Integrating RTI and SEL: Tools for School Psychologists

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Presentation Outline

- > Social-Emotional Learning and Resilience
 - Available Measures
 - Psychometric Qualities
- > Devereux Center for Resilient Children
- DESSA Comprehensive System
 - DESSA mini
 - DESSA
 - DESSA Ongoing Progress Monitoring Form

Prevention and the School Psychologist

- There is a movement in School Psychology toward prevention of academic failure
- In order to prevent academic problems, universal screening is indicated
- In the past, tests of achievement were given
 - Today, some have proposed using short one minute reading fluency tests, for example, as a way to identify children who are having trouble reading

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Prevention and the School Psychologist

- Similarly, is a movement in School Psychology toward prevention of mental health problems ...
- Universal screening is one way to prevent academic problems
 - Preventing mental health problems requires screening for those factors that help protect children from developing mental health issues
- This is an important role for school psychologists

Prevention and the School Psychologist

- NASP's mission is "to ... enhance the mental health and educational competence of all children."
- Ensuring the mental health of students is a key role of school psychology
- How can school psychologists assess potential mental health problems?

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Prevention and the School Psychologist

- School psychologists may...
 - evaluate mental health status of children when they are referred for an evaluation
 - By the time children with behavioral and emotional problems become noticed by the school psychologist the emotional issues that drive the problem behaviors may be firmly entrenched
- Mental health problems need to detected as early as possible

Mental Health Screening

- According to the US Department of Health and Human Services (1999) about 20% of school aged children have behavioral, social-emotional, and mental health disorders
- Universal screening to identify children at risk of developing mental health problems is needed

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Mental Health Screening

- School personnel can conduct universal screening to help identify these children at risk of mental health problems
- Screening results should help assess the level of resilience for each teacher's class
- Screening tests results could be used to determine if interventions that teach protective factors should be applied
- Universal screening should be brief to complete and have evidence of reliability and predictive validity

Mental Health Screening

- One way to screen for potential mental health problems is to evaluate children's protective factors or social emotional skills
- Protective factors are those variables that lead to resilient outcomes (e.g., good mental health)
 - Protective factors lead to more positive behavioral and psychological outcomes as well as improved academic performance
- Protective factors (social emotional skills) help children be resilient

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Social - Emotional Learning

- SEL programs have been developed to promote the development of socialemotional competencies.
- The National Registry of Evidence-Based Programs and Practices (http://nrepp.samhsa.gov) is an online source of interventions for mental health promotion.

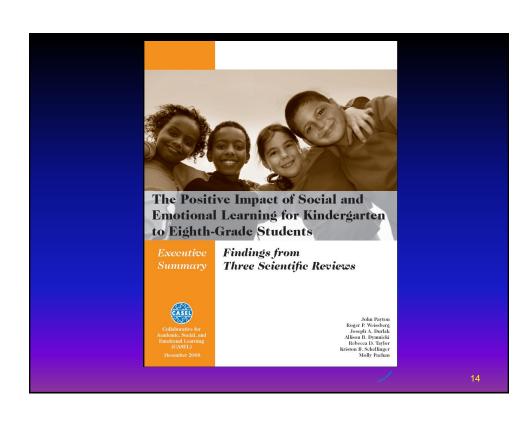
Social - Emotional Learning

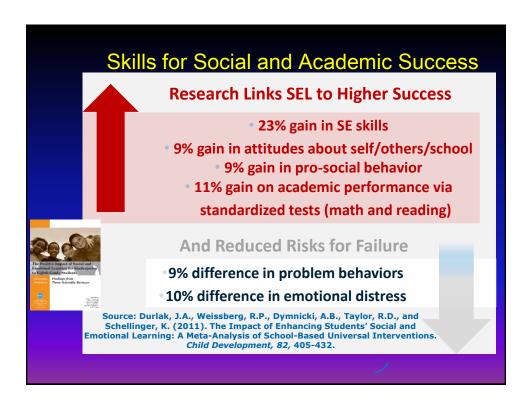
- These SEL programs represent an effort to give students the individual socialemotional skills to moderate stress and make the most of opportunities, and have been demonstrated to impact a broad array of important outcomes (Greenberg et al., 2003).
- > Another source is CASEL



The Collaborative for Academic, Social and Emotional Learning

- Based at the University of Illinois Chicago
- Research and public policy advocates for "Social and Emotional Learning" or SEL
- Recent Meta-analyses of the research literature





Kong (2013): IQ, SEL & Achievement Tiffany Kong studied and Achievement in Gifted Students CogAT, DESSA, and Tiffany Kong achievement scores for 276 elementary students A Dissertation Presented in Partial Fulfillment of the Requirements for the Degree grades K-8 Doctor of Philosophy > All gifted based on scores on verbal, quantitative, or nonverbal test scores at Approved November 2013 by the Graduate Supervisory Committee: least 97th percentile Linda Caterino Kulhavy, Chair lack Naglieri

Kong (2013): IQ, SEL & Achievement

Mean IQ score = 129.6 nearly 2 SDs above the normative mean (achievement also high)

Mean SEL score on DESSA was only ½ SD above the normative mean (T = 55.5)

Table 1		
Means and Standard Deviations of St	udy Variabl	es
Construct	Mean	SD
Age	10.96	1.81
DESSA Total	55.51	9.41
Verbal	125.69	13.74
Quantitative	124.41	10.34
Nonverbal	125.10	12.56
CogAT Composite	129.61	8.22
Reading	75.56	15.72
Language	69.46	19.60
Math	76.30	17.13
SAT10 Achievement Composite	73.77	12.66

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Kong (2013): IQ, SEL & Achievement

- DESSA Total correlated .44 and CogAT
 Total correlated .36 with Total
 Achievement (reading, math, language)
 - A clearer picture of the relationships between IQ (CogAT) and SEL (DESSA) with achievement was obtained from hierarchical regression analysis...

Kong (2013) SEL Predicts Beyond IQ

DESSA predicted reading, language and math scores over IQ (CogAt) scores

Relations between Cognitive Ability, Socioemotional Competency, and

Achievement Variables

Hierarchical regression analyses were conducted to determine which scales and subtests predicted the most variance in the dependent achievement variables. Composite CogAT scores were not found to significantly predict composite achievement, $R^2\Delta = .03$, F(1, 121) = 3.27, p > .05, reading, language, or math scores over-and-above the DESSA Total scores (Table 11). On the other hand, the DESSA Total scores significantly predicted composite achievement, $R^2\Delta = .05$, F(1, 121) = 6.99, p < .05; language scores, $R^2\Delta = .03$, F(1, 121) = 4.26, p < .05; and math scores, $R^2\Delta = .05$, F(1, 121) = 6.09, p < .05, over-and-above the composite CogAT scores.

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CASEL (continued)

- "CASEL Framework" 5 key socialemotional skills for school and life success
 - Primary basis of the DESSA scales
- CASEL Framework is being incorporated into state and local educational standards
- CASEL taking a leadership role in writing "common core" SEL standards

Social Emotional Skills

Five key socialemotional skills from CASEL

These are in many state and local standards

What is Social and Emotional Learning?

The Collaborative for Academic, Social, and Emotional Learning (CASEL) describes SEL as the process of developing the following five sets of core competencies in the context of safe, caring, well-managed, academically rigorous, and engaging learning environments:

- Self-awareness—being able to accurately assess one's feelings, interests, values, and strengths; maintaining a well-grounded sense of self-confidence
- Self-management—being able to regulate one's emotions to handle stress, control impulses, and persevere in overcoming obstacles; setting and monitoring progress toward personal and academic goals; expressing emotions effectively
- Social awareness—being able to take the perspective of and empathize with others; recognizing and appreciating individual and group similarities and differences; recognizing and using family, school, and community resources
- 4 Relationship skills—being able to establish and maintain healthy and rewarding relationships based on cooperation; resisting inappropriate social pressure; preventing, managing, and resolving interpersonal conflict; seeking help when needed
- Responsible decision-making—being able to make decisions based on consideration of reason, ethical standards, safety concerns, social norms, respect for self and others, and likely consequences of various actions; applying decisionmaking skills to academic and social situations; contributing to the well-being of one's school and community.¹

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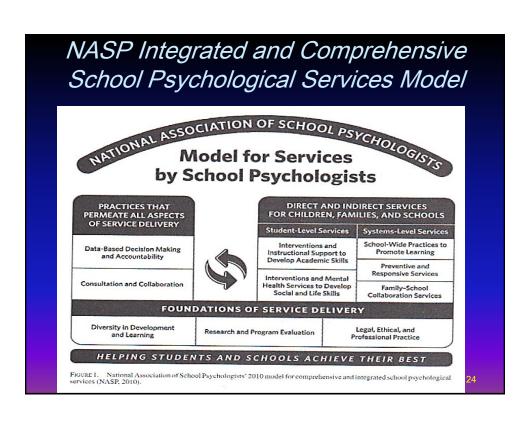
Federal SEL Legislation

- > HR 4223 "The Academic, Social and Emotional Learning Act."
 - Establish a National Technical Assistance and Training Center for SEL
 - Provide grants to support evidence-based SEL programs
 - Conduct a national evaluation of SEL programs

SEL Standards Established

- > Illinois
- > Idaho
- ➤ Ohio
- ▶ New York
- Washington State
- New Jersey (proposed)
- Pennsylvania (in committee)

- Kansas
- > Oklahoma
- > Tennessee
- > Vermont
- > Anchorage, AK
- > British Columbia



NASP's Integrated and Comprehensive School Psychological Services Model (cont)

- Interventions and Mental Health Services to Develop Social and Life Skills
 - "School psychologists have knowledge of...evidence-based strategies to promote social-emotional functioning and mental health"
 - "Use assessment and data-collection methods.. that support socialization, learning and mental health."

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NASP's Integrated and Comprehensive School Psychological Services Model (cont)

- Preventive and Responsive Services
 - "School psychologists have knowledge of principles and research related to resilience and risk factors in learning and mental health.."
 - "School psychologists promote recognition of risk and protective factors"
 - "School psychologists promote wellness and resilience"

NASP's Integrated and Comprehensive School Psychological Services Model (cont)

- Data-Based Decision Making and Accountability
 - "School psychologists have knowledge of varied models and methods of assessment and data collection methods for identifying strengths and needs.."
 - 'School psychologists use valid and reliable assessment techniques"

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Paul LeBuffe

The Devereux Center for Resilient Children

"The mission of the DCRC is to promote social and emotional development, foster resilience, and build skills for school and life success in all children and the adults who care for them."

that is take a
PREVENTION APPROACH TO MENTAL
HEALTH

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What is Resilience?

Resilience means the personal and community qualities that enable us to rebound from adversity, trauma, tragedy, threats, or other stresses - and to go on with life with a sense of mastery, competence, and hope.

> New Freedom Commission, 2003

Devereux Center for Resilient Children

- > The center has a team of practitioners and researchers who work to develop measures of social-emotional skills related to resilience and instructional methods related to these assessments
- > We also publish research in this area

In Goldstein & Brookes (2013)

Measuring Resilience in Children: From Theory to Practice*

Jack A. Naglieri, Paul A. LeBuffe, and Katherine M. Ross

Introduction

The concept of resilience, like all psychological constructs, must have certain characteristics in concepts and tests used in education and psycholograph to be subjected to experimental testing so as ogy have been promulgated. to be effectively applied to benefit our constituency. A primary characteristic is that resilience must be operationally defined in a way that is reliable across time, subjects, and researchers. Once a concept is operationalized in a reliable manner, then its validity can be examined. When we have sufficiently operationalized the concept of resilience, and there is evidence that it can be measured in

a reliable and valid way, then application in clinical and educational settings becomes possible. This is an ideal sequence for the development tools for testing new concepts, but it is not how many

In practice, there is great emphasis on helping clients and pressure to implement new approaches even if they have only been minimally tested. If

an idea appears logical and appears to help clients then it seems reasonable to believe that the construct possesses validity, however ill-defined that may be. Unfortunately, what seems logical and consistent with clinical experience may not be true. As noted by Garb (2003, p. 32), "Results



SpringerLink

Tools Evaluated:

- Published and readily available to practitioners,
- > Standardized, norm-referenced tool,
- Include a technical manual or other accessible source of psychometric information including standardization sample, reliability and validity
- be intended for use with children, defined as birth to 18 years.

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Quality of SEL Measures

Rating scale	No. of items	Age range	Informants	Scores for scales	Comparison sample size	Sample description	Match popula	to US ation
Ages and Stages Questionnaire: Social–Emotional (ASQ-SE)	Varies	3-66 months	Parents	Raw score	2,633	National sample	No	
Behavioral and Emotional Rating Scale (BERS)	52	6–9 years	Teachers, parents, self	Raw scores, percentiles, scales scores	2,176	National sample	Yes	
Devereux Early Childhood Assessment (DECA)	37	2-5 years	Parents and teachers	T-score	2,000	National sample	Yes	
Devereux Early Childhood Assessment—Clinical (DECA-C)	62	2-5 years	Parents and teachers	T-score	2,000	National sample	Yes	
Devereux Early Childhood Assessment—Infant Toddler (DECA-IT)	33 (infant form) and 36 (toddler form)	1–36 months	Parents and teachers	T-score	2,183	National sample	Yes	
Devereux Student Strengths Assessment (DESSA)	72	5-14 years	Parents and teachers	T-score	2,500	National sample	Yes	
Devereux Student Strengths Assessment—Mini (DESSA-mini)	Four 8 item forms	5-14 years	Teachers	T-score	1,250	National sample	Yes	
Devereux Student Strengths Assessment—Second Step Edition (DESSA-SSE)	36 items	5-14 years	Teachers	T-score	1,250	National sample	Yes	
Penn Interactive Play Scale	32	preK & K	Parents and teachers	T-score	312	African American Head Start populations living in high-risk, low income urban populations	No	
Preschool Behavioral and Emotional Rating Scale (preBERS)	42	3–6 years	Parents and teachers	Scaled scores	1,471	Typical preschool, head start, and early childhood special education	Yes	
Resiliency Scales for Children and Adolescents (RSCA)	64	9–18 years	Self report	T-score	650	National sample	No	

The Devereux Student Strengths Assessment (DESSA) Comprehensive System

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The Goal

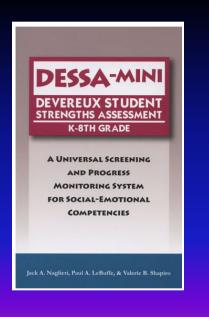
- Strength-based assessment of behaviors related to social and emotional well-being
- > Simple, practical, and easy to use
- Meet or exceed professional standards
- Provide teachers and mental health professionals with tools not found in other assessments
- Lead to interventions
- Useful in documenting outcomes

The DESSA Comprehensive System Universal screening with an 8item, strength-based behavior rating scale, the DESSA-mini Provides an overall measure of social-emotional competence for universal screening and ongoing progress monitoring Follow-up with at-risk students with the 72-item DESSA to identify specific areas of need

Universal Screening with the DESSA-mini

DESSA – mini (Naglieri, LeBuffe & Shapiro, 2010)

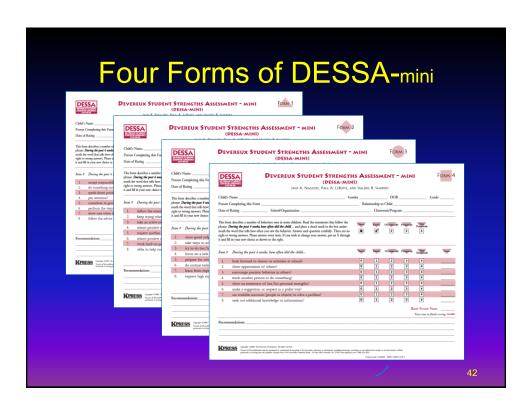
 A brief measure of socialemotional competencies comprised of four separate forms that can be used for universal screening and ongoing progress monitoring

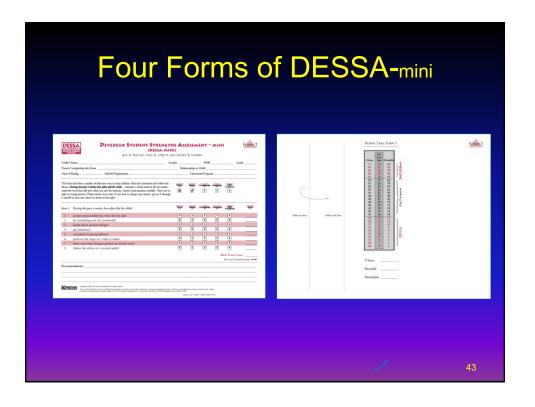


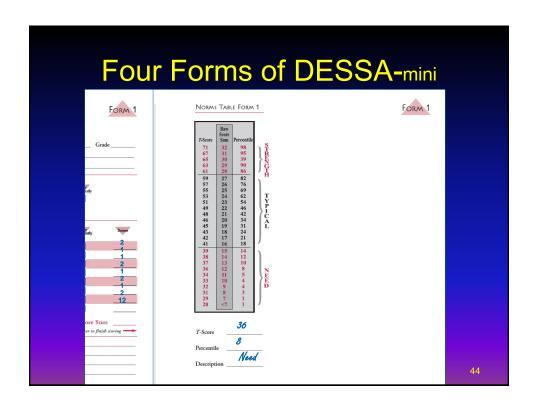
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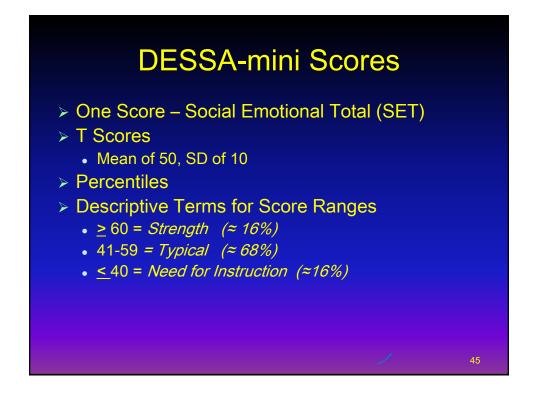
The DESSA-mini

- > The DESSA-mini allows for:
 - Universal screening
 - Repeated assessment
 - Determination of need for instruction
- > Four equivalent 8-item forms
 - Completed in 1-2 minutes by teachers
 - Yields one score Social-Emotional Total Score









DESSA mini

- > DESSA mini normative group
 - Standardization data for Teacher Raters (N = 1,249)
 - Region: NE = 24.6%; South = 39.1%; Midwest = 22.3%; West = 14.0%
 - 50.8% Males
 - Grades Kindergarten through 8

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DESSA-mini Psychometrics

TABLE 3.1

Internal Reliability (Alpha) Coefficients and Standard Errors of Measurement for the Four DESSA-mini Forms

	Reliability	SEM
Mini 1	.919	2.85
Mini 2	.920	2.83
Mini 3	.924	2.76
Mini 4	.912	2.97

DESSA-mini Psychometrics

TABLE 3.12

Mean T-scores, Standard Deviations, and Differences Between SED and Regular Education Samples (N = 80) for the Four DESSA-mini Forms

	Regu	lar Educ	ation	SE	D Samp	T		
	Mean	SD	n	Mean	SD	n	t Value	d-ratio
Mini 1 <i>T-</i> score	48.5	9.0	40	39.3	6.7	40	5.2	1.17
Mini 2 <i>T-</i> score	48.4	8.8	40	38.7	6.7	40	5.5	1.24
Mini 3 <i>T-</i> score	48.9	9.3	40	38.0	5.8	40	6.2	1.39
Mini 4 <i>T-</i> score	48.8	8.5	40	39.0	6.7	40	5.7	1.28

Note: All *t*-test values are significant at p < .001

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DESSA-mini Psychometrics

TABLE 3.2

DESSA-mini Alternate Form Reliability: Correlation Coefficients

		Mini 1 <i>T-</i> score	Mini 2 T-score	Mini 3 <i>T-</i> score
Mini 2 <i>T-</i> score	r	.93		
	n	1,234		
Mini 3 <i>T-</i> score	r	.92	.92	
	n	1,239	1,236	
Mini 4 <i>T</i> -score	r	.90	.91	.90
	n	1,239	1,237	1,245

DESSA-mini Psychometrics

TABLE 3.8

Means, SDs, Ns, and Correlations of the DESSA with the Four DESSA-mini Forms

		DESSA SEC	T-scores	
DESSA-mini SET <i>T</i> -scores	Correlation	Mean	SD	n
Mini 1	.95	50.6	9.8	1,240
Mini 2	.96	50.7	9.8	1,235
Mini 3	.95	50.5	9.9	1,237
Mini 4	.96	50.6	9.8	1,237
DESSA SEC	_	50.1	9.8	1,241

Note: All correlations are significant at p < .01.

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UNIVERSAL SCREENING FOR SOCIAL–EMOTIONAL COMPETENCIES: A STUDY OF THE RELIABILITY AND VALIDITY OF THE DESSA-MINI

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The purpose of this study was to examine the reliability of the eight-item Devereux Student Strengths Assessment (DESSA)-mini and its validity in relation to the 72-item version DESSA. The sample included teacher ratings for 1,234 children in kindergarten through eighth grade who comprised the standardization sample. The median alpha reliability coefficients across grades for the four forms of the DESSA-mini ranged from a low of .915 (Mini 1) to a high of .924 (Mini 3). These findings suggested that DESSA-minis have excellent reliability. The differences between the DESSA Social–Emotional Composite (SEC) *T*-scores and *T*-scores obtained from each of the four DESSA-minis were trivial (the largest *d*-ratio was .023). The percentage of times the DESSA-mini and DESSA SEC *T*-scores yielded the same result was computed (i.e., the score indicates or does not indicate whether the child needs social–emotional instruction). Those percentages ranged from a low of 94.8 (Mini 3) to a high of 96.5 (Mini 1). Finally, sensitivity, specificity, and positive and negative predictive power were examined for each DESSA-mini. Findings suggested that the DESSA-mini is a viable tool for universal screening of social–emotional competencies related to resilience. © 2011 Wiley Periodicals, Inc.

DESSA vs DESSA-mini

Table 4
DESSA and Each DESSA-Mini Means, SDs, and Numbers by Grade

	DE	SSA SE	С		Mini 1			Mini 2			Mini 3			Mini 4			<i>d-</i> ratio			
Grade	Mean	SD	n	SEC-1	SEC-2	SEC-3	SEC-4													
K	51.0	10.1	269	51.4	10.0	270	51.6	10.3	267	51.0	10.1	270	51.2	10.3	270	.002	.002	.000	.001	
1	49.0	8.7	187	49.5	8.9	188	49.8	9.0	187	49.8	8.9	190	49.5	8.7	190	.003	.004	.004	.003	
2	49.9	9.2	187	50.3	9.3	187	50.8	9.4	186	50.3	9.3	186	50.6	9.3	186	.002	.005	.002	.003	
3	49.3	10.1	155	49.6	10.5	155	50.0	10.0	155	49.4	10.0	156	49.9	10.1	156	.002	.004	.001	.004	
4	52.8	9.6	148	53.5	9.5	148	53.2	9.3	147	52.9	9.6	148	53.2	9.4	148	.004	.003	.000	.002	
5	49.4	10.6	145	50.0	10.3	145	49.6	10.5	145	50.1	10.8	146	50.0	10.6	146	.005	.002	.005	.005	
6	50.9	9.4	60	51.8	9.5	60	51.2	9.6	58	51.8	9.5	58	51.6	10.0	58	.015	.005	.016	.012	
7	48.0	9.1	36	47.9	9.1	36	47.9	9.1	36	48.8	9.6	36	48.4	10.1	36	001	002	.023	.012	
8	47.5	9.5	42	48.5	9.9	42	47.1	10.0	44	48.2	10.6	43	47.5	9.8	44	.023	011	.016	001	

 $\it Note.$ Differences between the DESSA SEC and each DESSA-Mini $\it T$ -scores were compared using the following formula:

 $\frac{(X_{SEC} - X_{Mini})}{\sqrt{[(n_{SEC} \times SD_{SEC}^2 + n_{Mini}^2 \times SD_{Mini}^2)/(n_{SEC} + n_{Mini})]}}$

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Percentage Agreement

Table 5
Prediction Consistency Between the DESSA and Each DESSA-Mini

		Mini 1			Mini 2			Mini 3			Mini 4	
Grade	N	n of Agreements	% Agreements	N	n of Agreements	% Agreements	N	n of Agreements	% Agreements	N	n of Agreements	% Agreements
K	267	258	96.6	267	254	95.1	267	253	94.8	267	256	95.9
1	187	178	95.2	187	180	96.3	187	178	95.2	187	177	94.7
2	186	176	94.6	186	179	96.2	186	176	94.6	186	179	96.2
3	155	147	94.8	155	149	96.1	155	151	97.4	155	153	98.7
4	147	143	97.3	147	140	95.2	147	141	95.9	147	136	92.5
5	144	139	96.5	144	140	97.2	144	136	94.4	144	135	93.8
6	58	57	98.3	58	57	98.3	58	54	93.1	58	56	96.6
7	36	35	97.2	36	36	100.0	36	35	97.2	36	34	94.4
8	42	38	90.5	42	38	90.5	42	36	85.7	42	41	97.6
Median			96.5			96.2			94.8			95.9

Assessment & Planning for Intervention with the DESSA



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The Devereux Student Strengths Assessment

- Based on resilience theory & SEL principles
- > 72 items
- > 8 scales
- Completed by parents, teachers, and/or after-school / community program staff
- > Takes 15 minutes to complete
- On-line administration, scoring and reporting available

Purposes of the DESSA

- > Identify social-emotional strengths and needs of elementary and middle school children.
- > Tier I Produce classroom profiles that guide universal prevention strategies.
- > Tier II Identify at-risk children so that targeted interventions can occur.
- Tier III For special education students, identify important strengths that can be incorporated into IEPs.

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Additional Purposes of the DESSA

- Foster collaboration between parents and teachers
- Document outcomes for individual students, classrooms, and communities
- Serve as a research measure

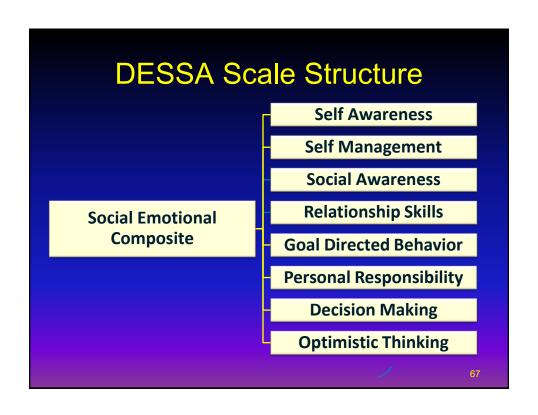
Development of the DESSA

- > Review of the literature 765 items
- National Pilot Study 156 items
 - Eliminate those with item-total *r* of ≤ .60
 - Eliminate those with a *d*-ratio of < .50
 - Eliminate those that were "N/A"
- > Standardization Form 81 items
 - Eliminate age trends
- > DESSA Final Form 72 items

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Standardization

- > 2,500 children, grades K-8
- > All 50 states included in sample
- Representative of US Population





Administration of the DESSA

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DESSA Raters

- > Raters provide the ratings
 - Teachers, After School Staff
 - Parents
 - Read English or Spanish at about the 6th grade level
 - Sufficient opportunity to observe the child

DESSA Users

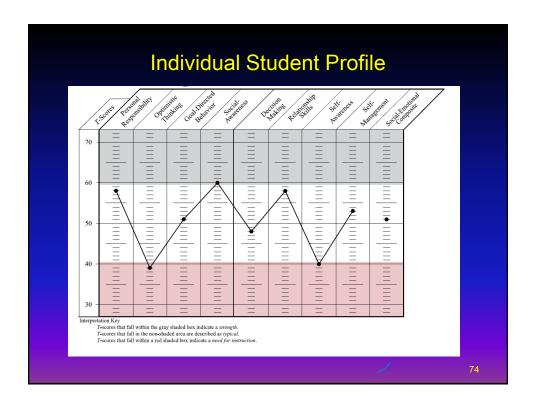
- Users score and interpret the ratings and use the results to improve outcomes for the child
 - Level E instrument

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DESSA Results

- > T Scores
 - Mean of 50, SD of 10
- > Percentiles
- Descriptive Terms for Score Ranges
 - ≥ 60 = *Strength*
 - 41-59 = Typical
 - < 40 = Need for Instruction
- > Individual Profile
- Classroom Profile





Teacher's 1	Name: _S.	O.				Do	ate: _/	April:	2009			
First	Last	Birth Date	PR	ОТ	GB	50	DM	R5	SA	SM	SEC	
A	R	12/29/2002	49	47	51	52	48	48	41	48	48	
A	s	4/16/2003	59	55	52	60	52	59	52	52	56	
A	M	7/6/2003	44	40	43	49	46	50	38	43	44	
В	с	9/15/2002	54	55	55	54	50	59	50	53	54	
с	У	12/12/2002	38	39	38	41	41	43	40	42	39	
E	E	6/4/2003	45	51	48	38	45	45	46	44	45	
Ε	×	9/21/2002	54	53	57	51	48	53	48	50	52	
н	L	4/17/2003	48	62	62	66	54	56	63	50	58	
J	v	7/18/2003	46	40	40	47	48	44	35	39	42	
J	к	6/19/2002	46	40	40	47	48	44	35	39	42	
J	A	3/13/2003	42	42	47	47	47	47	42	41	44	
K	В	12/11/2002	61	57	57	64	59	59	57	56	59	
K	L	10/15/2002	50	45	45	52	48	54	44	49	49	
K	ь	2/26/2003	54	53	48	54	48	53	50	52	52	
K	v	10/27/2002	38	37	37	41	46	40	33	43	38	
Р	×	3/30/2003	54	45	61	62	57	53	42	58	54	
Р	0	12/2/2002	54	57	52	62	52	59	46	50	54	
v	с	4/27/2003	54	53	51	54	57	59	55	54	55	
У	M	9/18/2002	61	57	69	66	54	58	61	58	60	
A	M	4/10/2003	53	57	55	58	54	59	52	53	56	
		•	PR	ОТ	GB	50	DM	R5	5A	5M	5EC	
Number of	children GF	REEN	2	1	3	6	0	0	2	0	1	
Number of	children BL	UE	16	14	13	13	20	19	13	18	17	
Number of	children RE	ib.	2	5	4	1	0	1	5	2	2	
DESSA	REEN - scale s	ING LEGEND cores 60 and above res between 41-59 es 40 and below	OT - 0	ersonal Re Iptimistic oal-direct	Thinking	ty SO	- Decisio	END Awarenes In Making Inship Skil	SM ·	- Self-Aw - Self-Me - Social-E Composi	inagement imotional	



Interpreting the DESSA

- > Three Step Process
 - Social-Emotional Composite
 - 8 Individual Scale Scores
 - Individual Item Analysis

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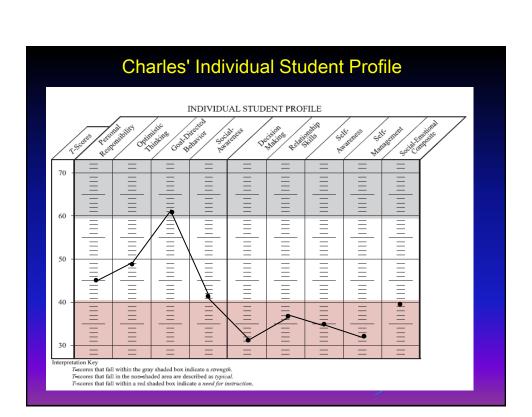
Case Study

- > Charles
 - 11 year old / 5th Grade
 - Special education student (EBD)
 - Placement in RTF since age 7
 - Born into foster care, adopted at age 2.5
 - · History of serious behavioral concerns



Charles - Step 1

- Social-Emotional Composite
 - T-score = 40
 - Percentile = 16
 - Need





Charles-Step 2

- > Individual Scale Scores
 - Strength Range
 - Goal-Director Behavior: T= 61
 - Need for Instruction
 - Decision Making: T= 31
 - Relationship Skills: T = 37
 - Self-Awareness: T = 35
 - Self-Management: T = 32



Charles-Step 2

- > Individual Scale Scores, Cont.
 - Typical Range
 - Personal Responsibility: T= 45
 - Optimistic Thinking: T= 49
 - Social Awareness: T= 41



Charles– Step 3 Individual Item Analysis Need to provide a linkage between assessment and intervention



DCRC Approach to Intervention

- Strengths, Goals and Strategies
- Step 1 identify goal(s) of most concern to stakeholders
- Step 2 identify relevant strengths that can be leveraged
- ➤ Step 3 identify strategy
- Critical communicate by beginning with strengths!

Step 3 Individual Items

- ➤ Goals (Needs)
 - Adjust well to changes in plans
 - · Stay calm when faced with a challenge
 - Accept another choice when 1st choice not available
- Strengths
 - Follow rules
 - · Take an active role in learning
 - · Contributes to group efforts

Utilizing the DESSA to Guide Intervention

- Many good existing curricula
 - SAMHSA
 - CASEL 2013 Guide Just Published
 - Committee for Children
- The National Registry of Evidence-Based Programs and Practices (http://nrepp.samhsa.gov)

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DESSA Strategies

- Provided as part of Apperson Compass system as of April 15, 2014
- 5 different levels of strategies for each DESSA scale
 - Teacher Reflection & Action
 - Universal
 - Group
 - Home
 - Student-Directed

Advanced Interpretation

- > Rater Comparisons
 - Two teachers, two parents, parent-teacher
 - Based on the standard error of the difference
 - Scale level agreement or disagreement
 - Strong basis for collaboration
 - Supports planning across environments

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Rater Differences **Differences Required for Significance When Comparing DESSA T-Scores Between Raters** p = .01 14 vs. Parent Teacher 12 11 10 10 vs. Teacher Parent 12 14 12 12 vs. Parent 10 12 10 Teacher 7 11 11

RATER COMPARISON	Rater 1 T-Score	Rater 2 T-Score	T-Score Difference	Required Difference $\square p = .05$ or $\square p = .01$	Significant ?
Personal Responsibility	58	62	4	9	YES NO
Optimistic Thinking	39	32	7	11	YES NO
Goal-Directed Behavior	51	56	5	8	YES NO
Socia l -Awareness	60	51	9	10	YES (NO
Decision Making	48	47	1	9	YES NO
Relationship Skills	58	55	3	8	YES NO
Self-Awareness	40	53	13	11	YES' NO
Self-Management	53	55	2	9	YES (NO
Social-Emotional Composite	51	53	2	4	YES / IO
Rater 1 Name: Mrs Smith				Date of Rating:	10/10/07
Rater 2 Name	Mrs. E.			Date of Rating:	10/18/07

Advanced Interpretation

- Pretest-Posttest Comparisons
 - Multiple comparisons overtime
 - Based on the standard error of prediction
 - Demonstrates statistically reliable change
 - Evaluation of the effectiveness of strategies

Pretest-Posttest Comparisons

PRETEST-POSTTEST COMPARISON	Time 1 T-Score	Posttest Confidence Range	Time 2 7-Score	Outcome - Check One		
				Significantly Worse	No Change	Significantly Better
Personal Responsibility	58	50-65	65		Х	
Optimistic Thinking	39	31-49	48		Х	
Goal-Directed Behavior	51	44-58	50		Х	
Social-Awareness	60	51-67	69			X
Decision Making	48	40-56	38	Х		
Relationship Skills	58	51-64	62		Х	
Self-Awareness	40	32-50	57			Х
Self-Management	53	45-60	59		Х	
Social-Emotional Composite	51	48-54	57			Х

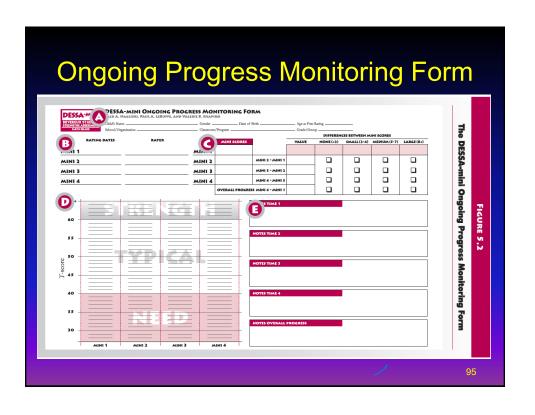
 Time 1 Rater Name:
 Mary Smith
 Date of Rating:
 10/10/07

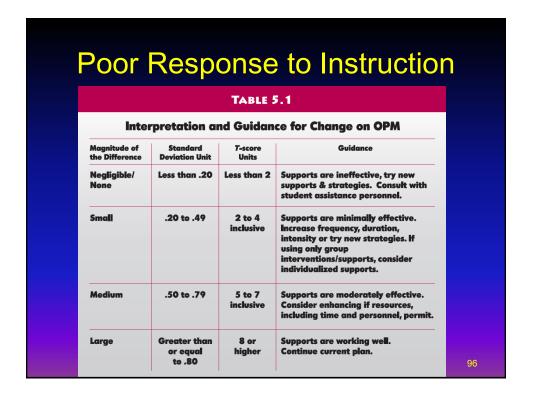
 Time 2 Rater Name:
 Mary Smith
 Date of Rating:
 02/28/08

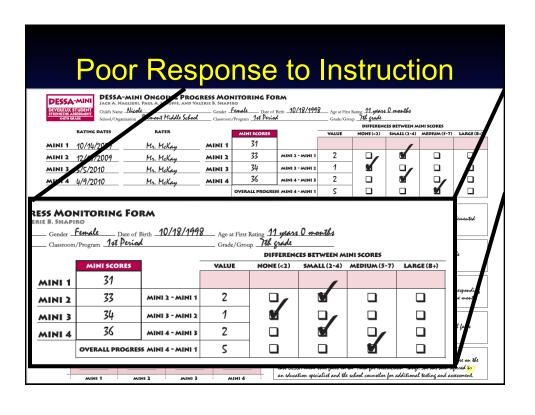
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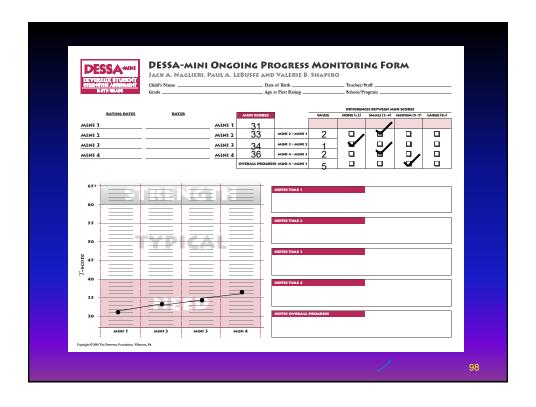
Monitoring Progress with the DESSA-mini OPM

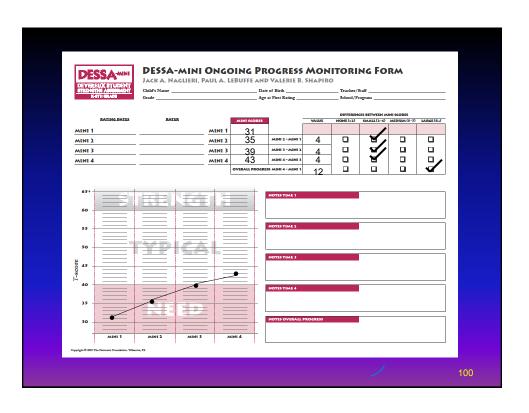
Jack Naglieri

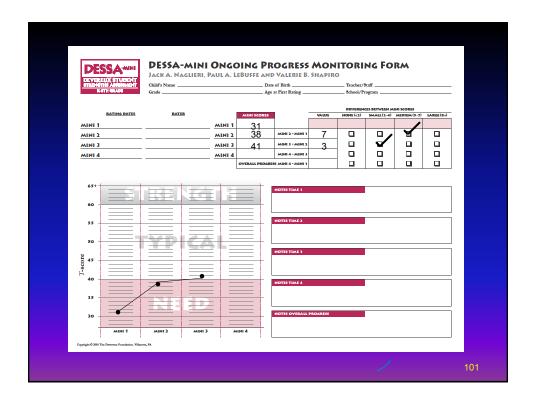


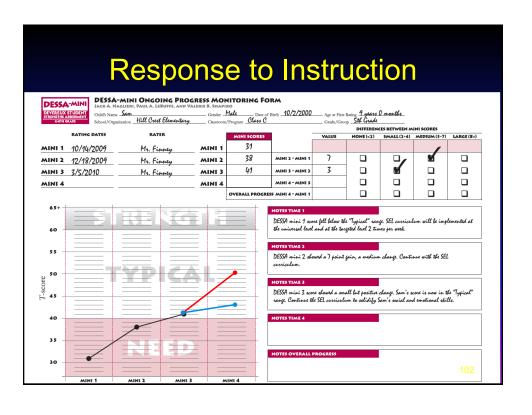












Conclusions

- Universal screening of factors that predict resilience can be efficiently conducted
- School psychologists should take on this important mental health screening role
- Once evaluated, teachers and school psychologists should work together to deliver a curriculum that improves protective factors and maximize resilience

Using the DESSA Comprehensive System

Across the Tiers...

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Utilization of the DESSA Comprehensive System with a Tiered Approach

- > Tier I Primary Prevention
 - Universal Use of the DESSA
 - Classroom Profile
 - Identifies common areas of strength and concern
 - Leads to classroom-wide strategies
- > Tier II Secondary Prevention
 - Identification of children at-risk due to low PFs
 - Individual Child Profile
 - Targeted Strategies

Utilization of the DESSA (cont.)

- > Tier III Tertiary Prevention
 - Identification of strengths and needs in identified children
 - Incorporated into IEPs
 - Strong basis for collaboration with parents
- > Program Evaluation
 - Evaluate progress at the scale, child, and classroom level
 - Basis for quality improvement and continuing education efforts

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Ways the DESSA adds Value

- Assess competencies related to academic achievement
- Support implementation of SEL and similar programs
 - More specific implementation
 - Outcome determination
- Meet requirements to do meaningful strength-based assessment

Can Change Teacher Perceptions

- ➤ I have one student who has a lot of trouble being bossy ...and I am frustrated with her a lot. But the DESSA showed me all the areas she is strong in, and gave me some ideas for channeling some of her difficult behaviors to utilize her strengths.
- Being that my students are in a self-contained special ed. Classroom,... I was surprised that several of my students are "typical" in more areas than I would have thought. This allowed me to write strength statements and share good news with the parents.

Direct quotes from teachers in Anchorage, Alaska SD

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Can Change the Student's Perception

➤ I had a couple kids who don't say nice things about themselves. However, they are wonderful in all other areas. I made a point of letting both of these children know how great I think they are. They both were very happy with that.



Direct quote from teacher in Anchorage, Alaska SE

Can Contribute to Teacher Satisfaction

- ➤ I really liked this experience. It was not too laborious and had very worthwhile results. I would tell everyone to make the time and do this.
- Using an assessment tells teachers it's time to start paying close attention to the social skills. It helps teachers' awareness but it also gives teachers a way to address these behaviors that is proactive! Many times we're only reacting to students (often negatively or with much frustration) but we aren't doing enough to help them.
- I liked how it made me see my students, and it really took my teaching with SEL in a new direction

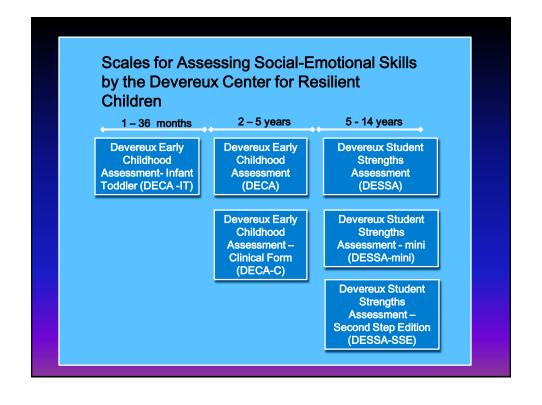
Direct quotes from teachers in Anchorage, Alaska SD

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Concluding Thoughts

- > SEL is becoming more prevalent
- School Psychologists should play a leadership role in this movement
- We now have a technology to screen, assess and monitor progress
- Most important we can promote student success in school and life





Thank You

- > For a copy of this presentation visit:
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