

Mojo Affirmation Cards



Mojo Affirmation



Wheel Spin

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Sonja Parris. www.UpYourMojo.com

Approximate card size 3 x 4.5 inches



Thank you!

Hello and thank you for getting this set of printable cards with the Affirmation Spin Wheel! (Link to the Affirmation Spin Wheel is on the last page!)

This deck is user-friendly. Simply select one card daily (or more if you feel inclined) and concentrate on that card.

- Whenever negative thoughts arise, recall the affirmation.
- Keep the card with you, snap a photo to save on your phone, or repeat it aloud throughout the day.
- This exercise is enjoyable and straightforward for shifting your thoughts.
- By emphasizing positive thoughts, you'll naturally diminish negative ones.
- Research indicates that forming a habit takes just three weeks. Focus on an affirmation each day, and soon these affirmations will come to mind effortlessly.

I trust you will enjoy using these cards.

Sonja Parris



How to Print Your Cards

What You'll Need:

- A printer with ink
- Cardstock paper (preferably 250gsm or heavier)
- A pair of scissors or a paper cutter
- A ruler (if using scissors)

Step 1: Prepare Your Printer

- Ensure your printer is on and has enough ink.
- Set the printer to the highest quality setting to get the best color output.
- Select "Cardstock" as your paper type if your printer has that setting.

Step 2: Print Your Cards

- Load the cardstock into the printer tray. Make sure it's aligned properly to avoid paper jams.
- Open the PDF file of your card template.
- Choose 'Print' from the file menu. Ensure you print at '100%' scale so the cards maintain their intended size.

Step 3: Cut Out Your Cards

- Once printed, let the ink dry for a few minutes to avoid smudging.
- Use a ruler and pencil to lightly mark the cutting lines if they aren't clear.
- Carefully cut along the marked lines with your scissors or use the paper cutter for more precise edges.

Step 4: Enjoy Your Cards!

Once all your cards are cut, they're ready to be used. Shuffle them and see how they feel in your hands!

Tips for Best Results:

- Test print on a plain piece of paper first to check the alignment and settings.
- If the cards feel a bit light, you can laminate them to add durability and a professional touch.
- Store your cards in a cool, dry place to keep them looking fresh.





How to Use Your Cards

Once you have printed your cards, you can start using them.

Here are some suggestions for using the cards.

Shuffle the Deck:

Gently shuffle your cards to randomize the order. This is important for ensuring a fresh experience each time you use them.

Draw a Card:

When ready, draw a card from the top of the deck or fan them out and pick one randomly, depending on what feels right for your use.

Interpret the Card:

Take a moment to look at the card you've drawn.

What do you see? How does it make you feel?

If the card has text, read it slowly and consider what it means in the context of your situation or question.

Group Use:

- **Sharing:** Cards can be a great tool for group activities. Whether you're using them for learning or as a game, consider taking turns drawing and discussing each card.
- **Collaborative Interpretation:** In groups, invite everyone to share their interpretations of a card. This can lead to rich discussions and multiple perspectives on the same prompt.

Tips for Care and Maintenance:

- Keep your cards in a case or box to protect them from dust and damage.
- Avoid bending them and keep them away from moisture to prevent warping.





I embrace the
journey to my best
self.

Today, I choose joy
over worry.

I am worthy of love
and kindness.

My challenges help
me grow.



I release what I cannot change.

I am brave, bold, and beautiful.

Today, I choose to be grateful.

I am a magnet for positive energy.



I trust the timing of
my life.

My dreams are valid
and achievable.

I am enough just as
I am.

I welcome
abundance in all
forms.



My heart is open to
love.



I am a creator of
peace and joy.



Every day is a fresh
start.



I am resilient,
strong, and capable.





Kindness is my natural response.

I choose to see the good in others.

I celebrate my unique journey.

My voice matters and my words have power.



I am connected with
the beauty of the
present.

Today, I spread
positivity wherever I
go.

I am the architect of
my life.

I am surrounded by
love and everything
is fine.



I forgive myself and
learn from my
mistakes.

My happiness is up
to me.

I believe in my
ability to unlock the
way and set myself
free.

I let go of worries
that drain my
energy.



I am patient with
myself and my
progress.



I am a beacon of
love and
compassion.



I am in charge of
how I feel and
today I choose
happiness.



I nourish my body
with healthy
choices.





I am open to new adventures.

I find joy in the simple things.

My soul is serene and my mind is at peace.

I am focused on my goals and feel passionate about my work.



I radiate confidence,
positivity, and
grace.

I am grateful for
this moment and
find joy in it.

I embrace my fears
as a path to bravery.

My intuition leads
me to where I need
to be.



I am a vessel of
peace and calm.

I celebrate every
step forward.

My life is full of
endless
opportunities for
success.

I trust myself to
make the right
decision.

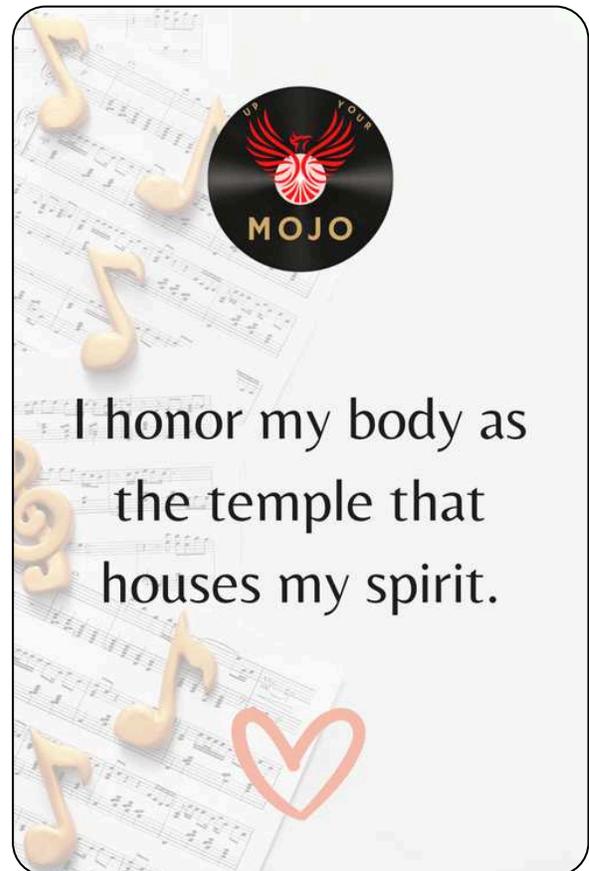
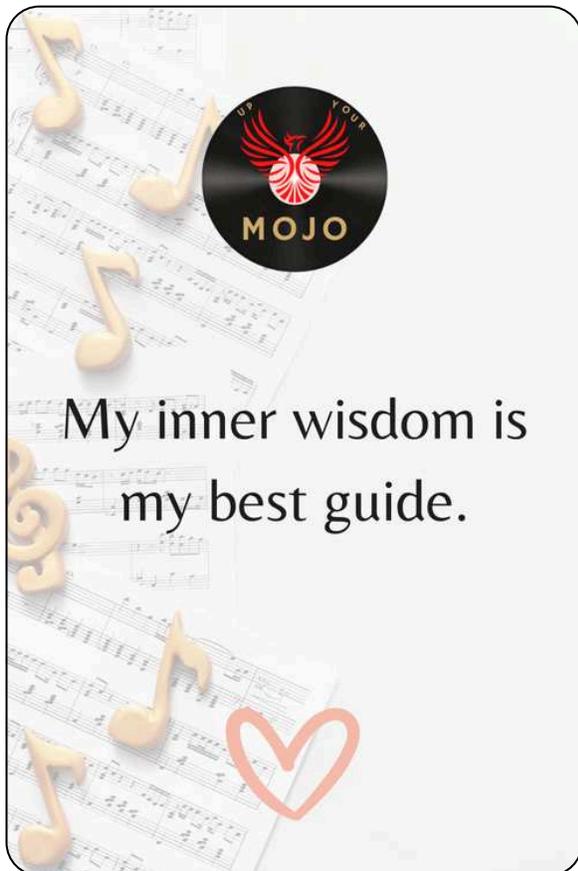
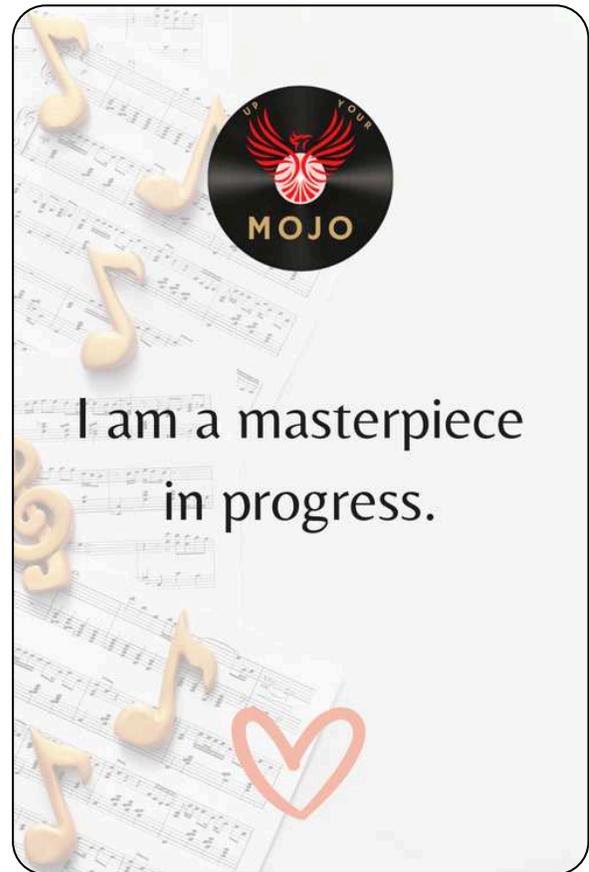
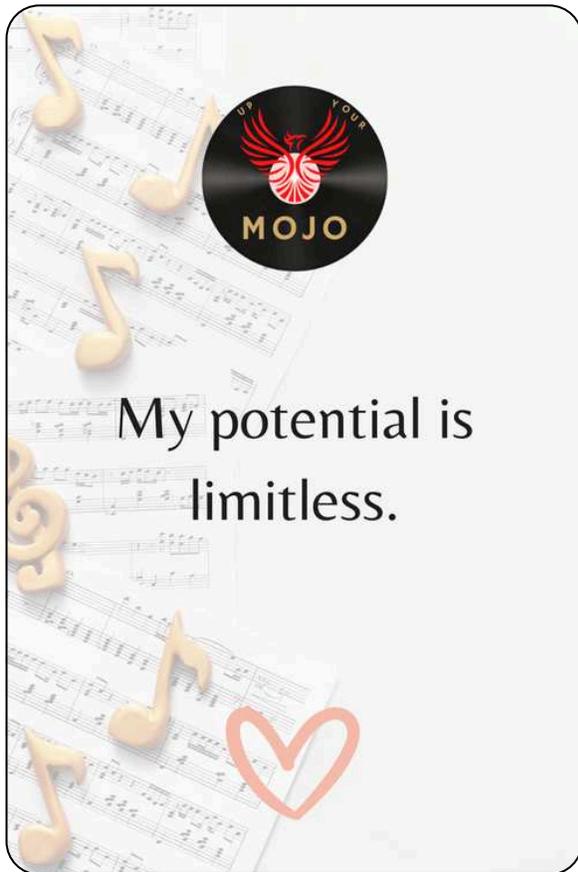


I attract only healthy and loving relationships.

I am deserving of my dreams.

I am guided by love and driven by purpose.

Today, I choose to forgive and set myself free.



Mojo Affirmation Wheel Spin

- To return to this page after the Wheel Spin you can select the back arrow in your browser.
- OR right-click on the Wheel Spin link for more browser options, such as opening the link in a new window, tab, etc.
- Don't forget to save the wheel spin links to your devices!

Click on the Wheel for the Mojo Affirmation Wheel Spin!



What affirmation do you want to focus on today? Use this wheel when you don't have your printed cards at hand! Enjoy!

Here's more Classic Rock! Use this Wheel Spin and then look up the song, video or album cover!



What message is the Universe wanting to give you? Spin the Classic Rock wheel and see what resonates with you!