

PONTOON WCS

Choreographers:
Address:
Rhythm & Phase:
Music:
Speed:
Sequence:

Bob & Sally Nolen
790 Camino Encantado< Los Alamos, NM 87544
WCS VI + (0)+4 (Sd Xross Sug Push w/Tripples,
Whip & Flip, Opn Whip, Rt Hnd Sync Tuck Trn
Pontoon, by Little Big Town, Time: 3:32 Min
Unchanged from download site, Amazon.com
Introduction A B Br A(MOD1) B(MOD1) C B(MOD1) A(MOD2) END

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Degree of Difficulty: Advanced
released: 01/2014 REV 2

TIMING

Introduction

1-4 Wait OPN/LOD No Hnds ; Side Breaks ; Sugar Tuck and Spin ; , , Kick Ball Change , ;

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|-----------|-----|-----------------------|--|
| | 1 | {Wait} | Wait 1 meas in OPN/LOD no hnds; |
| 1&2&3&4; | 2 | {Side Breaks} | Push stp L/push stp R, close L/close R, push stp L/push stp R, close L/close R; (Push stp R/push stp L, close R/close L, push stp R/push stp L, close R/close L;) |
| 1234; 5&6 | 3-4 | {Sugar Tuck and Spin} | LOP fcg ptr and LOD - bk L, bk R, tap L, fwd L; (anchor) R bk under body/replace wt to L, replace wt to R, (LOP fcg ptr and RLOD - fwd R, fwd L, tap R beside L, swvl 1/2 RF to fc LOD fwd R spin 1/2 RF to fc RLOD; (anchor) bk L under body/replace wt to R, replace wt to L,) |
| 7&8; | | {Kick Ball Change} | In LOP fc LOD kick L fwd/take wgt on ball of L [like pressing], replace wgt on R, (In LOP fc RLOD kick R fwd/take wgt on ball of R, |

Part A

1-8 Rt Hnd Sync Tuck Trn to an "L" Pos ; , , Ladies Free Spin Towards RLOD & Men Follow w/Trippl to Rt Palms , ; Trippl Travel & Roll ; ; , , Slow Rk & Rec , ; Surprise Whip to Stacked Hands Rt over Lft ; ;

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|------------------------------|-----|--|---|
| 12&34;5&6 | 1-2 | {Rt Hnd Sync Tuck Trn to an "L" Pos} | LOP fc LOD bk L, bk R, taking both hands high palms up, man leads lady to start a rt hnd trn under his rt hnd as he bks L, small bk R rk bk L/, recov R, fwd L; ck fwd R, beginning lft trn bking up L/, R bk to "L" pos rt hnd to ladies lft hnd (Fwd R, fwd L/Bk R, fwd L trning 1/2 to fc LOD stp R undr man's rt hnd; Fwd L/fwd R, fwd L to opn "L" pos RLOD) |
| 7&8; | | {Ladies Free Spin twd RLOD& Men Follow to Rt Palms} | Men lead ladies to free spin & men follow L/R, L to rt palm to ladies rt palm men fcng RLOD/WALL (Fwd R/L, R spinning 1.5 revolutions to fc LOD/COH to rt palms to right palms with man fc RLOD/WALL) |
| 1&234; 5&67&8; 1&234; 5&678; | 3-6 | {Trippl Travel & Roll} | Sd R/close L, sd & fwd R comm RF turn 1/4, fwd L cont RF turn 3/4, fwd R cont RF turn 1/2 [making a 1 1/2 turn] to a L h& star sd L/close R, sd & fwd L comm LF turn 1/4, fwd R cont LF turn 1/2, fwd L cont LF turn 1/2 [making a 1 1/4 turn] to fac prtnr in lead h&s; in place R/ L, R, RLOD(Sd L/close R, sd & bk R comm RF turn 1/4, fwd R cont RF turn 3/4, fwd L cont RF turn 1/2 [making a 1 1/2 turn] to a L h& star sd R/close L, sd R turning 1/2 LF to a R h& star, sd L/close R, sd L turning RF |
| 123&4; 567&8; | 7-8 | {Slow Rk & Rec} {Surprise Whip to Stacked Hands Rt over Lft} | Rk fwd L, Rec bk R; Bk L, rec fwd & sd R moving to woM's R sd comm RF turn 1/4 to CP, sd L cont RF turn 1/4 rec fwd R, sd & fwd L complete 1/2 RF turn; chk fwd R CBMP turning upper body strongly to the R leading woman to turn sharply to the R & stopping woman with M's R h& on woM's bk ending in an L-shaped semi-CP looking at prtnr, rec bk L raising jned lead h&s, in place R / L, R stcking R ovr L hnds; (fwd R, fwd L turning RF 1/2, bk R/close L to R, fwd R between M's ft turning sharply RF 1/2 keeping L leg close to R & under the body; chk bk L, rec fwd R turning RF under jned lead h&s to fac prtnr, in place L/ R, L stcking R ovr L hnds; |

9-16 Sugar Push w/Alternating Head Loops ; , , Man's Underarm Trn , ; Left Sd Pass w/Tuck & Spin ; , , Whip & Flip to Semi-CP "L" Pos ; ; Rt SD Pass With Inside Underarm Trn , , ;

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|---------------------|-------|--|---|
| 1234; 5&678;1&23&4; | 9-11 | {Sugar Push W/Alternating Head Loops} {Man's Underarm Trn} | Bk L twd LOD, bk R, touch L to R while looping man's rt hnd over his neck & release, fwd L looping man's lft hnd over ladies head & releasing; in place R / L, R, (Fwd R, fwd L, touch R to L, bk R; in place L/ R, L,) |
| 5678; 1&2 | 12-16 | {Left Side Pass w/Tuck & Spin} | Bk L, fwd R turning 1/4 RF under jned lead h&s, sd L turn 1/4 RF/fwd R, fwd L; in place R / L, R, to fc LOD (Fwd R, fwd L turn 1/4 LF, sd R/X L IF turn 1/4 LF, bk R; in place L/ R, L,) |
| 34;5&678; 1&2 | | {Whip & Flip to Semi Closed "L" Pos} | OP fcg ptr and LOD - svl 1/4 LF to COH sd L, svl 1/4 LF to RLOD rec R, cl L to R/in place R, fwd L; bk R under body/replace wt to L, sltly bk & replace wt to R, (OP fcg ptr and RLOD - fwd R, fwd L, svl 1/4 LF to wall sd R/cl L to R trn 1/4 LF to LOD, strt RF trn to RLOD fwd R spin RF on R to fc LOD; bk L under body/replace wt to R, replace wt to L,) |
| 34;5&67&8; | | {Right Side Pass With Inside Underarm Trn} | Bk L, rec fwd & sd R moving to wom's R sd turning 1/4 RF to CP, sd L turning 1/4 RF/fwd R, sd & fwd L & on same track as L ft & while flipping to sdcAR LOD; Fwd wide outside ladies R, cking fwd L, starting a lft fc trn R/bkng up completing the lft fc trn & taking ladies lft hnd in man's rt hnd to a semi-CP "L" pos L; (Fwd R, fwd L turning LF 1/2 to CP, bk R/close L to R, fwd R between M's ft turning 1/2 RF; bk L, bk R, in place L / R, L,) |
| | | | From Scp-"L" Pos RLOD - svl 1/4 LF to COH sd L, svl 1/4 LF to LOD rec R, cl L to R/in place R, fwd L; bk R under body/replace wt to L, sltly bk & replace wt to R, (From Scp-"L" Pos RLOD -fwd R, fwd L, svl 1/4 LF to wall sd R/cl L to R trn 1/4 LF to LOD, strt RF trn to RLOD fwd R spin RF on R to fc LOD; (Bk L under body/replace wt to R, replace wt to L,) |

Part B

1-8 Sd Whip ; ; Tummy Whip ; ; Cheek to Cheek ; , , Tog 2, For Trning Basic ; , , Rk Bk, Rec, Kick Ball Chnge ;

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|---------------|-----|------------------|--|
| 123&4; 567&8; | 1-2 | {Side Whip} | Bk L, rec fwd & sd R moving to woM's R sd turning 1/4 RF to an L-shaped semi-CP placing R h& on woM's bk, point L [no wgt], hold; hold, fwd L turning 1/4 LF, in place R / L, R; (Fwd R trning rf 1/2; fwd L turning 1/2 RF, bk R/close L to R, fwd R; bk L, bk R turn 1/2 LF to fac prtnr, in place L/R, L;) |
| 123&4; 567&8; | 3-4 | {Tummy Whip} | Bk L, rec fwd & sd R moving to woM's R sd releasing jned h&s turning 1/4 RF, sd L turning 1/4 RF/fwd R, sd & fwd L; X R in bk of L turning 1/2 RF to fac prtnr, fwd L, in place R / L, R; (fwd R, fwd L, fwd R/close L to R, bk R; bk L, bkR, in place L / R, L;) |
| 1234;5&6 | 5-7 | {Cheek to Cheek} | Bk L, rec fwd R comm RF turn, lift L knee up cont RF turn touching M's L hip to woM's R hip, X L IF of R turning LF to fac prtnr; in place R/L, R, (fwd R, fwd L comm LF turn, lift R knee up cont LF turn touching R hip to M's L hip, X R IF of L turning RF to fac prtnr; in place L/R, L,) |

78;1&23&4; 567&8;	8	<p><i>{Together in 2 for Turning Basic CP/WALL}</i></p> <p><i>{Rock Back & Recover to Kick Ball Change}</i></p>	<p>OP fcg ptr and LOD - bk L, fwd & sd R to lady's right side, swvl 1/4 RF to fc WALL sd L/rec R trn 1/4 RF to fc wall, sltly fwd L; sd R/L, R with man's body oriented to WALL maintain loose CP established in step 3, (OP fcg ptr and RLOD - fwd R, fwd L trn 1/2 RF to fc LOD, bk R/cl L to R, fwd R btw man's feet; swvl 1/4 RF to fc WALL sd L/cl R to L,)</p> <p>Rk bk, rec to Scp/LOD, kck fwd L/ to ball R while pressing w/L, replace wt to R;</p>
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Part Bridge

1-4 Chasse Roll ; ; Rk Bk Rec , , Chasse to Face ; Throw out in 4 ;

123&4; 5&67&8;	1-2	<i>{Chasse Roll}</i>	Rock bk L to semi-CP LOD, rec R to fac, sd L/close R, sd L turning R to bk-to-bk pos; sd R/close L, sd R cont turn to fac, sd L/close R, sd L end facing prtnr complete one full turn; (Rock bk R to semi-CP LOD, rec L to fac, sd R/close L, sd R turning LF to bk-to-bk pos; sd L/close R, sd L cont turn to fac, sd R/close L, sd R end facing prtnr complete 1 full turn;)
123&4;	2-3	<i>{Rk Bk Rec Chasse to Face}</i>	Rock bk L to semi-CP RLOD, rec R to fac, sd L/close R ; (Rock bk R to semi-CP RLOD, rec L to fac, sd R/close L ;)
5678;	3-4	<i>{Throwout in 4}</i>	Rk bk R, rec L, sd R starting LF turn 1/4 to LOD, in place L fc LOD, in place R; (Rk bk L, rec R, fwd L starting a LF turn cont LF turn bk R to fc RLOD small bk L;)

Part A Mod 1

1-8 Rt Hnd Sync Tuck Trn to an "L" Pos ; , , Ladies Free Spin Towards RLOD & Men Follow w/Trippl to Rt Palms , , Trippl Travel & Roll ; ; ; , , Slow Rk & Rec , ; Slow Side Breaks ; Quick Side Breaks ;

12&34;5&6	1-2	<i>{Rt Hnd Sync Tuck Trn to an "L" Pos}</i>	LOP fc LOD bk L, bk R, taking both hands high palms up, man leads lady to start a rt hnd trn under his rt hnd as he bks L, small bk R rk bk L/, recov R, fwd L; ck fwd R, beginning lft trn bk up L/, R bk to "L" pos rt hnd to ladies lft hnd (Fwd R, fwd L/Bk R, fwd L trning 1/2 to fc LOD stp R undr man's rt hnd; Fwd L/fwd R, fwd L to opn "L" pos RLOD)
7&8;		<i>{Ladies Free Spin twd RLOD & Men Follow to Rt Palms}</i>	Men lead ladies to free spin & men follow L/R, L to rt palm to ladies rt palm men fcng RLOD/WALL (Fwd R/L, R spinning 1.5 revolutions to fc LOD/COH to rt palms to right palms with man fc RLOD/WALL)
1&234; 5&67&8; 1&234; 5&678;	3-6	<i>{Trippl Travel & Roll}</i>	Sd R/close L, sd & fwd R comm RF turn 1/4, fwd L cont RF turn 3/4, fwd R cont RF turn 1/2 [making a 1 1/2 turn] to a L h& star sd L/close R, sd & fwd L comm LF turn 1/4, fwd R cont LF turn 1/2, fwd L cont LF turn 1/2 [making a 1 1/4 turn] to fac prtnr jn lead h&s; In place R/ L, R, RLOD(Sd L/close R, sd & bk R comm RF turn 1/4, fwd R cont RF turn 3/4, fwd L cont RF turn 1/2 [making a 1 1/2 turn] to a L h& star sd R/close L, sd R turning 1/2 LF to a R h& star, sd L/close R, sd L turning RF 1/2 to a L h& star, sd R/close L, sd & bk R comm LF turn 1/4, fwd L cont LF turn 1/2, fwd R cont LF turn 1/2 [making a 1 1/4 turn] to fac prtnr jn lead h&s; in place L/ R, L, LOD)
&1-&3-;	7	<i>{Slow Rk & Rec}</i>	Rk fwd L, Rec bk R;
&5&6&7&8;	8	<i>{Quick Side Breaks}</i>	LOP fcg LOD - Wt on R push off /R stp sd L (sml stp), push off /L stp /sd R (sml stp) end with both legs straight, -hold, push off L & hold ;

Part B Mod 1

1-8 Sd Whip ; ; Tummy Whip ; ; Cheek to Cheek ; , , Sugar Push ; , , Chicken Walk 4 ;

123&4; 567&8;	1-2	<i>{Side Whip}</i>	Bk L, rec fwd & sd R moving to woM's R sd turning 1/4 RF to an L-shaped semi-CP placing R h& on ladie's bk, point L [no wgt], hold; hold, fwd L turning 1/4 LF, in place R/ L, R; (Fwd R, fwd L turning 1/2 RF, bk R/close L to R, fwdR; fwd L, fwd R turn 1/2 LF to fac prtnr, in place L/R, L;)
123&4; 567&8;	3-4	<i>{Tummy Whip}</i>	Bk L, rec fwd & sd R moving to woM's R sd releasing jned h&s turning 1/4 RF, sd L turning 1/4 RF/fwd R, sd & fwd L; X R in bk of L turning 1/2 RF to fac prtnr, fwd L, in place R / L, R; (Fwd R, fwd L, fwd R/close L to R, bk R; bk L, bkR, in place L / R, L;)
1234;5&6	5-7	<i>{Cheek to Cheek}</i>	Bk L, rec fwd R comm RF turn, lift L knee up cont RF turn touching M's L hip to woM's R hip, X L IF of R turning LF to fac prtnr LOP/RLOD; in place R/L, R, (Fwd R, fwd L comm LF turn, lift R knee up cont LF turn touching R hip to M's L hip, X R IF of L turning RF to fac prtnr LOP/LOD; in place L/R, L.)
78;123&4;		<i>{Sugar Push}</i>	Bk L, bk R, touch L to R, fwd L; in place R / L, R, (fwd R, fwd L, touch R to L, bk R; in place L/ R, L.)
5678;	8	<i>{Chicken Walk 4}</i>	LOP/RLOD Bk L, bk R, bk L, bk R; (Fwd R, fwd L, fwd R, fwd L;)

Part C

1-8 Left Sd Pass to Double Hnd Hold ; , , Op Whip ; ; Sd Xross Sug Push w/Trippl ; , , Alt Underarm Trn ; , , Left Sd Pass to Double Hnd Hold , , ;

123&4; 5&6	1-5	<i>{Left Side Pass to Double Hnd Hold}</i>	OP fcg ptr and RLOD - svl 1/4 LF to COH sd L, svl 1/4 LF to RLOD rec R, cl L to R/in place R, fwd L; bk R under body/replace wt to L, sltly bk & replace wt to R, (OP fcg ptr and LOD - fwd R, fwd L, svl 1/4 LF to wall sd R/cl L to R trn 1/4 LF to LOD,)
78;1&234; 5&6		<i>{Open Whip}</i>	LOP fcg LOD bk L, rec fwd & slightly lft outside lady, fwd L wide of lady hiding man's rt & ladies lft hnd bhnd man's rt hip/R, L trning to fc lady & LOD while raising the rt hnd ovr ladies head R then left to a soft wrap with hnds at ladies head both fcng LOD in tandem; release ladies lft hnd & slide down to rt hnd L, R rotating 1/2 to fc COH sliding rt hand down to ladies lft to shke hnds [rt to lft] while releasing her lft hnd R/L, R ending w/man fcng COH & ladies fcg RLOD (Fwd R commencing a rt fc trn when men hides hand bhnd his bk, fwd L twrd LOD, R/L, R; Fwd R, fwd L, swvl 1/4 rt fc, xross R ovr L/sd L, R to fc man, L/R, L in place ;)
78;1&23&4;		<i>{Side Cross Sugar Push w/Trippl}</i>	Sd L, xross R over L trning rt fc to fc partner & LOD changing hnds lft to rt L/R, L stepping fwd twrds partner, R/L,R) ; (Fwd R, fwd L w/ladies swiveling 1/4 lft fc xross R/ over L sd L fc to fc partner RLOD, bk R; L/R, L in plc;)
567&8; 1&2	6-8	<i>{Alternating Underarm Turn}</i>	OP fcg ptr and LOD - bk L, fwd & sd R to lady's right sd, swvl 1/4 RF to fc WALL then sd L/rec R trn 1/4 RF to fc RLOD, sltly fwd L; fwd R trn 1/2 RF to fc LOD/rec L trn 1/2 LF to fc RLOD, bk R under body, (OP fcg ptr and RLOD - fwd R, fwd L, strt RF trn sd & fwd R/cont LF trn to fc WALL XLIF of R, cont LF trn to fc LOD stp bk R; L bk under body/replace wt to R, replace wt OP fcg ptr and LOD - svl 1/4 LF to COH sd L, svl 1/4 LF to RLOD rec R, cl L to R/in place R, fwd L; bk R under body/replace wt to L, sltly bk & replace wt to R, (OP fcg ptr and RLOD - fwd R, fwd L, svl 1/4 LF to wall sd R/cl L to R trn 1/4 LF to LOD, strt RF trn to RLOD fwd R spin RF on R to fc LOD; Bk L under body/replace wt to R, replace wt to L,)
34;5&67&8;		<i>{Left Side Pass to Double Hnd Hold}</i>	

9-12 Op Whip ; ; Lft Sd Pass ; ; Kick Ball Change ; ; ;	
123&4; 567&8;	9-10 {Open Whip} LOP fcg LOD bk L, rec fwd & slightly lft outside lady, fwd L wide of lady hiding man's rt & ladies lft hnd bhnd man's rt hip/R, L trning to fc lady & LOD while raising the rt hnd ovr ladies head R then left to a soft wrap with hnds at ladies head both fcng LOD in tandem; release ladies lft hnd & slide down to rt hnd L, R rotating 1/2 to fc COH sliding rt hand down to ladies lft to shke hnds [rt to lft] while releasing her lft hnd R/L, R ending w/man fcng COH & ladies fcg RLOD (Fwd R commencing a rt fc trn when men hides hand bhnd his bk, fwd L twrd LOD, R/L, R; Fwd R, fwd L, swvl 1/4 rt fc, cross R ovr L/sd L, R to fc man, L/R, L in place ;)
123&4;5&6	11-12 {Left Side Pass} OP fcg ptr and RLOD - svl 1/4 LF to COH sd L, svl 1/4 LF to RLOD rec R, cl L to R/in place R, fwd L; (anchor) bk R under body/replace wt to L, sltly bk & replace wt to R, (OP fcg ptr and LOD - fwd R, fwd L, svl 1/4 LF to wall sd R/cl L to R trn 1/4 LF to LOD, strt RF trn to LOD fwd R spin RF on R to fc RLOD; (anchor) bk L under body/replace wt to R, replace wt to L,)
7&8;	{Kick Ball Change} In LOP fc LOD kick L fwd/take wgt on ball of L [like pressing], replace wgt on R, (In LOP fc RLOD kick R fwd/take wgt on ball of R,

Repeat 'Part B Mod 1

Part A MOD 2

1-8 Rt Hnd Sync Tuck Trn to an "L" Pos ; ; Ladies Free Spin Towards RLOD & Men Follow w/Tripplle to Rt Palms ; ; Tripplle Travel & Roll ; ; ; ; Slow Rk & Rec ; ; 'Surprise Whip to Stacked Hands Rt over Lft ; ;	
1,2&,3,4; 5&6	1-2 {Rt Hnd Sync Tuck Trn to an "L" Pos} LOP fc LOD bk L, bk R, taking both hands high palms up, man leads lady to start a rt hnd trn under his rt hnd as he bks L, small bk R rk bk L/, recov R, fwd L; ck fwd R, beginning lft trn bkng up L/, R bk to "L" pos rt hnd to ladies lft hnd (Fwd R, fwd L/Bk R, fwd L trning 1/2 to fc LOD stp R undr man's rt hnd; Fwed L/fwd R, fwd L to opn "L" pos RLOD)
7&8;	{Ladies Free Spin twd RLOD& Men Follow to Rt Palms} Men lead ladies to free spin & men follow L/R, L to rt palm to ladies rt palm men fcng RLOD/WALL (Fwd R/L, R spinning 1.5 revolutions to fc LOD/COH to rt palms to right palms with man fc RLOD/WALL)
1&234; 5&67&8; 1&234; 5&678;	3-6 {Tripple Travel & Roll} Sd R/close L, sd & fwd R comm RF turn 1/4, fwd L cont RF turn 3/4, fwd R cont RF turn 1/2 [making a 1 1/2 turn] to a L h& star sd L/close R, sd & fwd L comm LF turn 1/4, fwd R cont LF turn 1/2, fwd L cont LF turn 1/2 [making a 1 1/4 turn] to fac prttr jn lead h&s; In place R/ L, R, RLOD(Sd L/close R, sd & bk R comm RF turn 1/4, fwd R cont RF turn 3/4, fwd L cont RF turn 1/2 [making a 1 1/2 turn] to a L h& star sd R/close L, sd R turning 1/2 LF to a R h& star, sd L/close R, sd L turning RF 1/2 to a L h& star, sd R/close L, sd & bk R comm LF turn 1/4, fwd L cont LF turn 1/2, fwd R cont LF turn 1/2 [making a 1 1/4 turn] to fac prttr jn lead h&s; in place L/ R, L, LOD)
123&4; 567&8;	7-8 {Slow Rk & Rec} Rk fwd L, Rec bk R; {Surprise Whip to Stacked Hands Rt over Lft} Bk L, rec fwd & sd R moving to woM's R sd comm RF turn 1/4 to CP, sd L cont RF turn 1/4 rec fwd R, sd & fwd L complete 1/2 RF turn; chk fwd R CBMP turning upper body strongly to the R leading woman to turn sharply to the R & stopping woman with M's R h& on woM's bk ending in an L-shaped semi-CP looking at prttr, rec bk L raising jned lead h&s, in place R / L, R stcking R ovr L hnds; (fwd R, fwd L turning RF 1/2, bk R/close L to R, fwd R between M's ft turning sharply RF 1/2 keeping L leg close to R & under the body; chk bk L, rec fwd R turning RF under jned lead h&s to fac prttr, in place L/ R, L stcking R ovr L hnds;
9-16 Sugar Push w/Alternating Head Loops ; ; Man's Underarm Trn ; ; Left Sd Pass W/Tuck & Spin ; ; Start A Whip & Flip ; ; Apart 2 & Point ;	
1234;5&6	9-12 {Sugar Push W/Alternating Head Loops} Bk L twd LOD, bk R, touch L to R while looping man's rt hnd over his neck & release, fwd L looping man's lft hnd over ladies head & releasing; in place R / L, R, (Fwd R, fwd L, touch R to L, bk R; in place L/ R, L,)
78;1&23&4;	{Man's Underarm Trn} Bk L, fwd R turning 1/4 RF under jned lead h&s, sd L turn 1/4 RF/fwd R, fwd L; in place R / L, R, to fc LOD (Fwd R, fwd L turn 1/4 LF, sd R/X L IF turn 1/4 LF, bk R; in place L/ R, L,)
78;123&4;	12-15 {Left Side Pass w/Tuck & Spin} OP fcg ptr and LOD - svl 1/4 LF to COH sd L, svl 1/4 LF to RLOD rec R, cl L to R/in place R, fwd L; bk R under body/replace wt to L, sltly bk & replace wt to R, (OP fcg ptr and RLOD - fwd R, fwd L, svl 1/4 LF to wall sd R/cl L to R trn 1/4 LF to LOD, strt RF trn to RLOD fwd R spin RF on R to fc LOD; bk L under body/replace wt to R, replace wt to L,)
567&8;	{Start a Whip & Flip} Bk L, rec fwd & sd R moving to wom's R sd turning 1/4 RF to CP, sd L turning 1/4 RF/fwd R, sd & fwd L & on same track as L ft & while flipping to sdcar LOD; (Fwd R, fwd L turning LF 1/2 to CP, bk R/close L to R, fwd R between M's ft turning 1/2 RF;)
18-May	{Apart 2 Point to LOP/LOD} From Sdcar take lead hand LOD bk R, Bk L, Point Rt twds wall with Rt hnd up and out at 45 degrees (From Sdcar RLOD fwd L, fwd R, Point L twds wall with Lft hnd up and out at 45 degrees)