



*Oki Wellness*  
SPA & YOGA CENTRE

*Welcome to* **OKI**

☺ At OKI, our Energy And Attention Will Be Dedicated To Your Well-being.

☺ We Will Provide You With A Safe Honoring And Compassionate Space.

☺ We Invite You To Breathe, to Relax, And Allow The Natural Process Of Healing To Occur.

We Will Do Our Outmost To Ensure That Your Overall Experience Is Most Comfortable And Will Regard You And Your Journey As Sacred.

*Thank You For Your Trust.*



## **Mission of OKI**

To Raise The Professionalism And Standard Of The Spa, Beauty And Wellness Industry Through Quality Treatments.

## **Vision :**

Position Our Brand As The Best Option Of Our Clients To Achieve Optimal Attention And Care Of Their Bodily Needs, With The Promotion Of A Life Style Where Body, Mind And Soul Go In Harmony

## **Care Integrity And Professionalism**

OKI Plans To Inculcate Core Values Among Staff And Management And Develop A Corporate Culture In Which Everyone( Management, staff) Care About Each Other, Their Customers, the Local Community And The World They Live In And Act Responsible And Professionally At All Time.

## **Our Commitment To:**

### **1. OUR CUSTOMER**

We Value Our Customers And Commit Ourselves To Be Resourceful and Relevant Through Continuous Improvement In Our Products And Services.



### **2. OUR EMPLOYEES**

We Actively and Conscientiously Demonstrate Care For Our People By Creating a Conducive Work Environment, helping them Achieve Work-life Balance, Recognising their Contribution, and Professionally Developing them to their Full Potential.



### **3. OUR COMMUNITY**

We Honour Our Community Of Clients, partners, suppliers And Employees By Conducting Ourself Professionally And Ethically In All Matters.





### Signature Massage

The signature is a fusion massage that seamlessly blends together various massage techniques such as Swedish, deep tissue, acupressure, and sports massage stretches. Stretches are incorporated to open up the body and relieve muscle tension.

[Book Today!](#)

OKI Signature Therapy	
90 min 3500/-	120 min 4500/-
150 min 5500/-	3 Hrs 6500/-

**Benefits Of Signature Massage**  
 Relax The Body, Reduces Anxiety  
 And Reduces Mental Stress.





## DEEP TISSUE MASSAGE

**90 min**  
**3500/-**

**120 min**  
**4500/-**

**150 min**  
**5500/-**

**3 Hrs**  
**6500/-**

This Massage Targets The Deeper Layers Of Muscle And Connective Tissue.the Massage Therapist Use Slower Strokes Or Friction Techniques Across The Grain Of The Muscle Using Elbows, forearms And Knuckle Which Relieves People With Chronically Tense Or Tight Muscles In The Neck, Shoulder Or LowerBack.

### Benefits Of Deep Tissue:

- A) Rehabilitates Injured Muscles
- B) Helps With Labor And Delivery
- C) Stress Relif Deeptissue Massage Is A Great Stress Reliver.







## AROMA THERAPY

**60 min**  
**2800/-**

**90 min**  
**3500/-**

**120 min**  
**4500/-**

This Therapy Uses Essential Oils With The Clients Choice. The Pressure Is Reduced In This Massage To Slow Down The Fast Pace Of The World Of This Massage Works On Balancing Your Hormones And Improves Physical, Emotional And Spiritual Wellbeing.



### Benefits Of Aromatherapy

- A) Boost Feelings Of Relaxation
- B) Improve Sleep
- C) Help Improve Quantity Of Life For People  
With Long Term Health Problems Like Dementia.





### COUPLE MASSAGE/TWIN THERAPY

<b>Classical Swedish Twin Massage</b>	<b>60 min 2800/-</b>	<b>90 min 3500/-</b>	<b>120 min 3500/-</b>
<b>Aromatherapy Twin Massage</b>	<b>60 min 5000/-</b>	<b>90 min 6000/-</b>	<b>120 min 6500/-</b>
<b>Deep Tissue Twin Massage</b>	<b>60 min 6000/-</b>	<b>90 min 7000/-</b>	<b>120 min 8000/-</b>
<b>OKI Signature Twin Massage</b>	<b>60 min 6500/-</b>		<b>120 min 8000/-</b>

Massage Therapist Knead Two Clients Side-by-side In Same Room. A Couple Massage Is Also A Great Way To Reconnect With A Close Friends, Sister, Mother Or Daughter





## FOUR HAND MASSAGE

60 min

90 min

120 min

Feel The Heavenly Experience Of Four Hands Massage From Two Therapists, the Therapists Will Combine Slow And Relaxing Motion With Harder, deeper Movements To Target Each Of Your Problems Whilst Keeping You Completely Relaxed.







## BALINESE MASSAGE SPORTS MASSAGE

**60 min**  
**2800/-**

**90 min**  
**3300/-**

**120 min**  
**3800/-**

Balinese Massage Was Developed In The Indonesian Province Of Bali, With The Influence From The Traditional Medicine Systems Of India, china ,and Southeast Asia. Balinese Massage Techniques Include Acupressure, skin Rolling And Flicking, firm And Gentle Stroking, percussion, and Application Of Essential Oils.







## DEEP TISSUE MASSAGE

**60 min**  
**3000/-**

**90 min**  
**3500/-**

**120 min**  
**4500/-**

Deep Tissue Massage Is A Massage Technique That's Mainly Used To Treat Musculoskeletal Issues, such As Strains And Sports Injuries. It Involves Applying Sustained Pressure Using Slow, deep Strokes To Target The Inner Layers Of Your Muscles And Connective Tissues.





### CLASSICAL SWEDISH MASSAGE

60 min  
2500/-

90 min  
3000/-

120 min  
4000/-

150 min  
5000/-

2 HR  
6000/-

### Swedish massage



A Swedish massage is designed to relax the entire body by rubbing the muscles in long, gliding strokes in the direction of blood returning to the heart. It can help increase the level of oxygen in the blood and improve circulation and flexibility.





## THAI MASSAGE DRY MASSAGE

**60 min**  
**3500/-**

**90 min**  
**4500/-**

**120 min**  
**6000/-**

### THAI MASSAGE

Thai massage uses gentle pressure and stretching techniques to relax the whole body. This is an ancient healing practice that originated in India. Thai massage is geared towards applying deep pressure to improve circulation, mobility, and more.

Available now only on Saturday







## POTLI MASSAGE

**90 min**  
**4500/-**

**120 min**  
**6000/-**

Potli Massage Is Done With The Help Of Potli, A Small Heated Pouches. Made From Soft Muslin Cloth Clipped In The Hot Ayurveda Oil, rocksalt Or Sand Which Generates To Give A Therapeutic Effect By Nourishing, rejuvenating And Relaxing The Body.







## HOT STONE THERAPY

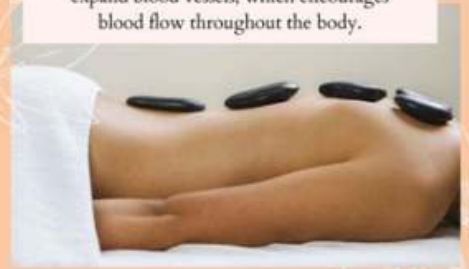
90 min  
4000/-

120 min  
5 000/-



### *Hot stone*

Hot stone massage therapy helps melt away tension, ease muscle stiffness, and increase circulation and metabolism. Hot stones, when coupled with massage, also help to expand blood vessels, which encourages blood flow throughout the body.





## PRENATAL MASSAGE

**60 min**  
**3000/-**

**90 min**  
**3500/-**

Therapeutic body work that focuses on the special needs of the mother-to-be as her body goes through the dramatic changes of pregnancy. It enhances the function of muscles and joints, improves circulation and general body tone and relieves mental and physical fatigue.

### Benefits

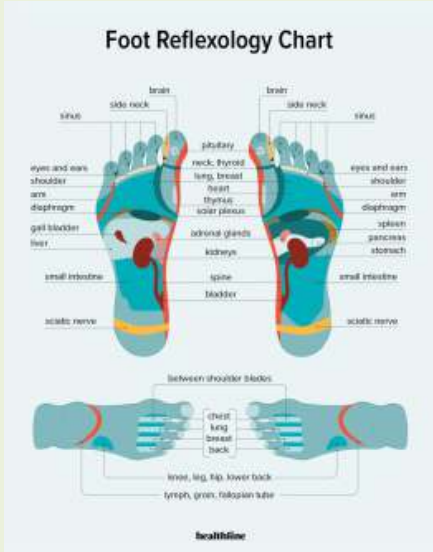
- \* Reduced back pain.
- \* Reduced joint pain.
- \* Improved circulation
- \* Reduced muscle tension and headaches
- \* Reduced stress and anxiety.
- \* Improved oxygenation of soft tissue and muscles.
- \* Better Sleep





## FOOT REFLEXOLOGY

<b>30 min</b> <b>1000/-</b>	<b>60 min</b> <b>1800/-</b>
<b>90 min</b> <b>2500/-</b>	





## BODY SCRUBS AND WRAPS

**30 min**  
**1000/-**

Choose Any Scrubs And Wraps  
At Same Price

- 1.Lavender Scrub
- 2.Cucumber Scrub
- 3.Neem Scrub
- 4.Shea Butter Scrub
- 5.Pearl Scrub
- 6.Brithening Scrub
- 7.Charcoal Scrub
- 8.Multani Mitti Wrap
- 9.Neem Wrap



### OKI WELLNESS SPA & YOGA CENTRE

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