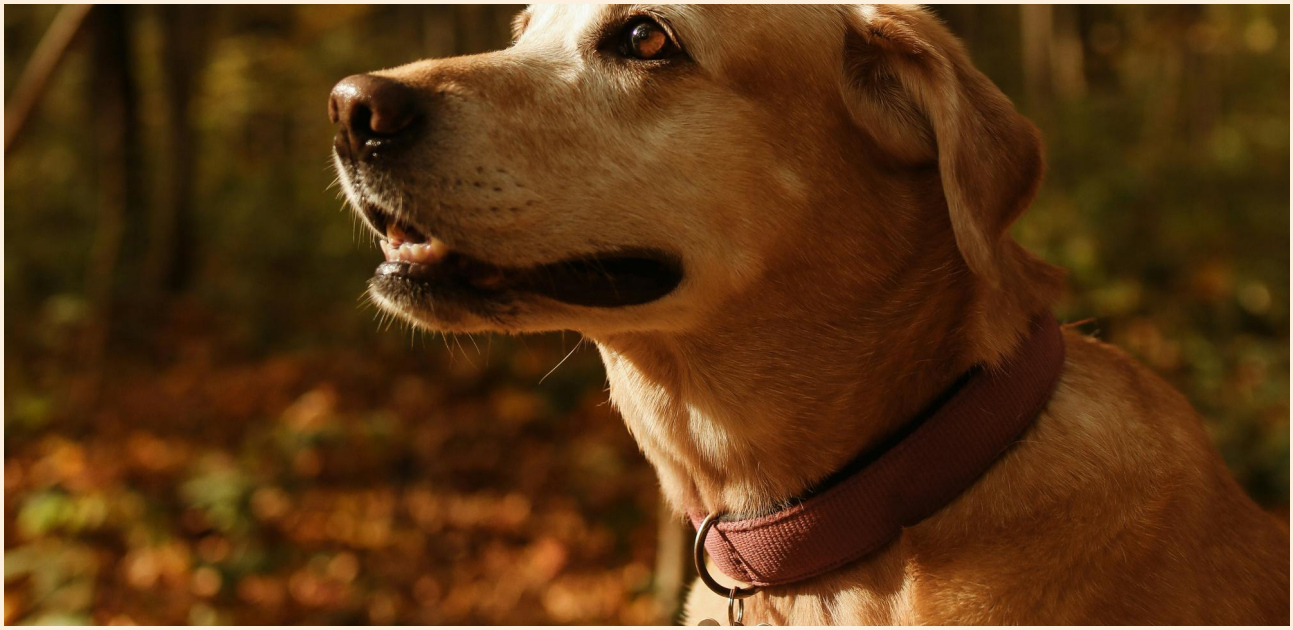
A DIFFERENT WAY OF UNDERSTANDING LIFE WITH YOUR DOG

MODERN POSITIVE DOG PARENTING

CHANGE THE UNDERSTANDING, NOT THE DOG.



The missing link in understanding canine behaviour.

WE ARE TWO DIFFERENT SPECIES

WE OFTEN EXPECT DOGS TO UNDERSTAND OUR HUMAN LANGUAGE.

WHAT IF WE LEARNED MORE ABOUT THEIRS?

Dogs communicate through far more than sounds. Their posture, movement, orientation, attention and the way they use space all contribute to what they are telling us. The meaning depends on the individual dog and the situation.



Through canine psychology, we discover more about how dogs think, learn and interpret the world. We learn to recognise the cues your dog is communicating and respond in ways they naturally understand.

Rather than expecting dogs to understand everything we ask of them, we learn to communicate in ways they naturally recognise and understand.

Understanding their language changes the way we guide them.

INTRODUCING THE SIRIUS DOG STARS ENERGY METER

Before we begin, we need to understand the energy of both you and your dog. The Sirius Dog Stars Energy Meter helps us recognise when energy is calm, when it is beginning to rise and when there may be too much going on for your dog to process information easily. This is an important part of understanding your dog and knowing how best to guide them.

1–3 | CALM & CONNECTED

Settled, receptive and able to engage.

4 | ENERGY RISING

A moment to tune in, notice the change and offer guidance.

5 | YOUR MOMENT TO LEAD

Stay calm, confident and aware. Help your dog remain able to listen and respond.

ABOVE 5 | TOO MUCH TO PROCESS

Your dog may be beyond their comfortable threshold. Their ability to take in information, listen and respond can be significantly reduced.

KEEP BOTH ENERGIES BELOW 5. Your calm, considered guidance can make a real difference.

BECOMING THE GUIDANCE YOUR DOG LOOKS TO

Leadership is about becoming someone your dog looks to for guidance, rather than feeling they need to work things out on their own.



When your dog knows you have everything covered, they no longer need to feel responsible for working everything out themselves.

They can look to you for guidance and direction, knowing that you understand them and communicate in a language they recognise.

CALMNESS GROWS FROM UNDERSTANDING.

Unwanted behaviours are often symptoms of something deeper. Rather than concentrating simply on correcting what we see, we look at what may be driving the behaviour in the first place.

We help you understand canine language and show you how to use that understanding in everyday life. The changes are simple to put into practice, and when your dog feels understood, they begin to respond differently.

As understanding and trust develop, dogs can become calmer and more confident - ready to enjoy more of everyday life together.

GUIDE & WORK TOGETHER

Learn to communicate in a way your dog understands - and discover how much easier life together can be.

Understanding what lies behind your dog's behaviour is the starting point. By recognising how your dog thinks, feels and communicates, you can begin to guide them in ways they understand.



Rather than relying on long lists of commands or complicated exercises, we bring this understanding into ordinary life - the walk, the cafe, visitors at home and the moments that matter to you.

Kind, loving leadership. Clear communication. Helping dogs make confident choices.

WHEN UNDERSTANDING CHANGES THINGS

The most meaningful changes are seen in the everyday moments that matter - at home, out on a walk and sharing life together.

A SPROCKER SPANIEL

FROM CHAOTIC WALKS TO MORE CONFIDENT GUIDANCE

BEFORE

Home life was unsettled. The dog was destroying things and struggled to settle. Walks had become so difficult that his owner was being pulled off his feet. There was little structure, and the dog was trying to communicate in the only way he knew how.

WHAT CHANGED

We looked beyond the behaviour to understand what was driving it. Clearer structure, calm leadership and communication the dog could understand made a difference in the first consultation. By the follow-up, his owner could walk him without being pulled over - the dog was now looking to him for direction.

HIS OWNER'S WORDS

“Through the lessons learnt and then put into practice over a short few weeks it feels like I have a completely new transformed dog. I couldn’t be happier. All through positive training and allowing my dog to figure things out for himself.”

TEDDY

FROM HOME AND OUTDOOR REACTIVITY TO THE VILLAGE CAFÉ

BEFORE

Teddy barked at things around the home, jumped all over visitors and struggled with people and activity outside. Walks were difficult because he was reactive and pulled strongly on the lead. His owner loved having relatives visit, but Teddy’s behaviour had made those occasions stressful. Even a trip to the village shop or café wasn’t possible.

WHAT CHANGED

During the first consultation, simple practical steps helped Teddy settle at home - even with a stranger present, something his owner had never seen before. With a personal action plan to follow between sessions, Teddy began responding to clearer canine communication and trusted leadership. His owner started to see a real difference.

TEDDY'S OWNER DESCRIBES THE CHANGE

“Yesterday I took Teddy to our village shop and café, and I was amazed. For the first time, Teddy just stood by me, calmly watching everyone come and go, whereas previously he would have been pulling and tugging, plus barking to get to those people.”

A DIFFERENT UNDERSTANDING. A DIFFERENT EXPERIENCE OF LIFE TOGETHER.

These are individual dogs, with individual needs. Change began when their owners learned to understand what was driving the behaviour and communicate in ways their dogs could recognise.

A MORE THOUGHTFUL WAY TO LIVE TOGETHER

Positive change begins with understanding, not intimidation or force.

Modern Positive Dog Parenting moves away from measuring success simply by obedience. Commands and boundaries can be useful, but they do not replace the relationship, communication and understanding that help dogs feel secure.

OUR APPROACH IS BUILT ON UNDERSTANDING, NOT SUPPRESSION.

Our approach does not use:

- E-collars
- Prong collars
- Aversive techniques or corrections
- Restrictive Halti-style nose collars

Instead, we use canine psychology to understand what is driving behaviour, how dogs communicate and how we can guide them in ways they naturally understand.

We are not asking dogs to fit a standard. We are learning to understand the individual dog we have.

TAKE THE NEXT STEP

YOUR DOG IS AN INDIVIDUAL. YOUR JOURNEY SHOULD BE TOO.

This guide has introduced a different way of understanding your dog.

But what could this mean for the dog you share your life with?

Through a personal consultation, we'll explore your dog's individual behaviour, understand what may be driving it and show you how to put Modern Positive Dog Parenting into practice.

You'll receive practical printed guidance and resources to keep, revisit and refer to, along with support as you put your new understanding into everyday life.

Following each consultation, I'll also send you a personal email with a recap of our session and specific action points tailored to your dog, giving you, as their dog parent, clear guidance on what to focus on and how to put everything we've discussed into practice.

No generic training plans. No one-size-fits-all solutions. Just an approach shaped around you and the dog you share your life with.

Discover what becomes possible when you truly understand your dog.

Ready to explore what could change for you and your dog?

VISIT SIRIUS DOG STARS | DOG TRAINING

BOOK A PERSONAL CONSULTATION

ARRANGE A DISCOVERY CALL