UP/Down Switch
Sitting- and Standing-Stop positions

These 2 features can be used to limit the movement area of the desktop (ex. If you want a specific set sitting height position). A sitting stop position can be defined in the lower half of the movement area, a standing stop position in the upper half. If a sitting stop position is set, this position will be the lower limit position. If a standing stop position is set, this position will be the new upper limit position. To **store** a sitting stop / standing stop position, go on as shown below:

1. Move the desktop to the position where the sitting stop/ standing stop position shall be stored. Do so by pressing the **desktop down** or **desktop up** key until you reach the desired position.
   a. **Note:** A sitting stop position can only be stored in the lower half of the movement area and a standing stop in the upper half.
2. Press **Down and Up** buttons **at the same time** for 10 seconds. The CONTROL BOX will click **twice** when the container stop position is stored.

To **deactivate** the sitting stop/ standing stop position go on as shown below:

1. Move the desktop to any position in the lower half to deactivate the sitting stop. / Move the desktop to any position in the upper half to deactivate the standing stop.
   a. Do so by pressing the **desktop down** or **desktop up** key until you reach the desired position.
2. Press **Down and Up** buttons **at the same time** for 10 seconds. The CONTROL BOX will click **once** when the container stop position is deactivated.

Note: These steps have to be done for a sitting stop and a standing stop position separately!