & Goldstein, 2017)





Jack A. Naglieri, Ph.D.

19

19

## **CEFI Exploratory Factor Analysis**

• The normative samples for CEFI and CEFI Adult included ratings by parents, teachers, observers, and self ratings were randomly split into two samples and EFA conducted

#### Conclusions

 Nationally representative samples aged 5 to 80 years (N = 6,700) indicates that EF behaviors are best seen as one construct



Jack A. Naglieri, Ph.D.

20

#### **CEFI Factor Analysis**

#### **Item Level Analysis**

 For the *first half* of the normative sample (Parent, Teacher and Self ratings') item scores (90 items) used in factor analysis

#### **Scale Level Analysis**

- Using the second half of the normative sample EFA was conducted using raw scores for the following scales:
  - Attention
  - Emotion Regulation
  - Flexibility
  - · Inhibitory Control
  - Initiation
  - Organization
  - Planning
  - · Self-Monitoring
  - Working Memory

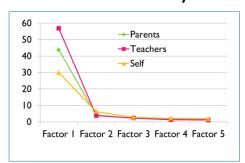
Jack A. Naglieri, Ph.D.

21

21

#### **CEFI Factor Analysis**

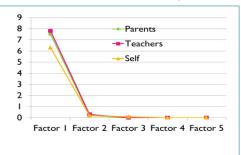
#### **Item Factor Analyses**



Eigenvalues from the Inter-Item Correlations

Form	Factor							
	1	2	3	4	5	6	7	
Parent	43.7	4.1	2.3	1.5	1.3	1.3	1.0	
Teacher	56.8	3.8	2.3	1.3	1.1	1.1	0.8	
Self-Report	29.9	6.3	2.7	2.1	1.9	1.8	1.5	

#### Scale Factor Analyses



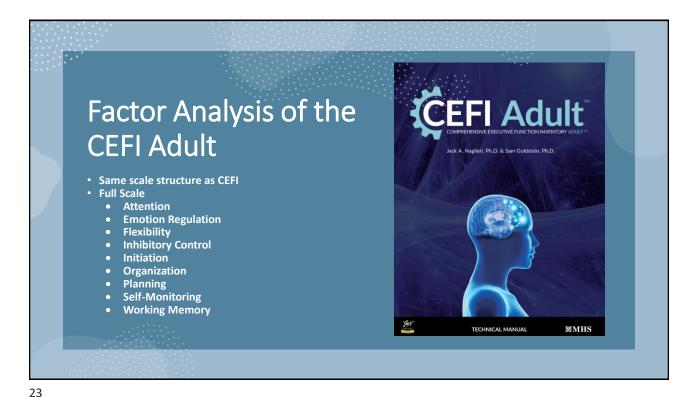
Eigenvalues of the CEFI Scales Correlations

Form	Factor								
	1	2	3	4	5	6	7		
Parent	7.5	0.2	0.0	0.0	0.0	0.0	0.0		
Teacher	7.8	0.3	0.0	0.0	0.0	0.0	0.0		
Self-Report	6.3	0.2	0.1	0.0	0.0	0.0	-0.1		

Note. Extraction method: Principal Axis Factoring.

Jack A. Naglieri, Ph.D.

22

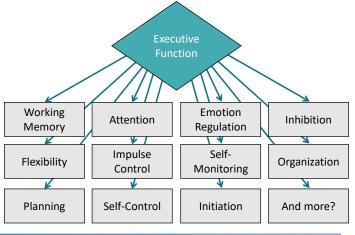


**CEFI Adult** Self (N = 1,600) & Observer (N = 1,600) **Item Factor Analyses Scale Factor Analyses** Eigenvalues Items Eigenvalues 9 Scales 40.0 35 N 7.0 25.0 4.0 20.0 3.0 15.0 2.0 1.0 0.0 10.0 5.0 1st 3rd 5th Eigenvalues Eigenvalues Items Self-Report → Observer Eigenvalues from the Inter-Item Correlations Eigenvalues from the CEFI Adult Scales Correlations 11.3 35.3 3.1 2.2 1.0 0.9 0.8 0.7 0.5 0.5 7.3 0.2 0.0 0.0 0.0 0.0 Note. Extraction method: Principal Axis Factoring. Only the first 9 eigenvalues are presented. Jack A. Naglieri, Ph.D. 24

# Exploratory Factor Analysis

#### Conclusions

 Nationally representative samples aged 5 to 80 years (N = 6,700) indicates that EF behaviors are best seen as
 one construct



Jack A. Naglieri, Ph.D.

25

25

#### **Executive Function Involves**

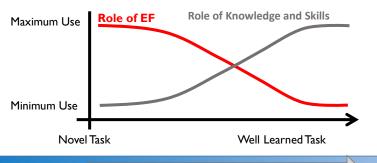
## "How you do what you decide to do" demands...

 Initiation to achieve a goal, planning and organizing parts of a task, attending to details to notice success of the solution, keeping information in memory, having flexibility to modify the solution as information from self-monitoring is received and demonstrating emotion regulation (which also demands inhibitory control) to ensure clear thinking so that the task is completed successfully.

Jack A. Naglieri, Ph.D.

## EF's Learning Curves (Naglieri & Otero, 2017)

- · Learning depends upon instruction and EF
- At first, EF plays a major role in learning (see Goldberg, 2009, p. 90)
- When a new task is learned and practiced it becomes a skill and execution requires less EF (see Naglieri & Otero, 2017, p. 117)



Jack A. Naglieri, Ph.D.

of CAS2

Assessment

THE NEW

EXECUTIVE

27

27

• What does the term SKILLS refer

Over time and with experience

to?

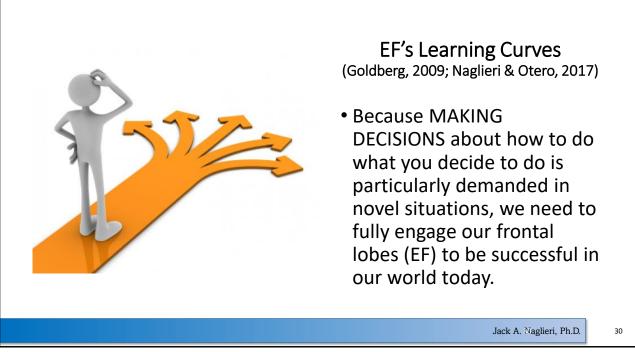
- A well practiced activity that can be executed automatically and with ease
  - This means there is fluency and little thinking involved
- What does the term Executive Function refer to?
  - Thinking About How You Do What You Decide To Do
    - · Therefore EF can NOT be described as a skill



Jack A. Naglieri, Ph.D.

#### A Deeper View of Executive Function How you do what you decide to do which **EF STRATEGY: Graphic** demands...Especially in NOVEL situations Organizers help us make sense of big ideas. There is Select a Role of Skills Maximum Use a goal a plan task is Is the completed Develop plan Minimum Use a plan O.K.? Well Learned Is it Apply the working Over time and with experience Jack A. Naglieri, Ph.D. 29

29



## Coping with COVID Pandemic and Trauma

- Our world has dramatically changed
- We have to figure out HOW to do just about everything
- This means EF is more important now than ever
- The cognitive demands of COVID make life much harder

Jack A. Naglieri, Ph.D.

31

31

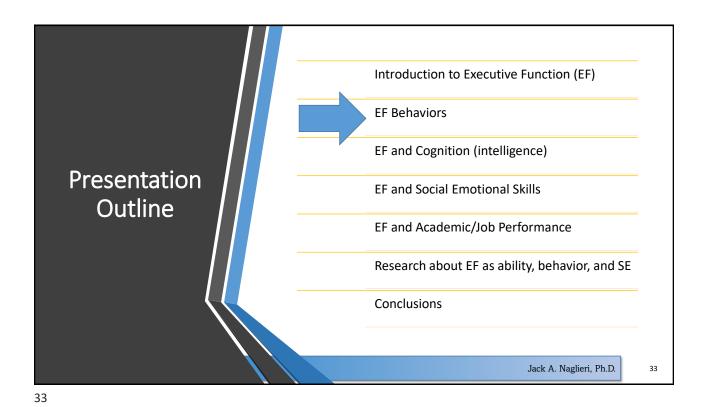


Conclusion: EF is a unitary concept

Questions or thoughts

Jack A. Naglieri, Ph.D.

32



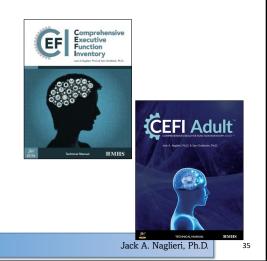
Psychometrics of EF Rating Scales

Some published rating scales

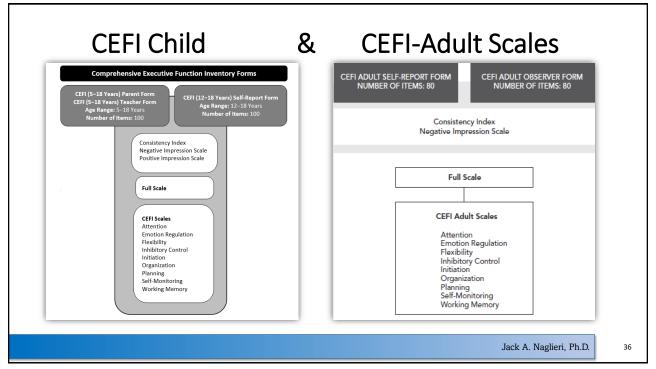
FIGURE 1 PRINCIP PRIN

#### CEFI and the CEFI Adult

- Strength based EF measures
- Items are positively worded
- Higher scores = good behaviors related to EF
- Scores set at mean of 100, SD of 15
- CEFI: Ages 5-18 years rated by a parent, teacher, or the child/youth
- CEFI Adult: Ages 18+ years rated by the adult or an observer



35



#### One Factor and 9 Scales?

- EF is a unidimensional concept
- Use the Full Scale to answer the question "Is the individual poor in EF or not?"
- Use the 9 scales to identify the specific groups of items that represent 9 different types of behaviors that can be addressed by Intervention

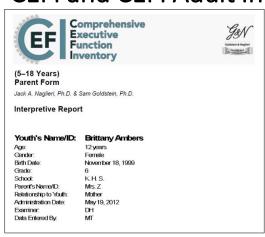
**CEFI Adult Scales CEFI Scales** Attention Attention **Emotion Regulation** Emotion Regulation Flexibility Flexibility **Inhibitory Control** Inhibitory Control Initiation Initiation Organization Organization **Planning** Planning **Self-Monitoring** Self-Monitoring Working Memory Working Memory

Jack A. Naglieri, Ph.D.

37

37

#### **CEFI and CEFI Adult Interpretive Reports**





Jack A. Naglieri, Ph.D.

38

#### www.efintheclassroom.net

#### Interventions for EF Behaviors

#### **CEFI Scales**

#### Efintheclassroom.net

- Attention
- Emotion Regulation
  - Flexibility
  - Inhibitory Control
    - Initiation
    - Organization
      - Panning
    - Self-Monitoring
  - Working Memory

- Sustained Attention
- Emotional Control
- Cognitive Flexibility
- Response Inhibition
- Task Initiation
- Organization
- Planning
- Response Inhibition
- Working Memory



Jack A. Naglieri, Ph.D.

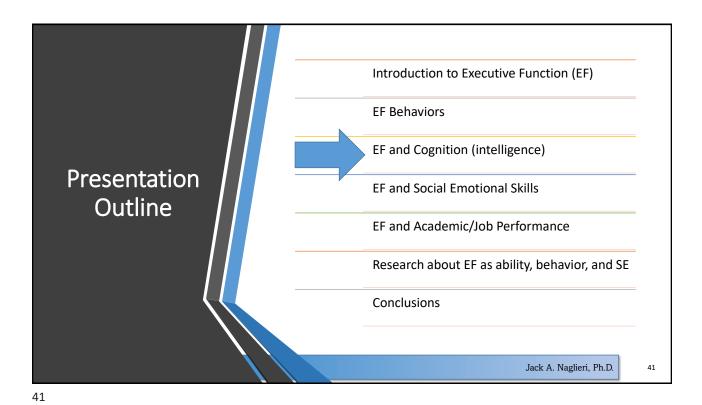
## Core Group Discussion → Deeper Learning

• Discuss: what stands out as the most important message from what we have discussed so far

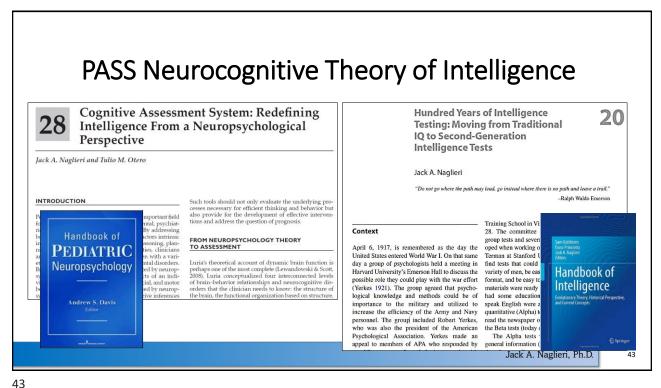


Jack A. Naglieri, Ph.D.

40



EF is a Brain-Based Ability
If we define intelligence from a neurocognitive perspective
EF is an ability (type of intelligence) by virtue of its relationship to the brain
But note that EF is not measured by traditional IQ tests



#### A Neurocognitive Test Measures Thinking not Knowing

What does the examinee have to **know** to complete a task?

• This is dependent on instruction

How does the examinee have to **think** to complete a task?

- This is dependent on the brain 'basic psychological processes'
- Some thinking involves executive function and some does not



Jack A. Naglieri, Ph.D.

PASS Theory
Based on Luria's
Concept of
Functional Units

Ist
First Functional
Unit: Attention
Unit: Attention
Unit: Attention
Focusing With
Resistance to
Distraction

Figure 1.2 Three Functiona
From: Essentials of CAS2

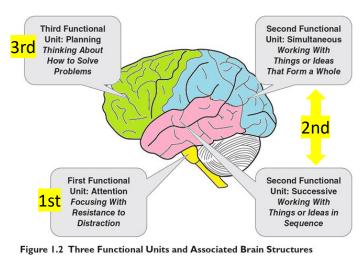


Figure 1.2 Three Functional Units and Associated Brain Structures From: Essentials of CAS2 Assessment. Naglieri & Otero, 2017

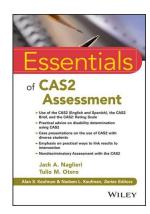
Jack A. Naglieri, Ph.D.

45

45

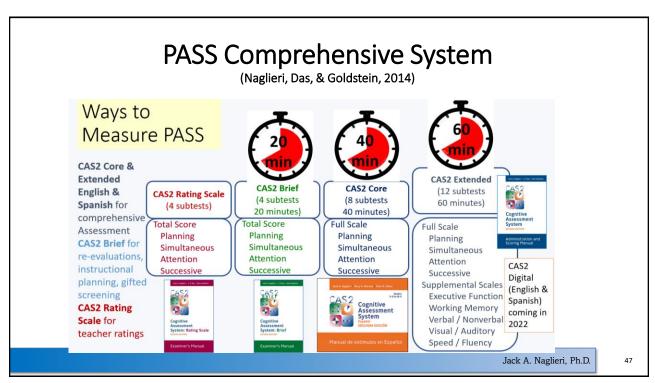
## IQ defined by BRAIN function

- **PASS** theory is a modern way to define 'ability' (AKA intelligence)
- Planning = THINKING ABOUT THINKING
- Attention = BEING ALERT
- Simultaneous = GETTING THE BIG PICTURE
- **S**uccessive = FOLLOWING A SEQUENCE



Jack A. Naglieri, Ph.D.

46



47

#### **CAS2 Online Score & Report**

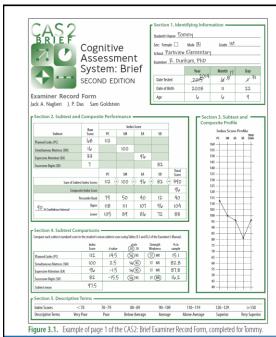
http://www.proedinc.com/customer/ProductView.aspx?ID=7277

- Enter data at the subtest level or enter subtest raw scores
- Online program converts raw scores to standard scores, percentiles, etc. for all scales.
- A narrative report with graphs and scores is provided



Jack A. Naglieri, Ph.D.

48

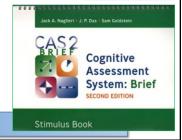


#### CAS2: Brief

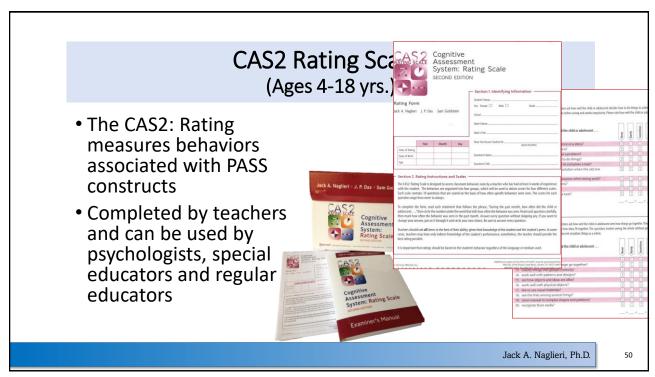
- Yields PASS and Total standard scores (Mn 100, SD 15)
- Directions for administration are in the Record Form
- For Re-evaluations and Screening
- All items are different from CAS2
  - Planned Codes
  - Simultaneous Matrices
  - Expressive Attention
  - · Successive Digits

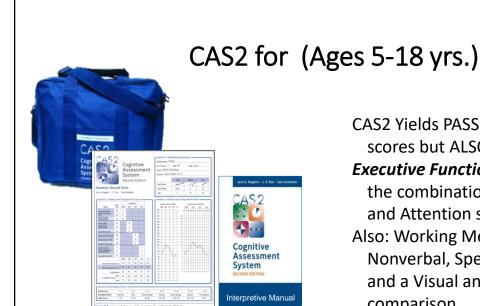


Examiner's Manual



49





CAS2 Yields PASS and Full Scale scores but ALSO Executive Function which is the combination of Planning

and Attention subtests Also: Working Memory, Verbal, Nonverbal, Speed/Fluency and a Visual and Auditory comparison

Jack A. Naglieri, Ph.D.

51

51

#### PASS Theory: Planning

- **Planning** is a neurocognitive ability that a person uses to determine, select, and use efficient solutions to problems
  - · problem solving
  - · developing plans and using strategies
  - · retrieval of knowledge
  - · impulse control and self-control
  - · control of processing
  - Planning tests measure Executive Function

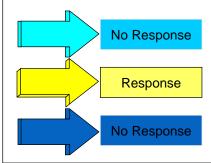


Jack A. Naglieri, Ph.D.

52

#### **PASS Theory**

- Attention is a neurocognitive ability that a person uses to selectively attend to some stimuli and ignore others
  - selective attention
  - focused cognitive activity over time
  - resistance to distraction



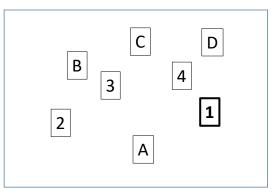
Jack A. Naglieri, Ph.D.

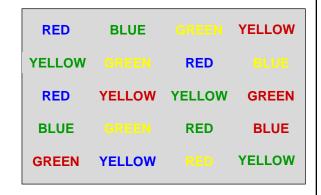
53

53

## Planning & Attention Examples

Planned Connections (Trails)





Jack A. Naglieri, Ph.D.

54

- PASS Theory: Successive

   Successive processing is a basic psychological process we use to manage stimuli in a specific serial order
  - Stimuli form a chain-like progression
  - · Recall a series of words
  - Decoding words
  - Letter-sound correspondence
  - Phonological tasks
  - Understanding the syntax of sentences
  - Comprehension of written instructions

Recall of Numbers in Order **Successive Processing** 











Jack A. Naglieri, Ph.D.

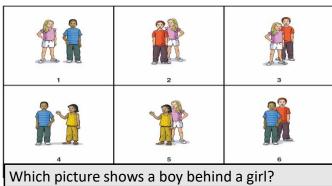
55

#### PASS Theory: Simultaneous

- Simultaneous processing is used to integrate stimuli into groups
  - Each piece must be related to the other

Stimuli are seen as a whole

- Academics:
  - Reading comprehension
  - geometry
  - math word problems
  - · whole language
  - verbal concepts



Jack A. Naglieri, Ph.D.

56



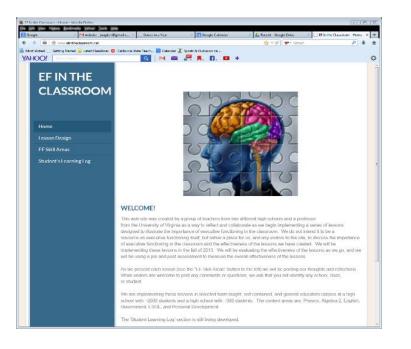
## TIME TO STRETCH

Jack A. Maglieri, Ph.D.

57

57





#### Interventions for EF Behaviors

#### **CEFI Scales**

- Attention
- Emotion Regulation
- Flexibility
- Inhibitory Control
- Initiation
- Organization
- Planning
- Self-Monitoring
- Working Memory

#### Efintheclassroom.net

- Sustained Attention
- Emotional Control
- Cognitive Flexibility
- Response Inhibition
- Task Initiation
- Organization
- Planning
- Response Inhibition
- Working Memory

Jack A. Naglieri, Ph.D.

59

59

## Antwerp train Station (2009)



Jack A. Naglieri, Ph.D.

60

#### **Planning Lesson Student Responses**

Q 1: What would you have to plan out?

They had to learn the dance steps (knowledge)

Someone had to start dancing (initiation)

Q2: What are the parts of a good plan?

- Think of possible problems (strategy generation
- Organize the dance (organization)



Jack A. Naglieri, Ph.D.

61

61

#### Planning Lesson Student Responses

Q3: How do you know if a plan is any good?

- Put the plan in action and see if it works (self-monitoring)
- Give it a try (perhaps learn by failing)

Q4: What should you do if a plan isn't working?

- 1. Fix it. (self-correction)
- 2. Go home! (a bad plan)



Jack A. Naglieri, Ph.D.

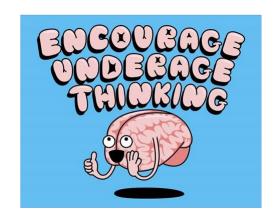
62

#### **Planning Lesson Student Responses**

Q5: How do you use planning in this class?

- 1. We don't plan in this class
- Mrs. X does all the planning in this class so you don't have to think about planning

To encourage EF we have to stress thinking about how to do what **you** chose to do



Jack A. Naglieri, Ph.D.

63

63

#### **Encourage Planning**

- Helping Children Learn Intervention Handouts for Use in School and at Home, Second Edition By Jack A. Naglieri & Eric Pickering
- Spanish handouts by Tulio Otero & Mary Moreno

Helping Children Learn
Intervention Handouts for Use
In School and at Home

Zectition

Jack A. Naglieri
Eric B. Pickering
Pot W. Consult March, Missons

#### Step 1 – Talk with Students

#### **How Can You Be Smarter?**

You can be smarter if you PLAN before doing things. Sometimes people say, "Look before you leap," "Plan your work and work your plan," or "Stop and think." These sayings are about using the ability to plan. When you stop and think about *how* to study, you are using your ability to plan.

You will be able to do more if you remember to use a plan. An easy way to remember to use a plan is to look at the picture "Think smart and use a plan! (Figure 1). You should always use a plan for reading, vocablurgy, spelling, writing, math problem solving, and science.

Do you have a favorite plan for learning spelling words? Do you use flashcards or go on the Internet to learn? Do you ask the teacher or another student for help? You can learn more by using a plan for studying that works best for you.

Think smart and use a plan!



It is smart to have a plan for doing all schoolwork. When you read, you should have a plan. One plan is to look at the questions you have to answer about the story first. Then read the story to find the answers. Another plan is to make a picture of what you read so that you can see all the parts of the story. When you write you should also have a plan. Students who are good at writing plan and organize their thoughts first. Then they think about what they are doing as they write. Using a plan is a good way to be smarter about your work!

Jack A. Naglieri, Ph.D.

64

#### **Planning Facilitation for Math Calculation**

Math calculation is a complex activity that involves recalling basic math facts, fol dures, working carefully, and checking one's work. Math calculation requires a caproach to follow all of the necessary steps. Children who are good at math camove on to more difficult math concepts and problem solving with greater ease are having problems in this area. For children who have trouble with math calcult that helps them approach the task planfully is likely to be useful. Planning facilitatechnique.

Planning facilitation helps students develop useful strategies to carefully complethrough discussion and shared discovery, It encourages students to think about problems, rather than just think about whether their answers are correct. This he careful ways of doing math.

#### **How to Teach Planning Facilitation**

Planning facilitation is provided in three 10-minute time periods: 1) 10 minutes of utes of discussion, and 3) 10 more minutes of math. These steps can be described.

Step 1: The teacher should provide math worksheets for the students to compl 10-minute session. This gives the children exposure to the problems and ways teacher gives each child a worksheet and says, "Here is a math worksheet for y try to get as many of the problems correct as you can. You will have 10 minutes on this instruction are okay, but do not give any additional information.

A Cognitive Strategy Instruction to Improve Math Calculation for Children With ADHD and LD: A Randomized Controlled Study

Jackie S. Iseman and Jack A. Naglieri

#### A b = + = = +

The authors examined the effectiveness of cognitive strategy instruction based on PASS (Planning, Attention, Simultaneous, Successive) given by special education teachers to students with ADHD randomly assigned by classroom. Students in the experimental group were exposed to a brief cognitive strategy instruction for 10.

development and application of effective planning for mathematical computation, standard math instruction. Standardized tests of cognitive processes and math students completed math worksheets throughout the experimental phase. Stal Johnson Tests of Achievement, Third Edition, Math Fluency and Wechsler Individ Numerical Operations) were administered pre- and postintervention, and Math Gollow-up. Large pre-post effect sizes were found for students in the experimenta math worksheets (0.85 and 0.26). Math Fluency (1.17 and 0.09), and Numerical CAI I year follow-up, the experimental group continued to outperform the comp students with ADHD evidenced greater improvement in math worksheets, far (which measured the skill of generalizing learned strategies to other similar task when provided the PASS-based cognitive strategy instruction.

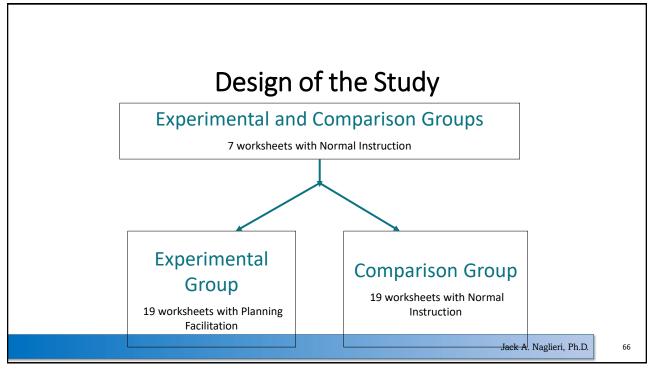
HAMMILL INSTITUTE

Journal of Learning Disabilities 44(2) 184–195 © Hammill Institute on Disabilities 20 Reprints and permission: sagepub.com/journalsPermissions.nav Doi: 10.1177/0022219410391190 http://journaloflearningdisabilities

\$SAGE

nly assigned by classroom. Students in the

65



#### Strategy Instruction

 Teachers facilitated discussions to help students become more selfreflective about use of strategies

- Teachers asked questions like:
  - What was your goal?
  - Where did you start the worksheet?
  - What strategies did you use?
  - How did the strategy help you reach your goal?
  - What will you do again next time?
  - What other strategies will you use next time?



eri, Ph.D.

67

67

Iseman and Naglieri Table 3. Students' Comments During Planning Facilitation Sessions • "My goal was to do all of the easy problems on every page first, then do the others." "To get as many correct as I can." "To get as many right as quickly as possible." · "To take time and make sure I get them correct." Starting place · "I started on the first one. "I skipped around." • "I look at the type of problem and the number of steps and decide which problems to do first." "I did all the easy problems on a page and went onto the next one." · "I do all the addition first, then the easy minus, and then I move onto the harder ones." "I do the problems I know, then I check my work." "I simplify fractions first.""Skip the longer multiplication questions." "The problems that have lots of steps take more time, so I skip them." • "I do them [the algebra] by figuring out what I can put in for X to make the problem work." "I draw lines so I don't get my columns confused [on the multiplication]."
 "I stopped drawing lines because it slowed me down."

"If a problem is taking a long time I skip it and come back to it if I have time."

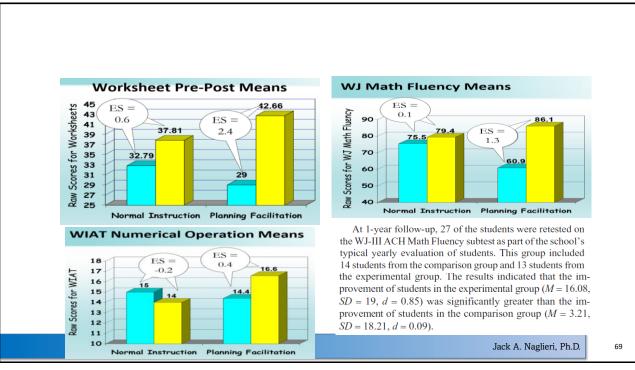
"I did the ones that take the least time.
 "Remember that anything times 0 is 0."
 Noticing patterns in the worksheets

"I did all the problems in the brain-dead zone first."
"I started in the middle of the page, the problems on top take longer."
"Next time I'll skip the hard multiplication at the top of the first page."

- "My goal was to do all of the easy problems on every page first, then do the others."
- "I do the problems I know, then I check my work."
- "I did all the problems in the brain-dead zone first."



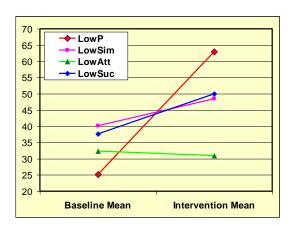
68



69

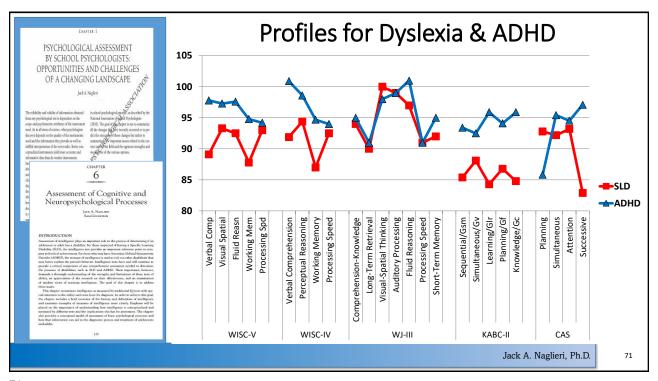
### Iseman (2005)

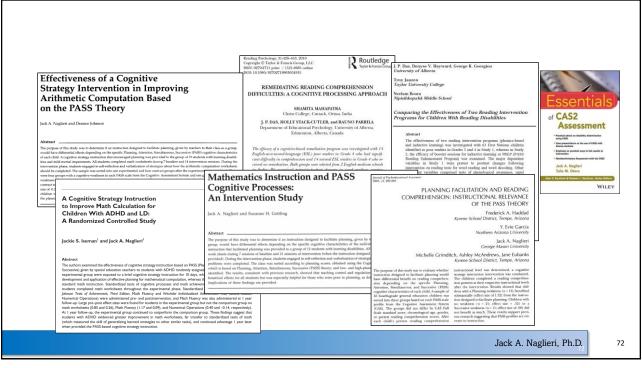
- Baseline Intervention means by PASS profile
- Different response to the same intervention



Jack A. Naglieri, Ph.D.

70







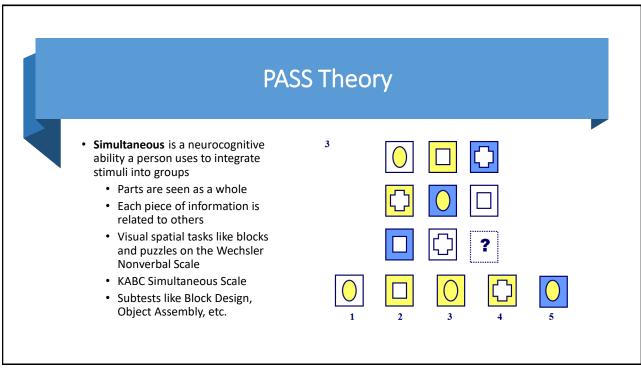
QUESTIONS about Interventions?

Jack A. Naglieri, Ph.D.

73

73

## PASS Neurocognitive Abilities that are NOT EF

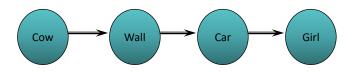


## **PASS Theory**

## **Successive Processing**

**Successive** processing is a basic cognitive ability which we use to manage stimuli in a specific serial order

- Stimuli form a chain-like progression
- · Stimuli are not inter-related



## Using good EF to overcome a neurocognitive processing disorder

32 Helping Children Learn

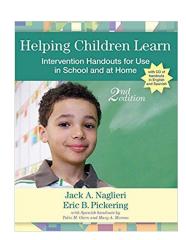
#### Ben's Problem with Successive Processing



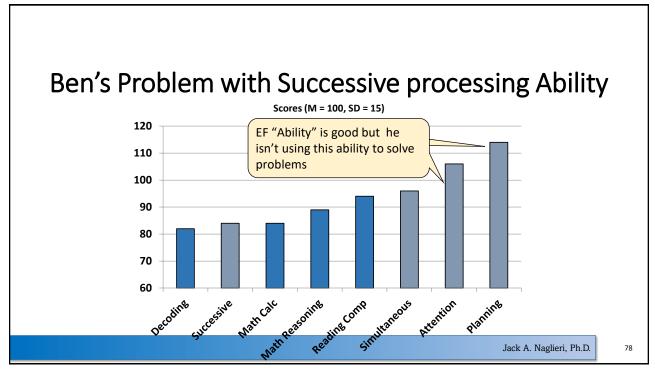
Ben was an energetic but frustrated third-grade student who liked his teachers, was popular with his peers, and fit in well socially at school. However, Ben said he did not like school at all, particularly schoolwork. Ben was good at turning in all of his work on time, and he worked hard, but he earned poor grades. He appeared to be getting more and more frustrated at school.

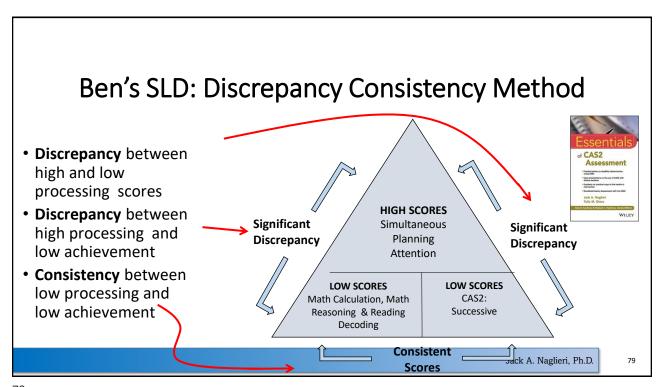
In general, Ben struggled to perform well because he had a lot of trouble following directions that were not written down, his writing often did not make sense, and he did not appear to comprehend what he read. Ben's teachers noticed that when directions for assignments and projects were given orally in class, he often only finished part of the task. Ben's teacher described an assignment in which students had to collect insects, label them, organize them into a collection, and then give a brief presentation about each in-

sect. Unlike any other student, Ben chose to make the labels for the insects first and then go look for the insects. He found only a few of the insects he had made labels for, and when he put them in the collection, they were not in the order that had been specified. He also had trouble with the spelling of the scientific names of the insects and made many errors in the sequence of letters in the words.



77





## Ben's Problem with Successive Processing

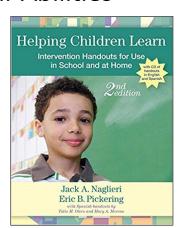
- Ben has difficulty whenever ANY task requires sequencing
  - Academic or ability tests
  - Visual or auditory tests
  - · Math or spelling or reading
  - Tasks that require memory of seque
- How do we help him learn better?



79

### Teach Children about their Abilities

- Helping Children Learn
   Intervention Handouts for Use in School and at Home, Second Edition (Naglieri, & Pickering, 2011)
- Spanish handouts by Tulio Otero & Mary Moreno



Jack A. Naglieri, Ph.D.

81

81

## Ben's Problem with Successive Ability

Teach him to use his strength in EF (Planning)

#### How Can You Be Smarter?

You can be smarter if you PLAN before doing things. Sometimes people say, "Look before you leap," "Plan your work and work your plan," or "Stop and think." These sayings are about using the ability to plan. When you stop and think about *ho*w to study, you are using your ability to plan.

You will be able to do more if you remember to use a plan. An easy way to remember to use a plan is to look at the picture "Think smart and use a plan" [Figure 1]. You should always use a plan for reading, vocabulary, spelling, writing, math problem solving, and science.

Do you have a favorite plan for learning spelling words? Do you use flashcards or go on the Internet to learn? Do you ask the teacher or another student for help? You can learn more by using a plan for studying that works best for you.

## Think smart and use a plan!



It is smart to have a plan for doing all schoolwork. When you read, you should have a plan. One plan is to look at the questions you have to answer about the story first. Then read the story to find the answers. Another plan is to make a picture of what you read so that you can see all the parts of the story. When you write you should also have a plan. Students who are good at writing plan and organize their thoughts first. Then they think about what they are doing as they write. Using a plan is a good way to be smarter about your world.

#### **How to Be Smart: Planning**

When we say people are smart, we usually mean that they know a lot of information. But being smart also means that someone has a lot of ability to learn new things. Being smart at learning new things includes knowing and using your thinking abilities. There are ways you can use your abilities better when you are learning.

#### What Does Being Smart Mean?

One ability that is very important is called *Planning*. The ability to *plan* helps you figure out *how to do things*. When you don't know how to solve a problem, using *Planning ability* will help you figure out how to do it. This ability also helps you control what you think and do. It helps you to stop before doing something you shouldn't do. *Planning ability* is what helps you wait until the time is right to act. It also helps you make good decisions about what to say and what to do.

Jack A. Naglieri, Ph.D.

82

## Ben's Problem with Successive Ability

#### Teach him to recognize sequences

#### **How to Teach Successive Processing Ability**

The first step in teaching children about their own abilities is to explain what Successive processing ability is. In Figure 1 (which is included in the PASS poster on the CD), we provide a fast and

- 1. Teach children that most information is presented in a specific sequence so that it makes sense.
- 2. Encourage children by asking, "Can you see the sequence of events here?" or "Did you see how all of this is organized into a sequence that must be followed?"
- 3. Remind the students to think of how information is sequenced in different content areas, such as reading, spelling, and arithmetic, as well as in sports, playing an instrument, driving a car, and so forth.
- 4. Teach children that the sequence of information is critical for success.
- 5. Remind students that seeing the sequence requires careful examination of the serial relationships among the parts.

Jack A. Naglieri, Ph.D.

83

83

## Solutions for Ben- Use EF

#### Teach him to use strategies

#### Chunking for Reading/Decoding

stand the organization of specific sounds in order. Some students have difficulty with long se quences of letters and may benefit from instruction that helps them break the word into smaller, more manageable units, called *chunks*. Sometimes the order of the sounds in a word is more easily organized if the entire word is broken into these units. These chunks can be combined into units for accurate decoding. Chunking for reading/decoding is a strategy designed to do that.

#### How to Teach Chunking for Reading/Decoding

Teachers should first teach the children what it means to chunk or group information so that it can

Plan

Action

Look at the word:

1 see the event beginning\*

1 see the word of letters in the word in wave that are natur

#### **Segmenting Words for** Reading/Decoding and Spelling

Decoding a written word requires the person to make sense out of printed letters and words and to translate letter sequences into sounds. This demands understanding the sounds that letters represent and how letters work together to make sounds. Sometimes words can be segmented into parts for easier and faster reading. The word into is a good example because it contains two words that a child may already know: in and to. Segmenting words can be a helpful strategy for reading as well as spelling.

#### **How to Teach Segmenting Words**

Segmenting words is an effective strategy to help students read and spell. By dividing the words into groups, students also learn about how words are constructed and how the parts are related to one another. Students should be taught that words can be broken down into segments or

Jack A. Naglieri, Ph.D.

84

## Core Group Discussion → Deeper Learning

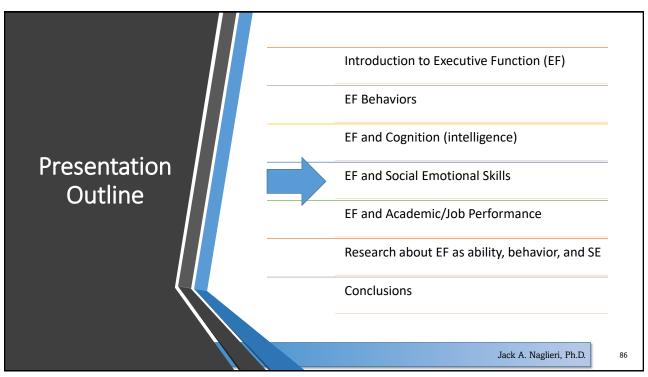
 Discuss: what do you think about conceptualizing EF as a part of intelligence



Jack A. Naglieri, Ph.D.

85

85



## Phineas had Social Emotional Deficit

- Phineas had profound social emotional problems after his injury to the frontal lobes
- Phineas was
  - Insulting
  - · impulsively says things
  - · uses vulgar language
  - · can't manage his emotions
  - · inconsistent in social situations
  - doesn't recognize he is offensive
  - looses control in interactions with others

Jack A. Naglieri, Ph.D.

87

87

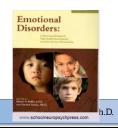
### Frontal Lobes and Emotion

#### Goldberg (2011, p 116-117)

- the "emphasis in the classic studies of frontal lobe syndromes was on cognition [intelligence] rather than on affect [social emotional]"
- 'very few researchers have attempted to merge cognitive and emotional aspects of frontal lobe dysfunction'

NEW EXECUTIVE

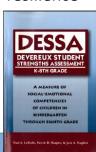
- Feifer's Emotional Disorders book contains a collection of papers on the relationship between EF and Emotional Disorders
- See Feifer@comcast.net



88

#### Measures

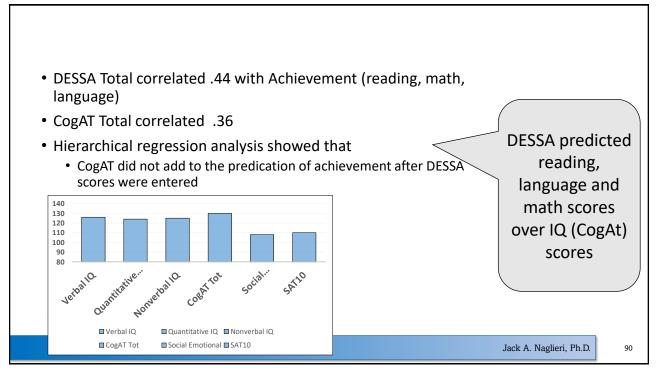
- CogAT is based on traditional IQ (Army Alpha and Beta) containing Verbal, Quantitative, Nonverbal
- DESSA is a 72-item rating scale of social-emotional skills such as Self Awareness, Relationship Skills, etc. related to resilience
- SAT is norm-referenced achievement test



Jack A. Naglieri, Ph.D.

29

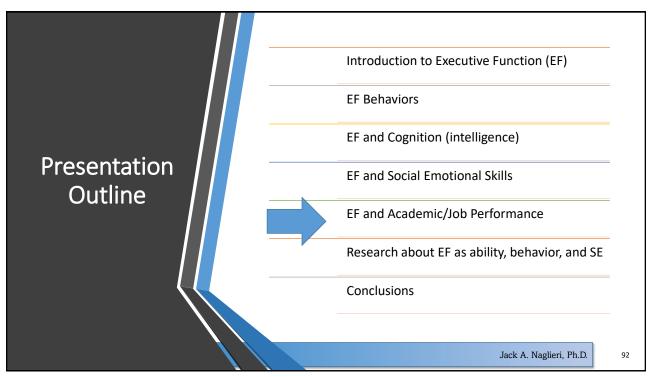
89



# Take Away Messages

- Social Emotional Skills are the result of EF and what the person has learned in all aspects of the environment
- Individuals CAN BE TAUGHT good, or bad, social emotional skills
- Your Comments? Questions?

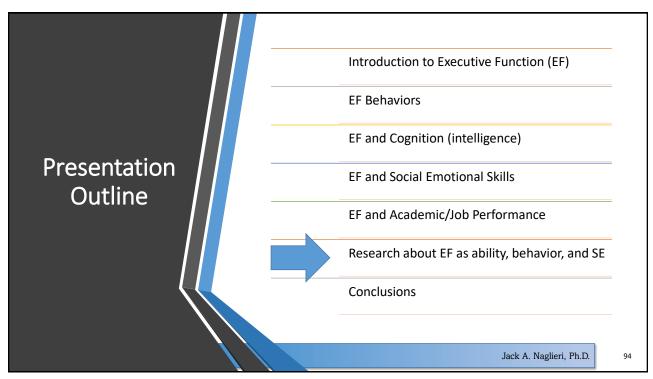
91



• See <a href="www.jacknaglieri.com">www.jacknaglieri.com</a> for papers on CAS2, Feifer Assessments of Reading, Math, and Writing

Correspondence of FAR and PASS	Planning	Attention
Phonemic Awareness - measures rhyming, blending, segmenting, and manipulating sounds.		
Positioning Sounds - a phonemic localization task determining		
sound positions.		
Nonsense Word Decoding - the student decodes a series of		
nonsense words.		
Isolated Word Reading Fluency - the student reads a list of words in 60 seconds.		
Oral Reading Fluency - the student reads a passage composed of the same words as the Isolated Word Reading Fluency task.		
Rapid Automatic Naming - the student names either objects, letters, or stencils.		
Visual Perception - the student identifies letters or words printed backwards from an array.		x
Verbal Fluency - the student retrieves words from a category, or items that start with a letter.	x	x
Orthographic Processing - the student recalls a letter, or group of letters, from a target word.		x
Irregular Word Reading Fluency - the student reads a list of phonologically irregular words.		
Semantic Concepts - the student identifies the correct antonym or synonym of a target word.	x	
Word Recall - the student repeats back a list of words over two trials.	x	x
Morphological Processing - the student selects the correct prefix, suffix, or stem that completes a target word.		
Silent Reading Fluency - the student answers questions after reading a passage silently.	х	х
reading a passage snorth.		

Correspondence of FAM and PASS	Planning	Attention
Phonemic Awareness - measures rhyming, blending, segmenting, and manipulating sounds.		
Positioning Sounds - a phonemic localization task determining sound positions.		
Nonsense Word Decoding - the student decodes a series of nonsense words.		
Isolated Word Reading Fluency - the student reads a list of words in 60 seconds.		
Oral Reading Fluency - the student reads a passage composed of the same words as the Isolated Word Reading Fluency task.		
Rapid Automatic Naming - the student names either objects, letters, or stencils.		
Visual Perception - the student identifies letters or words printed backwards from an array.		Х
Verbal Fluency - the student retrieves words from a category, or items that start with a letter.	х	x
Orthographic Processing - the student recalls a letter, or group of letters, from a target word.		х
Irregular Word Reading Fluency - the student reads a list of phonologically irregular words.		
Semantic Concepts - the student identifies the correct antonym or synonym of a target word.	х	
Word Recall - the student repeats back a list of words over $$ two trials.	х	x
Morphological Processing - the student selects the correct prefix, suffix, or stem that completes a target word.		
Silent Reading Fluency - the student answers questions after reading a passage silently.	х	х



# Executive Function Behaviors, Intelligence, and Achievement test scores

Jack A. Naglieri, Ph.D.

95

95

## EF, WISC-IV, CAS, Achievement

- Data from Sam Goldstein's evaluation center in Salt Lake City, UT
- Children given the WISC-IV (N = 43), CAS (N = 62), and the WIIII achievement (N = 58) as part of the typical test battery

Demographic		CAS		WISC-IV		M3 III VCH	
Jemograpnic		N	%	N		N	%
Gender	Male	38	61.3	29	67.4	36	62.1
renuer	Female	24	38.7	14	32.6	22	37.9
	Hispanic	1	1.6	1	2.3	1	1.7
Race/	Asian	2	3.2	2	4.7	2	3.4
thnic Group	White	55	88.7	38	88.4	52	89.7
	Other	4	6.5	2	4.7	3	5.2
Parental Education	High school diploma or less	1	1.6	0	0.0	1	1.7
	Some college or associate's degree	21	33.9	12	27.9	18	31.0
evel	Bachelor's degree or higher	36	58.1	26	60.5	34	58.7
	Missing information	4	6.5	5	11.6	5	8.6
	ADHD	24	38.7	15	34.9	20	34.5
	Anxiety	15	24.2	9	20.9	14	24.1
iagnostic or ducational	ASD	7	11.3	5	11.6	7	12.1
roup	LD	3	4.8	3	7.0	3	5.2
	Mood	4	6.5	3	7.0	5	8.6
	Other	9	4.8	8	4.6	9	5.1
	Total	62	100.0	43	100.0	58	100.0
	Age M (SD)	10.4	(2.9)	10.2	(2.6)	10.:	5 (2.7)

		CAS						
	FS	Att	Suc					
CEFI								
Full Scale	.45	.49	.43	.37	.32			

		WISC-IV							
	FS	FS VC PR WM PS							
CEFI									
Full Scale	.39	.44	.27	.30	.34				

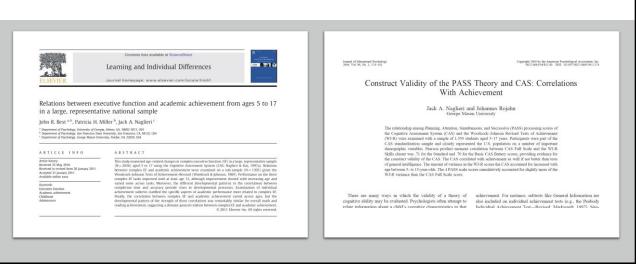
	1				
				Broad	
		Broad	Broad	Written	
CEFI Scales	Total	Reading	Math	Language	Median
Full Scale	.51	.48	.49	.47	.49

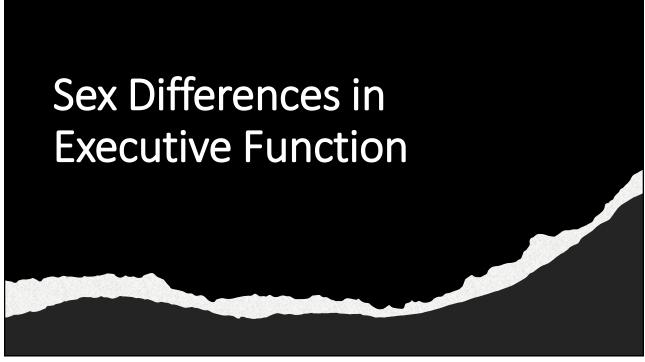
Jack A. Naglieri, Ph.D.

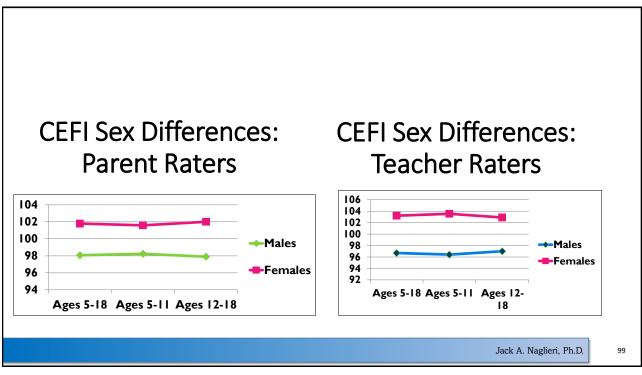
96

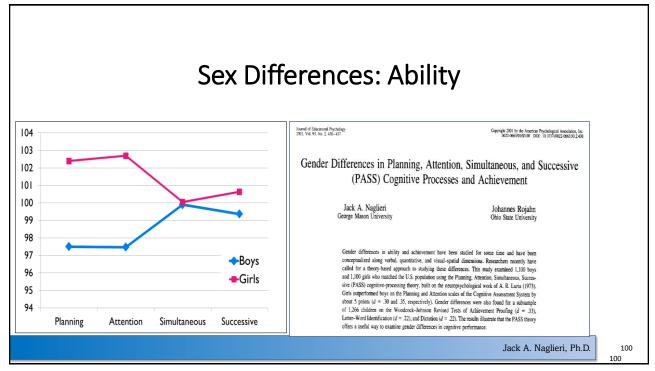
## EF and Achievement (Naglieri & Rojahn, 2004)

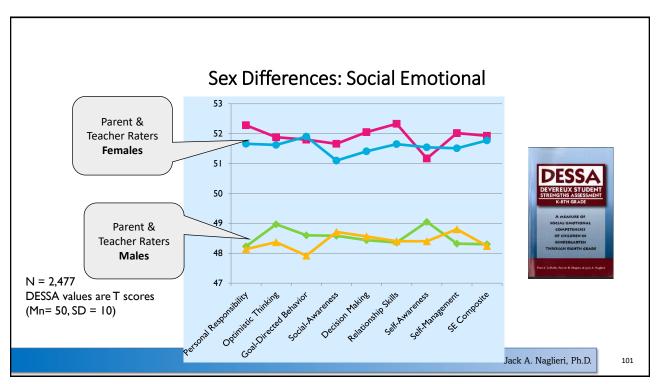
- Correlation between Executive Function (Planning + Attention) with achievement = .51 (N = 1,559) is stable across 5–17-year range
- EF scores added significantly to the prediction of achievement after Simultaneous and Successive scores



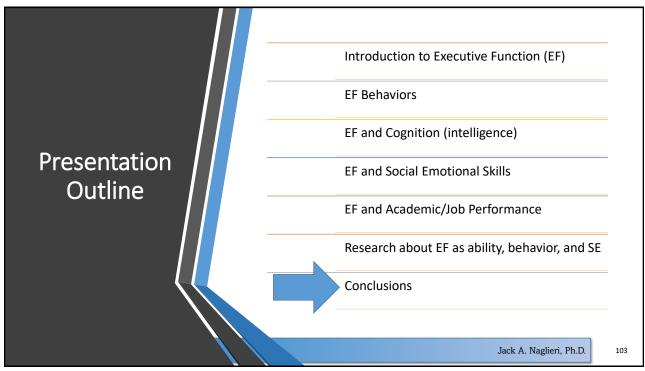


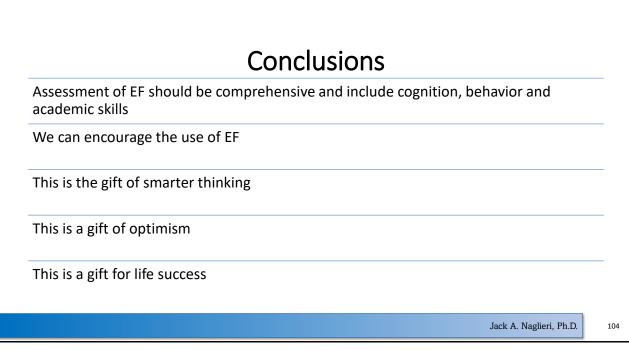






				- · · · ·		
	CEFI	Males	Females	Difference		
EF	Parent Raters	98	102	4		
EF	Teacher Raters	97	103	6	Females have	
					remaies mave	
	DESSA	Males	Females	Difference	higher EF	
SEL	Parent Raters	97	103	6	scores than	
SEL	Teacher Raters	97	103	5	Scores triair	
					Males	
	PASS from CAS	Males	Females	Difference		
EF	Planning	98	103	5		
EF	Attention	98	103	5		
	Simultaneous	100	100	0		
	Successive	99	101	1		
					Jack A. Naglieri, Ph.D.	1





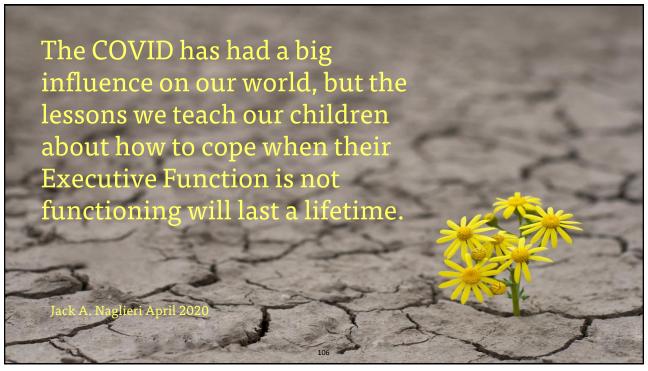


FINAL QUESTIONS ?

Jack A. Naglieri, Ph.D.

105

105



		Race and Ethnic Standard Score Differences Across Intelligence Tests	By Race	By Ethnicity
Race and E	thnic	Tests that require knowledge	Mn = 11.5	Mn = 9.2
Differences	s for	Otis-Lennon School Ability Test (distric wide)	13.6	
		Stanford-Binet IV (normative sample)	12.6	
Traditional	and	WISC-V (normative sample)	11.6	
Second-Ge	neration	WJ- III (normative sample)	10.9	10.7
		CogAT7 (Nonverbal scale)	11.8	7.6
Ability Tests		WISC-V (statistical controls normative sample)	8.7	
	,	Tests that require minimal knowledge	Mn = 4.1	Mn = 2.6
Understanding		K-ABC (normative sample)	7.0	
AND USING THE	Note: Even though	K-ABC (matched samples)	6.1	
NAGLIERI	traditional intelligence tests may not show	CAS-2 (normative sample)	6.3	4.5
GENERAL ABILITY TESTS	psychometric bias	CAS (statistical controls normative sample)	4.8	4.8
	(Worrell, 2019) the	CAS-2 (statistical controls normative sample)	4.3	1.8
A Call for EQUITY in Gifted Education	large mean score	CAS-2 Brief (normative samples)	2.0	2.8
tion Brillies, Ph.D.		NNAT (matched samples)	4.2	2.8
Jack Naybert Ph.D. Naglieri Naglieri Sandhali Candhala	they are unfair (Brulles, et al., 2022).	Naglieri General Ability Test-Verbal	2.2	1.6
Descript Marily Tests	(21455) 54 4, 2022).	Naglieri General Ability Test-Nonverbal	1.0	1.1
		Naglieri General Ability Test-Quantitative	3.2	1.3

Notes: The results summarized here were reported for the Otis-Lennon School Ability Test by Avant and O'Neal (1986); Stanford-Binet IV by Wasserman (2000); Woodcock-Johnson III race differences by Edwards & Oakland (2006) and ethnic differences by Stelo- Dynega, Ortiz, Flanagan & Chaplin (2013); CogAT7 by Carman, Walther and Bartsch (2018); WSC-V by Kaufman, Raiford & Coalson (2016); Kaufman Assessment Battery for Children-II by Lichenberger, Sortelo- Dynega and Kaufman (2009); CAS by Naglieri, Rojahn, Matto & Aquilino (2005); CAS-2 and CAS2-Brief by Naglieri, Das & Goldstein, 2014; Naglieri Nonverbal Ability Test by Naglieri and Ronning (2000), and Naglieri General Ability Tests by Naglieri, Brulles and Lansdowne (2021).