

Audacity Rising

Empowering Girls to Live Bold Lives

My Motivation in Hosting this Workshop is to help girls

Invest in themselves	Learn more about themselves	Feel happier
See themselves as beautiful	Help girls around me grow	Take control of their happiness
Set goals	Push themselves to take a new risk	Grow together in community

The age group of girls is

Grades K-2	Grades 7-8
Grades 3-4	Grades 9-10
Grades 5-6	Grades 11-12

Areas of Discussion to Explore

Focus	Exploring passions	Self-esteem	Inner Voice
Goal setting	Social Media	Enriching relationships	Anxiety
Risk-taking	Wellness	Service	Joy

The Girls Attending

Have been best friends for years	Attend school together	Recently met, but are friends
Are family	Attend church together	Share a common goal (team)

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