The Little Valencia Trees Monthly Menu
Sep-24
1+

| Week 1 | Monday 2 | Tuesday | Wednesday | Thursday | Friday |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Breakfast | Eggs/Toast with jelly | Hash brown, sausage, fruit | Eggs/Toast with jelly | Hash brown, sausage, fruit | Kid's Choice Cereal |
| Lunch | Butter chicken cheese pasta, fruit, bread | Chicken, rice, carrot soup, tortillas, fruit | Turkey/Cheese sandwhich, mix fruit, crackers | Chicken Nuggets, mash, veggies, friuit | Spaghetti with meet, bread, veggies, fruit |
| Snack | Apples/ crackers | Cheese/Crackers | Raisin Bread | Oranges | Banana Bread |
| Week 2 | Monday 9th | Tuesday | Wednesday | Thursday | Friday |
| Breakfast | Eggs/Toast with jelly | Hash brown, sausage, fruit | Eggs/Toast with jelly | Hash brown, sausage, fruit | Kid's Choice Cereal |
| Lunch | Butter chicken cheese pasta, fruit, bread | Chicken, rice, carrot soup, tortillas, fruit | Turkey/Cheese sandwhich, mix fruit, crackers | Chicken Nuggets, mash, veggies, friuit | Spaghetti with meet, bread, veggies, fruit |
| Snack | Apples/ crackers | Cheese/Crackers | Raisin Bread | Oranges | Banana Bread |
| Week 3 | Monday 16th | Tuesday | Wednesday | Thursday | Friday |
| Breakfast | Oatmeal/Bread | Muffins/Fruit | Oatmeal/Bread | Muffins/Fruit | Kid's Choice Cereal |
| Lunch | Butter chicken cheese pasta, fruit, bread | Chicken, rice, carrot soup, tortillas, fruit | Turkey/Cheese sandwhich, mix fruit, crackers | Chicken Nuggets, mash, veggies, friuit | Spaghetti with meet, bread, veggies, fruit |
| Snack | Apples/ crackers | Cheese/Crackers | Raisin Bread | Oranges | Banana Bread |
| Week 4 | Monday 23 | Tuesday | Wednesday | Thursday | Friday |
| Breakfast | Oatmeal/Bread | Muffins/Fruit | Oatmeal/Bread | Muffins/Fruit | Kid's Choice Cereal |
| Lunch | Butter chicken cheese pasta, fruit, bread | Chicken, rice, carrot soup, tortillas, fruit | Turkey/Cheese sandwhich, mix fruit, crackers | Chicken Nuggets, mash, veggies, friuit | Spaghetti with meet, bread, veggies, fruit |
| Snack | Apples/ crackers | Cheese/Crackers | Raisin Bread | Oranges | Banana Bread |
| Week 5 | Monday 30th | Menu is subject to change without any notice. <br> Breakfast/Lunch milk is served. <br> Whole Milk under 2 years old \& 1\% milk over 2 years <br> Vegetables/ Fruit are chopped, sliced, steamed, etc for chocking hazards |  |  |  |
| Breakfast | Muffins/Fruit |  |  |  |  |
| Lunch | Butter chicken cheese pasta, fruit, bread |  |  |  |  |
| Snack | Apples/ crackers |  |  |  |  |


| The Little | ncia Trees Month |  | Oct-24 | 1+ |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Week 1 | - | Tuesday 1 | Wednesday | Thursday | Friday |
| Breakfast |  | Biscuits with jelly | Fruit bar | Biscuits with jelly | Kid's Choice Cereal |
| Lunch |  | Chicken Nuggets, fries, fruit, veggies | PBJ, apples, crackers | Rice with beef, corn, tortillas, fruit | Spaghetti with meet, bread, veggies, fruit |
| Snack | $\sim$ | Ritz \& cheese | Applesauce | Yogurt/Crackers | Fruit Bar |
| Week 2 | Monday 7 | Tuesday | Wednesday | Thursday | Friday |
| Breakfast | Biscuits with jelly | Fruit bar | Biscuits with jelly | Fruit bar | Kid's Choice Cereal |
| Lunch | Hot dogs, tots, trail mix, veggies | Chicken Nuggets, fries, fruit, veggies | PBJ, apples, crackers | Rice with beef, corn, tortillas, fruit | Spaghetti with meet, bread, veggies, fruit |
| Snack | muffin | Ritz \& cheese | Applesauce | Yogurt/Crackers | Fruit Bar |
| Week 3 | Monday 14 | Tuesday | Wednesday | Thursday | Friday |
| Breakfast | Toast, sausage, fruit | Oatmeal with fruit | Toast, sausage, fruit | Oatmeal with fruit | Kid's Choice Cereal |
| Lunch | Hot dogs, tots, trail mix, veggies | Chicken Nuggets, fries, fruit, veggies | PBJ, apples, crackers | Rice with beef, corn, tortillas, fruit | Spaghetti with meet, bread, veggies, fruit |
| Snack | muffin | Ritz \& cheese | Applesauce | Yogurt/Crackers | Fruit Bar |
| Week 4 | Monday 21 | Tuesday | Wednesday | Thursday | Friday |
| Breakfast | Oatmeal with fruit | Toast, sausage, fruit | Oatmeal with fruit | Toast, sausage, fruit | Kid's Choice Cereal |
| Lunch | Turkey/ cheese Sandwich, crackers, oranges | Hot dogs, tots, trail mix, veggies | Crackers, cheese, deli meat, fruit, veggies | PBJ, apples, crackers | Spaghetti with meet, bread, veggies, fruit |
| Snack | muffin | Ritz \& cheese | Applesauce | Yogurt/Crackers | Fruit Bar |
| Week 5 | Monday 28 | Tuesday | Wednesday | Thursday |  |
| Breakfast | Ghosr Toast, mix berries | Orange Pancakes, fruit | Donut Bats, yogurt | Ghost Hard boiled eggs, fruit |  |
| Lunch | Turkey/ cheese Sandwich, crackers, oranges | Hot dogs, tots, trail mix, veggies | Crackers, cheese, deli meat, fruit, veggies | Halloween Lunch Party TBD |  |
| Snack | muffin | Ritz \& cheese | Applesauce | Left overs |  |

Menu is subject to change without any notice.
Breakfast/Lunch milk is served.
Whole Milk under 2 years old \& $\mathbf{1 \%}$ milk over 2 years
Vegetables/ Fruit are chopped, sliced, steamed, etc for chocking hazards

| The Little Valencia Trees Monthly Menu |  |  | November | 1+ |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Week 1 |  |  |  |  | Friday 1 |
| Breakfast | Menu is subject to change without any notice. <br> Breakfast/Lunch milk is served. <br> Whole Milk under 2 years old \& 1\% milk over 2 years <br> Vegetables/ Fruit are chopped, sliced, steamed, etc for chocking hazards |  |  |  | Kid's Choice Cereal |
| Lunch |  |  |  |  | Hot dogs, french fries, beans, fruit |
| Snack |  |  |  |  | Cookies/ mix berries |
| Week 2 | Monday 4 | Tuesday | Wednesday | Thursday | Friday |
| Breakfast | Banana Bread/ fruit | waffles/fruit | Banana Bread/ fruit | waffles/fruit | Kid's Choice Cereal |
| Lunch | Mac and cheese with peas, fruit, corn muffin | Quesadillas, salsa, cheese crackers, fruit | Bean/Cheese burritos, fruit, crackers | Chicken/rice, tortillas, fruit, veggies | Hot dogs, french fries, beans, fruit |
| Snack | Yogurt Parfait | Veggies with dip | PBJ/apples | Tortilla Chips/ salsa | Cookies/ mix berries |
| Week 3 | Monday 11 | Tuesday | Wednesday | Thursday | Friday |
| Breakfast | waffles/fruit | Banana Bread/ fruit | waffles/fruit | Banana Bread/ fruit | Kid's Choice Cereal |
| Lunch | Mac and cheese with peas, fruit, corn muffin | Quesadillas, salsa, cheese crackers, fruit | Bean/Cheese burritos, fruit, crackers | Chicken/rice, tortillas, fruit, veggies | Hot dogs, french fries, beans, fruit |
| Snack | Yogurt Parfait | Veggies with dip | PBJ/apples | Tortilla Chips/ salsa | Cookies/ mix berries |
| Week 4 | Monday 18 | Tuesday | Wednesday | Thursday | Friday |
| Breakfast | Biscuits with jelly | Toast, eggs, fruit | Biscuits with jelly | Toast, eggs, fruit | Kid's Choice Cereal |
| Lunch | Chicken pasta, broccoli, fruit, bread | Turkey/ cheese Sandwich, crackers, oranges | Mac and cheese with peas, fruit, corn muffin | Quesadillas, salsa, cheese crackers, fruit | Friendsgiving Party TBD |
| Snack | Yogurt Parfait | Veggies with dip | PBJ/apples |  | Left overs |
| Week 5 | Monday 25 | Tuesday | Wednesday | Thursday | Friday |
| Breakfast | waffles/fruit | Toast, eggs, fruit | Closed 27, 28 \& 29****** ******Thanksgiving Break |  |  |
| Lunch | Chicken pasta, broccoli, fruit, bread | Turkey/ cheese Sandwich, crackers, oranges |  |  |  |
| Snack | Yogurt Parfait | Veggies with dip |  |  |  |

