



COLETTE BARON-REID'S
SHARED WISDOM



Module 4

Homeplay 1 - More On Boundaries

In this module, you are invited to partner with other people to share readings, this time using multiple decks. We consider it one of the most important modules because a lot of the information isn't just for doing readings; it applies to all of your interactions.

We will also explore our filters. We see the world through the filter of our life experience and individual personalities. Our filters are what we bring to the table when we interact with others and when we approach the oracle cards. Those interactions will be influenced by the filter you are seeing through, so it's crucial to understand and acknowledge that.

This module will also go over some self-care strategies to stay energetically clear and healthy.

As we told you at the beginning of Shared Wisdom, the focus, now, is on how you are expressing yourself to the world. You are responsible for the energy you bring to other people. It is your responsibility to set and maintain your own boundaries and respect the boundaries of others.

Imagine you invite someone to meet you at a cafe for coffee (or tea). You both sit down and suddenly, without you understanding how, you're both standing at the front door of your home. Before you can figure out what's going on, they bustle past you and stomp right inside. You notice that they never wiped their shoes and now they are leaving a muddy trail behind them. This makes you uncomfortable and you want to say something, but they're a guest (kind of) and you don't want to seem rude.



The next thing you know, this person is looking through your closets and drawers, rearranging furniture, telling you what your home should look like and how you should do things. Meanwhile, you just nod along, mutely, and wonder what to do. You wonder if you should say something, but they seem so sure of themselves. Maybe they know more than you do. And you really, really don't want to hurt their feelings or make this awkward for them.

Or maybe when you met at the cafe you suddenly found yourself being dragged into their home. They are peppering you with questions, asking advice, practically begging for you to rearrange the furniture and go through their closets.

This is how card readings can go sometimes. You start off believing you are on neutral territory with equal footing and suddenly someone is transgressing a boundary and either forcing themselves into the other's space or dragging them into theirs.

You don't want to be the person who:

- Knows it all and barges in uninvited to fix things or give advice.
- Sits meekly while the other person takes control.
- Seeks rescue and drags someone into your world so they can fix it.
- Is dragged into someone's drama and forced to sympathize and offer advice you don't feel comfortable giving.

We also experience this in our everyday lives with friends, family, colleagues, and acquaintances. You may even have transgressed a few boundaries yourself, most of us have. We tend to be more aware of when someone else crosses our boundaries than when we do it ourselves.

The idea here isn't to judge; it's to notice, so that you become more mindful when interacting with others. Oracle School is always about doing your own work. We want you to take care of yourself and set healthy energetic boundaries. This includes Spiritual boundaries, emotional boundaries, and relational boundaries.



Use your journal to explore what it feels like when someone crosses your boundaries.
Explore what it feels like when you've crossed someone else's boundaries.

This is information gathering. It's about being really clear about boundaries and personal responsibility when working with others.