

The Art of Co-Creation with the Universe

Today I'm going to talk about **manifestation** and **co-creation**, two words I talk about a lot because they are so important!

Both words are about reality creation, but they come at it in two different ways.

Co-creation - Collaborating, creating or manifesting by working with Spirit, the Conscious Universe, God, Goddess, or whatever you choose to call your Higher Power.

I love to use co-creation because it acknowledges that we don't do this alone—you can't co-create by yourself! You are always co-creating with the Divine and that partnership is always active.

When we are co-creating/manifesting we are moving something from the invisible source of reality (our thoughts, feelings, beliefs, intentions), to what shows up in form, we make it real!

When we use the word co-create, it's like we are signing up for a partnership. We collaborate with the Conscious Universe, which is alive and acts as our partner. That means we do our part by taking the steps we need to take and also trust that the Universe will do its part to meet us and deliver a concrete manifestation of it.

**The essence of the intention—the feeling you want to experience, is much more important than the goal pictured in your head. That's why I always say, "Don't be attached to the form!"

You have to trust that being in partnership with the Universe will deliver what's in your best interest and highest good!

Manifestation - Making something real. Bringing something from the invisible to the visible. There is less of a partnership idea. The word manifest implies personal power, even though the partnership is there too.

Manifestation is about the result of the spiritual work you do when you are focused on an intention with an elevated emotion and the field of consciousness delivers it to you as an experience.





Just remember when you use either of these terms you are always in partnership with Spirit!

Using Oracle Cards to help you co-create with the Universe is about asking the right questions to get the answers that you need to know in order to stay in alignment with that intention.

- What do I need to know about co-creation?
- What do I need to release to be in alignment with this intention?
- What hidden belief in me, may block me from manifesting _____?

Also, sometimes group, culture, or the collective vibe can override and say that you can't have that experience 'right now'. This means that the greater experience overrides the smaller one. However, you can still be at peace, no matter what you see happening externally. Just continue to focus on the feeling that you want to manifest.

No matter what happens outside of you the feeling state is #1!

As I mentioned in the video, a couple of my favorite books on reality creation that you may want to read are *The Dynamic Laws of Prosperity* by Catherine Ponder and *The Holographic Universe* by Michael Talbot.

That's it for now! I will see you next time in the Oracle Circle!

NOTES			

