



# EMPOWER

## PEDIATRIC THERAPY

### COVID 19 Policies and Procedures

#### How is Empower following COVID-19 Guidelines?

##### Our Staff

- Washing hands often with soap and water for at least 20 seconds.
- Using an alcohol-based hand sanitizer that contains at least 60% alcohol, if soap and water are not available.
- Avoid touching your eyes, nose, and mouth with unwashed hands.
- Avoid close contact with people who are sick.
- Staying home when feeling sick.
- Cover cough or sneeze with a tissue, then throw the tissue in the trash.
- Clean and disinfect frequently touched objects and surfaces with appropriate EPA approved cleaners.
- Temperature screenings

\*All staff will wear a face mask while working with children, other staff, and parents.\*

##### Parents/Patients

- If anyone in the patients home is sick, please Stay Home
- Cover your cough or sneeze with a tissue, then throw the tissue in the trash.
- Wash hands often with soap and water for at least 20 seconds, especially after going to the bathroom; before eating; and after blowing your nose, coughing, or sneezing.
- If soap and water are not readily available, use a hand sanitizer that contains at least 60% alcohol.
- Mandatory 14 day Self Quarantine for any patients that have traveled into Texas.
- Hourly Temperature screening 100.0 ° F or above will not be admitted to the facility
- Drive up and drop off for Individual appointments and Social Skills Groups
- Drive up and Pick up for all established patients
- First time patients for Evaluations will be screened by Office Staff before their appointments

##### Facility

- Waiting Area will remain closed
- Staggered arrival and departure times will be assigned to limit contact and crowding
- **Disinfect High touched surfaces include:**  
Tables, doorknobs, light switches, countertops, handles, desks, phones, keyboards, toilets, faucets, sinks, etc.
- All personal belongings will be sent home daily for sanitation
- 1:2 MAXIMUM ratio during treatment sessions
- 1:5 MAXIMUM ratio in a classroom setting
- Hand sanitizer that contains at least 60% alcohol will be readily available throughout the facility

# Empowering Children & Parents TODAY for a better TOMORROW

## Sumer Camp at Empower

### • Camp Guidelines

**Camp Dates June 1<sup>st</sup> -August 13<sup>th</sup>**

*Please review and complete our Daily Health Screening protocol before attending camp.*

- Staggered arrival and departure times will be assigned to limit contact and crowding
- Temperature screenings upon arrival **100.0° F or above will not be admitted to the facility**
- If anyone in the patients home is sick, please Stay Home
- Mandatory 14 day Self Quarantine for any patients that have traveled into Texas.
- Cover cough or sneeze with a tissue, then throw the tissue in the trash.
- Washing hands often with soap and water for at least 20 seconds.
- If soap and water are not readily available, use a hand sanitizer that contains at least 60% alcohol.
- Avoid touching your eyes, nose, and mouth with unwashed hands.
- Staying home when feeling sick.
- Clean and disinfect frequently touched objects and surfaces with appropriate EPA approved cleaners.
- Hourly Temperature screening
- All Lunches should be packed in a plastic Ziplock style bag labeled with your child's name. (each item in bag should be labeled as well) **\*no lunchboxes allowed\*** *we have refrigerators where we can safely place any items that need to be chilled until lunchtime.*
- *Extra change of clothes should be labeled and placed in a separate Ziplock bag.*
- All Camp attendees should schedule their designated days in advance as we have limited spots available.
- Children over the age of 2 can wear cloth masks at parent's request (masks *will not* be provided by Empower Ped2iatric Therapy)
- Children will remain with the same group of up to 5 children from the moment of arrival to departure time.

*\*All staff will wear a face mask while working with children, other staff, and parents.\**