

THE *Spirit* OF YOUR  
BUSINESS  
MASTERCLASS

METAPHYSICS OF  
MANIFESTING

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# The Metaphysics of Manifesting

Welcome back to The Spirit of Your Business Masterclass!

In Fireside Chat #4, we explored the metaphysics of manifesting, and discussed how the rhythm of manifesting in your business may look different than you ever imagined – with plenty of unplanned twists and turns along the way – and how to prepare for the success you want to invite in.

The purpose of this worksheet is to help you reflect on the key insights and takeaways from our call. It includes a summary of our discussion, key takeaways, reflection questions, an Oracle Card spread, recommended books, and additional resources to deepen your understanding of the metaphysics of money.

I'm thrilled to be on this journey with you!

Love,

*Colette*

"If you believe it will work out, you'll see opportunities.  
If you believe it won't, you will see obstacles."

– Wayne Dyer

# The Metaphysics of Manifesting Call Summary

The Metaphysics of Manifesting is about understanding that the blueprint for your success with the Spirit of Your Business already exists, but not as a static map. Instead, it's an evolutionary moving process. It's about so much more than what exists or what we can see in our physical reality – it requires us to look deeper at the unseen forces at play, working FOR us behind the scenes.

The metaphysics of manifesting reminds us that we can't get stuck in our temporary reality – no matter how real it feels in the moment!

One of the most important lessons we have to embrace in order to engage in the manifestation process is releasing the rigid form in which we think things need to unfold. We have to open ourselves up to co-creation, and remember that we are only one half of the manifesting equation! Manifesting the business you desire can be a wild ride! We're here to learn about trusting the process, and using our conscious intent at the same time.

**Use this short summary of The Metaphysics of Manifesting Fireside Chat to help you absorb and digest all of the information and wisdom from our fourth and final call. You can refer to this later as a refresher, or use it as a guide while you fill out the reflection questions.**

- When we have rigid expectations of how things should unfold, we can throw ourselves off track. Keep in mind that there's often a process of "chemicalization" during the manifestation process. This can look like things getting worse before they get better. A kind of spring cleaning.
- These phases of chemicalization are a chance to recognize what needs to be released or transformed. It's important not to sabotage yourself during these periods.

- There will be moments in business when it feels like nothing is happening. During these phases we have to consider everything that's aligning itself in the background.
- The timeline might look different than you imagined, but the Universe is orchestrating everything needed for you to succeed. It's not always time to pivot or give up when things look like they aren't working!
- Embrace the nature of both/and in your business. There are times for ebb and for flow.
- The simple practice of writing down your vision is incredibly powerful for manifesting!
- In order to have the success and the business you want, you have to become the business person who can have that business!
- The most important thing you can remember is to surrender the FORM and keep your relationship with Spirit primary as you go through your journey with the Spirit of Your Business.

## The Metaphysics of Manifesting Exercise

The exercise for the Metaphysics of Manifesting is to listen to the meditation below, and then complete the reflection questions in your journal. Notice what comes up for you during this guided visual journey, and allow the insights and discoveries to guide you as you manifest the next evolution of your business.

[\*\*CLICK HERE TO ACCESS THE MEDITATION\*\*](#)

- How did it feel to connect with your Guardian of Light and your Future Self?  
What emotions did you experience during this encounter?
- As you look at the map of your life, what patterns or connections stood out to you?  
Did anything surprise you or give you a new perspective on your journey?
- What does the crystal represent to you? What dreams, inspirations, and aspirations did you see reflected in it? How does it feel to hold your destiny in your hands?
- How does it feel to know that life loves you and that your dreams matter? How does this realization impact your outlook on co-creating a magnificent and meaningful adventure with the Spirit of Your Business?
- How does it feel to recognize that you are the magic and that there is an abundance of love, peace, creativity, and compassion within you? How can you tap into these qualities in your business?
- How can you integrate the insights and experiences from this meditation into your present business? What actions or mindset shifts can you take to align with your blueprint for success and embrace the magic within you?

# Metaphysics of Manifesting Oracle Card Spread

As always, Oracle Card spreads are a wonderful way to connect with your inner guidance on any topic – and the metaphysics of manifestation in your business is no exception! Use this card spread to gain clarity about where you are on your manifestation journey, and what is to come on your journey.

If you don't have an Oracle deck of your own, [you can use one of my virtual decks for free](#). By exploring each card's message and reflecting on how it applies to your current situation, you can gain a greater understanding about manifesting in your business, and what guidance is available for you about this topic.

## How to Prepare for your Oracle Reading:

1. Choose a place and time when you can be undisturbed. Sit in a comfortable position with both feet on the floor (you may even want to take off your shoes and go bare-foot to get really grounded!).
2. Take a few deep breaths, counting in for four and out for five. The goal is to reset and ground your energy.
3. Close your eyes, place your hand on your heart, and ask the questions below.
4. Open your eyes, and use your deck to choose three cards.
5. Now, starting with the first card you pulled, look at the images on the card you've selected. Read the description from the guidebook.

6. Continue to sit quietly, letting your mind wander where it will. What sensations come over you? What do you feel? You may hear a voice, see something in your mind's eye, or have a distinct impression of simply knowing.
7. Write down the cards you received, the key messages, and what came up for you through those messages.
8. Whatever you received, thank Spirit for loving and supporting you in this process.
9. It's also important for you to know that my decks are prescriptive, not predictive. This keeps you from giving your power away to a future that doesn't exist for you yet. Instead, you are focusing on your now and using the cards to make the best choices. It's really so much more empowering to approach the cards this way!

**[CLICK HERE TO USE MY FREE DIGITAL ORACLE CARD APP](#)**

## Manifestation 3-Card Spread



**Card 1:** Where am I now in my manifestation journey?

**Card 2:** What's my next right action in my manifestation journey?

**Card 3:** What experience can I expect next in my manifestation journey?

# Oracle Card Reflection

Write down the card names, numbers, and key messages in the space below.

**CARD 1:**

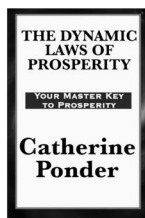
**CARD 2:**

**CARD 3:**

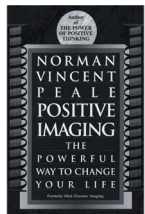
Next, write down whatever comes up for you around the messages you received from your cards. Don't try to edit your writing or be critical of what comes up, just record whatever comes to you. It could be paragraphs, words, doodles, or drawings. There's no right or wrong way to reflect on these messages.

# The Metaphysics of Manifesting Recommended Reading

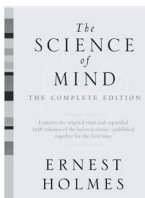
If you want to take your exploration of the metaphysics of manifestation one step deeper, check out some of these books that offer deeper insight and perspectives on the subject. These books cover topics such as prosperous thinking, the power of intention, and more. Whether you're seeking practical guidance or philosophical musings, these books offer valuable insights and perspectives that can help deepen your understanding of the metaphysics of manifesting.



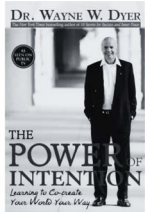
"The Dynamic Laws of Prosperity," by Catherine Ponder – Have you heard of "prosperous thinking?" The word "prosper" means "to flourish, succeed, thrive, to experience favorable results." This book plainly shows how prosperous thinking has helped people in every walk of life to experience these results.



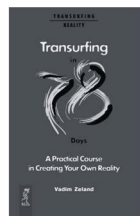
"Positive Imaging: The Powerful Way to Change Your Life" by Norman Vincent Peale – This book teaches the method of Positive Imaging, which is vividly picturing in your mind a desired goal or objective and holding that image until it sinks into your unconscious mind, where it releases great untapped energies and helps you change all aspects of your life.



"Science of Mind" by Ernest Holmes – In this book, the founder of the United Church of Religious Science, an international religious movement, presents his basic spiritual tenets, showing readers how to get in touch with nature's forces and God's healing power.



"The Power of Intention: Learning to Co-create Your World Your Way" by Wayne W. Dyer – This book argues that intention is a force found in the universe that propels an individual into action and includes stories and examples of the principles of intention and ways to apply intention to everyday life.



"Transurfing in 78 Days — A Practical Course in Creating Your Own Reality" by Vadim Zeland – This book breaks down the Transurfing principles into 78 bite-sized chunks. Transurfing is a powerful tool for creating your own reality. When you apply these basic principles, you will gain the power to change your destiny.

## Metaphysics of Manifesting Reflection Questions

Reflecting on the metaphysics of manifesting can help us gain perspective on the big picture of what manifesting looks like in our business, day-to-day. By exploring our beliefs, perceptions, and intentions about manifesting, we can be more open to possibilities and potential as they arise.

To support you on this journey, I've compiled a list of reflection and journaling questions that can help you delve into the metaphysics of manifesting and how it affects your business. Use these questions as a tool to gain insight into your process of manifesting in your business.

How do you perceive the role of synchronicities in the manifestation process?

What practices or mindset shifts can help you cultivate awareness and openness to recognize synchronicities?

How will you take inspired action to leverage the opportunities that align with your vision and manifesting journey?

## Affirmations for Manifesting

- I am a powerful manifestor, and I effortlessly attract abundance into my life.
- Every day, in every way, I am aligning with the energy of my desires and manifesting them with ease.
- I release all limiting beliefs and open myself up to receive the unlimited abundance of the Universe.
- I am worthy of all the blessings and opportunities that come my way.
- I trust in the divine timing of the Universe, knowing that everything is unfolding perfectly for me.
- I am grateful for all that I have manifested and excited about the incredible manifestations yet to come.
- I am co-creating my reality, and I joyfully embrace the power to manifest my desires.

## Final Reflections on the Metaphysics of Manifesting

I hope this worksheet helped you explore the concepts behind the metaphysics of manifestation in your business, and that you feel empowered and excited to co-create the next stage of your business journey. Remember that above all, manifesting is an ever-evolving process. In order to have the feelings & experiences you want along the way, you must learn to release the form in which they show up and embrace the journey with all its ebbs and flows.

Anything is possible when you open your connection to the Universe!

- Colette Baron-Reid