

NASSAU COUNTY

POLICE ACTIVITY LEAGUE



WEST HEMPSTEAD UNIT
SPRING ACTIVITIES 2020

Roller Hockey: @ Clubhouse Rink

Rookies: 5-7 yrs.

Sundays: 10:00am-11:30am-\$100/child

Mites: 8-10 yrs. **Juniors:** 10-14 yrs.

Games: Sunday/ Tuesday/ Wednesday/ Thursday

Fee: 1st child \$160 - 2nd child \$140 - 3rd child \$100

Full Season Goalies will play free of charge if selected

VOLUNTEER COACHES NEEDED FOR PROGRAM TO RUN- FIRST CHILD FREE OF CHARGE

*Fees include 10 game season, playoffs & jersey

Judo: 15 Year Award Winning Program @ PAL Clubhouse

Instructor: Sensei Charles Schweizer

Uniform: \$50 Mandatory (Payable to Charles Schweizer)

# of children	1	2	3	4
Tuition	\$170	\$340	\$510	\$680

Tuition: (Payable to WHPAL)

Classes: Monday & Thursday: 4:30pm-6pm (ages 4-9)

6:00pm – 8:00pm (ages 9 & up)

Saturday: 11:00am- 12:30pm All ages

Tennis: @Hempstead Lake (Indoor) Tennis

525 Eagle Ave, West Hempstead

Eight-week program with Certified Instructor-Lou (516)872-6744

Fee: \$160 Ages: 5-14 (must have own racket)

Please include 1st & 2nd Choice of day/time

1 Class per week: Mon- Friday 4-5pm, 5-6pm

Saturday/Sunday 2-3pm & 3-4pm

REGISTRATION @ PAL STARTS:

February 25th, 2020 6-8pm

February 27th, 2020 6-8pm

February 26th, 2020 6-8pm

February 28th, 2020 6-8pm

February 29th, 2020 10am-12pm

817 HEMPSTEAD AVE, WEST HEMPSTEAD, NY 11552 (516)485-5076

WESTHEMPSTEADPAL.ORG



2020 West Hempstead PAL Summer Camp (11th Year)

Monday – Friday

Drop Off: 8:00– 8:30am

Pick-Up: 5:00 – 5:30pm

Program Runs: June 29 – July 31, 2020

Ages: 4 - 14

Early Bird Tuition: Paid in Full by April 30, 2019

\$100 Non-Refundable Deposit per Child

Number of Weeks	1 Child	2 Children	3 Children	4 Children
5	\$950	\$1700	\$2250	\$2600
4	\$850	\$1500	\$1950	\$2300
3	\$750	\$1300	\$1650	\$2100
Each additional Child after the fourth is \$500				
Early Arrival/Late Pick Up (7:30am or After 5:30pm): \$250 additional				
Judo Uniform: \$50 additional (Uniform is Mandatory)				
EARLY BIRD REGISTRATION ENDS APRIL 30, 2020				
Tuition paid in full after April 30, 2019 will cost an additional \$100 - \$400 (1-4 Children)				
SUMMER CAMP REGISTRATION ENDS JUNE 6, 2020				

Activities

- Judo, Arts and Crafts, Music, STEM, Athletics, Bounce House, Water Slide and More!

Additional Important Information

- Tuition includes a field trip, t-shirt, Petting Zoo, and ATJA Membership
- **THIS YEAR: NEW BACK PACKS AND WATER BOTTLES!**
- Campers must bring their own lunch and Snack
- Sneakers are required
- No Jewelry, No Electronics
- Water is available to refill campers' bottles
- We are a nut free camp