







LOVE Swimming 2025-2026 Swim Season Open, Time Trials & Sprint Series Swim Meets

Swim Meet Dates, Times & Location are subject to change, please check with your Coach

Locations:

 Farmington Civic Center Pool, 2 Black Knight Drive, Farmington, Missouri 63640, & Mehlville Senior High School Pool, 3200 Lemay Ferry Road, St. Louis, Missouri 63128.

Pool:

"SCY" 25 yards 6 lanes with Starting Blocks

Entry Fee due by "Day of the Swim Meet" & Entry Fee is:

• \$15.00 per swimmer, due payable prior to each Swim Meet. A \$6.00 transferrable Referral Bonus Coupon will be awarded to a person when the referred person purchases & participates in their 1st Personal Best Time Open, Time Trials & Sprint Series Swim Meet.

Entry Limits:

- Swimmers <u>10 & under</u> may enter up to 4 events in the following distances (25,50,100,200) plus 1 Relay for the **Time Trials & Sprint Series Swim Meet**.
- Swimmers 11 & over may enter up to 5 events in the following distances (25, 50, 100, 200, 400, 500, and 1650) plus 1 Relay for the Time Trials & Sprint Series Swim Meet.
- Swimmers may enter <u>only 1 event</u> for the **Open Personal Best Time Swim Meet** in the following distances; 25, 50, 100, 200,400, 500 & 1650 during <u>Time Trial</u> **Swim Meets** and
- Swimmers may enter <u>only 1 event</u> for the **Open Personal Best Time Sprint Swim Meets** in the following distances 50's, 100's and 200's during **Open Personal Best Time Sprint Swim Meets**.
- The following events can be swam during Open & Personal Best Time Trial & Sprint Series Swim Meets; Free, Back, Breast, Fly and Individual Medley.
- **Eligibility:** Open to all swimmers age's **3 years and older** who sign a waiver prior to competing.

Qualifying Times:

• **No Time Standards** to participate in our Open & Personal Best Time Swim Meets.

Awards:

• Individual Ribbons 1st through 8th Place – Relay Ribbons 1st, 2nd, 3rd and 4th Place & will be given monthly & annually (see your Coach for exceptions) for the Open & Personal Best Time Trials and Sprint Series Swim Meets.

Age Groups:

• LTS (ages 4 and under), 5-6, 7-8, 9-10, 11-12, 13-14, 15-16, 17-18, Senior (i.e. 19-25, etc.)

Results:

• Will be posted on the wall if possible, emailed and/or mailed upon request, or given out at the following Open & Personal Best Time Trials & Sprint Series Swim Meets.

Warm-up:

• All swimmers are required to enter into the pool feet first from the starting block end. Dive designated lanes only.

Payment:

 Please make checks payable to LOVE Swimming or pay on-line at shop.loveswimming.org and Payment can be mailed to LOVE Swimming, P.O. Box 345, Bonne Terre, MO. 63628

Swim Meet Time:

• Swim Meet Warm-ups are at 5:30 p.m., Swim Meet Starts 6:00 p.m. and ends by 7:00 p.m. unless otherwise required by the Facility. Please always verify Swim Meet Start time with your Coach.

Timers:

• Volunteer timers, starters, bull-pen, runners, heat awards, and officials appreciated

We ask parents/others to volunteer to help with the meet, which can last up to <u>1 hour</u>. This is a <u>FUN MEET</u> and <u>DQ's</u> will not be issued, however, the Coach will discuss infractions with the swimmer.

Swimmers:

- Know your heat and lane assignments.
- Be prepared to swim to help meet start on time, and run timely.
- Fins, paddles, noodles and kickboards can be used by <u>all</u> training groups in <u>all</u> events to give swimmers the <u>opportunity</u> and <u>feel</u> of <u>fast</u> Swimming.
- Please be sure to have your training equipment and gear with you including a water bottle and a snack you may get hungry.

LOVE Personal Best Open, Time Trials & Sprint Series 2025-2026 Annual Swim Meet Schedule

Open & Personal Best Time Trials and Sprint Series Swim Meets are a fun way to introduce swimmers of all levels to swimming competitions in a relaxed low-pressure environment. The emphasis is on self-improvement, with awards being presented for personal best time(s) & place.

Hosted by Team Genesis Swim Club & LOVE Swimming Personal Best Race Club

Location & Date to be determined (TDB) Time Location Date Cost Meet Type 6:00 p.m. – 7:00 Open & Personal Friday, Mehlville Senior \$15.00 Best Time Trials (1) 8/28/2025 High School Pool p.m. 7:30 p.m. – 8:30 Farmington Civic Open & Personal Thursday, \$15.00 Best Time Trials (2) 9/18/2025 Center Pool 7:30 p.m. – 8:30 Farmington Civic Open & Personal \$15.00 Thursday, Best Time Trials (3) 10/16/2025 Center Pool p.m. 7:30 p.m. – 8:30 Open & Personal \$15.00 Thursday. Farmington Civic Best Time Trials (4) 11/13/2025 Center Pool p.m. 7:30 p.m. – 8:30 Open & Personal Farmington Civic \$15.00 Thursday, Best Time Trials (5) Center Pool 12/11/2025 7:30 p.m. – 8:30 Farmington Civic Open & Personal \$15.00 Thursday, Best Time Trials (6) 1/6/2026 Center Pool p.m. 7:30 p.m. – 8:30 Open & Personal Farmington Civic \$15.00 Thursday, Best Time Trials (7) 2/5/2026 Center Pool p.m. 7:30 p.m. – 8:30 Farmington Civic Open & Personal Thursday, \$15.00 Best Sprint Series (8) 3/12/2026 Center Pool 7:30 p.m. – 8:30 Open & Personal Thursday, Farmington Civic \$15.00 Best Sprint Series (9) 4/2/2026 Center Pool p.m. Open & Personal Best Thursday, 7:30 p.m. - 8:30 Farmington Civic \$15.00 Sprint Series (10) 5/7/2026 Center Pool p.m. 7:30 p.m. – 8:30 Open & Personal Best Farmington Civic \$15.00 Thursday, Sprint Series (11) 6/11/2026 Center Pool 7:30 p.m. – 8:30 Farmington Civic Open & Personal Best Thursday, \$15.00 Sprint Series (12) 7/2/2026 p.m. Center Pool 2025-2026 1st Open 7:30 p.m. – 8:30 Farmington Civic \$0.00 Thursday, & Personal Best 8/20/2025 Center Pool p.m. Annual Awards Time Trials (1) 2025-2026

LOVE's Personal Best Open & Time Trial Swim Meet Events

10 & Under

25, 50, 100 & 200s (Distances)

Freestyle and Backstroke (unless otherwise authorized by the swimmers Coach)

11 & Over

50, 100, 200, 400, 500, & 1650 (Distances)

Of any stroke – Freestyle, Backstroke, Butterfly, Individual Medley

Relays (All Ages – Male & Female)

100 Freestyle, 100 Individual Medleys or 100 Noodle Race

Personal Best Open & Time Trial Series Events

#1	Girl's & Boys N	Voodle	#15	Girls	500 Free	#34	Boys	100 Breast
	Relay Races 25	5's/50's	#16	Boys	500 Free	#35	Girls	200 Breast
#2	Girls/Boys Kic	kboard	#17	Girls	1000 Free	#36	Boys	200 Breast
	Races 25's /50	r's	#18	Boys	1000 Free	#37	Girls	25 Fly
#3	Girls/Boys HL	-BL-SL-	#19	Girls	1650 Free	#38	Boys	25 Fly
	LL Races 25's.	/50's	#20	Boys	1650 Free	#39	Girls	50 Fly
#4	Girls/Boys Fre	e Drill	#21	Girls	25 Back	#40	Boys	50 Fly
	Races 25's/50	's	#22	Boys	25 Back	#41	Girls	100 Fly
#5	Girls/Boys Bac	k Drill	#23	Girls	50 Back	#42	Boys	100 Fly
	Races 25's/50	's	#24	Boys	50 Back	#43	Girls	200 Fly
#6	Girls/Boys KB	Washout	#25	Girls	100 Back	#44	Boys	200 Fly
	Races (anyone	25's/50's	#26	Boys	100 Back	#45	Girls	100 IM
#7	Girls	25 Free	#27	Girls	200 Back	#46	Boys	100 IM
#8	Boys	25 Free	#28	Boys	200 Back	#47	Girls	200 IM
#9	Girls	50 Free	#29	Girls	25Breast	#48	Boys	200 IM
#10	Boys	50 Free	#30	Boys	25Breast	#49	Girls	400 IM
#11	Girls	100 Free	#31	Girls	50 Breast	#50	Boys	400 IM
#12	Boys	100 Free	#32	Boys	50 Breast	Any	events n	ot listed can also
#13	Girls	200 Free	#33	Girls	100 Breast	be sv	vum if th	e meet timeline
#14	Boys	200 Free				will a	allow.	
			•			•		

Open & Personal Best Sprint Series Events

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Girls	Event	Boys
1	25 Butterfly	2
3	50 Butterfly	4
5	100 Butterfly	6
7	25 Backstroke	8
9	50 Backstroke	10
11	100 Backstroke	12
9	25 Breastroke	10
11	50 Breastroke	12
13	100 Breastroke	14
15	25 Freestyle	16
17	50 Freestyle	18
19	100 Freestyle	20
21	100 IM	22
23	200 IM	24
25	100 Free Relay	26

"As I have loved you, so you must love one another." John 13:34

LOVE Personal Best

Awards for Open, Time Trials or Sprint Series Swim Meets

Attached is a schedule of events for Time Trials and for Sprint Series. Each 10 & under swimmer may choose up 4 events plus a 100 yard relay (Freestyle, Individual Medley or Noodle) and each 11& over swimmer may choose up to 5 events plus a 100 yard relay (Freestyle, Individual Medley or Noodle. All accepted Entries including late and deck entries accrue points and awards except **Exhibition swims** accrue no points and no awards. We ask parents/others to volunteer to help with the meet, which can last up to 1+ hour. This is a FUN **MEET** and **DQ's** will not be issued, however, the Coach will discuss infractions with the swimmer.

Know your heat and lane assignments. Be prepared to swim to help meet start on time, and run timely. Fins, paddles and kickboards can be used by <u>all</u> training groups to give swimmers the <u>opportunity</u> and <u>feel</u> of <u>fast</u> swimming. Please be sure to have your training equipment and gear with you including a water bottle and a snack – you may get hungry.

Awards: 1st through 8th Place Awards will be given to the following Age Groups – LTS, 6&U, 8&U, 9-10, 11-12, 13-14, 15-16, 17-18,19-24, 25-29, 30-34,35-39,40-44,45-49,50-54,55-59,60-64... and Personal Best Time Awards will be given to swimmers who achieve Personal Best Times either at this meet or the next Personal Best Times Meet. Swimmer's may swim the same event twice in one meet to attempt a personal best time in one meet. If a swimmer swims the same event twice that counts as 2 events towards their 3 Individual events plus a Relay total per meet. All meet awards will be placed in swimmers file or mailed following the meet along with the meet reports. Relay Place Awards will go only to the Top 4 in the 100 Freestyle, 100 Individual Medley, Kickboard Race or Noodle Race Relays.

Times achieved do not count as USA or AAU Times unless Certified USA Swimming Officials are present and participating in the Swim Meet. In addition to ribbon & heat awards; award points (1 point each for 3rd place, 2 points for each 2nd place and 3 points for each 1st place including relays) are presented for 1st, 2nd, and 3rd placings in Individual & Relay Events (no points for Heat place) and 1 point each for all Personal Best Times (this does not include Personal Best Relays).

New "Bonus Points" for the 2025-2026 Annual Open & Personal Best Time Swim Meets:

- Swimmers will be awarded a Bonus Point for every Open Personal Best Time Swim Meet and/or Personal Best Time Swim Meet Attended, and
- Swimmers will be awarded a Bonus Points for every event they swam during the Annual Open & Personal Best Time Swim Meet Season.

2" Medals are achieved when a swimmer has accumulated enough award points as follows:

- o Bronze Medal for 15 award points
- o **Silver Medal** for 25 award points
- o **Gold Medal** for 50 award points
- o 12" Championship Trophy for 100 award points
- LOVE's Personal Best Race Club Official USA Swimming Back Pack or USA
 Swimming Gift of equal value for 150 award points

If a swimmer accumulates 100 award points, he or she is presented with a trophy. Presentations of Trophy(s) and medals when possible will be made before the commencement of races at our 1st Personal Best Time Trials and Sprint Series Swim Meets for the new Annual Swim Season.

Meet Entry Fee is \$15.00 per swimmer per Swim Meet.

LOVE Personal Best – Sign-up Form Open, Time Trials & Sprint Series Swim Meets

Complete and Return this <u>Swim Meet Entry Information</u> below along with your <u>Entry Fee Payment/Receipt</u>, and the attached waiver, release of liability and hold harmless agreement. <u>Meet entry fee is \$15 per swimmer to be paid prior to start of swim meet</u>. (<u>One form per swimmer</u>).

Anyone can participate in our Personal Best Time Trials Swim Meets even those Registered with another swim team or no swim team.

Swim Meet Date(s):	Swim M	eet Location:_		
Payment Amount:		(Circle one: C	Check, Cash, C	n-line)
Last Name:	First Name:		Middle:	
Preferred Name:	Birthdate:	Age:	Gender (M	_ F)
Fathers Last Name:		_Fathers First	··	
Mother's Last Name:		_ Mother's Fi	irst:	
Mailing Address:				
City:		State:	Zip:	
Home Phone:	Cell:	W	ork:	
Email:				
Team/Other:		Coach_		
Event Name 1:	Event	t Name 2:		
Event Name 3:	E	vent 4:		
Event Name 5:	Re	lay Name:		

Relays have to be set-up at the meet, the day of the meet.

I will volunteer Yes/No: (Circle Yes or No)

Circle the one(s) below you are volunteering to do

Starter - Timer - Runner - Bull Pen - Meet Ribbons - Heat Awards

Team Genesis/LOVE Swimming a Sports Ministry of Trinity Fellowship Church 8144 Terre Bleue Drive * P.O. Box 345 * Bonne Terre, Missouri 63628 Office: 573-358-7727 * Fax: 573-358-1909 * Cell: 573-366-0410 * Email: programs@loveswimming.org * Web Address: http://www.loveswimming.org

LOVE Personal Best Open, Time Trials or Sprint Series Swim Meets <u>Team Genesis/LOVE Swimming</u>

Hosted Swim Meets & Program Participation requirements:

- (1) All Swimmers are to sign and return this form by the deadline date if applicable along with the \$13.00 fee specified in the meet, time trials, invitation or program.
- (2) All swimmers participating in Trinity Fellowship Sports Ministry hosted Swim Meets and Programs are required to sign the waiver, release or liability and hold harmless agreement below.

Waiver, Release of Liability and Hold Harmless Agreement Minor Participants

In return for my child's (minor) participation in swim meets/programs hosted by LOVE Swimming, I

- (1) Acknowledge that I understand the nature of the swim meets or programs, and believe that minor is qualified and in proper physical condition to participate. I further agree that if at any time, I or minor believes conditions to be unsafe with respect to Minor's physical condition, the equipment, or facilities, it shall be Minor's responsibility to, and Minor will, immediately discontinue participation in the swim meet or program.
- (2) Further acknowledge that the swim meet or program involves the risk of serious bodily injury (including the possibility of permanent disability, paralysis or death), which may be caused by (a) Minor's own action or inactions, (b) the actions or inactions of others participating in the swim meet or program, (c) the condition of the equipment and/or facilities at which the swim meet or program is located, or (d) the actions or inactions of the entities and persons identified below; and I fully accept and assume all such risk and all responsibility for losses, costs, and damages Minor may incur as a result of Minor's participation in the swim meet or program.
- (3) Acknowledge that this is a Trinity Fellowship Sports Ministry sponsored swim meet or program and as such, all applicable regulations, policies, procedures and consequences as defined in the Ministry's athlete handbook will apply during the Minor's participation in this swim meet or program.
- (4) Accordingly, I hereby release Trinity Fellowship Church, together with its directors, officers, employees, volunteers, and agents from all liability, claims, demands, losses, or damages arising out of Minor's participation in the swim meet or program; and I further agree that if, despite this release and waiver of liability agreement I, the Minor, or anyone on behalf of Minor or myself, makes a claim released in this agreement. I will indemnify and hold harmless each entity and person released herein from any and all litigation expenses, attorney fees, loss, liability, damage, or cost that may incur as the result of such claim.
- (5) Agree than in an emergency, any Trinity Fellowship Sports Ministry representative may transport or authorize the transportation of my child to a hospital/medical facility and I authorize any physician or other medical personnel to carry out any diagnostic procedures or emergency care deemed necessary. I understand that the cost of medical attention and ambulance are my responsibility.
- (6) Acknowledge that information about my child provided in this registration/swim meet sign-up may be used by a Trinity Fellowship Church Sports Ministry representative or any individual or organization identified by Trinity Fellowship Church Sports Ministry as needed in order to effectively execute this swim meet or program.
- (7) Acknowledge that from time to time, a Trinity Fellowship Church Sport Ministry representative may photograph or videotape my child while he/she is involved in a swim meet or program activity. These photographs or videotape will solely be used by Trinity Fellowship Church Sports Ministry for the promotion and marketing of its Sports Ministry Programs and activities and will not be sold. I understand that it is my responsibility to notify Trinity Fellowship Church Sports Ministry in writing if I do not wish to have my child photographed or videotaped.

I have read this agreement as well as the regulations, policies, procedures and consequences as defined in the Trinity Fellowship Sports Ministry athlete handbook, fully understand its terms, and have voluntarily entered into this agreement of my own free will based only upon the terms and conditions included herein.

Date: Sw	immers/Parent Signature if swimmer is under 18 years
	oup/Birthdate/Current Age

Send registrations and payment to: <u>Trinity Fellowship</u>, P.O. Box 345, Bonne Terre, MO. 63628 or Fax this form along with the Meet or Program Sign-up Form and Payment information to 573-358-7727. To request Swim Meet Invitation or Program Registration forms and information email us at programs@loveswimming

September 2025 through August 2026

LOVE's Monthly

Open Personal Best & Personal Best Time Trials & Sprint Series Meets

Referral Bonus Coupon Program Form (Please complete & submit your form at the Swim Meet to receive your \$6.00 Referral Bonus Coupon)

For information, please call or fax Coach Alice at 573-358-7727 or email: programs@loveswimming.org

How did you hear of us?

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Swim Team Family/Staff (circle one)
Organization
Newspaper
Internet
Flyer
Other (describe)

- If you are a 1st time Personal Best Swimmer, please provide a name, email and/or address of the person who referred you so that we may send them a \$10.00 Referral Bonus Coupon when you purchase your 1st Monthly Personal Best Open, Time Trials & Sprint Series Swim Meets,
- Our Monthly Personal Best Time Open, Time Trials & Sprint Series Swim Meets Referral Bonus Coupon apply only to a 1st time purchase.
- Everyone will receive our Referral Bonus Coupon when a swimmer(s) they refer purchases their 1st time Monthly Personal Best Open, Time Trials & Sprint Series Swim Meet.
- A Referral Bonus Coupons is transferrable & expires 1 year from the 1st date swimmer referred purchases our Monthly Personal Best Open, Time Trials & Sprint Series Swim Meet.

Your Name: First:	N	Aiddle:	Last:
Date of your 1st OP	BT/PBT Swim	Meet:	
	Name of Person	who referr	ed you:
First:	Middle:	Last:_	
Address:			
City:			Zip:
			one:
Email Address:			