

WARRIORS ATHLETICS

CHEER PROGRAM GUIDE



Warriors Athletics | TAIIO-Aligned Sport Overview

Governing Authority

The [PCHEA Warriors Athletic Handbook](#) is the official governing document for all athletes, parents, coaches, and programs. This Sport Program Guide provides sport-specific details but does not override the Handbook. In any case of conflict, the Warriors Athletic Handbook and TAIIO rules take precedence.

1. Program Overview

Season: Fall (Volleyball & Football) + Winter (Basketball)

Levels: Varsity | JV | Middle School

The Warriors Cheer Program develops confident, disciplined athletes who support Warriors Athletics across multiple sports. Athletes will build skills in stunting, motions, jumps, and leadership while promoting school spirit. This is a **placement-based, no-cut program**.

2. Leadership & Communication

- Sport Director: **Kristen Scrimsher**
- Head Coach: **Jessica Huerta**
- Middle School Coach: **TBA**

Communication:

- **Band App**

Families are expected to check and respond regularly.



3. Athlete Participation

Eligibility:

All athletes must meet requirements outlined in the [Warriors Athletic Handbook](#).

Participation requires **completion of the Family & Athlete Commitment Agreement prior to participation.**

Placement:

- No-cut program
- All athletes are placed on a squad
- Placement based on skill, experience, and team needs

Clinic & Evaluation Dates:

- **April 24 (2–5 PM)**
- **April 25 (8–11 AM)**

Multi-sport participation is encouraged with communication. Athletes may not participate on more than one team in the same sport during the same season, including club/select teams, in accordance with Warriors and TAIIO rules.



4. Season Structure

Cheer is a multi-season support program and may include:

- Volleyball Season (Fall)
- Football Season (Fall)
- Basketball Season (Winter)
- Additional events, pep rallies, or showcases (*as applicable*)

Practices:

- **2–3 times per week | 1.5–2 hours (typical schedule during season)**

All practices and team activities will remain within Warriors and TAIIO guidelines for frequency, duration, and seasonal limits.

Schedules are based on coach availability, facilities, and season demands.

5. Cheer-Specific Guidelines

Game Day Expectations

- Arrive on time and in full uniform
- Actively participate in sideline cheer and crowd engagement
- Maintain energy, focus, and professionalism

Practice Expectations

- Arrive on time and ready to participate
- Consistent attendance during in season is expected
 - Athletes are expected to consistently attend all in-season practices. Attendance directly impacts team safety, preparation, and performance, and may affect participation and specific role opportunities
- Practices include fundamentals, conditioning, and stunting

Attendance Guidelines

- Conflicts must be communicated in advance
- Repeated absences may impact participation and role opportunities

Safety & Conduct

- Safety is the top priority in all practices and performances
- Athletes must follow all coach instructions
- Nails must be kept trimmed short at all times for safety during stunting and team activities

Uniform & Appearance Standards

- Uniform must be worn as directed
- Hair and appearance should meet team expectations
- No jewelry or unsafe accessories
- Artificial nails are prohibited

Team Conduct

- Show respect to teammates, coaches, officials, and opponents
- Demonstrate positive sportsmanship at all times
- All conduct and discipline will be handled in accordance with the Warriors Athletic Handbook, Section 13 – Discipline & Appeals.

6. Fees & Financial Overview

Estimated Program Fees: HS \$900/ MS \$300

Program fees include uniform costs unless otherwise noted.

- Fees may cover league costs, facilities, uniforms, and basic equipment.

Fundraising opportunities may be available to help offset costs.



7. Uniforms & Equipment

Uniform Expectations:

- Uniforms are included in the program fee
- Athletes will be fitted and issued/purchase uniforms through the program

Included Items May Include:

- Cheer uniform (*top and bottom*)
- Bow and/or designated accessories
- Poms
- Cheer shoes (*Varsity only*)

Athlete-Provided Items:

- Practice attire (*t-shirts, shorts/leggings, athletic shoes*)

Equipment:

- TBD

8. Athlete Expectations

Athletes are expected to represent Warriors Athletics with integrity and follow all team and handbook expectations.

9. Parent Partnership

Parent partnership is essential to the success of Warriors Athletics. Families are expected to actively support communication, attendance, and program commitments to ensure a positive and consistent experience for all athletes.

10. Alignment Statement

The [Warriors Athletic Handbook](#) is the primary governing document for all athletes and families.

Athletes and parents are expected to follow all conduct, communication, and participation expectations outlined in the Warriors Athletic Handbook.

All participants are responsible for reading and understanding the handbook. This document serves as a sport-specific guide. In all cases, the **Warriors Athletic Handbook and TAIIO rules serve as the final authority.**