

# PUT YOUR RECORDS ON 2019

"Written for the St Louis Jamboree 2019"

**Choreographers:** Bob & Sally Nolen  
**Address:** 790 Camino Encantado, Los Alamos, NM 87544  
**Rhythm & Phase:** WCS Phase V + 0 +2 (WHP & FLIP+SUG BDY RPL)  
(Whip & Flip is on our website as to execution)  
**Music:** Corine Bailey Rae, Amazon.com & others  
**Speed:** 44 RPM of download producing 3.33 min  
from Amazon.com at 3.19 min  
**Sequence:** Intro A B C Intl 1 A B C Intl 2 D C C End

**Tel:** 505-231-8952  
**email:** bob@dreamarounds.com  
**Web Site:** dreamarounds.com  
**Level of Difficulty:** Easy  
**Released:** MAY 2019 R0  
**Footwork:** Ladies Opposite Man  
except where noted



## Introduction

### 1-3 Wait Man Facing Rev Bk to Bk w/Lead Feet Hooked w/Press Bhnd ; ; Unwind to LOP/LOD;

- 1-2 **{Wait 2X}** Wait 2 meas man fc RLOD back to back lead feet hooked w/press bhnd ; ;  
3 **{Unwind to LOP/LOD}** Unwind to LOP/LOD;

## Part A

### 1-3 Lft Sd Pass; ; UAT ; ;

- 1-3 **{Left Side Pass}** Bk L turning LF, close R turning LF leading Wan to M's L sd, fwd L/close R, fwd L; in place R/ L, R, (fwd R, fwd L passing on M's L sd, fwd R/L, R turning LF; in place L/ R, L, )  
**{Underarm Turn}** Bk L turning RF, fwd R turning RF, fwd L/close R, fwd L; in place R/ L, R, (fwd R, fwd L under jnd lead hands, fwd R/L, R turning LF; in place L/ R, L, )

### 4~7 Swvl Tog, Swvl Apt ; Sug Tuck & Spin ; ; Sd Whp ; ;

- 4~7 **{Swivel Tog, Swivel Apt}** Step L twd partner swiveling on lft toe bringing hips tog, swivel apt on R to LOP/LOD; (opposite for women)  
**{Sugar Tuck & Spin}** bk L, bk R to tight BFLY/LOD both hnds low, touch L to R, fwd L raise jnd lead hnds with soft pull on trailing hnds; in place R/ L, R, (fwd R, fwd L slight turn rt fc to tight BFLY/LOD, touch R to L, turn rt fc under jnd lead hnds fwd R spinning rt fc to fac prtnr; in place L/ R, L, )  
**{Side Whip}** Bk L, rec fwd & sd R moving to W's R sd turning 1/4 RF to an L-shaped Scp placing R hnd on W's bk, point L [no wgt], hold; hold, fwd L turning 1/4 LF, in place R/ L, R; (fwd R, fwd L turning 1/2 RF, bk R/close L to R, fwd R; fwd L, fwd R turn 1/2 LF to

### ~8 Qk Sd Brks One Set ; ;

- ~8 **{Quick Sd Breaks One Set}** Push stp L/push stp R, close L/close R; (Push stp R/push stp L, close R/close L; )

## Part B

### 1-5 UAT To ; ; Trpl Travel with Roll ; ; ;

- 1-5 **{Underarm Turn To}** Bk L turning RF, rec fwd R turning RF, fwd L/close R, fwd L ; trng lft fc 1/8th fwd R/ L, R, on diag to RLOD/WALL to rt hnd palm to palm (fwd R, fwd L under jnd lead hnds, fwd R/L, R ; turning rt fc 1/8 to diag LOD/COH bk L/ cls R, to L, )  
**{Triple Travel with Roll}** Sd R/close L, sd & fwd R comm RF turn 1/4, fwd L cont rt fc turn 3/4, fwd R cont rt fc turn 1/2 [making a 1 1/2 turn] to a lft fct hand star; sd L/close R, sd L turning lft fc 1/2 to a rt hnd star, sd R/close L, sd R turning RF 1/2 to a lft fct hand star; sd L/close R, sd & fwd L comm lft fc turn 1/4, fwd R cont lft fc turn 1/2, fwd L cont lft fc turn 1/2 [making a 1 1/4 turn] to fac prtnr jn lead hands; in place R/ L, R, (sd L/close R, sd & bk R comm RF turn 1/4, fwd R cont RF turn 3/4, fwd L cont RF turn 1/2 [making a 1 1/2 turn] to a lft fc palm to palm; sd R/close L, sd R turning 1/2 lft fc to a rt hand star, sd L/close R, sd L turning RF 1/2 to a lft fc palm to palm, sd R/close L, sd & bk R comm lft fc turn 1/4, fwd L cont lft fc turn 1/2, fwd R cont lft fc turn 1/2 [making a 1 1/4

### 6-8 Bth Hnds Wrpd Whip ; ; Sug Bdy Ripple ; ; ;

- 6-8 **{Both Hands Wrapped Whip}** Bk L to dble hnd hold, rec R turning 1/4 rt fc, bring M's lft & W's rt hnds in & over W's head sd L cont rt fc turn/close R, sd & fwd L in wrpd pos; Xross R in bk of L turning rt fc release M's rt & W's lft hnds, sd L turning rt fc to fac LOD, in place R/ L, R; (fwd R, fwd L, fwd R/close L, bk R; bk L, bk R, in place L/ R, L; )  
**{Sugar Body Ripple}** Bk L, bk R, tch L, stp L (commencing body ripple); lower from knees with body rippling up through the spine as

### Part C

#### **1-5 To RLOD Whp to Shk Rt Hnds to an L POS Fcng WALL ;; Rt Sd Pass w/Tuck & Spn ;,, Man's UAT ,,, :**

1-2 **{Whip to Shk Rt Hnds to an L Pos Fcng WALL}** Bk L, rec fwd & sd R moving to W's R sd turning 1/4 RF to CP, sd L turning 1/4 RF/fwd R, sd & fwd L; X R in bk of L turning 1/4 RF to fc WALL to shk rt hnds, sd L to L pos, in place R / L, R; (fwd R, fwd L turning RF 1/2 to CP, bk R/close L to R, fwd R between M's ft turning 1/2 RF; bk L, bk R, in place L / R, L; )

3~5 **{Rt Sd Pass w/Tuck & Spin}** Rk sd L, rec bk R, close L/in place R, fwd L; in place R / L, R, (fwd R, fwd L, fwd R turning 1/4 LF/X L IF turn 1/4 LF, bk R spin; bk L / R, L, in place )

**{Man's Under Arm Turn}** Bk L, fwd R turning 1/4 RF under jnd lead hnds, sd L turn 1/4 RF/fwd R, fwd L; in place R / L, R, (fwd R, fwd L turn 1/4 LF, sd R/X L IF turn 1/4 LF, bk R; in place L / R, L, )

#### **6-8 Sug Push w/Rk 2 ;; Kck Ball Chg 2X ;**

6-7 **{Sugar Push w/Rk 2}** Bk L, bk R, touch L to R, fwd L; in place R / L, R, Rk fwd L, Rec R; (fwd R, fwd L, touch R to L, bk R; in place L / R, L, Rk fwd R, Rec L;)

8 **{Kck Ball Change 2X}** LOP/LOD kick L fwd/take wgt on ball of L, replace wgt on R, (Kck R fwd/take wgt on ball of R, replace wgt on L,) Repeat,,

### Intl 1

#### **1-3 Sndstp 2X; ; Even Count Side Breaks;**

1 **{Sand Step}** Swivel rt fc on R tch L toe to R instep, swivel LF on R tch L heel sd & fwd, swivel rt fc on R cross L in frnt of R/ sd R bhnd L, cross L in front of R; (opposite for W)

2 **{Sand Step}** Swivel lft fc on L tch R toe to L instep, swivel lft fc on L tch R heel sd & fwd, swivel lft fc on L cross R in frnt of L/ sd L bhnd R, cross R in front of L; (opposite for W)

3 **{Even Count Sd Breaks}** Push Sd L, Push sd R, sd L, clse R; (opposite for W)

#### **Repeat Part A, B(finish fcng RLOD), C (fcng LOD)**

### Intl 2 (Repeat Intl 1, Meas 1-2)

### Part D

#### **1~4 Wrpd Whp ; ; Sug Tuck & Spn; ,,,**

1-2 **{Wrapped Whip}** Bk L to double hnd hold, rec R turning 1/2 RF, bring M's L & W's R hnds in & over W's head sd L cont RF turn/close R, sd & fwd L in wrd pos; X R in bk of L turning RF release M's R & W's L hnds, sd L turning RF to fac LOD, in place R / L, R; (fwd R, fwd L, fwd R/close L, bk R; bk L, bk R, in place L / R, L, )

3~4 **{Sugar Tuck & Spin}** Bk L, bk, R tch L, step L leading lady to spin lft fc bk to fc partner; anchor-bk R/L, R,, (fwd R, fwd L, tch & fwd R begin spin to fc partner; anchor -bk L/R, L,, )

#### **5~8 Whp & Flip ; ; Sug Push ,,,; Bk X Pnt 2X ;**

5-6 **{Whip & Flip}** Bk L, rec fwd & sd R moving to W's R sd turning 1/4 RF to CP, sd L turning 1/4 RF/fwd R, sd & fwd L & on same track as L ft & while flipping to sdcar LOD; Fwd wide outside ladies R cking in SDCR, sd L twds COH, anchor in place R,L,R; (Fwd R, fwd L turning LF 1/2 to CP, bk R/close L to R, fwd R between M's ft turning 1/2 RF; bk L to SDCR, bk R, anchor in place L / R, L;)

7~8 **{Sugar Push}** Bk L, bk R, touch L to R, fwd L; in place R / L, R, (fwd R, fwd L, touch R to L, bk R; in place L / R, L, )

**{Back Cross Point 2X}** In LOP/LOD stepping bk L DIAG/RLOD/WALL, point R toe to wall, bk R crossing bhnd L, & point L toe to COH/RLOD (In LOP/RLOD opposite for lady)

#### **Repeat Part C 2X**

### End

#### **1-3 Sand Steps 2X;; Cls & Sunburst;**

1 **{Sand Step}** Swivel rt fc on R tch L toe to R instep, swivel LF on R tch L heel sd & fwd, swivel rt fc on R cross L in frnt of R/ sd R bhnd L, cross L in front of R;

2 **{Sand Step}** Swivel lft fc on L tch R toe to L instep, swivel lft fc on L tch R heel sd & fwd, swivel lft fc on L cross R in frnt of L/ sd L bhnd R, cross R in front of L;

3 **{Cls & Sunburst}** Cls L & raise arms from center of body up bringing them in & going up straight then out and slowly down as music fades;

## HEAD CUES

### *Introduction*

Wait M Fcing RLOD w/L Hooked Bhnd R (opposite for W);; Unwind to LOP/LOD;

#### *Part A*

Lft Sd Pass;;; UAT Trn;;;

Swvl Tog, Swvl Apt ; Sug Tuck & Spn ;,, Sd Whp ; ; Qk Sd Brks One Set,,

#### *Part B*

UAT Trn To ;,, Trple Travel with Roll ; ; ;

Bth Hnds WRP Whp ; ; Sug Bdy Rple ,;;

#### *Part C*

Fcng RLOD Whp to an L Pos Shkng RT Hnds Fcng WALL ; ;

Rt SD Pass w/Tuck & Spn ; ; Man's UAT ;,, Sug Push w/Rk 2 ; ;

Kck Ball Chng 2X ;

#### *Intl 1*

Sndstp 2X ; ; Even Count Sd Break ;

#### *Part A*

Lft Sd Pass;;; UAT Trn;;;

Swvl Tog, Swvl Apt ; Sug Tuck & Spn ;,, Sd Whp ; ; Qk Sd Brks One Set,,

#### *Part B*

UAT To ; ,, Trpl Travel with Roll ; ; ;

Both Hnds WRP Whp ; ; Sug Body Rpl ,;;

#### *Part C*

To RLOD Whp to an L Pos Shkng RT Hnds Fcng WALL ; ;

Rt SD Pass w/Tuck & Spin ; ; Man's UAT ;,, Sug Push w/Rk 2 ; ;

Kck Ball Chng 2X ;

#### *Intl 2*

Sndstp 2X;;

#### *Part D*

Both Hnds WRP Whp; ; Sug Push w/Tuck & Spin ;,,

Whp & Flip ; ; Sug Push ,, ; Bk X Pnt 2X ;

#### *Part C*

Whp to an L Pos Shkng RT Hnds Fcng COH ; ;

Rt SD Pass w/Tuck & Spin ; ; Man's UAT ;,, Sug Push w/Rk 2 ; ;

Kck Ball Chng 2X ;

#### *Part C*

Whp to an L Pos Shkng RT Hnds Fcng COH ; ;

Rt SD Pass w/Tuck & Spin ; ; Man's UAT ;,, Sug Push w/Rk 2 ; ;

Kck Ball Chng 2X ;

#### *Part End*

Sndstp 2X;; Cls to Sunburst;