



CHILD HEALTH &
RESILIENCE MASTERY®

OUR MISSION IS TO EMPOWER CHILDREN & THEIR FAMILIES TO SPRING FORWARD

WE NURTURE RESILIENT HEARTS AND ENVIRONMENTS BY CONNECTING FAMILIES
AND EDUCATORS WITH EMPOWERING EXPERIENCES, RESOURCES & SUPPORTS



CHARM offers:

Professional Development & Training: Interactive social, emotional, and mental health workshops focused on easy, no-cost tools and resources. Workshops are tailored for youth, parents, and educators from pre-kindergarten through university.

Research grounded to:



- Improve academic achievement and positive coping skills
- Reduce behavioral and medical interventions
- Improve positive health outcomes (including family health) into adulthood
- Have a positive impact on overall school culture, and much more!



Camp Druzy: CHARM's signature, no-cost, overnight camp for families with grieving children. Available both in-person and online in English and Spanish.

Four days of positive experiences for the entire family to:



- Learn proven resiliency-building skills and coping tools that improve well-being
- Strengthen creativity, confidence, a sense of connection, and more in culturally appropriate and trauma-informed ways
- Connect with other grieving children and adults from their school/community
- Transform grief together in a comfortable, creative, and fun setting
- Learn about CHARM and stay connected with us for additional resources, including follow-up events and family supports



Tapestry: CHARM's basic needs assistance program for low-income families with children who are grieving.

Before school and winter break, families of referred students receive:



- Backpacks, creative expression kits, seasonal clothing, hygiene kits, and books
- Gift cards (for parents to use for themselves and each child)
- An invitation to attend Camp Druzy for the entire family at no-cost to them, giving families a fun experience to look forward to together
- Emergency hotel accommodations and gas reimbursement, for those in-need

This was the most heartfelt and rewarding workshop I have ever attended. Thank you so much. This has given me a **TREMENDOUS** drive and passion within me to try to change the world and make the good/greatness come out of all of us."

Francisco Vasquez de Coronado
Elementary School Educator,
NUSD#1

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The knowledge you are providing to our youth is incredible, thank you. You guys are literally lifesavers the way you helped our family when we needed help the most, thank you...for everything to everyone that helped to support our family.

THE VILLANUEVA FAMILY

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NOW

