

THE *Spirit* OF YOUR BUSINESS MASTERCLASS

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Metaphysics of Manifestation

Call #4

Hi everybody. Welcome to our fourth and final call of our spirit of your business masterclass. I'm obviously still Colette Baron Reed, and you're still you. And I wanna give a special shout out to Chris Oi, who is here as our engineer for the evening. Yay Chris. But let's get some applause for yourself there.

Chris. Mark couldn't be here. Mark could be here. So Chris came all the way from Toronto. He drove all the way here to make sure this is, so we, we did sound check this afternoon at four. It was awesome. So thank you Chris. You're doing a great job. Okay. You know, I can't even believe it's already our last call.

Oh my gosh. Like I'm, I've had so much fun over the last four weeks. It has been amazing as we have all explored. Remember we're doing the metaphysical aspects of business and we've really just scratched the surface so far in this course. More, more will be coming down the road. But I really wanna thank you so much for being here.

I know your time is precious and you spend it with me. So thank you. And I am super excited to talk about today's topic, the metaphysics of manifesting. It's the metaphysics of manifesting as it relates to business. Cuz I could be here for two weeks to talk about the metaphysics of manifesting. But we have touched on manifesting or co-creation on each of our calls already.

Now you all know Elizabeth, right? Let's look at Elizabeth over here. Wave. We're both, you notice we're both redheads and we both have green tops on,

but hers is, I think we're just very good. All right, la la, la. Thank you Elizabeth. You know, Elizabeth, she's ready for jokes just in case we have another technical nav.

Anyway, let's quickly review the flow of today's call and then we're gonna get started. As always, we are gonna start with my introduction, right? Anna, welcome. Hello, welcome. That's what we're doing now, then we are doing the metaphysics of manifesting teaching. So I'm gonna, I'm gonna kind of riff about 20 minutes, a half an hour.

Then I'm gonna answer your top submitted questions. And then some of you will join me live on camera to ask your metaphysics of manifesting questions. Now, what I wanna do is I'm gonna laser coach you guys today. So I wanna get as many people as I can because the best way to teach this is by actually talking somebody through what it is that they're doing,

right? And, and I think that you'll find that very good. I'm gonna lead you also to a really great manifesting exercise and then we're gonna recap what we've learned. But now, before we begin, I'm gonna get Elizabeth back here. We're gonna pull a card. The question we asked is, what is the, what is it that this group,

this per this, you guys specifically, what do you need to pay extra attention to regarding your energy around manifesting? So, Elizabeth, the card is yes. So We pulled a card from the Dream weaver's oracle, and it's up there next to Colette. It's only Weavers know the time. And so this is what the card message says. The dream weavers know the perfect timing of your dreams to manifest in the outer world,

but their timetable often does not coincide with your own expectations. Sometimes you can get caught up in worrying that you're running out of time, that you might have missed the proverbial boat for success. But this is false. The universe doesn't operate in linear time. The dream weavers are moving the threads of fate and destiny around on the cosmic loom for your benefit right now.

This is good. That's good, right? I mean, you can't make this shit up. It's time to release your need to know the timing of things and trust that if you keep taking one step at a time following the signs that sparkle in the mystical

threads of synchronicity and serendipity, you'll be so much happier. Life is an adventure. So let go of your need to have things your way when you want it,

how you want it, the way you want it. The universe might have a way better, a way better idea of what you need. So stay curious and open. You are so blessed and what is truly yours will not be held with, will not be withheld from you. Trust and divine timing and all will be well. I mean, come on.

We couldn't have like, that card is like so perfect. So, you know, when you think about it, I, I can apply this. So I want you all to apply a situation in your own mind when, like, for example, I'll give you mine. Like I, when I think of how I met my husband, if somebody had told me in my twenties or even my early thirties,

it would take me until I was 44, till I met the love of my life, I would've shot myself in the head. Okay? Like, I was just like, what? Like I wanted it now. And I, I mean I kissed a lot of frogs to get to the prince, but the point is, is that I wasn't the person that could have that relationship either.

So I'm really happy that I didn't meet him sooner cuz I wasn't mature enough. You know, when I think of it, I had to be 44 to meet him and to be the partner and also to grow through the relationship. That's, you know, so same thing with career. You know, I got my record deal 20 years after, you know,

fighting and pushing and doing all the things I tell you not to do. Got it. You know? And then was able to handle the fact that I could ask myself a true question about whether it was still right for me or not. Cuz we can also outgrow our dreams and, and get new ones, right? So it's just really important that you take a look at your life and go,

wow. Yeah, had I pushed that, you know, maybe I wouldn't have been happy, but you know, when I gave it up or when I stopped pushing for it, or, you know, the timing came even though I thought I would be miserable if it didn't happen when I wanted it. But then afterwards you saw the value. And I think that does come with maturity and does come when you,

you know, you've had a little life experience and, and under your belt and you can get a chance to see it. So, so I want to chat about actually the metaphysics of manifesting itself. So over the last four weeks, including

tonight, we're, we're talking about the metaphysics of business and manifesting is a metaphysical technology, but often we forget the partnership.

A lot of people don't know the words co-creation. So we, I trans, you know, manifesting is co-creation. But when we say manifesting, there is an implication that you're the one doing it. When, when you say co-create your reality, you are automatically implying the partnership. But again, it's, it's, it's still language that not everybody's caught up to yet.

So we're gonna stick with what we do. So let's go back up to talk about metaphysics. Remember, metaphysics is about causality. And often we absolutely forget that our partner is the universe and we are only half the equation. We're the human part, the invisible part, the the movement, the the energy that uses us. We don't see that. And that's kind of like we become blind to it,

which is sort of like the cross. We all bear the thing that we have to overcome in life to recognize the matrix, right? Anyway, so manifestation, what is it? Or co-creation is the materialization of something theoretical made real, right? So we don't know it yet, it's an unknown thing, but there is a concept and it is pure potential.

It's something that exists but isn't. We can't see it, touch it, feel it. It's, it's not real yet. It's materialization right now. It's the transformation of something without form into tangible form. Like an idea, an inspiration. That's something without form, right? But it's, and we bring it into tangible form we call it in. So what is,

without form, what does that even mean? So consciousness, spirit source, universe, the divine intelligence that needs you to create something that has form is your number one driver. Okay? So that's what we're saying. That's, that's what's, that's the energy that's pushing you forward. You are not the one that's generating this. It's gifted to you, it's moving through you.

You're actually the passenger. You've got a role to play. You're not passive, but you're not the one driving the bus. And I've already taught you this. You were chosen to do this. Remember we talked about the spirit of your business as

soon as you started this course, it did not choose you by accident. So you have to remember, it has the blueprint for your success.

It exists already when it inspired you. The inspiration itself has a vast blueprint for success built into the inspiration. It's up to you to pick it or not. Like remember I said, I think I mentioned about the genius that they talked about in the Greeks and the Roman civilization that the genius was, was a harbinger or, or an intermediary between you and the,

the gods. And they were to come and they giving you the gift of an idea or something magical. And if you didn't pick that up and you decided, no, I don't feel like it, or you say no, it's gonna give it to somebody else to do, right? So that's why you see multiple things, multiple, all around the world.

You know, one person discovers something, there's all kinds of discoveries happens at the same time, but nobody knew each other. Like right there that there's, it's not by accident. So you have to remember that that blueprint for your success exists. But when we think about blueprints, let's go there. My friend is my, have my friend here with me cuz I can't drive home in the dark.

So she's a designer and tonight she handed me the architectural designs of my house. So that would be, we would assume that that blueprint, right, that's static, but it's not blue. The blueprint for our success only exists as an evolutionary moving process. It's an evolutionary moving process. It is not a static map. Think about that. Your blueprint for your success depends on you to evolve as it evolves with you.

It knows the end game, right? It's, it, it knows what it's what's supposed to be there. We don't get to know that we, so we have to become that person to be able to have that, that which is given to us. But it has to flow and interact with us as we go. So the instructions, well actually the instructions for manifestation,

I'm gonna go over in a lot more detail in a workshop I'm gonna tell you about later. They're very simple, but they are not easy. And I think we all have to admit they're not easy. And here's why. We actually exist in two places. One, we deal with the collective truth of the reality that we see. So we have to actually surrender to life on life's terms.

Which means that whatever challenges and obstacles that you meet on your journey, they have to be dealt with. You can't bypass them. You just can't. The tricky thing for all of us is that we think that the outer world that we see is the only reality, right? We see the society that we've built, we see the buildings, we see the,

you know, the inequity. We see, you know, we see the possibilities, we see the lack of possibility, all those things, whatever we see, right? Well, we don't know all the machinations that are going on for our benefit behind the scenes. We see what we see. We see the, the storefront, right? So we think the reality in all its rules and laws must be followed as is.

But I'm gonna tell you a secret, wanna hear it? Real manifestation and co-creation is about breaking the rules. It's both. And you have to say no. And I get it. You say no to the impossible things to say no to. But you say you will not prevent you. Nobody outside of yourself, no situation outside of yourself that's been built by human beings.

Ca has the capacity to take away your spirit and take away your possibilities, right? It just, it's an appearance. That's the thing. You have to recognize that even the most dire situations there is. And I always go back to my, one of my favorite authors, Victor Frankel, who wrote that book, man in Search of meaning after spending,

he chose to go to the concentration camp with his parents. They died. He didn't, and then he went out and wrote his entire, you know, treatise on the logos therapy. Cuz it's all about nothing can break us. Like nothing can if you believe in your, in the power of the spirit, right? It's pretty spectacular. And I,

whenever I'm faltering, I think of, well, Victor Frankl, I'm gonna go reread that. I've read that book four times in the, in the pandemic. Anyway, so we say, so, so I want you to think about this. I see this, which is the reality. We see, we see the laws, we see the crap online,

we see the, you know, the news. We see what's going on. I see this, I'm engaged with this, but I'm, I'm a little more detached cause I'm choosing something else I can't see yet. It's not a fight against anything. It's a choice that needs our mental and spiritual discipline. And one of the best teachers on this right now is Dr.

Joe Dispenza. So, you know, he does, he does all his workshops based on this idea of, of, you know, his book was breaking the habit of being yourself, right? And that is the premise of manifestation. You have to become the person that has the vision for your life that you have that's able to, that that refuses,

you know, all the st the people that say you can't, you shouldn't, you're not blah, blah, blah. It just refuses that. And you say, thanks for sharing, I get it, but I'm gonna do this. So it's, it's a really interesting and subtle dance back and forth, but both need to be dealt with. So for our purposes for this workshop,

just dealing with business, you're, you're, as an entrepreneur, it doesn't matter what you sell, what you offer, I don't care. It's not important. It's most important whoever, to understand your obstacles because you know how to dream. You wouldn't be here at this class if you didn't know how to dream. You actually already know how to receive inspiration.

You just wouldn't be here. You wouldn't have been attracted to this course. So you are already halfway there. So what I wanna show you is how not to get caught in the temporary reality that appears to us to be endless, which is an illusion, but it is both and it is real and it's an illusion. Cause I know, we'll, Colette,

I can touch it and my grief is real and I saw this horrible thing and that's all real. Yes. But it's only a sliver, a tiny piece of what is possible in reality. It's our emotional reaction and our, and the way in which we are shut down and contracted. That determines our attention. You know, where, where we're gonna place that,

that's where we're gonna see more of it. The other thing we all have to remember is everything is ephemeral in life. Again, the human perception of it, the need for certainty for safety and control. That's our biggest hurdle. Now I get it. This is all theory. If your head exploded, the best way I can show you how this works is to get a bunch of you up on camera and laser coach you around the spirit of your business and how it can help you with this.

Okay? So we're gonna do that later. So we wanna find out who we are listening to, who are we listening to? Are we listening to our fearful human,

judgmental self, right? That needs to see things in a specific box and actually been taught that there's only a box, right? Or could we listen to the spirit of our business who doesn't give a shit about our human social constructs?

That's true. I'd much prefer to listen to the spirit of your business. I'm gonna tell you a tiny bit quickly now about a client of mine, very powerful man in the entertainment industry. We've India NDAs, I can't, I can't share his name, but he is instrumental in some of the most famous people that, that have impacted our culture in their careers.

And he came to me for a session and then we ended up coaching for two years. And he told me a story about this very thing because he is very spiritual and he lived in the projects. He didn't have any prospects, you know, single mom. His father was in jail. It was a really, it was a very poignant story he told me.

And because we actually talked about his origins and, and what it took for him. And even though he said I had to work twice as hard, but I made a decision that I refused to to, to accept the reality that was in front of me. And that's exactly what happened. And he kept saying, every time I found myself slipping, I kept saying there's something better and I'm not gonna listen to any of this and see it.

And he literally, oh, doors would open for him that weren't there before. So, you know, and then, and another client, similar story, different, different background, different cultural identity, everything. But same thing, refused to acknowledge and accept what society was saying to him that he could or couldn't do. And off they went. So I've seen extraordinarily successful people and I've talked to them about what was it that allowed them to meet life's with the worst possible obstacles in front of them.

That that basically told 'em they were never gonna amount to anything. What was it? And it was a deep relationship to, to spirit and a refusal to play by the rules. A refusal. And so that's the thing I want you to remember too. You're not gonna play by the rules manifesting, co-creation does not acknowledge the human construct. We are the ones that get stuck in that.

We are the ones that stare at it and wonder how the hell are we gonna fix it? Spirit wants us to see it, know it, acknowledge it, have compassion for it, and

then choose. It's like instead of fighting against something you choose, you fight for something, some for something else, right? Anyway, so let's discuss the underbelly of manifesting.

That's our next topic. So, so it's important because you are here because you know, you get thrown off track. I know you're here for that too. So what are the ways, what are some of the ways we throw ourselves off track? Well, one common obstacle is having rigid expectations about how things should unfold. I mean, have you ever done that?

I have so done. I have so done this. Can I just out myself, I've done this. You get so attached to having what you want, when you want it, how you want it, remember that card. And when it doesn't accord go according to your plan, you feel like you're failing. Does that ever happen to you? It's like you had a,

you had a list in your head. It was supposed to go like this. Oh my god, it didn't, there's a shock and you feel like you're failing, but you don't see it from the perspective of what's really going on in the, in the invisible realms that are that it's like the, the world hasn't caught up to you yet. So,

and especially the bigger your dream, the more it's gotta move around. It's like turning around a big giant boat. So there's a phenomenal concept. It's a phenomenon called Chemicalization. And I learned about this early, early, early on. I was so fortunate that when I got clean and sober 37 and a half years ago and the two years prior to when I started doing readings,

I was, I was like in, I was in it in Unity church, like new thought movement, you know, I was studying and learning and trying to understand this. And I really love the early, the early authors like, like Norman Vincent Peale and, and Ernest Holmes from Science of Mind, like the real original, the OGs there,

they were more complicated because things got way too simple with the secret and all that. And we ended up looking only at acquiring stuff as opposed to seeing our powerful partnership with this consciousness of the universe. So I want you to understand Chemicalization, cuz I know all of many of you are in it, you don't even know. So what is it? It's a cleansing process that often happens when everything seems to be going exactly the opposite to what you're affirming and intending,

right? If, if I could, if I could see your show of hands, I can't see your hands, but I can tell you, I know your hands will be up if I'd say put up your hand if that's happened to you or if you're in it now, right? Everything is like, why is this going wrong? I I I,

I put this out here. I know this is it. I know I got my inspiration, spirit gave me an inspiration. I'm taking the right actions and whatever, and I'm affirming this and whatever my life is going to crap. So this woman is a Katherine Ponder as a renowned author in the field of metaphysics. And I wanna share her response from an interview.

When somebody asked her back in the fifties, sixties, seventies, maybe, I don't know, I'm, I don't wanna wreck the time. It doesn't matter. Here's what they, she was asked, what is chemicalization? She said in Chemicalization, we have a slide for this. A situation worsening is actually a part of its improvement when people begin to practice,

right? Thinking there's a clash between the old and the new ways of thinking. That sets a up a chemical reaction in your mind, your body and outer affairs. We don't think about that, right? It's like all of a sudden, why is this person leaving? Why is this a problem here? Oh my God, this is all falling apart.

No, no, no. Because you need space to bring in the right people, the right this, we don't see it that way. We see like the world is going to pot. So the dominant negative thought patterns that live in the subconscious, like strong fears, willfulness, prejudice, jealousy, resentment gets all stirred up in a pot. Now,

these old emotions, they've been in there, they've been in place for so long, they've been baked right in there. They don't wanna give up without a fight. They're very happy in there. They got, they've, they've got little, they've, they've, they've, you know, designed their rooms inside you. They have like, you know, special posters on the walls.

I mean, they don't wanna go. So I'm gonna tell you something, chemicalization is uncomfortable, but it's a natural and positive process. So if you don't panic or try to resist the process too much, cuz you will resist, let's be honest, we all resist it a little bit. There's no such thing as, oh wow, this is chemicalization,

I'm not gonna resist it. I know this stuff like the back of my hand and I still resist it when it first comes up. Cause I like a, ah, I'm like, it's not working. And I'm like, oh, it is working. Wait a minute. I need to surrender this. But initially I'm gonna resist. It's the way it is,

right? So like there's, I, unless you guys get it perfect, let me know. But I've never met anybody who gets, gets it perfect. So you will get through it. Something higher and better will always result. So don't get in there and try to figure it out. Be grateful it's happening. Think of it as a kind of spring cleaning.

I kind of went off script there because I know this, but so we have to remember cuz that's the time where we screw things up. So I want you to remember this. When you're manifesting and when you're co-creating, you're thinking about your business, especially when you're doing it for your business. This is a process that's expected. Detours are part of the deal.

So you wanna expect the outer world to readjust itself, to meet you where you are. So as you encounter your perceived challenges or your apparent setbacks, I want you to remember there are opportunities for growth. I know, like, roll your eyes, another growth opportunity. Do I need to have another one? No. Well, we might, it's so,

so important not to sabotage yourself during these times. Instead, I want you to recognize what needs to be released or transformed, which is really a process akin to the personal inventory we discussed last week. So it's really important, very common thing is to label or make chemicalization mean something. That it isn't, this is failing. I'm not good enough. They don't want me,

it's not coming. Money's gonna run out. I can't pay my bills. All those statements, they may seem and appear to be true in that moment, but we are not making space for the miracle the minute we start to label and as and assign meaning, we shift the energy and we have to kind of, kind of regroup a little bit. So,

so, and, and I, trust me, I've been doing this for, since I learned it. So anyhow, let's, let's talk about that. The meaning of the perception of failure. Okay, let's

talk about that. Cause I really need you to, this is stuff people don't talk about. They only wanna tell you about, you can do it,

it's great, but guess what? It's not gonna go smooth. It never will. There are gonna be moments in your business when it feels like nothing's happening. This is actually when you have to consider all of the things in the background that are aligning to present themselves at the appropriate time. Again, this is when entrepreneur's attitudes turn to, oh no,

something's wrong. It's because the reality you see doesn't match the reality you are hoping to align with, right? It doesn't, it doesn't look anything like it. So the two are too disparate. And that's when you panic because you forget that there's a partner. You forget that there's stuff going on behind the scenes and you're too, you're like you, it's not happening at your timetable.

Again, going back to that card versus the perfect card. So that's when people throw themselves off and you kind of have to start from scratch again. So I really hope you guys excuse me, it's gonna have some water. Sorry about this. I hope you will look up Catherine Ponder's books. Books. She's very Christian, so you know, so you know,

just again, you read it according to how you feel it. She's a spiritualist. Her books are called The Dynamic Laws of Prayer, my Favorite and the Dynamic Laws of Prosperity. So, but it's not always. So there's all, there's all kinds of ways of how we, we need to cope, right? So maybe you need to do something different.

Maybe you need to do nothing different at all. You know, maybe you just have to kind of, you know, regroup, right? And it's not always that you need to pivot or abandon ship because sometimes that's what you think. Like, oh my God, it's, oh I, should I quit? Should I quit this job? Should I quit this?

It's like not happening or whatever. Or should I do something else? Sometimes the universe just needs to readjust itself to meet you where you are. So patience, we might have to shift into a different dimension to manifest our desires. And we don't know what that is. And I a hundred percent don't know. I read this amazing book called The Holographic Universe by Dr.

Michael tbe. It's another book, it's a classic. He's crossed over. I was supposed to meet him and he died. It was so upsetting. And even though I'm a medium, he didn't, I couldn't talk to him. That's not actually a funny story, but brilliant book all about holographic reality and, and the ways in which we shift dimensions as we change ourselves.

So when you are launching your business, it takes time because the universe is orchestrating all the necessary components to align with you. The spirit of your business won't always adhere to your desired timetable. That's important. And sometimes you can imagine that and you can, you think that the manifestation process can be skewed in business. Cuz we often see manifesting or co-creating as a doing activity,

right? It's a doing, oh, we're gonna do this, we're gonna manifest this, we're gonna make this real. Cause business is about doing, it's about serving, it's an action. However, a significant part of our role is to wait patiently. And that's the doing do nothing. And again, this is where self sabotage can creep in. If we resist the waiting period and we start making it mean something like,

we might feel like saying it's not working, but in reality it's always working. Even when we're not consciously aware it, aware of it, we are constantly manifesting within the bubble of other manifestors society, for example, recognizing that our journey is unique and independent is key, but we are within a whole matrix. We're not a, we are not alone.

But we have to remember our unique and independent journey is important to the whole. And so making the invisible visible is the whole essence and the point of metaphysics. And in the context of your business, remember, you're not in charge of that part. Isn't that wild? That's not your part. The how is none of your business, right? We think,

how am I gonna do this? It'll come and it always does when you surrender it. So when things seem to go wrong, it's important to understand that the spirit of your business has not failed you and you have not failed. It might be highlighting areas that require a house cleaning to pave the way for growth and success. Just like we talked about Catherine Ponder.

Now, last week we talked about the concept of inventory and it serves the purpose of creating space for something new to emerge. So if you could

understand the nature of both and in your business, both flow and ebb in your business journey is vital. You can't have it constantly flowing. You don't want that. You need it to be like, you know,

give and take hustle and flow. And actually you don't wanna hustle anymore. I, I just like the name of that TV show or not. It was a tv, it was a movie and my friend wrote a book called Hustle and Flow. But anyway, but you know what I'm saying, activity or flow and ebb, ebb and flow. So the spirit of your business comprehends your natural cycles,

which might differ from others. So you, that's one of another reasons why you cannot compare yourself to others. Comparing yourself to other people's success is a recipe for self sabotage. Each person's journey is unique and that's okay. Now it's okay to say that's for me, you know, whatever you see that's successful, but it's not going to be exact and it's not meant to be exact.

So I wanna talk about the number one step for manifesting in business. So before we jump to your questions, and I do wanna give you a lot of time to ask your questions since our last, this is our last call, but I wanna share with you one of the best practical steps you're manifesting in your business. It's gonna seem so simple, but it's also very powerful.

And you're gonna go, I already do that. Write down your dreams and desires. Write 'em down on paper, not in your head. Don't leave 'em in your head. I want you to design your future and play with it. No one's gonna see it, but you imagine the abundance you seek and describe it. Envision your desired environment. Say how you want.

Write it all down. How do I wanna feel in here? What could it look like? What would it, what would it be? Like? You all saw your magical boardrooms, right? I ended up in some wild boardroom. I'm like, whoa, I actually do want this one day. This is so cool, right? And I'm like,

Ooh. So that would be beautiful. So do you even know what that abundance looks like? So I want you to play with it, even though you're gonna surrender the actual form. We are visual people. We, that's why vision boards are so great. Even when you're picking out pictures of things, the exact thing could happen, but it's likely that the thing that matches it energetically is what's gonna happen.

So you have to remember to release the form, but understand, you have to start somewhere. Like, I've always been obsessed about some white, gorgeous house in Florida, even though I have no interest in going to Florida, but I keep seeing this house. It could be in Portugal, I don't know where it is. And I see it all the time.

So, and I'm a, I'm drawn to it and I play with it. I go, okay, whatever. And then it turned out my friend invited me to stay with her in Mexico, and she has a house that looks just like that. So I realized, oh, I'm actually gonna get to go to the house in the picture. It's not my house,

but I get it. See what I mean? So I want you to play with it. Play with it. How does it feel to be there? Write that down. What does a typical day look like for you in this vision of your future, right? What does it look like? What would your responsibilities entail? Like what would you have to do?

Like people say that I want this big house. Okay? So you have to pay the taxes on that house. You have to be making the living that enables you to afford that house. You say you want, like all of those things. Who would you have? What would you have to change in your life to actually have that, right? So how would,

how would you be equipped to handle those responsibilities? These are things to consider. You write those down too, so that you can understand what you have to do to become the person that you wanna be. The person who has the vision for success, for your business that you wanna have, the person that has the experiences your business affords you to serve your clients in the way you wanna serve.

Who's that? Who's that person? And how different are they from you now? So I want you to actually write down what are your perceived obstacles? How do you feel about them? You know what they are. Can you give them to the spirit of your business to solve? What does that feel like? Do you have to peel your hands off of them?

Right? You got, I want you to write that down now, we're gonna visit that future self in our exercise later today. But real, really spend some time connecting with this vision, writing it down. You're gonna be amazed at the

results and just get super honest. So play with a piece of paper, have a journal, craft it out.

Say, this is who I am, this is what I might wear. This is the kind of house I live in. This is, and yeah, those are external things, but you wanna describe your environment, but this is how I feel about myself. I feel like this is me. And if it doesn't feel like this is you, if it feels like so different from where you are now,

that's an important thing to look at. You would have to make changes. And then that's the next question you ask. Well, in order for me to be this person, what would have to change from here to there? And you'll find you will, it will tell you spirit of your business is not gonna mince any words, but you don't have to do it overnight.

It's not, it's not an overnight thing. So I do wanna mention that is, it is essential to consider the potential challenges that might arise with success. So I'm gonna give you an example. I went on this trip, I met these people who brought all their friends, this couple to this resort that I was at, and they were drinking and partying,

and I got to know the couple. And it turned out they paid for everybody. So there was like eight people there. They foot the bill, they won the lottery, they won the lottery, and they were completely unprepared for the vast disparity between their new position and their previous life. They, they got really drunk. So they talked to me and I was clean and sober.

So I was listening, right? I was fascinated. They were, they couldn't navigate their personal relationships. They tried so hard to be the same people and to prove to their friends that they were the same people, but they weren't the same anymore. They eventually lost their wealth. They were not prepared, they hadn't prepared their container. I've met another couple also brought up people.

They were different. They had hired lawyers. They had done all the right things, right? And they were different by these other ones. They just, they were scrambling. So remember we talked about preparing your container. So there's a lot of people, there's stories about people that win the lottery and don't know how to be responsible with the money, and they don't have the skills to live the life of the person who has that kind of wealth.

So I want you to apply this exact same story to your business. I want you to imagine that your lottery is the success of your business. Like, I'm happy that mine didn't happen so fast. Look at yourself in a different space in the future than where you are now and be very sober, emotionally sober when you do this. Because getting what you want will cause all kinds of changes about knowing you will have to either hire people,

know that they will come to you, maybe hire money managers, maybe learn more about that. I have a 20 person team. Now if you told me that when I started my, my business, well first of all, I wanted to be a singer. I didn't even wanna do this, but I was charging \$25 an hour. That was a lot of money to me then.

Can you imagine going from that to here? Success that comes overnight is rarely comfortable. And when you see your success, what happens to your friends and relatives? You have to know that things are gonna change. I still have friends from 35 years ago, more longer actually. Well, yeah, 37 years ago. They have their own success that writes for them.

That's right for them. We don't, we don't even talk about it. We never compare where we are. We've been friends no matter what. We don't care what the other one does. None of us actually care what the other ones do for a living. We don't care at all. But I've also lost friends because we weren't in the same space anymore.

I wasn't available anymore to sit in the mud together. There was a projection of comparison. All the sticky stuff that goes along with that. I want you guys to think about that. I know you don't wanna, why is she telling us this negative stuff? But it's that, you know, a lot of people sell you a story that, that you're gonna just be successful and everything is gonna be great and you're gonna have these like massive seven figure this and that.

But they don't tell you about all this stuff that happens along the way that you have to get, you have to get with this, that this is true. Some people might get jealous, passive aggressive, angry, resentful. That happened to me. I didn't wanna commiserate over small petty things anymore. That might have been okay when we were 20. You know,

people are not, not always as happy for you as you want them to be. So that's the thing. You have to know that you are in this no matter what happens. You have to love your business. I love what I do. I love my business. I love serving, I love teaching this. I love everything I do. And yeah,

some of it was hurtful along the way, but I was willing, if I had to reinvent myself, which I have so many times, I'd have to let, I'd have to constantly hold the world loosely around my shoulders. And you have to do the same thing. If you wanna re invent yourself, it's gonna come. That's just the way it is.

It's not even personal. And it can be amazing too. I mean, obviously it's more amazing than it is hurtful. But the hurts the part that we fixate on. It's so much easier to go like, ouch than like, wow, look at all this. It's just the way we're built as human beings. So it, it will be also spectacular or beautiful.

I don't wanna scare you and say all this bad stuff's gonna happen, but some of you, it'll be less hard. I mean, mine was mine. Some of you're not gonna have any problem at all. You have to know that this is just part of the personal growth journey and you cannot take everybody with you. And when you become someone new,

everything changes to you and people have to relate to you in a different way. And that is part of manifestation. And you have to know you're signing up for that. So I wanna talk now about actualization versus acquisition and business. I'm gonna have to get some water. Yes. Are we having a good time, Elizabeth, are you having fun? Yes.

Every everyone the chat is on fire. Everyone is loving this. And it's very timely for a lot of people. And I don't wanna bullshit anybody either. Like, you know, anybody that I've coached, the, the most successful people, you know, the they and I, and I like to compare because a lot of you want that success. You wanna be that.

But man, the stories and, and, and the suffering and the pain that went along with it too. You have to love what you do. And so believe in your service. And, and then, and also to be in a complete and absolute forgiveness as you go. Because you aren't, as you change, as your business succeeds, you change,

you become more mature. You see things differently. You don't have time anymore for drama and, and you know, not my circus, not my monkeys. And people won't like that. You know? And and same with social media. You are gonna have to be very discerning where you place your attention. Don't go chasing after strangers support. You know,

that's why I say like, dev, develop these relationships one-on-one, small groups, this thing. Th those are your people. Those are not your people. Some of your people will be in the big people, but they will find you. You just have to really trust that, right, Elizabeth? Yes, indeed. I agree indeed, 100%. So guess what has to happen?

If you have an entrepreneurial business, you have to become the business person. Hello? Surprise. You can't put your head in the sand. Even though I started on, on on my own totally. I needed an assistant. I had to hire somebody. I remember hiring somebody for the first time was just wild. I, I I felt I had arrived.

I had an assistant, then we needed another person on the team and then another. And then over time I had and have a whole global team with my husband running the company by the way, he literally had to quit what he was doing to come and help me. And it took a bit for us to figure out our roles. Like every time you up level,

there's a new devil. And then the idea that each step of the way, that's why I would say don't rush it, own it. Definitely own it. Many of you could be quite successful in a short period of time, but be present to all the different layers of this. I would never have been prepared for that when I first started. And I am so glad it didn't happen all at once for me.

You know, maybe for you, you would love that. And that's okay. And, and I do think that people can become more successful in a shorter period of time now because I, there was no internet you could not like, it was all word of mouth. Like for what I did, there was no advertising. It was very fringe. You couldn't often tell people what you did for a living when you went out for dinner and stuff.

It wasn't as cool as it is now. Now it's cool. So many of you are gonna get the kind of success that you want in a much shorter time than me. But I'm glad it

took me this month. I'm, I always say, oh yeah, I'm a 35 year overnight success. But really it's been the past seven years that this has all happened.

And you know, again, you'll each have your own unique experience. Like again, like I said, mine was long cause I started so long ago when there wasn't what we have right now. Yours will be a lot shorter, but you still have to become the business person. So, and again, I can only share my experience and stories about the people I've coached and observed.

So one of the things that I've noticed that becoming a business person requires continuous education and personal growth. I know somebody made a point of saying, you know, that they spent so much money on all these courses, business courses, you know, and they regretted it. But there's something to be learned in everything. No learning experience is ever wasted, ever,

ever wasted. Even if only one aspect of the course or workshop or program that you invested in resonates with you, it's totally worth it. But you always have to return to source your partner. This is a dance. You can't just think it's going in your head and that it's your intellect. Intellect that's gonna do this. It's you are all on you to do.

It's a dance. So when we talked about the metaphysics of marketing last week, I know we talked about this, but again, I wanna say it again this week, comparing yourself to others and trying to replicate their success is completely counterproductive. You need to embrace your unique journey and trust that it will lead you to your own version of success. What works for someone else may not work for you for a zillion reasons.

That has to be okay. Cherry pick it. Take what you like and leave the rest. Take what resonates and leave the rest. Don't make it wrong or bad. It may not fit you, but some of it might fix you fit you. So don't throw all of it out. Just be flexible. Keep your connection to spirit alive and keep it primary with a big capital.

P. Be willing to adapt. Invest in yourself wisely. Now remember, surrendering the form is crucial to your success. That is a big piece of this. Trust in the process. Trust that spirit will guide you in making the right choices. You may

have to face things about yourself that need to change, but you mustn't perceive having to let go is failure.

So you have to keep in mind that success will bring both positive and difficult and sometimes hurtful reactions from others too. Even my mom was, was liked me better when I was screwed up. Like I was, like the minute I got clean and sober and wanted to change and stuff, she did not know what to deal with me. She was used to me being a hot mess.

So, you know, it's like you can't expect anybody to, to be the way you want them to be. Right? And that the only reason we have hurt is because we expect, we have an expectation that people will go along for the ride. And they d they don't, some of them, some of them will, some of them won't.

You just have to go, okay, fine. Embrace this part of co-creation and personal growth. Okay, so it is time for questions. We have so many of them, but I'm gonna condense some of them so we can get you up. How are we doing for time, Elizabeth? We're doing great. Good. Okay, good. Yeah, you're good.

I know I had so much to talk about. I could literally, I was saying to Elizabeth today, each module I could have done four modules for each subject. Like we could have done 16 glasses on this, right? It was crazy, but I was like, no, we couldn't do that. So, but I really could. I could,

you have no idea how much stuff I know about all this, but whatever. Here's a question. Yeah, nobody's complaining. You talk good as much as you want. Yeah. Okay, question. How can I be clear on what is a desire that I want and what is the desire that is an inspiration from spirit or, okay, I, I think I get it right eg.

I could work really hard on manifesting something that's actually my ego desire and is not for the best outcome. Okay? It takes a while to really tune in and intuit what is spirit's desire and what is what to work in manifesting. I see. What is your point? Any tips on how to clearly know and identify the difference? So I mentioned last week,

so I want you to go back and watch the metaphysics of marketing again. Cause we talked about the, the energy of yes no, right? So truth feels like a plunk in your body. It's like, oh that's true, right? That just is so when you talk

about the ego's desire for manifesting, it's got energy attached to it. It's a pushing energy.

So one exists already. The other one you're trying to make exist. So when you get an inspiration, it is already baked. So it's, remember I talked to you about the magic acorn? So spirit hands you a magic acorn. In the acorn is the blueprint for an oak tree. Every acorn has a blueprint for an oak tree. You just need to write environment to put that in the ground.

You are the environment. Your life is the ground, right? So you just need to know that just is true. And it's not, it's a plunk. It's like, oh, I get it. Ooh, that's interesting. The other one is like, I want this. Right? So you can clearly know and identify because it's pushy, pushy,

pushy, pushy. Okay, next question. I've been told that I'm a great manifestor. This is one of my favorite questions, okay? But when I really want something, I don't seem able to do it. I have not manifested many clients. What am I doing wrong? You're doing nothing wrong. You're d you're the universe is matching your frequency.

You're broadcasting the frequency of lack. I want it so bad. Well, they're gonna go, okay, she wants more wanting, let's give her some wanting you. The more you push and run after something, the least likely you're gonna get it. It's like I have it. I have it when I, because what happened? You were a great manifestor.

Oh, I just wanted that parking spare. There it was. And gee, I thought about the person there that was. And cuz you didn't make it so big, it wasn't life for death, blah, blah, blah. I love what you said. You answered your own question. But when I really want something, I don't seem to be able to do it.

You're right. Nobody can, when you really want something really, really, really, it's only when you've given it up, let it go. It's even the, the stories that are built into romcoms, right? Boy meets girl, boy loses girl. Or like, or in these days it could be anything, right? We, we know that.

I'm just, I'm just using that gendered thing. Excuse me if I made a boo boo, but whatever. And it's just the best thing. It's so true. Loses person chases

them, you know, it's like loses them has to give up and then bam, they get back together. So it's the same sort of thing. Build up the desire.

Wow, look at this. I desire this. It's lit the fire, I'm so passionate, boom, boom, boom, yada yada. I gotta let it go now because if you just keep the first thing up, it's okay. I got a great analogy, Matt, remember you, you're, you want it? Here's a bow and arrow. I want it.

I want it, I want it. I want it. I want it. I want it. I want it. I want it. I want it. I want it. Why is it happening? Because you haven't let the arrow go. Does that make sense? You gotta let it go. That's so you're not doing anything wrong. You just haven't finished the exercise.

You have to let it go. You're doing nothing wrong. Get out of the blame game. There is no blame in this game. Manifesting is complicated. It's tricky because we are not built to see things the way the actual world works. It's just fascinating. Okay, next question. When manifesting how you wanna feel, picturing it already happening, being grateful and thankful to spirit,

we let it go. Great. We pass it on to our co-creative partner. This is also a great question. My question is, do we do that process every day once we let it go? Do we constantly water every day like it's a plant? No, you have to let it go. And then don't even pay attention to it anymore. Like the best way to let it go is complete.

Let it go. And, and what you need to watch for is if the desire comes back, that's what you have to pay attention to. Am I getting graspy again? Am I like getting too like one like, ooh, is it coming back, mama, am I still grasping? That's what you have to watch for. That's the, that's the inventory.

It's like, oh, I gotta let go, I gotta let go. Keep letting go and then eventually you're just gonna do other things or do those small steps to get to the big, the big goal. Cuz you let that go and the small steps every day stay in 24 hours. That's how you get what you, what the perfect form that's gonna match exactly what you are.

So you don't do that process every day. I, I did my spirit of my business thing a few times in a row and then I finally just poof let it go. And I got this

outrageous opportunity, which was crazy. So I was, I got scared and thought I'm not gonna do it again. I'm kidding. So yeah, you better be careful too.

It's like let it once you let go the the arrow and then you can't care if it happens or if it doesn't happen. That's the other thing. Nothing is life and death. We, there is life and there is death. Everything is life and death. So that's the other thing. It's not gonna make or break you. Don't make it mean anything huge.

That's really important. De minimize it. This will not kill me if it doesn't happen. This some this or something else. Now manifests for me in divine appropriate timing. Okay, this is another good question, but I need more water. Where did I hid the hi hid the water on me? Colette, do you want me to read it while you take a drink?

Okay. All my goals and targets revolve around how well my team does. How can I attract or manifest more like-minded people who work as hard as I do so that we can all be successful? Oh my god, this is such a good, okay, so you attract people based on who you are. Remember that you don't get what you want, you get what you are,

you don't get what you want, you get what you're broadcasting, right? What we do in my company, believe it or not, and I, and I forgot to bring it. Oh my god. Cuz we were gonna, I was gonna show you. We create sigils. So we create these magical, iconic symbols and the employees that we didn't do that with,

we had the most trouble with by the way. We didn't do that with them. They came to challenging, challenge me in totally fine not to say they were, they were, it was gr good experience, but they were challenging. I thought, oh, wow, that's interesting. We didn't think that through. But I made a sigil to attract Elizabeth,

and literally all yet so true. And she had to wait for us to pick her. But I had created the sigil, we wrote down all the way we wanted to feel working with Elizabeth, you know, working with this person and what their morals would be, what was important to them, what their values were, you know, how, what kind of work worker were they,

you know, how were, how would they be with a team? And we spent a lot of time on that. And if you wanna learn more actually, about making sigils, I'm actually gonna lead a manifesting workshop next month where we're gonna make a sigil together. So I, and I'll tell you about that later again, but it's all about manifesting.

It's another, another thing. Anyhow, until the next question. It's very cool. We do all kinds of practical things to do that. How can I use Oracle cards to help manifest in my business? And how do they relate to the law of attraction? They kind of, the law of attraction is the one, everybody goes to the law of attraction.

It's really the law of frequency that's more important when it comes to your business. The law of attraction op is the, it's really the law of magnetism and frequency together. You need the frequency first. So you can use Oracle cards to help navigate your business, right? So say, what's my next right? Action. So if you, you've got your,

you, you've got the vision for manifestation, you've got the inspiration for the business. You've, then you, you know, you got the desire, you know how you wanna feel. You have that, you imagine yourself having it, then you have to release right loose the, the arrow. And then you have to be the person that, that resonates,

excuse me, that broadcast this energy. So the Oracle cards themselves are, are reflectors of your dominant energy. So they relate to the law of energy. Like they're gonna show you, oh, this is my dominant energy today. Ooh, I better, I better shift that. Or like, Ooh, this is, this is great. I'm gonna follow along with this.

And then, is there a detour that I need to know about this kind of thing? So they work hand in hand. They work in tandem. So Oracle cards are navigators. Oh, this is a good question. Very simple. And everybody here wants to know, how can I manifest more clients for my business? So this is the hardest thing to say,

but it's the thing that I had to learn. It's the thing every, every client of mine had to learn. Your clients are going to come to you one at a time, even though there are 760 of you in this course, you're, there are 760 individual people,

right? You have to act as if you have the people, the, the perfect amount of people are coming.

You have to say like, you can't want them, you know? And each client is so important. And I, and I really suggest the way to get more clients or to get clients, is do an inventory around how much attachment you have around getting clients. Sometimes you get caught up in wanting them too much. And that sends out the signal about wanting,

now I am willing to serve my clients one at a time. Even though they might come in a group, maybe you're selling a course, so they'll be mult, multiple, right? Send the spirit of your business out to go forth and multiply clients. That's so important. I'm gonna tell you something. So I remember, here's a perfect example of this.

So I had a workshop. I expected 60 people to come. I had, I, why wouldn't they? I had had a hundred the time before, but this was Maine and this, the groups were smaller. And the person actually that was arranging it said to me, we expect 60 people. Guess how many showed up? 12. 12 people showed up.

I could have canceled it, but I didn't, I didn't make it mean that that was a failure, right? I decided I was gonna give them the same energy to those 12 people instead of 60. But I will say for about five minutes, I felt embarrassed. And I realized, why do I feel shame? Like the universe didn't just slap me and say,

I thought, you know, like, you're not really worthy. Boom, boom. That's like, that can go no way. I just changed my attitude. Every person in there is important. And it ended up that six of them out of the 12, signed up for a very expensive program. So it was even more successful than it could have possibly been if 60 people were there.

So what are you making it mean? You don't know. That's the other thing you just don't know. So I think, you know, when it comes to clients and getting clients, you know, and and manifesting clients, it's really good. Again, it's, you're, you're only meant to be looking at yourself. Do an emotional inventory. How much resistance am I putting out in the universe?

Do I need to forgive somebody in a completely different part of my life? What do I need to make space? Where could I clean my house? Can I be humble enough to be okay with only two people coming? It's back to chemicalization. When you get scared, there aren't people you have to let go. And the saying that's part of the ruins.

Remember when fishermen can't go to sea, they stay home and repair their nets. What do you need to repair in your net? What kind of attitude do you have? What have you been holding onto too tightly? And I want you to celebrate the smallest wins. Okay, another question. How do I overcome feeling afraid to dream big and manifesting two things,

dream smaller. That's a good, and that's a good answer. Like, maybe that's too big. Like, I'm not that, well, you're not, that's why you're scared because you're obviously this big dream that you sink is big, right? The big dream, the big dream can be really daunting because where you are now doesn't, doesn't equate with that.

So there's a lot of changing that you have to do to get there. So I always say, have the big dream, and then dream in smaller components. What small thing can I do now? What, what's, what white size micro moment can I do? Like get? Because it can be so daunting. You're scared to, to try. It's like there's a,

I used to have writer's block, and I read this book by Anne Lamont called Bird by Bird, and she says, you write your ideas bird by bird, right? Word by word. It's not like you don't, you don't have the whole thing. Don't look at the big thing. Turn that over. Start, start where you are. Start start where you are.

Don't sabotage yourself because you're so scared of that big dream, cuz you aren't that person yet. And that's why your fear comes up. But when you know you're that person, you have that, you're not afraid. A whole other whole other ball of wax. Okay. So I wanna thank everybody for giving us these questions, and I wanna invite some of you to join me on screen.

Yay. So Elizabeth, will you tell them how to get picked for a reading? Yes. So I think they know the drill by now, but if you want to ask Colette your questions about manifesting, just tap raise hand at the bottom of your screen. And when you, Sorry, go. Okay. If you're selected to come on screen, then you will

get a notification that you have been invited to rejoin the webinar as a panelist.

So click that button to rejoin and then don't start your camera and unmute your microphone until we call your name. Perfect. Perfect. So the other thing is, when you come up to talk to me, like we're gonna drill down, it's, I'm gonna laser coach with you. So I want you to tell me what's going on, and then I can find out is there,

is there how, how, how I can actually point you in the right direction or better, or you can ask me actual theoretical, like, the idea is that we, we wanna take the theory and make it practical so you have examples. So you know. Exactly. So let's get somebody up to talk to me. All right. We're gonna start with Robin.

All right. Hello. Hi Colette. Hi Robin. Nice to see you. Happy you joined us. Are you enjoying the class? Very much so, very much so. Awesome. And I, I kind of think my question was answered by the, oh gosh, darn it. Now I'm gonna forget it. But the, well, You're here now.

So let's drill down on something. Let's just start from scratch. So I am, I am not in the WOOWOO business. Great. Half my most, you know what, most of my client in my mastermind, my Dream Quest mastermind, no one is in the woowoo business in there. Right? Well, maybe a couple people, right? Right.

Yeah. So I, I, I'm kind of specific in where I want to go. Great. I have been retired for about five years. Great. And it has been great, great. But I do need to step back into the world a little bit. Great. So my dream is probably this big compared to other people's dreams, but it's what?

No. Whoa, whoa, whoa. Hello. What did I tell you about Comparing? I know, I know. If You compare, you completely diminish. That's true. The quality, right? Your dream is your dream. There's no such thing as bigger, small, doesn't matter. That's again, the human perception. It is what you're making it mean.

Don't minimize that your dream is important. Let's go back to that. It's okay. It's So, I've been doing the exercises for the spirit of my business. Yeah. And again, I think that a little earlier when you were talking about that one thing, I can't remember pretty much answered all my questions of staying in the 24 hours, Right? And then,

and anyway, staying in the 24 hours. Is it, cause that's, lemme ask you, let me try and read your mind here cuz So is there, what you're getting at is that you had to let, you had to like, you know, take the arrow, right? Like pull the, and then let it fly, and then you just stay doing the do things,

right? That's right. We do the do things, we do the small steps. It's like that w that Joseph Campbell quote, we take one step towards the gods, they're gonna take 10 towards us. We don't, we don't keep our eye, we don't stare at the goal, right? We don't stare at that. We, we make that a truth for us.

That is mine. Like, it just has to be that's mine. That's, that's just mine. Like, you don't accept anything. Like that's just mine. Whatever that is. Right? That the sense of that getting that being there and then you forget about it. Cuz if it's yours, you don't need to keep staring at it. Right. Which is,

that's, It's developing where I Was before today, but today really clarified, you know, it seems so obvious that you should know this, but it really clarified today that yeah, just keep doing the things and step through. It's Not obvious. We're not taught, we're not, we're taught the exact opposite. We're indoctrinated in a linear society that has all kinds of rules and regulations and all kinds of shit that tells us this is our reality.

So, no, it's not that obvious at all. I know just when you hear it, it seems like, I know when we hear it known that I know I have to remind myself I know this stuff like the back of my hand and I am always reminding myself like, oh boy, don't, don't be looking there. Right. Don't be looking there.

Hold the space for this. Hold the space for this. Yeah, no, for sure. So, awesome. No, I really appreciate it. I've gotten a lot of clarity today. Awesome. Thank you so much. Let's get the next person. Thank you for joining us. All right. Next we have Angelina. Oh no, look at who's there.

Angelina. Angelina. Angelina. She's in my inner circle. Small group. Mo. Oh, okay. Let me see. What have I, what can I help you with today, miss Angelina? So I, last call, I watched it on the replay and the meditation, when the spirit of my business spoke to the audience, I balled out of control.

Yep. And I, I want to know how do I connect to the words and the love that the spirit of business had for me. So I know I can convey that. It's okay, sweetie. You just turned on the tap, right? It says, and I tell you that it would happen at the end. It's okay. It's okay.

So the spirit of your business is you. It's already there. So it's just bringing the two together. And that is self-forgiveness. Self-compassion. Right? It's letting go. It, it's the inner work, the inventory work of it isn't about why do I feel like this? Why did I learn these things about myself? It's more really about the surrendering to forgive what was to be welcome to what is right.

I mean, when you realize that you were chosen to do this beautiful work that you do, there's only one you in this world, you know, like, it's, you're amazing. And so, you know, recognizing that we are the gatekeepers for that love. It's in us. We are the ones that prevent it because we're afraid we don't wanna be vulnerable.

Like what if it doesn't work? All these kind of things that we've been taught since we were kids, you know? And that's the healing Angelina between you and that extraordinary out picturing of the work that you're here to do in the world. It's the personal growth work that goes along hand in hand with the journey of manifesting the thing that you say you want,

knowing that it wants you just as bad as you want it. Right. Isn't that wild when you experience that? Yes. And you can't make that up. No, I definitely don't want her in the waiting room. I want her out there. Oh my God, you're so funny. You're one of the funniest people. But yeah, it's, and it's painful to recognize that,

wow, I don't believe in me, but the spirit of my business believes in me. Right? So who am I not to believe in me? Right? When this want picked me, and it knows everything about you by the way that you don't have no surprises to offer, it's not like it's gonna wake up one day. Oh, do we ever make a mistake with Angelina?

This is the hardest thing you're ever gonna do, is to love yourself enough to take this man this on. And that's the only thing you should be doing right now, is looking at how can I be more compassionate with myself? And you

got a great sense of humor. How can I be as, as playful with myself as I am in this world?

And, and don't make it a life or death thing. You're men, you're born to do this work. You're born to it. It's too late. You're already on the, the train has left the station. I'm on the train. Don't crash, baby. Don't crash. Just get me, just get me, just get me into those stops.

Just get me those stop. Yeah, it is, it's a, it's a very poignant thing. And I, and it is, it's what I had to do that too. The same thing. It's like, I think it's for everybody here is to realize that our own low self-worth is a story that's made up. It's a story that's made up.

I remember when I first got sober, I got stuck in the mud. I was wearing these ridiculous boots like spike heeled thigh boots in the middle of winter. And I got traipsing around at a treatment center for women. I mean, like, and I remember like, I was like, I can never be anything. And then all of a sudden I looked up at this tree that we had an ice storm and it was completely filled with ice.

And I was like, who made that? And then I realized, oh, the same thing that made, that made me, i, I wonder. And then I heard God doesn't make junk. You know, it's like ev right? It's like the spirit of that business chose you. I know what you wanna do with your life. You're on the way and the way you'll have the greatest compassion for your clients.

The way that you're gonna make the biggest impact on people is to do this very work you're doing right now is sitting and crying and going, I need the bridge. And the bridge will appear. Okay. When you said God didn't make junk, my spirit said I make jewel. Oh wow. Now you can cry about that one for a bit. Thank you so much.

Thank you so much. I Love you Angelina. Love you Too. Bye. Bye. I get to meet the coolest people doing this work. I swear to God. Like it's, I, I'm so blessed. I, I feel so lucky just to think I wanted to be a singer who cares about being a singer. I could sing in the shower.

Okay, let's get somebody else up. I think it's really cool just to witness it too. Yeah. I have amazing people, like amazing people in my mastermind. Okay.

Yeah. Let's who that person Come, come back. Carrie, where did you go?
Come back. Didn't wanna jump the gun here. Oh, jump. My Heart has been
pounding since,

since Elizabeth promoted me to a panelist. And I'm just, I've been to your
Oracle Palous for a couple of years now, and I, there's just something that I've
learned so much, but this course in particular, it's like every week has layered
something else for me. Half of what you just said to Angelina really applies to
me as well. I think my question that I'm really hoping to get some help with is
that I have a couple of businesses that are running through me right now.

Great. I'm a TEDx coach. I help people get from zero to Ted from not even
knowing what their idea is. But, and I love coaching the stories out of them,
coaching them through the process. I call it an all-inclusive journey because
they're learning as much about themselves as they are. Right. Giving a talk.
And then about a couple of months ago,

I'm in St. St Andrews by the sea in New Brunswick. Oh, it's beautiful there it is.
There's a little church down the road that has a labyrinth painted on the floor
of the sanctuary Wow. In the church. And we do retreats there. And I was
sitting in that center of the circle in March in front of a window, a stained glass
window that said,

not die well, but my will be done. And I Yeah, I say that all the time. Die will be
done through me. Yeah, I know. And I started laughing and, and it was
basically to, I was a reiki master way back in the nineties, you know, and I
re-certified before I moved here. There was something that kept saying do
this,

do this, do this. Take that one step. I'm sitting in a circle and there's seven
circles in this labyrinth. There's seven chakras that we work with in, in the reiki
teaching. Yeah. And I just, and you know, there's seven stages of spiritual
growth. And I just had this urge, this mission almost to teach level one reiki in
that labyrinth.

Great. And I'm, and and I'm like, so it's starting a new business again. And and
Both and both. And both. And you know, you don't have, don't not one or the
other. This is though All the talk about the, the, the little fears and, you know,
was, and, and the self-doubts and, and,

but this just feels so right. So, And is scared I think. Okay. I'm also a reiki master. I'd probably have to re-certify cuz I can't remember half of it. But one of the things that I learned was that reiki very, I was, I I come from the assu lineage. Right? So ra we're probably the same one, right?

Yeah. So reiki is, is moving life force energy through you die will be done through me. Right. It's not, it's not using your own energy. So all our human machinations of not being good enough and who do I think I am and I don't really love myself. Any of those stories that are very important. We need to be very compassionate with ourselves with that.

Because those are just the machinations of the ego and the, the mind trying to key stay control of its safe haven plus. Right. Plus, if you change it won't know who it is. Im saying itself anymore. Right. So that's the idea of the ego. The ego's afraid to die. You're holding on for dear life. So when, yes,

it's gonna tell you all these things because it's not gonna any, any time. It's the, it's the hero's journey where it's the refusal of the call. We're all gonna refuse the call. All of us. I walked away from it years ago and then I was at a business meeting and someone walked up to me and said, you're one of the light workers,

aren't you? And I said, no, I gave all that up. I was part of a church that said don't do that. It was evil, you know. And I gave away all my reiki certificates and all my reiki books. And so part of me is thinking, well you walked away from it once, you know, almost, how dare you,

you walk back into it and then the other parts just say, you have to say yes this time. Cuz there's like, this is, this is the, and plus this is the time. And yeah, We are needed now in all shape. Sizes, forms, colors, everything. All of us are needed. There's room for every one of us.

And I, I do think that this is both very, very important things that you're doing. So allow it to come to you organically and you can just admit it like you did to all of us. I'm scared. Who else is scared? Put up your hand. I bet everybody don't put you up your hand. Cause I can't see it. But it's like,

yes. We, we get scared. Do you know how scared I was? I I was, I was like, who's gonna come to the spirit of your business? Like I was in my hot tub, you know, I came up with the idea. I felt spirit gave me this. I was like, I'm gonna do this thing and Mark,

and like, it takes a whole team to put this together. Like, are we really gonna put invest this? What if no one comes now? We never know who's coming. And we had like, we were like, whoa, look at the people coming. And then it was like, we don't know. We don't know. You have to go.

I surrender to whatever. Yeah. Or who, what whoever's supposed to come, they're gonna come. They're all gonna come. And you're gonna go to that labyrinth, then you're gonna teach it there at the end. Yay. You. Yeah. Own it. Yeah. Goosebump it. Just feel, it's gonna be called Harbridge reiki cuz I want What?

Harbridge. Yeah. Beautiful. That's The name that came from the spirit of the business meditation. Well, I love it. Yeah. Awesome. It's beautiful. So Very beautiful. Thank you for joining us. Ah, My place. That was so cool. All right, let's get somebody else up. I'm so excited. I got Chills. I got chills too.

I love I love every person that comes and shares with us. Yeah. Okay, next up we have Yokai. Yokai. Okay. Hi Yk. How are you? Thank you for so much for this course. Did I say your name right? Just call me Kai. Kai. I'm sorry. Okay. Kai. Hi. Yeah. I am a certified life coach with horses.

I partner with horses to people Equine coaching. I love that. Hi. And I, I certified five years ago and I don't anything suit. Ok. I'll be honest. Cause I'm married and when I'm married to another country, I was in Canada and now I'm in the uk and everything's different here. Yeah. And I was in a program where it basically,

I felt very real. You know, they had a beautiful template. Everything worked for North America was beautiful. I came over here. Nothing works. Like, none of the, the, the template of a business template didn't work over here. Okay. And the niche didn't work and everything didn't work. And I'm sitting here when you said, oh,

you, but you got the inspiration for your business. I went, do I still have it? Okay, this is a good question. Do you still love it? Is the question I rather than saying do I still have it? How about do I still love it? I don't love the niche. I love the idea of coaching with horses.

Okay, then you gotta make up your own one now. Right? So here's Exactly. Yeah. So here's my feeling for you. Like, what I feel from you is that I like, remember I said before, cherry pick, take what you like, leave the rest. You have to redesign this for your work in the UK because you have to go back to what you love.

That's still there. That inspiration hasn't gone away. But now you've had a detour. You know how I talked about the detours? You've had a detour to now regroup. So the question now is, ooh, what could serve in this way here in a way that would, would suit my new environment? That's your task now. And now you gotta ask your spirit of your business.

Gimme some hints. I always ask, Do you run something by you? Yeah, sure. Can I run something real quick by you? Because in our business, most of us believe that we are caught by the horses. Right? Right. So here's the thing. We're called by the horses. But then I think too many of us, including me,

I I raised my hand first made the horses the source. Right? Well, the horses, yes. I get it. The horses is the source. Yeah. The source is source. And the horses from my connection with them say, oh no, we are not coming to you. I don't even have a horse now. We're not coming to you until you make spirit the source.

Right. Spirit is source. They are, they are, They are conduit. They are the conduit for spirit. They are not the source. You're right. Yeah. They are like you. They are another component of your business that they are your living partner. They're the manifest partner for the experience for people. But source, spirit, spirit of your business is a,

again, a metaphor for us to be able to interact with spirit in a way that it is unique to us and personal. Right. But you're right. That's that's a really good point that you got. I feel super excited. Don't you feel excited talking about it? Yeah. And I love the business and I love coaching. I don't even need necessary,

big horses have told me you could do it on your own. You don't need us as a crutch. You're using us as a crutch And they don't like that would then segue, segue out of that. No, no. So I'm happy to do it with horses or without Right. You know, I'm not attached to having half a horse before I start my business now,

as you said. No, No, no, I get it. But I think you, you also hit a nail. Like you'll, you have to receive a new vision now. You're gonna ask to receive a new vision, go back into the spirit of your business exercise and say, I need a new vision. And then allow it to come to you because I think you already nailed it here out loud in front of everybody.

You, you made the horse the source. Yeah. And that now you realize that. And when you make the horse the source, that's when they'll say to you, using me as a crutch, they, as opposed to thy will be done through me. Right? Yeah. They are also through me. The me the great I am. So I think this is gonna be a fascinating journey that you're gonna be on.

That's really all you, all you need to do is to, to regroup. You've had a chance to step back. Now you're in a new environment. Okay, show me the components that need to stay and show me the ones that have to go. Go ahead. And then I think you will do it with a horse. To be honest, I actually feel the horse.

Right? No, I Source wants a horse for you. I Just not attached to the horse. I Get it's the attachment piece. Well, but it really does make sense dog too. That's good. So yeah, it was, it was all these crutches I needed. And then I now know that it's not that. And you really said something that I really appreciated earlier on is that you evolve with your business.

Yes. And, and, and I have really evolved a lot spiritually recently. So How great and the blueprint for your success evolves too. Like yours has now moved to the UK and like, like the blueprint for your success. You had to go through everything you had to go through in this in Canada to learn all these things. And now you move to another environment and all of a sudden it's like,

oh, I'm not the same person now. I don't, and we don't wanna make anything bad. Like, oh, I use it as a crutch. Don't make it like poo poo poo. That's not it. It's like, oh wow, that's interesting. That was a part of my learning. Isn't that

cool? I learned that I went through this and now I can come back to it with a different perspective.

You just changed vantage points. Right. Okay. Thank you. Well, Congratulations. Thank very much. Good luck. All right. Thank you. Luck. Let's get somebody new. Anything you wanna add, Elizabeth to anyone? Yes. I pulled a card. I was just inspired to pull a card for Kai while they were talking. Okay, good.

And Then that's why I jumped in and then you were in it. So I had jumped back out, but I got, when the grit became the pearl from your dream weavers oracle, which it says the essential meanings are reinvention, learning from the past, surrendering to the lessons with grace maturity, which just kept unfolding everything, everything both of you were saying.

So I was like, I got the card. That's all I wanted to share. That's good. I know you popped in there going like, what is she doing there? That, that's great. I love it. It was very, that makes a lot of sense, right? You're, you evolved with the business, but the business wants to evolve with you.

The spirit of your business has new plans. Go, go have a meeting with them. Thank you. Thank you. All right, let's get somebody else up here. Next step. We have Luana Video. Hey Luna. I can't believe I'm here. Wow. I got makeup. I'm crying too sometimes here. That's, that's okay. Well, Collette,

I just, before anything, I just have to say that you have given me so much affirmation for me in the guidance that I've had in my life too. And I've sort of been a very much a lone wolf following spirit, being told I'm crazy left, right, and center and, and in my business now. So my business is already, it's like I'm,

I'm, I'm further along than I ever imagined I would be. So the, yeah, I, it's, it's just, it's phenomenal. You know? And, and spirit has always come through and but these last months I've been afraid that spirit won't come through. Oh, You ran outta mor miracles, did you? I think so. No. So here's what happens when we get worried that spirit's not gonna come through it either is because you don't,

you think the other shoe's gonna drop and all your good fortune's gonna go down the toilet that you're just having a, a temporary glitch in your matrix screen or your, your your, like remember I said every time you up level, there's a new devil you gotta get used to the this thing. Right? Oh boy. Oh boy. So stop. Like,

that's the other thing is we don't have to keep pushing forward so fast. Life isn't for that. And enjoy what it is right now. Celebrate it. Be with this new space. Don't keep running and pushing too fast. And, and it's all, huh? The thing is is that we had, we were dead for six months. We were up high and like dead,

nothing for six months. So now there's a huge financial, Okay, so that can happen. Remember? That can happen. So the business, so your business was doing really, really great and then it dipped. Yes. Every business dipped last year. Yeah. Like this is recently, right? Everybody went on a dip as dippy zone. So now things are starting to come back.

So what did you learn? And the thing is, is that you don't wanna wait for another shoe to drop. So I understand, I thought you were, you had just said everything was the best it's ever been. But I, But I still am because like, like just to, to give just a little framework, right? Like six years ago,

a possibility open that seemed impossible to own a retreat center here in bc. Right. Okay. I get it. It's A, it's a multi-million dollar retreat center. And I was living in a cabin paying a thousand dollars and only \$300 for my, my studio. Right? Yeah. And then magic and serendipity happened, and the people who had built this beautiful place,

they saw in me the next caretaker of this place. Huh. So they, they like as magic, I mean they're, I could go into the whole story, but, and they saw that they said the land spoke to, to them about me and my husband and that we are the ones to sh to steward this place forward. Cuz they built it out of magic,

out of love, out of, out of healing. And so what they did, we could not have afforded a mortgage. They direct mortgaged us. So, Okay. So I've been living in this beautiful multimillion dollar home from a tiny shack down island and building my business and growing with it and, and growing immensely. Right. But I realized, like in this last year,

I kind of, because we were going so good, I also wasn't tending to the business as much. My, I brought my mom here to take care of her. And then that brought up a whole bunch of stuff because like, she had left me when I was seven. I've spent more time with her in these months than I did my whole life.

Oh boy. And So It's been, it's been a beautiful purification and learning and growing and everything. But in that all the energy's been there, and now my business has been suffering. Okay. So guess what? Ok. Okay. Okay. Yeah. Just Sounded like you needed that time. Let's not make this mean what you think it means. Yeah.

All right. Remember what we assign meaning. If we assign the meaning that this is bad, wrong, you know, gonna end like we make the, this is what it means. I took all this time to pay attention to this really difficult relationship that, you know, that I had to tend to et cetera. And I took my eye off of this.

But it doesn't mean that you're gonna lose everything. It means that you need to honor the fact that this exactly happened. There is no such thing as wasted, wasted. You didn't waste any time. Part Of me knows this, and yet there's, There's, it's okay. But that part, and you need to pay attention to that part. The part of you that knows it,

the spirit of your business plus your higher self. You know, you're gonna be fine. You need a good cry. Okay? You know, you need a, you need to be able to admit, I feel scared, so I've gotta turn it over. I have to surrender. I gotta get on my knees and say, okay, God, I'm done.

I get it. I took this time. Thank you. You have to start blessing the tiniest little things. You gotta go around and praise it in advance and say, I'm now ready. And I, and I, I do that still too. I, I do all that. And yet I have this, this part in me that's just so terrified because like,

it's, we're having a hard time covering the bills right now. I know. It's really I know, I know. I get it. I get it. I get it. And there's times where, you know, you can't punish yourself for taking that time away. You cannot, right? And then you don't know that someone's not gonna come in and help you.

You don't know that. Remember we said, we talked about that today. The machinations that are going on behind the scenes, you're getting very trapped in the reality. Remember I said we get very trapped in the short, small, small reality that we think is the only reality. We don't know what's going on behind the scenes. That's why we have to be disciplined.

So, you know, have a good, It's still working. What was that? Even when I tell myself that it's not, I mean, most of the time it's working, but like right now with you on the phone, on the call, it's like, it's just all coming out when I've been holding. And that's Okay. You're just having,

well, this is working. This is obviously working because it's coming outta you right now. What comes out goes away, right? Like, let it up, don't repress it. Put it on the table and start taking the action that you need to take the, and ask the spirit of your business. What does my next right action ask your oracle cards the next legitimate action towards putting more business in the retreat center,

which you can, people are starting to go to them. Or we had 2000, 2,500 people at the event this weekend. Like, people are out looking for this again. And don't gimme the excuse. Well, it's not working for me. You don't have a timetable. There's no reason it can't work. I mean, it was Working. That's right.

Thank you very much. Let's just go there. There's no reason this can't work. This is just The, that's confusing that it's not Okay, but it's not yet. It's not right now, remember I said before, it's not coming in the way you want it to in the timeframe you wanted to remember. You know, I told that story about not even having food.

I had enough food for my dog. I had no, I had no idea. Like, oh my God, what just happened? Is it never coming again? And I remember had to just like force it and I was scared shitless. But it all of a sudden, you know, I, I got something else other than the cash. And they,

I got the food and then somebody painted my apartment and then, then somebody else came, and then I got, then I had all kinds of clients. You, you just don't see it yet. And you have to keep trusting in that this is not the end of the road for you as long as you are keeping on doing the bright actions. All right?

Don't get lost in the hairball. That's what, thank you. That's what I tell myself too. Okay. Thank you. That is what you should continue to tell yourself. And my life is an example of miracles. I mean, there's like great, And so It feels like, listen, stop. Listen, Maybe I'm not capable. Okay? I can't fix this for you.

You wait, wait. No, but wait, you wanna keep talking about the same thing? And I get it. You know, the miracles are too. You ha that it just isn't there yet. So patience is a thing. You've had a good cry. It's important to let your feelings out, but you have to keep doing what you know.

The miracles have not, are not being taken away from you. They're not being taken away from you. Okay? Right. You have to surrender to God's will, thy will be done through me, just like that lady in the church. And I wish I could just hug you and give you a big squishy hug. Cuz tomorrow you're gonna wake up a different person.

I know it. You've let all this out in front of everybody. We all love you. Everybody's supporting you. Ev we've all been in your shoes at one point. You know, the thing is, is to stay close to your people, trust in spirit and keep taking those one step towards the gods and keep asking, all right? Yeah. I'm gonna get another person up.

I know that was a tough one, but I'm, I'm glad you came. Thanks. All right. It's hard when, and that's what I said earlier, the hardest thing is when you don't see the results. That's the exact thing on Chemicalization, right? So you've gotta watch the part on Chemicalization again. I, I forget what her name was,

but our BC wonderful woman. Do we have time for one more? Oh, we have time for a couple more. Yep. Oh, great. But that's a tough one. That's like, yeah. You know, but we have to, we honestly, it's like I have to hit bottom sometimes and cry my eyes out and say like, why isn't it working?

And then it works. It just, it's just like I'm done. I surrender, like whatever happens, I'm willing to lose everything. And then boom. It's like again, that little tweaky voice, I want it my way. It has to be by Thursday. Especially if bills are there and whatever, like what could happen? You might need to borrow money from somewhere.

You need to, like, something is going to come as long as you keep saying, I am gonna trust this, but I'm gonna do the legwork. Right. I, I'm not gonna just stay home saying I'm trusting. It's like, I'm gonna do the legwork. This beautiful, amazing thing cannot be taken from me. Next. Yeah. Next,

next Tanya, Next person. Hi, Here we go. Hi. Hi, Tanya. Tanya, nice to see you. Good To see you. This has been great. Good. Probably gonna say about the same thing everybody else has been saying, but I'm a, a licensed massage therapist. Yep. I closed my brick and mortar probably about a year or so ago.

Net left space for us to move to a whole new location. Correct. 18. That we had talked about that. And I'm at that point, we've been here in a new house for about a year now. And I'm just have that stuck in the mud feeling or feeling stuck about what my next move is. And I don't feel like I wanna go back to massage.

I am a coach or I have that training. Yep. And I'm also gravitating towards painting and getting back to drawing in art again. So, Ooh, Bo that's medicine my dear. That is your medicine right there. I'm telling you. That is, if you, if you are drawn, if like, if you even said, I'm gravitating, I'm like a gravity gravity's pulling you there.

If the min the language itself is like, I'm going over there when we paint, like I was a painter. Like I painted on people's clothes 30 years ago and I didn't paint, put a paint, I didn't put a paintbrush in my hand for 30 years. And I paint now I painted a whole oracle deck, but I didn't do it for that for the year and a half.

I used it as my meditation and I downloaded all these amazing ideas while doing that. Like, this is where spirit of your business came from to it. That plus the hot tub. So it's like when you paint, when you take your pa face away from the what do I do next? You get the idea like, geez, I think I'm like,

I might like this. And then you ask yourself, what, what, what makes me feel good? What, what do, how, what, how do I see myself? Is it coaching? Maybe it's a different type of coaching. You know, maybe it's using coaching and art together. Like, I don't know, like it's how do you put the things that you love most together,

add and subtract, you know, if you know you don't wanna do body work again, maybe it is like that. And you, and this is a great time when you're in transition to allow yourself to download and any kind of repetitive creative exercise is a way for you to oh, to be so receptive. So that in alone, that alone is worth doing.

Just to say, okay, show me what, show me whatever ideas you have. I'm gonna paint and draw. I, I feel like though I've just kind of stopped everything and I'm just not sure why. Well, Sometimes Hard to get going again. Okay. So the why is sometimes very elusive because oftentimes the stuck is actually a good place because enables you to see around you.

If you, if you stuck only means I'm staring down. I can't see anything above and around. Right? So if you imagine that little bird on my stuck in the mud card in the, in the enchanted map deck. And it's looking a different way. The elephant's looking down, trying to get its foot outta the mud and the little bird's going.

I can see all kinds of shit from back here. Right? So it's really the, the, instead of looking at being stuck, say, geez, I wonder what I could be aware of right now and allow this to be a time you are probably exhausted. Right? I think oftentimes we stop doing everything is cuz we're fried. Yeah. You're tired.

Oh yeah. Right. And yeah, For 15 years, That's a long time. And plus we just went to the pandemic. You lost your mother. You have we had all that stuff that's still going on. But you know, it's, there's it's a lot. Yeah. I love even the way you're doing this with yourself. Yeah. You need some soothing,

right? Yeah. And, and so, but I think if you just make a commitment to start drawing just one baby step, one micro step. No jumping into anything. Elizabeth, can you pull a card for Tanya? Oh boy. The pressure's on. Yeah. I just wanna know what's her next Right. Action. When it, when, when it comes to moving out of her staying in what she can,

what she's making mean, stuck. Which I think is rest. I, I think you're mislabeling this. I I have to look up what it is. I, you know, let the fire dragon sleep. Oh yeah. Don't do drama. Okay. Like put it, open it up. Like don't poke the bear. Yeah. Stay out of drama.

Respect the consequences remain true to the patterns you want to see more of. And the stories of your journey to be proud of. So I'm gonna just say what the fire For your unique gifts your life would be a beacon of hope. The, the fire dragons are the ones that are saying, man, you're stuck. You're not working. What's wrong with you?

You know, why can't you do anything? You have no energy for anything, therefore you are equals. Right. Whatever. We're making it equal. Oh. I mean, I, I I don't know why this is happening. I have no passion for anything. It's like that's an exhausted person. Yeah. Ask what else? And I'm listening to people around me.

Aren't you working? Why aren't you working? Well, none Of their effing business. Right. You don't work much. And I've said that cuz my husband's not saying that. Oh, Isn't that good? Yeah. He's supportive. He is like, I I'm, I'm, I'm waiting for you to find what you're really meant to do. Yeah. And that,

you know, what a hundred percent and yeah. Other people think busy is something to look forward to. Like busy is a prize or we wear it as a badge. The busy badge. Meanwhile those are the people that can't sleep and has to take pills. I was one of those people once. So I think the whole idea of, of the self-definition,

I think you were really tired. You had to move. You still need to really feel your place out. You know, like go for walks, pick up the pencil and draw, pick up the paintbrush. Do that as a meditation and you will, you will get that download. I'm telling you, then you're gonna be open. Be let spirit surprise you.

Don't go back into the past and try to come up with an answer because you're meant to be taking a break. That's what I think I pulled one more card. Cause I was like, what else do we need to know? And I did get the storm spirits play. Yes. Oh. So the storm spirits and the fire dragons together. So,

so don't listen to other people's opinions because they don't know you. But this one is interesting. So let that inner chaos, you know, it's, it's good. It's, it's stirring you up a little bit right now. You know? And then if you can put your attention onto art, which is creative and stirs things up, you'll just kind of,

then you'll be more open and receptive to the ideas you're not this and, and try to redefine this period that you're in right now. Rather than calling it stuck. Say I'm, I'm, I'm in a temporary in between phase that's not comfortable for me cuz I'm used to knowing what I do all the time. Yeah. I'm in a temporary in between.

Okay. All right. Bless you. I remember you. All right. We have time for one more. Yes. Okay. We have you having Kimberly, you enjoy us. I hope so. I keep asking my friend here. Are you having a good time that she's saying? Hi Kimberly. How you doing? Hello. Oh my God, I love you.

Thank you. Yes. Just so blessed to be here. And I got picked. Oh my god. I have a 760 people or whatever you said. It's An amazing spirit. Spirit picked you girl. Okay, so I, I don't even know what my question is specifically other than I know I'm in the, in between right now. I just walked away from something that I trained for two years to do.

Okay. And Then you showed up in my inbox and I'm, I'm here. Okay. And what, what was the thing that you trained for two years out of curiosity? A a money coach. Okay. Well That actually, Eli Elizabeth brought up her name. She was the author of one of the books Elizabeth mentioned, but I'm not going to say her name.

No, that's fine. But yeah, I was her first coach in her program. Oh. And then I, I literally, it just became a, no this isn't it for me anymore. Great. And guess what? Can I just, let's, let's say, let's honor and celebrate that. Okay. We wanna celebrate our nos as it is.

It's not rejection. Right? Remember this? It's like, wow, that was great. It was perfect for when it was. Now it's not. It's just like you just wake up one day and go, this isn't for me. But there you gained something amazing in all of this. You had to have gained something incredible. Right? So, so now,

oh this is good. I got all this education and understanding now what? But don't make it wrong or bad. Yeah. There was hurt there cuz I, I lost like, she just kind of cut me out of her life and that was heartbreaking. Oh, I'm sorry. But I, I know in my bones that I am a powerful healer.

Great. And that I am creative and I am combining and weaving the two together. Great. So my, I guess my, my question is, is like I don't have this big grandiose visions of what that looks like, but every day I wake up and say, okay, what am I gonna do today? Okay, let's go back to what you just said.

Okay. You just called it grandiose. I did. Isn't that interesting? Yeah. That's a judgment that you're putting on this. Okay. You, you're now all, you're minimizing yourself and you're minimizing the potentials by calling it a grandiose vision. Yeah. I want you to sit with that and ask, ask your, this is an inventory question. You know,

what is it about this that I, because there's some resentment there at at period, right? So it's like, I, I don't have this grandiose idea. You know, like, why would we call it a grandiose idea? You know, I don't have a vision that, because it doesn't have to be big, small, we don't wanna label it.

The vision itself will come to us one step at a time. Especially when you're in the in between. So then all of a sudden we say grandiose. That's not a nice word. You say that about a house that's like, oh, look at them with their grandiose house and you just, we're a be we're a money coach. I know. And It's good to know this isn't this fun though,

to see how we sabotage ourselves. It's a riot. I mean we have to have, we have to play with this a little. We can't get mad. We have to go, wow. Look what I just did. Yeah. It's fun. Like, and it's so, you're not ready yet is what it's saying cuz you're now you, you ha you have to own.

And I love smaller visions by the way. If we're having, especially if you're calling it grandiose. You don't want that cuz you're immediately making an assumption. People are gonna judge you for it. Cuz you judge, you're judgey around the grand. Like you make it grandiose as opposed to something that's aspirational. There's a difference between aspirational and, and beautiful and whatever.

And something as defined as grandiose, which is show off and all that stuff. So anyway, so let's go. Huh? That's my old story is, so the woowoo, my family has called me Woowoo for years and I have dimmed my light because it wasn't acceptable around me. Okay. And so I think the grandiose is me just trying to hide,

oh, I'm so sorry to hide. Okay. So I think the gentle way forward is to get really clear about who you are as a person. Like who am I? You know, what do I genuinely, genuinely believe? Because you don't need to dim your light for anybody because the light that you shine will be seen by the people who are meant to see it.

It's not a, like, you don't, you know what I'm saying? It's like you don't even have to talk about, it's not dimming your light. You just, I don't dim my light, I just don't even talk about what I do to a lot of people. Cuz I don't care if they know it or not. When I meet people,

that's not the first thing I talk about. It's the last thing I talk about when they say, what do you do? Ah, you know, a lot of things. Right. It's not important. It's important, you know. So I think that, I think this in between time you have a lot of questions to ask yourself. Who am I really?

What do I really love? You know, what is it about me that I love about me? You know, what, when, when am I happiest? You know, like what creative, what did I love about the money coaching program that got me in there to begin with? Not about what made you leave. Because sometimes personalities are why people leave these things.

Right. Sometimes they just don't gel. Or you learn something and it's just not for you or you go to do something else. Like, I always tell people, try things on like their shoes. Like figure out what fits you and what doesn't. Nothing wrong with an education. Right. I love creating and I love, I love seeing and helping people like being of service to others.

Great. I want, I want them to have, I want them to see their own self-love. Like, I want them to love themselves. Right. Which is what a good coach does. Yeah. So I, I think you need to look in the mirror though and do that for yourself. Just for now. I just, I just started a heart school.

There You go. It's h e n, it's capital a r t, heart Healing and Art. Oh, come on. That's fantastic. Yes. It was the spirit of my business, so thank you. There you go. So let me just give you a big hug mirror. And how about letting the heart of, what is it called? The Heart Heart School.

Heart School Heart. I love that Heart school. How about just letting it show you what it wants to be instead of you defining it? Okay, ask yet who are you? Show me. That's how I work with my Oracle cards. You tell me who you are. This is the biggest problem that we get into is when we start to define it.

Pre putting it out there. It's not a blueprint like an interior designer would do, like my friend would do. She's an amazing interior designer. She has to come up with the idea first, the inspiration. She's like incredibly inspirational. But it's like that inspiration has to come through you, then you, right? So you ask it, what do you want to be,

what do you wanna be? And then follow it one day at a time. So it sounds to me like you're doing everything right. Just, just watch your language on how you define, how you define this. Don't minimize your potential. Thank you for the gentle spanking, Ma. I know. I listen. We all listen. This is fun.

This is what we all need to be doing. There's no spanking here. I'm giving you a hug. Well, thank you for the hug and, and calling me out on my own bs I needed it. I love you, Colette. Thank you. Okay, Love you too. Bye. Bye-Bye. All right. I think we are done for the evening.

I, I think so. Anyway, let me, let me, let me just look at some of my notes here. We've got the exercises. Oh, we're not done. We're just done on those things. Okay. Oh my God, my exercise. Oh my God, it's so good. Okay. I have this fabulous exercise. It's recorded.

It's pre-recorded, so if you gotta go pee, go do it now. Fast. They come back. Or maybe don't just hold it for the next 10 minutes. So I just wanna remind you, don't force anything. Don't try to force a picture in your head, right? A lot of people don't see pictures and, and people wanna see a vision,

but the vision comes as a knowing. It's like a, it's just a flicker. So flickers are all what you want. Just see what arises for you. And remember, I'm looking at this, this camera now, just so you know. Okay. People think visualization means you're gonna see, but knowing is seeing if you get a glimpse that's perfect for you.

So your imagination will just come in and out quickly. So just relax. We're gonna close the chat and I'm gonna get my fabulous producer here, engineer

to play the audio. Let's begin by relaxing all the muscles in your body, letting all the tension go, putting your hand on your heart and breathing in the golden light of gratitude. Feel it quicken inside you and allow this light to infuse every cell in your body.

It makes you so happy, trusting you. Feel good. Give yourself permission to feel good, to be grateful, knowing that you are exactly where you are supposed to be. Now imagine you are walking up the steps of a beautiful white marble temple in a forest beside an enchanted ancient ocean. It's a beautiful building and so peaceful. The marble is cool under your feet.

You're here to meet someone special and to discover something magical about you and your life. A tall angel waits for you just as you enter. They will take you down a hallway of doors. It seems to go on forever. Thousands and thousands of doors, but only one is yours. Look all the way down. You can see a doorway lit up with a gentle,

glowing light. All the cosmic blueprints of potential destiny and purpose of every soul that has ever touched this earth that is here today. And those choosing to return are stored behind these doors. You are now walking alone. Down the hallway, go to your door and open it and meet your guardian of light, the tallest, most beautiful angel you have ever seen.

They've been waiting for you. Ah, feel the love and care and joy for your existence is holy and sacred and blessed. The guardian of light rolls out a huge blueprint on an altar to show you your life. Look closely and notice the lines that begin to light up on the map. They show you the paths that were connected to your inspired dreams that went in many directions,

but no fault of your own. Sometimes life presented you with a detour and you thought you got lost. That's okay. Detours are essential to your experience and evolution. You are always in the right place. Just sometimes your awareness was sleeping. The human condition is just a layer to be peeled away. Feel the possibilities when you choose to do that. Someone new is entering the room now.

This is you from your future. Come to encourage you and to let you know that all is well. Have a look at the map, the blueprint now together with your wise, experienced, loving future self. You see there are a lot of empty spaces as well

as some beautiful patterns that start to form as the map is rolled out some more. How did we get here?

They won't tell you. But look, the map comes alive. It's all lit up with sparkling energy. And the patterns hover like a matrix above the map. It's incredible. All the layers, all the potential, all the connections, all the threads that weave it all together. Your future self knows they know the right way. They are here to help you.

They place a crystal in your hand that represents who you want to become, who you have become, the life you want to claim, that you have claimed. All your most treasured inspirations and dreams are in this sparkling crystal that is now glowing in your hand. This is your destiny. Place the crystal on the map and watches all kinds of lines and patterns begin to form.

It's amazing. It's alive and it's a part of you already. This map, this blueprint is alive. Your future selves smile at you and lets you know it's all gonna be okay. Life loves you. Your dreams matter. You will co-create a magnificent life with meaningful adventures, even better than you could ever imagine. They know you must remember to receive inspiration and take small steps and allow the highest good to unfold.

The map lights up. You just have to follow the lights, even when it leads you into the shadows, into turmoil and challenge. Life is many things and nothing is ever wasted. You are always now and always have been whole. Just follow the lights On the map Here is so much love, peace, creativity, compassion and abundance that can only be experienced with an open heart.

Hope is real, spirit is real, and you are the magic. It's time to come back now, come back now. Come back now and open your eyes. Don't fall asleep. We're almost done. So just knowing that you have this living map, you can celebrate that. But one thing I just want you to think about, what's gonna open up the chat and find out how it was for you,

what's different between your future self and you. Cuz that'll give you a lot of clues about the things that you need to shift. So, you know, manifestation is a dance that requires you to understand both. And whenever you're stuck, a spiritual inventory is your way out. And when you release your attachment to

form, well that's a crucial step. And you will find some disappointment as well as celebrations along the way.

And when you celebrate your tiniest victories, you become a magnet for more. So I wanna just quickly talk about something really awesome that I did mention earlier. For those of you that want to go even deeper with your manifesting practice, whether just personally or for your business, I'm hosting a two hour online event called The Magic of Manifesting. Of course, I'm gonna call it that workshop.

It's a deep dive into my secrets of manifesting. You know, listen, there are other people that teach it too, but I I, I'm gonna give you what I have done that has worked and it's on Wednesday, June 14th at 7:00 PM It's \$49 and will be on Zoom. And if you can't make it live, you're gonna have 48 hours to watch the replay.

So you only get two days to watch it. So if you sign up, you can't go, you have two days to watch it. I'm gonna email more information about it in the co next coming days. But if you know you wanna come to a manifesting workshop and keep talking about this, just go to [collette baron reed.com/manifesting](https://collettebaronreed.com/manifesting). You'll get your ticket now before they go on sale to the public.

So it's \$49. [Colette baron reed.com/manifesting](https://collettebaronreed.com/manifesting). I just scratched the surface of manifesting here in our call today. As I said, I could teach you manifesting for a whole year, but I am gonna share some of the secrets that I use and I keep using them. And I'll lead you through a practical hands-on exercise like making the sils that I sh that I talked about earlier and other magical things that we actually use in our business,

by the way, things that telematic magic, things that I've learned actually for real work. Again, you know, letting go of the form and seeing how things play out. So if you wanna come again, call at [Bear and read.com/manifesting](https://bearandread.com/manifesting). Okay, back to the spirit of your business. If you haven't done so already, download your workbook for additional reflection questions,

affirmations and oracle cards. Spread recommended books for additional reading on the topic of manifesting and more. And you know the drill at the end of our call, a survey pops up. And I would love it if you could share your feedback with me about this call and any questions you might still have

about the metaphysics of manifesting cuz we're expanding our courses. Thank you again so much for spending these four weeks with me.

And I hope it's been inspiring and that you feel more connected to the spirit of your business and that you've found some clarity around your next steps. And maybe you need a good cry too. Anyway. Please give, keep us updated with the wins you experienced in your business. We love hearing from you. Your response to our lessons each week has been so amazing.

And we are gonna be offering the spirit of your business masterclass again later in the year in a little bit more expanded form. So we're gonna add stuff. So I hope to see you then. And for those of you who would like to join me for my manifesting workshop, just go to, I can't remember it now. But anyway, there's a link and I'll see you in just a few weeks.

I love you all. Bye. Take care. Can take a break Hot, don't care baby. By the way, room without roof alone give you feel like happiness is the truth. So you know what happiness is. You, you feel like that's what you want do here. Come back news, talking this and Damn, All you got, don't hold it.

Damn Well, I proud. Just no offense to you, don't waste your time. Here's why. Because I'm happy.