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ECI's MOVEMENT SCREEN

Workers with poor physical fitness or inactive lifestyles have more onthe-job injuries, lost productivity, absenteeism, and health costs.

The traditional approach to workplace wellness has been shown to have a negative Return-On-Investment (ROI). This includes costly blood studies, but fails to address musculoskeletal health or fall risks.

ECI's Movement Screen is an engaging workplace wellness activity to promote physical activity of workers. It is administered by individual appointments at work to increase worker participation.



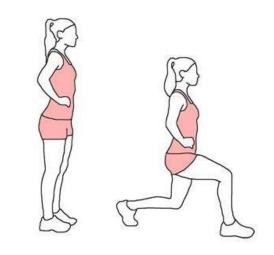


This is a brief 20-minute screen that includes:

- Active Movement ScreenSM (AMS)
- Two Square Agility Test (TSAT)
- Review of recent physical activity

Participants receive a physical fitness report that includes objective findings and recommended actions from a fitness professional to promote suitable physical activity. Return On Investment (ROI):

- Monitor fitness and promote physical activity for about half the cost of traditional biometrics.
- Screens for musculoskeletal and fall risks that are more relevant to safety and productivity.
- Sponsoring employers receive a participant list and de-identified group report to evaluate workforce fitness needs, and support HIPPA employer incentives for wellness programs.



To arrange for this service at your workplace, call 317.708.4832 or email info@eci-in.com