

THE *Spirit* OF YOUR
BUSINESS
MASTERCLASS

METAPHYSICS OF
MONEY

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The Metaphysics of Money

Welcome back to The Spirit of Your Business Masterclass!

In Fireside Chat #2, we delved into the metaphysics of money and reminded ourselves that God is the source of our supply and that we are channelers of that supply, and inherently abundant.

The purpose of this worksheet is to help you reflect on the key insights and takeaways from our call. It includes a summary of our discussion, key takeaways, reflection questions, an Oracle Card spread, recommended books, and additional resources to deepen your understanding of the metaphysics of money.

I'm thrilled to be on this journey with you!

Love,

Colette

"It is not how much you make or have that makes you have Happy Money or Unhappy Money; it is the energy in which your money is given and received that determines your flow."

- Ken Honda

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The Metaphysics of Money Call Summary

When we talk about the metaphysics of money, we're not just talking about the physical coins and bills we can touch. We're exploring the deeper, more profound aspects of money that impact our connection with it.

Money is energy that flows in and out of our lives, and our perceived capacity to access it is influenced by our personal relationship with money. Our thoughts and beliefs about money can have a significant impact on our financial situation. Therefore, it's important to identify and challenge limiting beliefs to create new neural pathways in our brains and rewire our thinking around money.

So, the metaphysics of money is all about comprehending the energetic laws that govern our association with money, and using that knowledge to shift our mindset, emotions, and behavior towards prosperity and abundance.

Use this short summary of The Metaphysics of Money Fireside Chat to help you absorb and digest all of the information and wisdom from our second call. You can refer to this later as a refresher, or use it as a guide while you fill out the reflection questions.

- Spirit is the source of your supply.
- Money is energy – it's currency. An electric current is something that flows, it's not meant to be static.
- You have a dynamic relationship with money, and it's important to understand the nature of it as well as what it represents to you personally. Your relationship with money is about our perceived capacity.

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- We have inherited patterns that are taught to us about money. We have to remember these are all stories. Our personal currency is Spirit and we can experience abundance in many forms – sometimes through money and sometimes not.
- You have to get honest with yourself about your capacity to receive!
- Remember to bless your money and keep it happy.
- Charging money for your services is an impersonal exchange.

The Metaphysics of Money Reframing Exercise

I am so excited to share with you an exercise that can help you shift your mindset when it comes to money.

Are you feeling stuck, anxious, or fearful about your financial situation? Do you find yourself repeating old patterns and beliefs that no longer serve you? If so, this exercise is perfect for you.

The first step is to acknowledge that sometimes we forget we are not alone in the equation. We may feel like we have to do everything ourselves, know all the details, and plan everything perfectly. But the truth is, we need to let go of that control and trust in the Universe's infinite wisdom.

One of the most common fears when it comes to money is the fear of not having enough. We worry about where it will come from, if there is too much competition, and if we will fail. But what if we reframed that fear and imagined a different reality?

In this exercise, I invite you to imagine yourself standing on the ledge of your future fear. The fear of not having enough money to pursue your dreams.

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And in that moment, imagine that the Bank of Infinite Intelligence appears before you...

Walk up the steps one by one.

Breathing through your fears.

Accepting them.

Letting them just be what they are.

Each step you feel lighter.

The light surrounding the Bank becomes brighter.

Enter through the front door.

Imagine all your angels and guides, helpers and loved ones smiling and saying hello - lining up to greet you.

You walk up to the counter and ask to see your currency account.

The person behind the counter smiles and says, "You are completely filled up to the top! You need to make a withdrawal!"

Imagine them handing you a check with an amount of money on it that far exceeds your needs.

As you walk out.. everyone smiles and says "there is always enough, more than enough to sustain you, support you and provide you with acres of wealth."

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Stand at the top of the steps now and look out at the landscape...

Your fears are now gone to sleep.

You say over and over: "Blessed be the world that the Divine has made. I am a beacon for Infinite Intelligence. The only thing I risk is my old life. I am excited about all the wealth I can use to help others to Spread hope and joy in the world. I am RICH beyond my wildest dreams"

Now go back to the ledge...

What do you sense now? Do you still feel the same way?

The energy of fear is now transmuted into excitement as you confirm your value, your currency and the infinite flow of money and other forms of wealth in your MORE THAN ENOUGH bank account that is always full.

Do this exercise every day! Write yourself a check for 10 million dollars like Jim Carrey.

How does this feel to have this? How would you change the way you live your life? Do you have enough now?

If you believe every day that you have more than enough, and ignite the daily relationship between this new concept and your inherent relationship to Infinite Intelligence NO MATTER WHAT you will succeed beyond your expectations.

If you never seem to "get ahead" imagine yourself always ahead seeing evidence that there is enough even if only in the mind reprograms the subconscious to become coherent with the new ideas. The mind has no concept of time.

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The past can be rewritten by reframing actual events through a change in perspective. Daily visits to the Infinite Intelligence Bank automatically reframes your concept of wealth and money and personal value.

Remember, you are valuable beyond measure.

Metaphysics of Money Oracle Card Spread

I wanted to share with you an Oracle card spread that can help you connect more deeply with the metaphysics of money. If you're looking to understand your relationship with money better, this spread can offer valuable insights into your thought patterns and emotional responses.

If you don't have an Oracle deck of your own, you can use one of my virtual decks for free. By exploring each card's message and reflecting on how it applies to your current situation, you can gain a greater understanding of your mindset around money and how to shift it to align with your financial goals and values.

How to Prepare for your Oracle reading:

1. Choose a place and time when you can be undisturbed. Sit in a comfortable position with both feet on the floor (you may even want to take off your shoes and go barefoot to get really grounded!).
2. Take a few deep breaths, counting in for four and out for five. The goal is to reset and ground your energy.
3. Close your eyes, place your hand on your heart, and ask the questions below.
4. Open your eyes, and use your deck to choose three cards.

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5. Now, starting with the first card you pulled, look at the images on the card you've selected. Read the description from the guidebook.
6. Continue to sit quietly, letting your mind wander where it will. What sensations come over you? What do you feel? You may hear a voice, see something in your mind's eye, or have a distinct impression of simply knowing.
7. Write down the cards you received, the key messages, and what came up for you through those messages.
8. Whatever you received, thank Spirit for loving and supporting you in this process.
9. It's also important for you to know that my decks are prescriptive, not predictive. This keeps you from giving your power away to a future that doesn't exist for you yet. Instead, you are focusing on your now and using the cards to make the best choices. It's really so much more empowering to approach the cards this way!

[CLICK HERE TO USE MY FREE DIGITAL ORACLE CARD APP](#)

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Abundance Activation 3-Card Spread



Card 1: What do I need to learn about my relationship with money?

Card 2: What do I need to focus on in order to have a healthier relationship with money?

Card 3: How can I be more open to giving and receiving money in a joyful way?

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Oracle Card Reflection

Write down the card names, numbers, and key messages in the space below.

CARD 1:

CARD 2:

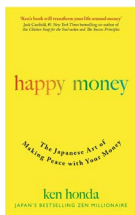
CARD 3:

Next, write down whatever comes up for you around the messages you received from your cards. Don't try to edit your writing or be critical of what comes up, just record whatever comes to you. It could be paragraphs, words, doodles, or drawings. There's no right or wrong way to reflect on these messages.

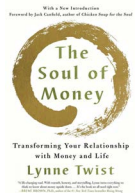
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The Metaphysics of Money Recommended Reading

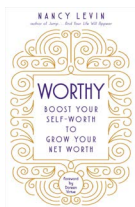
If you're interested in exploring the metaphysics of money through reading, there are a variety of insightful books that offer different perspectives on the subject. Whether you're seeking practical guidance or philosophical musings, these books offer valuable insights and perspectives that can help deepen your understanding of the metaphysics of money.



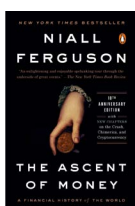
Happy Money by Ken Honda – In this book you will discover how to heal your relationship with money and discover the lifestyle that will truly make you happy.



The Soul of Money by Lynne Twist – This unique and fundamentally liberating book shows us that examining our attitudes toward money – earning it, spending it, and giving it away – can offer surprising insight into our lives, our values, and the essence of prosperity.



Worthy by Nancy Levin – When we feel that we aren't enough, or that we aren't good enough, we also fear that we'll never have enough. In Worthy, Nancy makes an essential, eye-opening connection: the state of our net worth is a direct reflection of our self-worth.



The Ascent of Money by Niall Ferguson – This book gives a richly original look at the origins of money and how it makes the world go round by examining the history of money.

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The Metaphysics of Money Reflection Questions

Reflecting on the metaphysics of money can help us gain a deeper understanding of our relationship with abundance and prosperity in our businesses. By exploring our thoughts, emotions, and beliefs around money, we can uncover any limiting beliefs or patterns that may be blocking us.

To support you on this journey, I've compiled a list of reflection and journaling questions that can help you delve into the metaphysics of money and how it affects your business. Use these questions as a tool to gain greater clarity and insight into your relationship with money and how you can use its energy to create a prosperous and fulfilling business.

What do you believe about money?

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Does money flow freely in your life, or is it blocked from you?

Have you truly been open to what money “really is” or have you settled on what you’ve been told it is? How does that make you feel?

What beliefs do you have around money, and where did they come from?

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How do your thoughts and emotions affect your financial situation?

How do you feel when you think about money, and how does this impact your relationship with it?

How do you define financial abundance, and what would it mean to you to achieve it?

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What steps can you take to shift your money mindset and attract greater abundance into your life and business?

In what ways do your spiritual beliefs impact your relationship with money?

How can you integrate money into your spiritual practice in a way that feels aligned and authentic to you?

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What practices can you incorporate into your daily routine to cultivate gratitude and abundance in your life?

What actions can you take to create a more abundant and prosperous future for yourself and your business?

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Affirmations for Money

As we delve into the metaphysics of money, it's crucial to understand the energy behind our thoughts and beliefs when it comes to financial abundance. These affirmations can help you align with the flow of abundance and attract what you desire for your business and personal life.

Repeat these affirmations regularly and let them resonate with your soul. Allow them to guide you in co-creating a thriving business that reflects your values and highest aspirations, in partnership with the Spirit of Your Business.

Trust in your innate power to manifest your desires, and know that the Universe supports your financial success. Remember that your thoughts and beliefs around money shape your reality, so choose abundance and watch it unfold in your life.

Use these affirmations whenever you need a shift in perspective or in your feelings around money.

- Money flows easily and effortlessly into my life.
- There is always enough right now.
- I am worthy of abundance and prosperity.
- The Spirit of my Business attracts the success that is meant for me.
- I am grateful for the abundance that surrounds me.

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- I trust that the Universe will always provide for me.
- I release all limiting beliefs around money and welcome abundance into my life.
- I am open to new opportunities for financial growth.
- My financial situation is constantly improving.
- I deserve to live a life of abundance and joy.
- I am aligned with the energy of limitless prosperity and abundance.

Final Reflections on the Metaphysics of Money

I hope this worksheet has helped you to deeply explore the metaphysics of money and its relationship to your business. Money is more than just a physical currency; it is an energy that flows through our lives and businesses. By understanding the metaphysical nature of money, you can tap into its abundance and create a prosperous and fulfilling business.

Anything is possible when you open your connection to the Universe!
-Colette Baron-Reid