

WARRIORS ATHLETICS

TENNIS PROGRAM GUIDE

Warriors Athletics | TAI-IO-Aligned Sport Overview



1. Program Overview

Season: **Fall and Spring**

Levels: **Varsity | JV | Middle School**

The Warriors Tennis Program is a Christ-centered program where homeschool athletes grow in skill, character, and sportsmanship while competing in middle school and high school tennis. This is a **placement-based, no-cut program**.

2. Leadership & Communication

→ Sport Director: **Katie Nash**

→ Head Coach: **Tim Cochran**

Communication:

- **Band App**

Families are expected to check and respond regularly.



3. Athlete Participation

Eligibility:

All athletes must meet requirements outlined in the Warriors Athletic Handbook.

Participation requires **completion of the Family & Athlete Commitment Agreement** prior to participation.

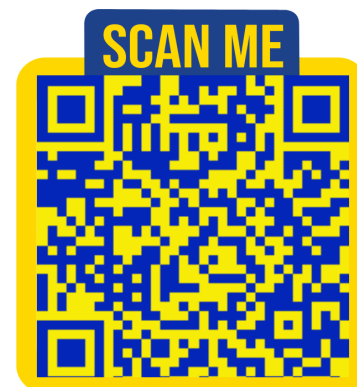
Placement:

- No-cut program
- All athletes are placed on a squad
- Placement based on skill, experience, and team needs

Clinic & Evaluation Dates:

- **To be announced**

Multi-sport participation is encouraged with communication.



Warriors Athletic Handbook

4. Season Structure

Tennis is a multi-season support program and may include:

- Fall
- Spring
- Additional events (*as applicable*)

Practices:

- Practices begin Wednesday, September 9 and run through November 18 for the fall season
- Practices resume the Monday, February 1 and run through Wednesday, April 28th
- There may be additional practices in the month of January for High School athletes competing in February
- Practices will be held:
 - Mondays 1-2:30 at Rebel Tennis Center
 - Wednesdays 1-2:30 at Rebel Tennis Center
 - Private or semi-private lesson as scheduled with coaches with more details coming

Schedules are based on coach availability, facilities, and season demands.

5. Tennis-Specific Guidelines

Game Day Expectations

- Arrive on time and in full uniform
- Actively participate in sideline cheer and crowd engagement
- Maintain energy, focus, and professionalism

Practice Expectations

- Arrive on time and ready to participate
- Consistent attendance during in season is expected
 - Athletes are expected to consistently attend all in-season practices. Attendance directly impacts preparation and performance, and may affect participation in tournaments.
- Practices include fundamentals and conditioning

Attendance Guidelines

- Conflicts must be communicated in advance
- Repeated absences may impact participation and role opportunities

Safety & Conduct

- Safety is the top priority in all practices and performances
- Athletes must follow all coach instructions

Uniform & Appearance Standards

- Uniform must be worn as directed
- Appearance should meet team expectations
- No unsafe accessories

Team Conduct

- Show respect to teammates, coaches, officials, and opponents
- Demonstrate positive sportsmanship at all times

6. Fees & Financial Overview

Estimated Program Fees: \$780 w/ \$400 Fundraising/Sponsorship Commitment (\$1180 Total)

- Fees may cover league costs, facilities, coaches, tournament entry, tournament coaching, and uniform jersey
- Athletes will have the opportunity to raise money via sponsorships and fundraisers to help offset costs



**Tennis
SportsBase**

7. Uniforms & Equipment

Uniform Expectations:

- A standard uniform jersey is included in the program fee, which will be issued to each athlete
- Athletes will wear black bottoms with their jersey

Included Items May Include:

- Uniform jersey (the fee will include our standard jersey, upgrades and additional items will be available for purchase)

Athlete-Provided Items:

- Practice attire (*t-shirts, shorts/leggings, athletic shoes*)
- Black pants or shorts (or skirts for girls) with pockets to hold tennis balls for uniform
- Racquet
- Tennis shoes

8. Athlete Expectations

Athletes are expected to represent Warriors Athletics with integrity and follow all team and [Warriors Athletic Handbook](#) expectations.

9. Parent Partnership

Parent partnership is essential to the success of Warriors Athletics. Families are expected to actively support communication, attendance, and program commitments to ensure a positive and consistent experience for all athletes.

10. Alignment Statement

The **Warriors Athletic Handbook** is the primary governing document for all athletes and families.

Athletes and parents are expected to follow all conduct, communication, and participation expectations outlined in the Warriors Athletic Handbook.

All participants are responsible for reading and understanding the handbook. In the event of any conflict or question, the **Warriors Athletic Handbook shall take precedence and serve as the final authority.**

