



WISDOM
OF THE ORACLE
Protection Messages



Wisdom of the Oracle

Protection Messages

1. Yang

Protection message: Be mindful of the tendency toward impulsive action, overconfidence, and aggressive behavior. Think before you act, lest you find yourself in a situation that will lead to uncomfortable consequences. Be sure you really want what you're chasing after, because you might be sorry when you get it. The appearance of this card isn't cause for fear, for life is all about learning lessons. Practice temperance, diplomacy, and thoughtful consideration before making a move.

2. Yin

Protection message: Do you have trouble receiving? You stop the flow of abundance when you insist upon always being the giver. You can't always lead, always give, always teach. You must be the student; the open vessel; and the one who receives the gift, gesture, or offer in equal measure. Open up and let love, life, abundance, and Spirit fill you, without demand or expectation. Just receive the bounty that is yours.

3. Between Worlds

Protection message: Be mindful of your expectations. This is not a time for guarantees. Things will not go exactly as you plan or dictate. Let go and see what Spirit has in store. What takes hold in your life will be better than you can imagine.



4. Higher Power

Protection message: Now is the time to examine what you are giving energy and attention to in the back of your mind. If you're obsessing about being right; about old resentments or failed expectations; about money; or about any other people, places, or things, *these* will be the source from which you create. But you want Spirit to be your Source! Take heart, for your Higher Power will never desert you and is always waiting for you to remember the sacred partnership you share. Turn away from other sources of power that don't serve your highest good. There is no greater Source than Spirit. You can always turn over your troubles to Spirit and trust that they will be taken care. You are in good hands.

5. Orphaned

Protection message: The shadow side of this card speaks to the essence of abandonment. Perhaps you feel a need to remain apart because intimacy is too threatening. It also warns against creating inappropriate family structures in order to conceal old wounds. It's time to address the unhealthy alliances you've formed and make a decision to heal the past. You will not be abandoned by the world if you claim yourself as whole. Not all relationships are dysfunctional, and not all of them will disappoint you. Don't abandon yourself. You can connect to others in a healthy way once you recognize your patterns and consciously choose to interrupt them. Life wants to love you. Let it.

6. Not for You

Protection message: Don't chase after what flees from you. Don't obsess over what eludes you. Don't bang your head against the wall. There is nothing romantic about what is unavailable, no prize given for torturing yourself, and nothing to be gained by refusing to see the red flags that have been waving since you began your pursuit. Now is the time to walk away. There are other goals, other loves, other games, other successes waiting for you. The way out of obsessing is radical acceptance and surrender. Spirit only wants the best for you. This is a sign that you have something much better waiting for you. Trust.



7. To the Sea

Protection message: When conditions appear to block every attempt to move forward, there is no hidden message for you to decipher. Like the ocean, the tides of experience ebb and flow. You are in a natural cycle, so know that things will flow again in due course. There is no cause for alarm. Stop resisting and fighting against the situation and learn to flow, even when the tide is going out. Relax and trust in the abundance that will soon be within your reach again. An ancient mariners' saying applies to you now: "When fishermen cannot go to sea, they stay home and repair their nets."

8. Community

Protection message: Beware of compromising your integrity in order to belong. How do you dim your light or change yourself so others will accept you in the tribe? Do you hide who you really are in order to play a role within the larger whole? This will never fulfill you. Now is a time to assess your willingness to be real. Stand tall. Be *you*. Authenticity is true self-expression and the only way to empower yourself. Don't be afraid to be yourself and step into the role your heart tells you to take. Making yourself small bears too high a cost.

9. Treasure Island

Protection message: Poverty consciousness and a sense of "not enough" cast a shadow on your path. These ideas and core beliefs come with a high cost. Do you really want to proclaim yourself a victim of disappointment and failed expectations? Are you avoiding success because you will grow so tall that others will want to cut you down? Or is it possible that you're caught in a fear that you will lose what you have acquired, so you hold on so tight and you miss the opportunities to expand? You are challenged to change the way you see the world and move from a perception of limitations to a perception of abundance. Take a risk, for you have nothing to lose except sitting in a prison of your own making. Open the door and find the abundance waiting for you to claim it.



10. Unfinished Symphony

Protection Message: When unfinished business casts a shadow, it is a reminder that procrastination is a form of self-sabotage. It is not in your best interest to stall. Even stumbling forward is better than holding back. Don't overthink things or let yourself get distracted—just tie up any loose ends up and deliver the results. Don't quit before the finish line. Spirit wants you to win.

11. By the Book

Protection message: Now is the time for a real change in consciousness as you are incited to revolt. Challenge the structures that feel limiting in order to make authentic progress. It is not enough to rebel in small ways—this is a call to revolution! Focus on what you really want to achieve, regardless of whether it feels so far outside the box that the established order may reject it. Genius, invention, and transformation are rarely comfortable, and less likely to be accepted by the mainstream. It may be time for you to say no to the way of your group, take a stand, and make real changes. It could be that the structure of your inner world is alerting you to the need for a complete overhaul. This is a time for transformation, so let go of the fear of change. Your intuition will lead you through the dark tunnels. There is no turning back now. Trust that light is assured. Epiphanies will surely lead to miracles.

12. A Change in the Wind

Protection message: There are conditions brewing in your life you have no control over. Don't fight them. Change is inevitable and is for the best, for the higher good. Even if this storm blows away the structures you think you've built your dreams on, all will turn out as it should. You will have a renewed clarity and strength to do something even better. Spirit is your ally.



13. Fork in the Road

Protection message: Indecision is extremely frustrating and will lead to anxiety, loss, and confusion. At this juncture, you can't remain in place without losing your way altogether. Avoid the tendency to let others choose for you, which is a way to subtly refuse to take responsibility for your choices. Don't give your power away, not even to this oracle. By *not* making a choice, you *are* making a choice, for which you must be accountable. If that choice leads to undesirable circumstances, take heart: Spirit never tires of giving you second chances. You can always start again once you've learned this valuable lesson.

14. Truth Be Told

Protection message: Where are you being dishonest with yourself or others? If you're unhappy in any area of your life, look for signs of denial. This can also pertain to others being misleading or withholding, or acting from hidden agendas. Now is the time to say no to dishonesty in all forms. Ask for the truth. Even if you don't like what you hear, acknowledging it will be key to a beautiful new future, where you no longer labor under the heavy burdens that deceit and denial impose on you. Set yourself free. Nothing less than *truth* is required now.

15. Message in a Bottle

Protection message: Are you refusing to see the signs because you want things as *you* want them? Red flags are not pretty things for you to admire; they are warning you for a reason. If something doesn't sit right with you, trouble could be hiding in the bushes. Don't ignore the signs. Spirit always has your best interests at heart and will draw your attention to something you are overlooking.

16. All That Glitters

Protection message: This is a signal to walk away from what you're contemplating. There is a thin veneer of glitter and sparkle that masks something rotten underneath. Pursuing it will only bring about



a difficult situation you will be sorry you got yourself into. Stay away. Isn't it wonderful how Spirit protects you? Better things await!

17. The Fates

Protection message: It is difficult to understand why painful things happen to good people. Fate is a mystery, after all. Yet what we do with our circumstances, how we respond to life's challenges, is how we rise to greet our destiny. Now is one of those times to be aware of your powerlessness to change certain situations and surrender to acceptance. Hang in there. Life will only get better. Act as if you believe that, for the only thing you can control right now is your attitude. When you align with the Fates, being mindful of what you can and cannot change, serenity will come to you.

18. Serendipity

Protection message: Perhaps you felt almost certain that serendipitous events were meant to lead to something better. It was supposed to be the perfect business, or that person you gave your heart to was supposed to be "the one"—yet it all fell apart! Consider this: Sometimes synchronicity and serendipity come together to lead you directly into difficulties in order to deliver an important lesson you need to learn *before* you hit the jackpot. Don't get caught up in the drama of disappointment. There really is a silver lining in this cloud. Spirit always knows what you need and is guiding you to where you are meant to go. Pay attention to the signs presented to you.

19. Flexible

Protection message: When you or someone else becomes too rigid, you lose the access to growth and untapped potential, and find yourself in an "us versus them" scenario. Loosen up, open your mind and heart, and see if a more flexible approach feels better. Rigidity will set you up for a fight where there only be losers and no winners. Could you find a way to bring about what is mutually beneficial? Meet in the middle. Spirit makes a great mediator.



20. Imagine

Protection message: Illusions and wishful thinking rooted in a sense of lack have entered your life. Now may be the time to see things as they truly are and not as you hoped or imagined they would be. Release any fear. Then envision anew. Perhaps you are projecting that something fearful might happen and re-creating that image of disaster over and over in your mind. The universe responds to such projections, so be aware of catastrophizing. No matter what, illusions are a misuse of imagination. Clear the inner slate and stay grounded. Stay real. Only then can you truly have what you desire.

21. Clean It Up

Protection message: Is it possible you may be caring too much about other people right now? Trying too hard to be helpful? Does taking on what belongs to others make you feel needed or desired? Perhaps you think it's your calling to relieve people of their burdens, but what is the cost to you, and to them? Don't clean up someone else's side of the street. You're not helping by relieving him or her of responsibility. You're also not doing yourself any favors, and you just might be adding an even greater burden. You are loved as you are. You don't need to be needed to be *loved*.

22. Blessed

Protection message: Humility is called for now, as grace is an unearned gift. You didn't gain this by your own desires or actions. This is the moment when to be who you need to be, you can no longer do what you did. In a way, you have hit rock bottom, and what is required now is nothing less than total surrender. Then you will be blessed.



23. Peace

Protection message: Now is a time for calmness and well-being in spite of temporary conditions. Even if there are dissonant notes in the music of your life, all that means is that you must go within and fine-tune the extraordinary instrument that you are. This is a time to find harmony within yourself and not look to the outer world to provide certainty. This, too, shall pass, and once again your life will sing with beautiful music.

24. Time for a Nap

Protection message: You are a human *being*, not a human *doing*. Is it possible you're suffering from work-aholism? Could you be the one who thinks it's your job to save everyone; to be there for everyone; and to go, go, go until you can barely see straight? You've gone as far as you can. You've worked hard and nourished people and projects, but now you are an empty well and have no water for others or for yourself. Don't let your ego keep you going full speed when your body and spirit need rest. Exhaustion is calling you to stop what you're doing altogether and take a break. If you don't, the appearance of this card could portend a possible illness that stems from being totally overwhelmed. You will feel like a new person if you take that break. Do it now.

25. Round and Round

Protection message: Are you refusing to see your own personal responsibility in repeating lessons you don't need to relearn? You have to surrender now to the fact that you are the common denominator in all these repeat performances. Be happy, for this is a wonderful spot to be in! You can now see the cycles that you wish to exit. Once you figure out that you have the power to stop going round and round, you possess the key to your freedom. Be good to yourself. It's not about blame but accountability. You can have the abundant life, filled with the love and prosperity that Spirit so wants for you!



26. Happy, Happy

Protection message: Lighten up, because this is the time to be ridiculous and silly. See the world through the eyes of a clown, and don't take yourself or any situation right now too seriously. Have fun, be playful, and make laughter the order of the day. You'll be surprised by how everything just seems to fall into place when humor leads the way. Being happy and lighthearted is a wonderful icebreaker. Life is meant for play as well as work, for laughter as well as tears, for dancing as well as focus. Spirit wants to sparkle through you today. Smile and enjoy each breath and each moment. Miracles are in the silly today.

27. Exchanging Gifts

Protection message: Be careful what you pray for, because you just might get it and then realize you don't want to face the hefty price tag that comes with it. You may find yourself in a situation you've always desired but know you will have to walk away from, or even fail at it, because you can't or won't pay what it asks of you. If you want to be a famous musician, you have to practice your craft every day. If you want to be a millionaire, you have to be responsible for managing the money and paying the taxes. Even a windfall bears a cost. It's okay, though, because Spirit will help you achieve balance over time. Another message here reminds you that being only the giver and not the receiver plays out in many relationships in your life where you find yourself in victim mode, in a codependent dynamic, or holding on to a false sense of control. Others may push you to continue to prove yourself. The time has come to walk away from this kind of imbalance. Being aware of the need for both give and take is the first step to your true destiny. It's all good, and getting better. Not only can you handle this, but you can flourish as a result of it!

28. Building Blocks

Protection message: Now is the time to address the cracks in the foundations of your life. Perhaps your values have changed, and it is time to strengthen your convictions and let go of the things that no longer serve the vision you have for your life. Or perhaps you chose to ignore the signs that a situation or agreement you have entered into is not right for you. Remove the rotten pieces, and reinforce your



grounding in moral strength and integrity. Now is the time for rigorous honesty, for you are called to renovate! You will be so happy when you do. Spirit has a spectacular blueprint for your life far beyond your imagination. Don't be afraid to replace what's not solid.

29. Breathe

Protection message: Inertia, laziness, and apathy are signs not of slowing down but of decay and lifelessness. Wake up and do something to shake this off! Go outside for some air. A walk in nature will remind you that all of life is *ensouled* and magical. Get some exercise, move out of your head and into your body, and breathe in deeply. Each breath is precious.

30. Tick Tock

Protection message: Have you been feeling as if the clock is ticking and been getting a little nervous that your dreams are taking too long to manifest? There is nothing to fear. You will never run out of time for the important things. The miracles that are yours and yours alone can't be missed. Isn't that amazing? You're in such good hands with guides and angels hovering in the invisible spaces, ensuring that your journey will be filled with all sorts of goodies! Let your anxiety be gently dispelled by your faith. Spirit will never deny you your highest good. All is yours in Divine, appropriate timing. You can relax.

31. Why?

Protection message: Sometimes subconsciously denying the truth may drive you toward a specific outcome aligning with an intention that is hidden from your awareness. For example, you may want to be prominent in your profession, but your desire is not really about sharing your talents but about making yourself feel better, because fame would cause people to admire and approve of you. Or you may want to reunite with the partner who rejected you because you *believe* that your love continues to be strong, but deep down you what you really desire is to be with that person so that you can have the last word. Now is the time for deep soul-searching of the "why" that drives your choices. What you uncover will set you free and bring you ever closer to the happiness you seek.



32. Here and Now

Protection message: Whenever you find your mind drifting into the past, wondering if things could have or should have been better—or whenever you find yourself longing for the good old days—you leak power. The same is true of looking too far ahead and hoping the future will provide you with certainty. Driven by ambition, you might wander too long in a place with no substance and forget that you are *here* today. The past and future are illusions. Whenever you leave the present moment, you're disconnecting from your inherent power to manifest your reality with true substance. Neither past nor future can give you what you need. *Now* is all that counts. Come back from those eternities and be here now. All will be well, and miracles will appear as if by magic in the perfect timing of Spirit!

33. Chaos and Conflict

Protection message: This is an advantageous moment to restore order and recognize the opportunity for negotiation. Even in the seeming chaos, there is a kind of Divine order, a complete re-sorting of elements. This is powerful. If your intention is to find the best solution for the highest good of all, there is good news: the timing is perfect. Things are already stirred up, so don't be afraid to jump into the mix. You'll discover everything you need to know about how this situation affects you long-term. Be present in the eye of the chaos. This moment is valuable. Don't waste it.

34. A Leg Up

Protection message: Are you always insisting on doing it all yourself? Do you have little faith that help will come, convinced that the burden of the world is doomed to remain on your shoulders? Your beliefs about going it alone need to be discarded, as they do not serve you at all. Let others help you. Yes, it will make you feel vulnerable to admit you need a helping hand, but to be vulnerable is good, for you have a lesson to learn. You must let someone else assist—you can't "do life" all by yourself. Once you shift your expectations, you'll be amazed by how quickly help arrives to give you a leg up!



35. Loyal Heart

Protection message: Are you stubborn or overly tenacious about an idea? Or have you become so attached to something that you just don't know how to let it go? Could it be that it's become so much a part of you that you wouldn't know who you are without it? Now is the time to look at outdated beliefs, old ideas, and misplaced loyalties. Betrayals are only signals that it is time to prune away all who don't deserve your trust and have no place in your life. Be new, think new, and open your heart to new things. Let go of the old and all your attachments. Spirit has awesome plans for you. Make some room.

36. Come to the Edge

Protection message: Fear is leading the way into places you don't need to go. Most of what you fear at the moment is an illusion stemming from an old belief that isn't even true. Now is a time for courage. You will not be lost at sea; you will not watch everyone else get what you want while you are left alone and unloved—oh, the drama of it all! False evidence appearing real is hovering over you. The more you dwell on fear, the more real it will become. Ask yourself, *Who in me is afraid?* Love that part of you that is scared. Ask, *Is this true and real right now?* The answer, most likely, is no. Give yourself a hug. It's okay to be afraid. Courage must be summoned in spite of your fear, when you're not feeling confident. Spirit will always catch you.

37. Never-ending Story

Protection message: Time to avoid drama at all costs, especially when it comes to other people's "stuff." Your sensitivity is on overload these days, and you're best served by keeping your distance. Your mantra today is "Not my circus, not my monkeys." All this drama will pass, and you will carry on unscathed and blameless.



38. To Be Fair

Protection message: Injustice and inequity are part of life, but they do not have to define your experience. This is a time when you may observe an injustice righted and fairly settled. Perhaps you come to the rescue of someone else, or be called to answer for a personal slight. You will be amazed by the sense of power that surges through you when you stand up for yourself and others. This card also indicates a good time to advocate for others who are less fortunate. Choose your cause and commit to it, because you *can* make a difference. One thing is for certain: if fairness is your intention, the situation will be resolved for the highest good of all concerned through acts of kindness, empathy, and courage.

39. New Life

Protection message: You must acknowledge your inexperience and gently allow yourself to be like the delicate new bud opening. It's okay to admit you may not know something. You are at the beginning of things, not in the middle. Be immersed in the newness of it all, and don't try to rush the learning process. New life has its own timetable for maturity. Be here now. Life loves you.

40. Co-create

Protection message: You are trying too hard to create all that you desire, without the nurturing, vital force of Spirit. Perhaps you are in a creative slump, suffering writer's block—facing a monumental task but unable to decide on your first step, so you just avoid doing anything. Does the word *overwhelmed* apply to you right now? Why do you think it all has to come down to you? Inspiration means the *drawing in* of Divine guidance. You must tap into Spirit, not simply yourself. Ask *Spirit* for inspiration. Two minds are greater than one, so co-create with your Divine partner. Reclaim your partnership with Spirit. Inspiration will flow through you as soon as you get out of your own way.



41. Soul Mates

Protection message: An important relationship brings you to your knees. This is the kind of soul mate that comes with a powerful gift. Your patterns and all your old stories that don't serve your well-being enter into this dynamic so you can heal them. This person is called to a sacred task—to help you learn, even if it seems uncomfortable, sticky, and inconceivable. The question is not *Why did he do this to me?* but rather *What is the gift in this?* Look into this mirror. You will only be changed for the better.

42. Chop Wood

Protection message: Are you an armchair astronaut? Do you dream of wealth and fame, big ideas, inventions, or desires with a capital *D*? The appearance of this card is a sign that you might be spending far too much time dreaming and talking about your dreams. You have to get out of the chair to make things happen. You actually have to *do* something. Start with a small task. Remember, the big dream becomes reality only after you have begun to take incremental steps. Mythologist Joseph Campbell once said, "Take one step towards the gods and they will take ten steps towards you."

43. Deep Knowing

Protection message: You are in empathy overload and need to get grounded again, so tune out for a bit. Hypersensitive, you're suffering from psychic exhaustion. This signals a time for a recharging of your batteries. Set energetic boundaries, take a salt bath, empty your mind, and get back to *you*. It's not a time to be too open. Soon enough, you can open up again. Right now you need self-care and self-love. It's time to say "no, thank you" to anyone in your life who exhausts you. Won't that feel good?



44. Thinker

Protection message: You might be suffering from *analysis paralysis*. Thinking has its place, but trying to figure everything out in a logical manner is not going to work right now. Your conclusions will likely be faulty, and you may act upon false concepts that will get you in a jam. Give your mind a rest. Do something creative, exercise, or meditate. Soon you'll come to your senses and an "Aha" moment will bring new clarity.

45. Time to Go

Protection message: Even if it appears that you've reached the end of the line and all is lost, it isn't. You're in a situation that will resurface again later, so consider this a break rather than an ending. Destiny is in charge here. You lose nothing and gain everything when you surrender to that fact. Your soul knows your Destiny is unfolding with perfect timing and synchronicity. Your small self doubts but that is natural, as it doesn't have the map of your Destiny- the soul does! Spirit loves you. Trust that.

46. Regeneration

Protection message: Endings come in many forms, and now is the time to stop holding on to what must die . . . so that something better can take its place. Nature's cycles include disease, decay, death—and regeneration. Let whatever isn't working in your life die. Don't be afraid to face the facts. There is no need to struggle or grieve. Whatever your query, let it go. You're about to be reborn.

47. Go the Distance

Protection message: Do you feel as if you've been wandering in the desert now for ages and ages and nothing is happening? When you conjure up the image of a desert, you see parched lips, sunburned skin, and mirages—but there is more to it than that. Amid the hot sands are creatures with resilient spirits, tough skin, and the willingness to burrow deep underground for water so that they may thrive. This is a time of developing survival skills and resilience. You are learning how to conserve your



strength, and in this temporary time of austerity, it's wise to be selective about where you expend your energy. Listen to the call of your soul because it will never lead you astray. This is an important time for letting go of what's not important.

48. Poised

Protection message: You're not ready to move forward at this time, and that has to be okay. Be poised in the face of demands and deadlines. Pretending you know what you're doing works sometimes, but if you adopt a "fake it 'til you make it attitude," it will land you in some muck now. This is not the time to wing it and deliver something half-finished. It's okay to postpone things until you are really ready. It's better to disappoint others now than to wish you had later.

49. Observer

Protection message: Ever think sometimes your life is suction-cupped to your face and you can't see beyond yourself? There's a big world out there—a multitude of potential realities that you're unable to see at present. So you're a little stuck? It's time to get advice from someone you trust, someone who has a better perspective on your circumstances. Other points of view are needed now before you move forward. Take heart! A beautiful vista is waiting for you to drink it in. You just need a little help to see beyond your small "self."

50. No Place Like Home

Protection message: There are times when what is familiar and known is not the best choice. Human beings are memory-driven creatures, and we all look for certainty, for what we know, even if the qualities we seek in other people and in external conditions are expressed in unhealthy ways. Avoid what is familiar now, because you are *too* eager to find home. Choose something unfamiliar and trust that there you will find a sense of home that supports your spirit. Remember: if you do what you did, you'll get what you got. Do the opposite of what "feels right"—even if it's uncomfortable—because



what feels “right” is really what feels “familiar,” and you will attract and be drawn to the very things you don’t want anymore. This time will not be different unless you *do* something different.

51. Milk and Honey

Protection message: A nameless discomfort and unease compels you to turn to pleasure and comfort as a means to escape what’s really going on. It works in the moment, but only fleetingly—before the feelings return and you need to re-up until you’re exhausted. Feeling worse than before, you may continue struggling . . . or you may see the light and choose to surrender to Spirit. Now is the time for practicing extreme self-care. If you can, do so before you engage in behaviors you’ll regret later. You are so loved, so cared for. Feel love and compassion for yourself. Turn your troubles over to the Divine for healing. That’s all that counts right now.

52. Mending

Protection message: Heartbreak is a strange healer of souls. Our grief strips away our masks and loosens our tight hold on our separateness, where we view ourselves as “I” and the world as “it.” Loss allows us to see ourselves as part of a larger scheme, opening us up to sympathy, empathy, and dependence on the world in the moment when we can’t hold ourselves together. And it leads us to become one with the greater whole again. Pain and suffering is part of life, and none of us will be immune to it. Can you see this loss, this pain, this dissonance, as a way back to Source? Let your sorrow break your heart wide open. You will never be left behind. You are loved—now more than ever—by Spirit, who does not want you to feel alone. One day you will look back and know this truth.