

RUSTIC THISTLE

Vegan Menu

Black Bean Breakfast Bowl \$20

Tofu Scramble/ Black Beans/ Pico de Gallo/ Avocados/ Cilantro/ Kale/ Quinoa

Vegan Philly Cheesesteak \$22

Oyster Mushrooms/ Vegan Mozzarella and Cheddar Cheese/ Vegan Mayo/ Caramelized Onions and Peppers/ Fries

Beyond Burger \$19

Plant Based Burger/ Tomato/ Lettuce/ Onions/ Vegan Burger Sauce

Black Bean Patty Melt \$20

Black Beans/ White Onions/ Mushrooms/ Bell Peppers/ Vegan Burger Sauce/ Vegan Cheddar Cheese

Roasted Veggie Bowl w/ Golden Tahini Sauce \$22

Cauliflower Florets/ Carrots/ Kale/ Quinoa/ Pumpkin Seeds/ Avocado

Vegan Chipotle Lion's Mane

Mushroom Taco \$20

Sautéed Lion's Mane Mushroom/ Lettuce/ Chipotle Chili Sauce/ Flour Tortillas

Sweet Potato Quinoa Salad \$18

Quinoa/ Sweet Potatoes/ Red Onions/ Black Beans/ Bell Peppers/ Pepita Seeds/ Jalapeños/ Cilantro Lime Vinaigrette

Vegan Navajo Taco \$20

Vegan Chili/ Lettuce/ Tomatoes/ Onions/ Frybread

Vegan Chili Cup

\$10/ Bowl \$20

Black Beans/ Kidney Beans/ Fire-Roasted Tomatoes/ Bell Peppers/ Onions/ Corn

RUSTIC THISTLE

Vegan Menu

Black Bean Breakfast Bowl \$20

Tofu Scramble/ Black Beans/ Pico de Gallo/ Avocados/ Cilantro/ Kale/ Quinoa

Vegan Philly Cheesesteak \$22

Oyster Mushrooms/ Vegan Mozzarella and Cheddar Cheese/ Vegan Mayo/ Caramelized Onions and Peppers/ Fries

Beyond Burger \$19

Plant Based Burger/ Tomato/ Lettuce/ Onions/ Vegan Burger Sauce

Black Bean Patty Melt \$20

Black Beans/ White Onions/ Mushrooms/ Bell Peppers/ Vegan Burger Sauce/ Vegan Cheddar Cheese

Roasted Veggie Bowl w/ Golden Tahini Sauce \$22

Cauliflower Florets/ Carrots/ Kale/ Quinoa/ Pumpkin Seeds/ Avocado

Vegan Chipotle Lion's Mane

Mushroom Taco \$20

Sautéed Lion's Mane Mushroom/ Lettuce/ Chipotle Chili Sauce/ Flour Tortillas

Sweet Potato Quinoa Salad \$18

Quinoa/ Sweet Potatoes/ Red Onions/ Black Beans/ Bell Peppers/ Pepita Seeds/ Jalapeños/ Cilantro Lime Vinaigrette

Vegan Navajo Taco \$20

Vegan Chili/ Lettuce/ Tomatoes/ Onions/ Frybread

Vegan Chili Cup

\$10/ Bowl \$20

Black Beans/ Kidney Beans/ Fire-Roasted Tomatoes/ Bell Peppers/ Onions/ Corn